### CLASSES BY WEEK

<table>
<thead>
<tr>
<th>Class Type</th>
<th>Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth</td>
<td>10</td>
</tr>
<tr>
<td>Art</td>
<td>17</td>
</tr>
<tr>
<td>Business &amp; Finance</td>
<td>22</td>
</tr>
<tr>
<td>Computer</td>
<td>24</td>
</tr>
<tr>
<td>Culinary Arts</td>
<td>24</td>
</tr>
<tr>
<td>Dance</td>
<td>30</td>
</tr>
<tr>
<td>Language</td>
<td>33</td>
</tr>
<tr>
<td>Games &amp; Recreation</td>
<td>34</td>
</tr>
<tr>
<td>Handcrafts &amp; Hobbies</td>
<td>37</td>
</tr>
<tr>
<td>Health &amp; Fitness</td>
<td>42</td>
</tr>
<tr>
<td>History &amp; Government</td>
<td>50</td>
</tr>
<tr>
<td>Literature &amp; Writing</td>
<td>53</td>
</tr>
<tr>
<td>Music</td>
<td>60</td>
</tr>
<tr>
<td>Personal &amp; Professional</td>
<td>66</td>
</tr>
<tr>
<td>Development</td>
<td></td>
</tr>
<tr>
<td>Photography</td>
<td>68</td>
</tr>
<tr>
<td>Religion &amp; Philosophy</td>
<td>70</td>
</tr>
<tr>
<td>Sailing</td>
<td>72</td>
</tr>
<tr>
<td>Science &amp; Technology</td>
<td>73</td>
</tr>
<tr>
<td>Special Interest</td>
<td>74</td>
</tr>
<tr>
<td>Theater</td>
<td>81</td>
</tr>
</tbody>
</table>

### FACULTY BIOGRAPHIES

83

### MASTER CLASSES

100

### HOW TO REGISTER

101

---

Chautauqua Institution welcomes students of any race, gender, color, national or ethnic origin, sexual orientation or religious background.

All information official but subject to change. Chautauqua Institution reserves the right to cancel any course.
## CLASSES BY WEEK

### Week One (June 23–June 29)

| ART | Adult Ceramics | 17 |
| CERAMICS | Independent Study | 17 |
| LIFE DRAWING | From Blooms to Brushstrokes | 18 |
| PHOTOGRAPHY | Life Drawing | 18 |
| THE ROMANTIC IMPULSE | PhotoShop | 18 |
| YOUNG ARTISTS | The Romantic Impulse | 18 |
| BUSINESS & FINANCE | Telling Your Organization’s Story | 22 |
| COMPUTERS | Internet Safety Best Practices | 24 |
| CULINARY ARTS | Bordeaux | 28 |
| GAMES & RECREATION | Bridge for Absolute Beginners | 34 |
| HANDCRAFTS & HOBBIES | Crochet Basics | 37 |
| HEALTH & FITNESS | Cycle Blast | 42 |
| HISTORY & GOVERNMENT | Chernobyl: Causes, Coverup and Consequences | 50 |
| LANGUAGE | Introduction to French Language and Civilization | 33 |
| LITERATURE & WRITING | Distortion, the Other Magical Realism (Writers’ Center) | 54 |
| MUSIC | American History Through Music | 63 |
| PERSONAL & PROFESSIONAL DEVELOPMENT | How Do We Know What Is True? | 66 |
| PHOTOGRAPHY | Fundamentals of Photography | 68 |
| RELIGION & PHILOSOPHY | Art as Prayer | 70 |
| SCIENCE & TECHNOLOGY | Beginnings and Endings: Universe, Earth, Humans | 73 |
| SPECIAL INTEREST | Wagner’s Ring Cycle | 74 |
| YOUTH | 3D Printing & Modeling | 12 |
| YOUTH | Adult Ceramics: Handbuilding | 17 |
| YOUTH | Ceramics Independent Study | 17 |
| YOUTH | Life Drawing | 18 |
| YOUTH | Pocket Sketching for Fun and Travel | 20 |
| YOUTH | Pure Painting: Art and Yoga Integration | 19 |
| YOUTH | Sign and Sing with Your Child | 10 |

### Week Two (June 30–July 6)

| ART | Adult Ceramics | 17 |
| CERAMICS | Independent Study | 17 |
| LIFE DRAWING | From Blooms to Brushstrokes | 18 |
| PHOTOGRAPHY | Life Drawing | 18 |
| THE ROMANTIC IMPULSE | PhotoShop | 18 |
| YOUNG ARTISTS | The Romantic Impulse | 18 |
| BUSINESS & FINANCE | Telling Your Organization’s Story | 22 |
| COMPUTERS | Internet Safety Best Practices | 24 |
| CULINARY ARTS | Bordeaux | 28 |
| GAMES & RECREATION | Bridge for Absolute Beginners | 34 |
| HANDCRAFTS & HOBBIES | Crochet Basics | 37 |
| HEALTH & FITNESS | Cycle Blast | 42 |
| HISTORY & GOVERNMENT | Chernobyl: Causes, Coverup and Consequences | 50 |
| LANGUAGE | Introduction to French Language and Civilization | 33 |
| LITERATURE & WRITING | Distortion, the Other Magical Realism (Writers’ Center) | 54 |
| MUSIC | American History Through Music | 63 |
| PERSONAL & PROFESSIONAL DEVELOPMENT | How Do We Know What Is True? | 66 |
| PHOTOGRAPHY | Fundamentals of Photography | 68 |
| RELIGION & PHILOSOPHY | Art as Prayer | 70 |
| SCIENCE & TECHNOLOGY | Beginnings and Endings: Universe, Earth, Humans | 73 |
| SPECIAL INTEREST | Wagner’s Ring Cycle | 74 |
| YOUTH | 3D Printing & Modeling | 12 |
| YOUTH | Adult Ceramics: Handbuilding | 17 |
| YOUTH | Ceramics Independent Study | 17 |
| YOUTH | Life Drawing | 18 |
| YOUTH | Pocket Sketching for Fun and Travel | 20 |
| YOUTH | Pure Painting: Art and Yoga Integration | 19 |

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Using Apple’s iCloud for Organizing & Storing Photos, Documents, Contacts, Calendars and More!

CULINARY ARTS
Caribbean Cuisine 101: Taste the Tropics
The Bourbon Experience
What’s Terroir?: Vineyard Walk & Wine Tastings

DANCE
Ballet
Creative Movement
Little Dancer
Traditional Dance, English and American

GAMES & RECREATION
Bridge for Absolute Beginners
Chautauqua Golf Learning Center Classes for Youth and Adults
Sailing Classes for Youth and Adults

HANDCRAFTS & HOBBIES
Beginning Copperplate Calligraphy
Crochet Basics
Expand Your Crocheting Repertoire!
Glass Fusing: Basic and Beyond
Linoleum Block Printing
Resin Pendants: Instant Gratification!
Sit and Sew Saturday
Tablescape and Basic Floral Design
The 10-Minute Quilt Block: Lap Throw Quilt Top
The 5-Minute Quilt Block

HEALTH & FITNESS
Cycle Blast
Full Body Boot Camp
Gentle Yoga
Lakeside Yoga
Mastering Your Microbiome and Your Mood
Mat Pilates
Pilates For Balance
Power Up Your Day Yoga
Water Exercise
Yoga for Arthritis
Yoga for Health and Wellness
Yoga Stretch and Strengthen
Yoga the Iyengar Way
Zumba Gold with Paul!

HISTORY & GOVERNMENT
A History of American Utopias

LANGUAGE
Easy to Learn Hebrew

LITERATURE & WRITING
An Open Line to the World (Writers’ Center)

MASTER CLASS:
My Whitman (Writers’ Center)
Narratives of Belonging (Writers’ Center)
Saturday Morning Short Story Discussion
The Poetry of Trees: Breath and Creation
Writing Our Way to Happiness

MUSIC
Backstage at the Opera
Fiddling For Fun
Play Guitar
Play Piano by Friday
Ukulele and You
Understanding Opera: Barber of Seville

PERSONAL & PROFESSIONAL DEVELOPMENT
How to be a A+ Nonprofit Board Member
Spirituality of Difference

PHOTOGRAPHY
Better Camera Phone Photography
Photographing Porches, Boats and Flowers
Twilight Photography Session

RELIGION & PHILOSOPHY
Rethinking Truth
Worship in the Black Experience

SCIENCE & TECHNOLOGY
Digital Privacy 101

SPECIAL INTEREST
America’s Diverging Economies
Bridging Faith & Generating Controversy
Human Rights and Human Wrongs
Master Class: Conversation with Eric Klinenberg
Modern Slavery: Tragedy and Hope
St. Paul Goes to Lystra
Uncommon Communities from Multicellularity to Multiculturalism

YOUTH
3D Printing & Modeling
3D Printing & Modeling for Young Creators
College Admissions Boot Camp
Creating Games on Your PC or Mac
Geocache CHQ!
Intro to Programming Robots for Young Inventors
Kindermusik Plus Art
M4th Mania: Games, Magic and Art
Music for Babies and Toddlers
Programming Robots I & II (beginner to intermediate)
Sign and Sing with Your Child
Toddler Time
What in the World is Going On?
Yoga Kids: Healthy Body, Healthy Mind II

Week Three (July 7–July 13)

ART
Adult Ceramics
Ceramics Independent Study
Graycliff: Architecture as Sacred Space
Life Drawing
One-a-Day Water Color Workshop
Painting, Drawing and Collage
PhotoShop
Young Artists

BUSINESS & FINANCE
Are You a Woman Ready for Retirement?
Rising Interest Rates, Inflation and Risk

COMPUTERS
Internet Safety Best Practices
iPad, iPhone & iPod Touch: Basics & Beyond
Using Apple’s iCloud for Organizing & Storing Photos, Documents, Contacts, Calendars and More!

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
### Week Three (July 7–July 13) cont.

#### CULINARY ARTS
- A Beginner’s Guide to Brewing Beer 25
- Explore the History of Italian Cuisine 26
- Is It Worth It? 28
- Italian Cookie Gifts 25
- Mastering Italian Pasta, Sauces and Olive Oil 26
- The World’s Best Reds 28

#### DANCE
- Ballet 31
- Beginning Middle Eastern Dance 32
- Creative Movement 30

#### GAMES & RECREATION
- Bridge for Absolute Beginners 34
- Chautauqua Golf Learning Center Classes for Youth and Adults 35
- Intermediate Mah Jong Strategies 34
- Sailing Classes for Youth and Adults 72

#### HANDCRAFTS & HOBBIES
- Beading Your Own Jewelry 39
- Beginning Copperplate Calligraphy 38
- Chautauqua Rocks! 39
- Dyed Silk Scarves: Quick, Easy and Fun 39
- Ikebana: The Art of Japanese Flower-arranging 38
- Sit and Sew Saturday 37

#### HEALTH & FITNESS
- Barre Fitness 46
- Cycle Blast 42
- Foundations of Yoga: Building Asana 43
- Full Body Boot Camp 46
- Gentle Yoga 42
- How to Relieve or Prevent Low Back Pain 47
- Indoor Cycling Party 42
- Lakeside Yoga 42
- Learning Better Balance 48
- Mat Pilates 45
- Power Up Your Day Yoga 42
- Restorative Yoga: Relax and Renew 43
- Secular Meditation: Science of Stillness 48
- Water Exercise 46
- Yoga the Iyengar Way 43
- Zumba Gold with Paul! 46

#### HISTORY & GOVERNMENT
- Teddy Roosevelt: Jock President 50

#### LANGUAGE
- French for Travelers 33

#### LITERATURE & WRITING
- Crafting Free Verse: Line, Syntax, and Stanza (Writers’ Center) 53
- How to Steal the Pain of Others and Make It Your Own (Writers’ Center) 55
- Mindfulness and Memoir 56
- Saturday Morning Short Story Discussion 58
- Self-publishing 101

#### MUSIC
- Beginning Mountain Dulcimer 61
- Comparative Music Listening 61
- Explore Your Personal Singing Style 62
- Fiddling For Fun 62
- Fun With Acoustic Blues Guitar 62
- Hallelujah Leonard Cohen! 65
- Hand Drumming for Fun 61
- Mozart and the Age of Reason 63

#### PHOTOGRAPHY
- Architectural Photography: CHQ Style 69
- Magical Photography at Twilight 69

#### RELIGION & PHILOSOPHY
- Science and Religion Are Better Together 70

#### SPECIAL INTEREST
- Ethical Perspective on Economic Inequity 75
- Gilgamesh 75
- National Geographic Master Class Series 77

#### YOUTH
- 3D Printing & Modeling 12
- 3D Printing & Modeling for Young Creators 12
- College Essay Writing Workshop 15
- Creating Games on Your PC or Mac 12
- Beginning Sewing: Fat Quarter Bag 13
- Intro to Programming Robots for Young Inventors 12
- Music for Babies and Toddlers 10
- Programming Robots I & II (beginner to intermediate) 12
- SAT Test Math Prep 15
- String and Yarn Art Studio 13
- Toddler Time 10
- Yoga Kids: Healthy Body, Healthy Mind I 10
- Yoga Kids: Healthy Body, Healthy Mind II 11

### Week Four (July 14–July 20)

#### ART
- Adult Ceramics 17
- Adult Ceramics: Handbuilding 17
- Ceramics Independent Study 17
- Chuck Close: Portraits in Pixels 20
- Fluid Art 20
- Life Drawing 18
- Painting, Drawing and Collage 18
- Young Artists 18

#### BUSINESS & FINANCE
- Handling Finances On Your Own 23
- Money Matters: Reducing Investment Costs 23
- Trump Economy: Investment Implications 23
- Where to Invest Today 23

#### COMPUTERS
- Internet Safety Best Practices 24
- iPad, iPhone & iPod Touch: Basics & Beyond 24
- Using Apple’s iCloud for Organizing & Storing Photos, Documents, Contacts, Calendars and More! 24

#### CULINARY ARTS
- Farm to Fork Lunch at Green Heron Growers 27
- Global Exploration of Wine 28
- Gluten Free Naturally 25
- Northern Italy 28
One Skillet Dinners 26
Pancake Party! 26
Sous Vide Cooking Demo and Sampling 26

DANCE
Ballet 31
Basic Contra Dance 32
Creative Movement 30
Little Dancer 31

GAMES & RECREATION
Baseball Analytics: New and Not So New 34
Chautauqua Golf Learning Center Classes for Youth and Adults 35
NoTrump Bridge Secrets Revealed 34
Sailing Classes for Youth and Adults 72

HANDCRAFTS & HOBBIES
Exploring Alcohol Inks 39
Glass Fusing: Basic and Beyond 37
Refinishing, Repairing and Restoring Furniture with Ease 39
Simple Soldered Silver Rings 39
The T-Shirt Quilt 39

HEALTH & FITNESS
Cycle Blast 42
Full Body Boot Camp 46
Gentle Yoga 42
Strategies to Help Young Children Learn to Talk and Communicate 48
Intro to Tai Chi for Fall Prevention 46
Introduction to Aromatherapy 47
Lakeside Yoga 42
Mat Pilates 45
Power Up Your Day Yoga 42
Restorative Yoga 43
Water Exercise 46
Yoga for Arthritis 43
Yoga the iyengar Way 43
Yoga: Energy and Mindfulness 43
Zumba Gold with Paul! 46

HISTORY & GOVERNMENT
The Civil War: Causes to Consequences 50

LITERATURE & WRITING
Ancient Biography 58
Legacy Letters: Passing on Meaning 56
Poetry of Abundance: Exploring the Contemporary Long Poem (Writers’ Center) 53
Saturday Morning Short Story Discussion 58
Shakespeare and Twain 58
Short Story Discussion: Alice Munro 59
The Writer’s Toolbox: Generative Exploration for the Novelist (Writers’ Center) 55
Write Your Way Through Caregiving 56

MUSIC
Fun With Acoustic Blues Guitar 62
Harmonica Quick Start 62
Jamming at Chautauqua 62
Play Piano by Friday 61
Sight Singing: Learn Fast and Retain Longer 62
Ukulele 62

PERSONAL & PROFESSIONAL DEVELOPMENT
Don’t Postpone Joy 66
Increase your Happiness IQ 66
Public Speaking 66

PHOTOGRAPHY
Advance Your Photography in Five Days 69
Better Camera Phone Photography 69

RELIGION & PHILOSOPHY
Aging Through the Lens of Jewish Texts 71

SCIENCE & TECHNOLOGY
Environmental Sustainability 73

SPECIAL INTEREST
Breaking the Cycle of Poverty in America 75
Listening to Movies: Film Scores as Art 76
Living Your Unlived Life 75
Spellbinding Spelling and Vivid Vocabulary 76

THEATER
Acting Workshop 81

YOUTH
3D Printing & Modeling 12
3D Printing & Modeling for Young Creators 12
Chess: Beginner and Intermediate 15
College Success: Harder Than It Looks! 16
Creating Games on Your PC or Mac 12
Intro to Programming Robots for Young Inventors 12
LeaderFIRST: Redefining Leadership Today 16
Music for Babies and Toddlers 10
Programming Robots I & II (beginner to intermediate) 12
Putt Putt Party 11
Toddler Time 10
Yoga Kids: Healthy Body, Healthy Mind II 11

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
### Week Five (July 21–July 27) cont.

**HEALTH & FITNESS**
- Cycle Blast
- Full Body Boot Camp
- Gentle Yoga
- Lakeside Yoga
- Mindfulness in Wellness and Illness
- Pilates and Props
- Posture Camp for Active Adults
- Power Up Your Day Yoga
- The Alexander Technique: Mapping Activities
- Vinyasa Flow Yoga
- Water Exercise
- Yoga for Living Well
- Yoga: Energy and Mindfulness
- Zumba Gold with Paul!

**HISTORY & GOVERNMENT**
- Hamilton: The Man, the Musical, the Law
- How Literary Arts Advanced Women’s Suffrage
- Master Class: Winston Churchill with Larry Arnn
- Reimagining the Constitution: A Workshop

**LANGUAGE**
- Beginning Conversational Spanish

**LITERATURE & WRITING**
- Advanced Poetry Workshop: Going Beyond the Personal (Writers’ Center)
- Composing in the Moment, On and Off the Page (Writers’ Center)
- Great Greeks
- Saturday Morning Short Story Discussion
- Short Story Discussion Group: War Stories
- Story, Plot, Structure: Telling the Difference and Telling It Well (Writers’ Center)
- The Life of the Written Word

**MUSIC**
- Adult Beginning Music Through the Piano
- Backstage at the Opera
- Comparative Music Listening
- From Soundscapes to Symphonic Poems
- Fun With Acoustic Blues Guitar
- Harmonica Quick Start
- Jamming at Chautauqua
- Just Keep Singing! The Joy of Singing with Others
- The Origins of Jazz
- Ukulele
- Understanding Opera: Ghosts of Versailles

**PERSONAL & PROFESSIONAL DEVELOPMENT**
- The Empowerment of No Complaint

**PHOTOGRAPHY**
- Better Camera Phone Photography
- Photographing Porches, Boats and Flowers

**RELIGION & PHILOSOPHY**
- The Power of Speech in Judaism
- The Sacredness of the Spoken Word

**SPECIAL INTEREST**
- Across Political and Religious Divides
- Cinema and Psyche
- Controversies that Divide America
- Environmental Ethics
- Living Your Best Life Through Narrative
- Sketchnotes: Spoken Word to Visual Notes
- Speaking from the Margins
- The Role of the Judiciary in America

**THEATER**
- CTC: Putting It Together

**YOUTH**
- 3D Printing & Modeling
- 3D Printing & Modeling for Young Creators
- Creating Games on Your PC or Mac
- Improvisation for Young People
- Intro to Programming Robots for Young Inventors
- Kids Create Chautauqua!
- Music for Babies and Toddlers
- Nature Journaling for Youth
- Programming Robots I & II (beginner to intermediate)
- Toddler Time
- Yoga Kids: Healthy Body, Healthy Mind I
- Yoga Kids: Healthy Body, Healthy Mind II
### Week Seven (Aug. 4–Aug. 10)

#### ART
- Adult Ceramics 17
- Beginning Drawing with Colored Pencil 21
- Life Drawing 18
- One-a-Day Water Color Workshop 20
- Paint and Passion: Famous Couples in Art 18
- Sketching Chautauqua's Architecture 21
- Young Artists 18

#### BUSINESS & FINANCE
- Where'd the Money Go? 23

#### COMPUTERS
- Internet Safety Best Practices 24
- iPad, iPhone & iPod Touch: Basics & Beyond 24
- Using Apple's iCloud for Organizing & Storing Photos, Documents, Contacts, Calendars and More! 24

#### CULINARY ARTS
- California Dreaming 28
- Fast, Easy Healthy: Kombucha 101 29
- Simply Southern Italy 29
- The World's Best Whites 28
- What's Terroir?: Vineyard Walk & Wine Tastings 27

#### DANCE
- Ballet 31
- Broadway Tap: Beginning to Advanced Beginning 32
- Creative Movement 30
- Paul Taylor Dance Company Adult and Youth Dance Classes 31

#### GAMES & RECREATION
- How To Defend A Bridge Hand 36
- Sailing Classes for Youth and Adults 72

#### HANDCRAFTS & HOBBIES
- Art in the Round 41
- Dyed Silk Scarves: Quick, Easy and Fun 39
- Handmade Recycled Paper 40
- Intro to Bookbinding and Letterpress Printing 40

#### HEALTH & FITNESS
- Aiki/Karate Skills and Self Defense 47
- Cycle Blast 42
- Envisioning a Healthier You 49
- Feeling Better Stretch Exercises 48
- Full Body Boot Camp 46
- Gentle Yoga 42
- Graceful Aging: Avoiding the Forward Arc 48
- Lakeside Yoga 42
- Mindful Morning Flow Yoga 44
- Mindfulness-based Stress Reduction Workshop 49
- Move Into Life with the Feldenkrais Method 47
- Self-Shiatsu: A Stress Buster Technique! 49
- Yoga for Everybody 44
- Yoga for Life: Experience the Joy 44
- Yoga Stretch and Strengthen 42

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
**Week Seven (Aug. 4–Aug. 10) cont.**

<table>
<thead>
<tr>
<th>Week Seven (Aug. 4–Aug. 10) cont.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zumba Gold with Paul! 46</td>
</tr>
<tr>
<td><strong>HISTORY &amp; GOVERNMENT</strong></td>
</tr>
<tr>
<td>Ida Tarbell: At Chautauqua and Beyond 50</td>
</tr>
<tr>
<td>Incidents of Exploring the Ancient Maya 51</td>
</tr>
<tr>
<td>Music and the Vietnam War 52</td>
</tr>
<tr>
<td><strong>LANGUAGE</strong></td>
</tr>
<tr>
<td>Italiano, pronto, via! 33</td>
</tr>
<tr>
<td><strong>LITERATURE &amp; WRITING</strong></td>
</tr>
<tr>
<td>Dear Diary Meets Bullet Journaling 57</td>
</tr>
<tr>
<td>I’ll Build Me a World (Writers’ Center) 55</td>
</tr>
<tr>
<td>Remarkable Romans 59</td>
</tr>
<tr>
<td>Saturday Morning Short Story Discussion 58</td>
</tr>
<tr>
<td>Short Story Discussion Group 59</td>
</tr>
<tr>
<td>Telling Your Life Stories With Grace 57</td>
</tr>
<tr>
<td>Writing About the Difficult and Finding Grace in Poetry (Writers’ Center) 54</td>
</tr>
<tr>
<td>Writing and Publishing Nonfiction 57</td>
</tr>
<tr>
<td><strong>MUSIC</strong></td>
</tr>
<tr>
<td>Comparative Music Listening 61</td>
</tr>
<tr>
<td>Explore Your Personal Singing Style 62</td>
</tr>
<tr>
<td>Hand Drumming for Fun 61</td>
</tr>
<tr>
<td>Inside the Orchestra: From a Composer’s View 65</td>
</tr>
<tr>
<td>Ukulele and You 61</td>
</tr>
<tr>
<td><strong>PERSONAL &amp; PROFESSIONAL DEVELOPMENT</strong></td>
</tr>
<tr>
<td>Good Grief: Making Good Choices 67</td>
</tr>
<tr>
<td>Grace! Now! Embodying the Voices of Your Highest Self 67</td>
</tr>
<tr>
<td>Retirement: What’s Next? 67</td>
</tr>
<tr>
<td>Searching For Happiness 68</td>
</tr>
<tr>
<td><strong>PHOTOGRAPHY</strong></td>
</tr>
<tr>
<td>Magical Photography at Twilight 69</td>
</tr>
<tr>
<td>Photo Safari Walks 70</td>
</tr>
<tr>
<td><strong>RELIGION &amp; PHILOSOPHY</strong></td>
</tr>
<tr>
<td>“Nones”: Who Are They, Why Are They, Their Ways of Life 71</td>
</tr>
<tr>
<td>Exploring Spiritual Practices 71</td>
</tr>
<tr>
<td><strong>SCIENCE &amp; TECHNOLOGY</strong></td>
</tr>
<tr>
<td>Intro to Blockchain and Cryptocurrencies 73</td>
</tr>
<tr>
<td><strong>SPECIAL INTEREST</strong></td>
</tr>
<tr>
<td>Feng Shui Basics 79</td>
</tr>
<tr>
<td>Freud and Jung 78</td>
</tr>
<tr>
<td>Grace: It’s How We Heal 78</td>
</tr>
<tr>
<td><strong>YOUTH</strong></td>
</tr>
<tr>
<td>3D Printing &amp; Modeling 12</td>
</tr>
<tr>
<td>3D Printing &amp; Modeling for Young Creators 12</td>
</tr>
<tr>
<td>Create a Graphic Novel: Writing Images and Drawing Words 15</td>
</tr>
<tr>
<td>Creating Games on Your PC or Mac 12</td>
</tr>
<tr>
<td>Intro to Programming Robots for Young Inventors 12</td>
</tr>
<tr>
<td>Movement, Music and Literacy for Babies 10</td>
</tr>
<tr>
<td>Music for Babies and Toddlers 10</td>
</tr>
<tr>
<td>Programming Robots I &amp; II (beginner to intermediate) 12</td>
</tr>
<tr>
<td>Unexpected Fun! Improv for Kids 14</td>
</tr>
</tbody>
</table>

---

**Week Eight (Aug. 11–Aug. 17)**

<table>
<thead>
<tr>
<th>Week Eight (Aug. 11–Aug. 17)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ART</strong></td>
</tr>
<tr>
<td>Art in Paris for Travelers (Briefly) 19</td>
</tr>
<tr>
<td>Drawing Every Day 21</td>
</tr>
<tr>
<td>Rodin and His Monumental Sculptures 19</td>
</tr>
<tr>
<td>The Wisdom and Technique of Tibetan Sand Painting 21</td>
</tr>
<tr>
<td><strong>COMPUTERS</strong></td>
</tr>
<tr>
<td>Internet Safety Best Practices 24</td>
</tr>
<tr>
<td>iPad, iPhone &amp; iPod Touch: Basics &amp; Beyond 24</td>
</tr>
<tr>
<td>Using Apple’s iCloud for Organizing &amp; Storing Photos, Documents, Contacts, Calendars and More! 24</td>
</tr>
<tr>
<td><strong>CULINARY ARTS</strong></td>
</tr>
<tr>
<td>Chocolaholics 101 30</td>
</tr>
<tr>
<td>Fun with Fermentation 27</td>
</tr>
<tr>
<td>Global Exploration of Wine 28</td>
</tr>
<tr>
<td>The Paris Wine Tasting of 1976 29</td>
</tr>
<tr>
<td>Truffles and Chocolate-making Workshop 30</td>
</tr>
<tr>
<td>What’s Terroir?: Vineyard Walk &amp; Wine Tastings 27</td>
</tr>
<tr>
<td><strong>DANCE</strong></td>
</tr>
<tr>
<td>Beginner Swing and Salsa for Fun 31</td>
</tr>
<tr>
<td>Pilobolus Adult and Youth Dance Classes 32</td>
</tr>
<tr>
<td><strong>GAMES &amp; RECREATION</strong></td>
</tr>
<tr>
<td>Bridge: To Slam or Not to Slam 36</td>
</tr>
<tr>
<td>Chautauqua Golf Learning Center Classes for Youth and Adults 35</td>
</tr>
<tr>
<td>How To Defend A Bridge Hand 36</td>
</tr>
<tr>
<td>Mah Jongg for Beginners 36</td>
</tr>
<tr>
<td>Sailing Classes for Youth and Adults 72</td>
</tr>
<tr>
<td><strong>HANDCRAFTS &amp; HOBBIES</strong></td>
</tr>
<tr>
<td>Glass Fusing: Basic and Beyond 37</td>
</tr>
<tr>
<td>Resin Pendants: Instant Gratification! 37</td>
</tr>
<tr>
<td>Weaving With Plarn 41</td>
</tr>
<tr>
<td><strong>HEALTH &amp; FITNESS</strong></td>
</tr>
<tr>
<td>Cycle Blast 42</td>
</tr>
<tr>
<td>Full Body Boot Camp 46</td>
</tr>
<tr>
<td>Gentle Yoga 42</td>
</tr>
</tbody>
</table>

---

Explore Chautauqua’s beautiful grounds by “Drawing Every Day” (page 21)
Integrative Yoga
Lakeside Yoga
Learning Better Balance
Medicinal Plants for the Home Garden
Slow Flow Yoga
The Alexander Technique: Mapping Activities
Yoga Basics
Yoga for Life: Experience the Joy
Yoga Stretch and Flex
Zumba Gold with Paul!

HISTORY & GOVERNMENT
FDR: Politician and Statesman

LITERATURE & WRITING
Discovering Appalachia
Saturday Morning Short Story Discussion
The Art of the Personal Essay
Writing a Great Letter-to-the-Editor
Writing Lives, Writing Poems (Writers’ Center)
Your Life Is an Argument: The Personal Political Essay (Writers’ Center)

MUSIC
Access to Artists! Donald Sinta Quartet
Continuing Mountain Dulcimer
Hand Drumming for Fun
Play Guitar

PERSONAL & PROFESSIONAL DEVELOPMENT
Change in the Public Square
Yes, Let’s! Sparking Your Creativity

PHOTOGRAPHY
Architectural Photography: CHQ Style
Magical Photography at Twilight

RELIGION & PHILOSOPHY
Hinduism Through Indian Movies

SPECIAL INTEREST
Beyond the “Road Show”
Evolving Transportation and Urbanization
Global Power and the Rule of Law
Innovators of the Hollywood Musical
Master Class with Robin Wright: Covering the World: From Africa to Antarctica
Understanding Contemporary Africa
Van Gogh: His Life and Work
Women Challenging and Changing Power
You Want the Future? You Can’t Handle the Future! Strategy, Geopolitics and Emerging Technologies

YOUTH
3D Printing & Modeling
3D Printing & Modeling for Young Creators
Creating Games on Your PC or Mac
Immersion in Environmental Science
Intro to Filmmaking
Intro to Programming Robots for Young Inventors
Movement, Music and Literacy for Babies
Music for Babies and Toddlers
Pinhole Digital Photography Workshop
Programming Robots I & II (beginner to intermediate)

Week Nine (Aug. 18–Aug. 24)

ART
All Mixed Up: Exploring Mixed Media
Art in Paris for Travelers
Drawing Every Day
Sight and Sound: American Painting and Music

CULINARY ARTS
Oh My, It’s Pie!

DANCE
Beginner Swing and Salsa for Fun

GAMES & RECREATION
Fly Fishing 101
Chautauqua Golf Learning Center Classes for Youth and Adults
How To Defend A Bridge Hand
Sailing Classes for Youth and Adults

HANDCRAFTS & HOBBIES
Exploring Alcohol Inks
Glass Fusing: Basic and Beyond
Make Your Own Magic Tricks
Painting with Paper
Resin Pendants: Instant Gratification!
Ukrainian Egg Decorating

HEALTH & FITNESS
Chair Yoga
Chi Gong for Health and Relaxation
Cycle Blast
Full Body Boot Camp
Gentle Yoga
Gentle Yoga for Renewal
Slow Flow Yoga
Spinal Comfort with Feldenkrais
The Alexander Technique: Movement With Grace
Yoga Basics
Yoga for Pain Relief
Yoga Stretch and Flex

HISTORY & GOVERNMENT
Abraham Lincoln: The Great Emancipator?
Jefferson’s Godfather: George Wythe

LITERATURE & WRITING
Delicious Memories
Discovering Appalachia
Saturday Morning Short Story Discussion
The Art of the Personal Essay
Writing a Great Letter-to-the-Editor
Writing Lives, Writing Poems (Writers’ Center)
Your Life Is an Argument: The Personal Political Essay (Writers’ Center)

MUSIC
Access to Artists! Donald Sinta Quartet
Continuing Mountain Dulcimer
Hand Drumming for Fun
Play Guitar

PERSONAL & PROFESSIONAL DEVELOPMENT
Be Here Now

PHOTOGRAPHY
Architectural Photography: CHQ Style
Magical Photography at Twilight

RELIGION & PHILOSOPHY
Hinduism Through Indian Movies

SPECIAL INTEREST
Beyond the “Road Show”
Evolving Transportation and Urbanization
Global Power and the Rule of Law
Innovators of the Hollywood Musical
Master Class with Robin Wright: Covering the World: From Africa to Antarctica
Understanding Contemporary Africa
Van Gogh: His Life and Work
Women Challenging and Changing Power
You Want the Future? You Can’t Handle the Future! Strategy, Geopolitics and Emerging Technologies

YOUTH
3D Printing & Modeling
3D Printing & Modeling for Young Creators
Creating Games on Your PC or Mac
Immersion in Environmental Science
Intro to Filmmaking
Intro to Programming Robots for Young Inventors
Movement, Music and Literacy for Babies
Music for Babies and Toddlers
Pinhole Digital Photography Workshop
Programming Robots I & II (beginner to intermediate)

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Youth

**Babies, Toddlers, Preschoolers**

**100 • MUSIC FOR BABIES AND TODDLERS**
Community Music Studio
Sing, dance, move and play in this parent-child class based on the Musikgarten curriculum. Your child’s senses will be awakened and their musical development will be enhanced as you bond with them through scarf dances, circle games, bounces, tickles, lullabies, and steady beat activities. Doing music together at home is the goal! (ages 0 to 4)
Weeks 1–9 / June 24–Aug. 23 / M W F 9:15–10:15 a.m. / Hall of Ed. (Sheldon) Rm. 201
Fees: 3 sessions • $35
1 session at door • $12

**101 • SIGN AND SING WITH YOUR CHILD**
Christa Beck
Bring your child and learn how to communicate through American Sign Language. One of the most fundamental human desires is to be understood, research has shown sign language can reduce frustration for children and parents by providing a means to communicate before speech has fully developed. Learn up to 50 See A Lot/Do A Lot and Highly Motivating signs, as well as four keys to effective signing. Music, props, instruments and activities that encourage communication round out this playful hour together. (ages 1 month to 4 years)
Week 1, June 25 / Week 2, July 2 / Tu 2:30–3:30 p.m. / Hall of Ed. (Sheldon) Rm. 202
Fees: 1 session • $15

**102 • KINDERMUSIK PLUS ART**
Christa Beck
Bring your baby, toddler or bring the whole family. You’ll love the joy of our creative props, instruments and imaginative play. Stories, family jams, moving, and singing all encourage discovery and exploration as your children strengthen their ties with each other and with you. Enjoy an age-appropriate themed art project. Fun take-homes at each class along with a CD, music downloads, and home activities for you to enjoy together. Week 1 - Beach Music for Beach Days. Week 2 - Cars and Trucks and Trains that Go Go Go! Materials fee of $10 due to instructor at start of class. (ages 3 months to 5 years)
Week 1, June 24–28 / Week 2, July 1–5 M W F / 9:45–10:45 a.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 3 sessions • $35 / Materials fee • $10
1 session at door • $12

**103 • TODDLER TIME**
Meredith Andrews & Amy Divijak
Join us in a fun and educational environment where toddlers and parents interact through songs, parachute games, stories, and movement to learn about themes such as: shapes, colors, numbers, and their environment. Each class ends with a bubble time and a special take home memento related to the day’s theme. (ages 1 to 3)
Week 2, July 2–4 / Week 3, July 9–11
Week 4, July 16–18 / Week 5, July 23–25
Week 6, July 30–Aug. 1 / Tu Th 9:15–10:15 a.m. / Hall of Ed. (Sheldon) Rm. 201
Fees: 2 sessions • $23
1 session at door • $12

**104 • YOGA KIDS: HEALTHY BODY, HEALTHY MIND I**
Katie Clark
Yoga teaches us how to use our attention to join our breath, our bodies, and our mind. Through fun poses (Asanas) like frog, cobra, and tree, we can become stronger, balance better and exercise our muscles and bones. We will learn to flow with poses, play yoga games, and relax our way to a healthy mind and body. (ages 3 to 6)
Week 3, July 9–11 / Week 5, July 23–25 Tu–Th / 3–3:50 p.m.
Heinz Beach Fitness Room 2
Fees: 3 sessions • $35
1 session at door • $12

**105 • MOVEMENT, MUSIC AND LITERACY FOR BABIES AND TODDLERS**
Marita McCarthy
Babies, toddlers and their families are welcome to join in a fun and educational environment of songs, parachute games, stories, and movement. We will learn about themes such as: shapes, colors, numbers, and their environment. Creative movement, sound exploration and pre-literacy skills will be emphasized. Each class will end with fun bubble time activity. (ages 0 to 5)
Week 7, Aug. 6–8 / Week 8, Aug. 13–15 Tu Th / 9:15–10:15 a.m.
Hall of Ed. (Sheldon) Rm. 201
Fees: 2 sessions • $23
1 session at door • $12

Build a mini-golf course in “Putt Putt Party” (page 11)

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Elementary

106 • ENVIRONMENTAL GAMES AND CRAFTS
Marcia Barr
Students will learn about environmental conservation & ecology by (1) playing an environmental board game which they will get to take home, (2) making their own compost bin, and (3) creating handicrafts with a purpose from recyclables (paper and cardboard) and other household items (e.g., string, buttons, yarn, straws, popsicle sticks, toothpicks, washers, nails) brought to class by students along with an enthusiasm for nature and learning. Tape, non-toxic markers and glue as well as juice, chips and cookies will be provided. Students should bring a bagged lunch. (ages 6 to 12)
Week 1, June 24–28 / M–F / 12:30–1:45 p.m.
Pier Building Classroom
Fees: 5 sessions • $79
1 session at door • $20

107 • YOGA KIDS: HEALTHY BODY, HEALTHY MIND II
Katie Clark
Yoga teaches us how to use our attention to join our breath, our bodies, and our mind. Through fun poses (Asanas) like frog, cobra, and tree, we can become stronger, balance better and exercise our muscles and bones. We will learn to flow with poses, play yoga games, and relax our way to a healthy mind and body. (ages 6 to 10)
Week 2, July 2–4 / Week 3, July 9–11
Week 4, July 16–18 / Week 5, July 23–25
Tu–Th / 4–4:50 p.m.
Heinz Beach Fitness Room 2
Fees: 3 sessions • $35
1 session at door • $12

108 • GEOCACHE CHQ!
Samantha Crisafulli
What is geocaching? Geocaching is a real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Caches are hidden all over the world by fellow geocachers who put together a hodgepodge of trinkets, a logbook, and pen or pencil. This hoard is then stuffed into a weatherproof box and hidden under a rock, behind a tree or maybe even in a more urban locale. Join me as we search the beautiful grounds of Chautauqua on a quest to find many hidden caches. (ages 6+)
Week 2, July 1–3 / M–W / 4:15–5:45 p.m.
Smith Library Classroom
Fees: 3 sessions • $69
1 session at door • $25

109 • PUTT PUTT PARTY
Robin Hartmann
We’ll learn about Caine’s arcade and recycling, and create a hole of mini golf to be played by the public, parents and friends. The outcome will be a mini golf course. You’ll use math, science and art to develop your creations. Materials fee of $15 due to instructor at start of class. (ages 6+)
Week 4, July 15–19 / M–F / 2–3:30 p.m.
Children’s School
Fees: 5 sessions • $99 / Materials fee • $15

110 • KIDS CREATE CHAUTAUQUA!
Pamela Spremulli
Experienced young artists will walk the grounds and discover Chautauqua in a new and exciting way. We will focus on sketching, drawing (art journaling), painting (en plein air) and even manual arts (think hammers!). Get ready to discover the many hidden wonders of the grounds! Materials fee of $10 due to instructor at start of class. (ages 7 to 12)
Week 5, July 22–25 / Week 6, July 29–Aug. 1
M–Th / 4:30–5:45 p.m.
Pier Building Classroom
Fees: 4 sessions • $79 / Materials fee • $10
BENCHMARK COMPUTER CLASSES

You may enroll into these classes several times during the season.

112 • 3D PRINTING & MODELING FOR YOUNG CREATORS
Begin by modifying existing 3D objects in a free Computer Aided Design program to configure your item with support mounts, overhangs and various orientations which will ready your piece for printing. Use some simpler designs at first such as a spin top, then progress onto the more complex projects. Create a free online account to use another Computer Aided Design program to create and model simple objects from scratch for 3D printing in class or at home. (ages 7 to 10)
Weeks 1–8 / June 24–Aug. 16 / M–F / 2–3:15 p.m. / Turner 101
Fees: 5 sessions • $95 / Materials fee • $3

113 • 3D PRINTING & MODELING
Begin by modifying existing 3D objects in a free Computer Aided Design program to configure your item with support mounts, overhangs and various orientations which will ready your piece for printing. Continue by creating a board game complete with game pieces. Next, open a free on-line account to use another C.A.D. program to learn how to sculpt, texture, arrange and render 3D models. After a short lesson on this powerful C.A.D. software you will be able to create objects from scratch for 3D printing in class or at home. Many other projects and templates will be available to create and modify during this course. (ages 9 to 16)
Weeks 1–8 / June 24–Aug. 16 / M–F / 10:25–11:40 a.m. / Turner 101
Fees: 5 sessions • $95 / Materials fee • $4

114 • INTRO TO PROGRAMMING ROBOTS FOR YOUNG INVENTORS
Using LOGO Writer — a coding program specifically designed for young programmers — learn how to use line by line code to bring the robots to life. The coding will be outlined by our instructor with plenty of guidance on how to complete the programming. These specialized LEGO Robotic Kits were designed for school computer labs and include moveable LEGO parts, including gears, wheels, motors, touch and optical sensors. Start with a simple traffic light and then progress to more complex robots. (ages 7 to 10)
Weeks 1–9 / June 24–Aug. 23 / M–F / 10:45 a.m.–12 p.m. / Hurlbut Room 1
Fees: 5 sessions • $95 / 1 session at door • $25 / Materials fee • $3

115 • PROGRAMMING ROBOTS I & II (BEGINNER TO INTERMEDIATE)
Become a software engineer by using real computer code to bring motorized LEGO Robotics to get life. Using LOGO Writer, a coding program modeled after PASCAL (professional coders have used this program), learn how to use line by line code to control the robots that you will build. Start with a simple traffic light and then progress to a smart car, merry-go-round and even a washing machine! These specialized LEGO Robotic Kits were designed for school computer labs and include moveable LEGO parts, including gears, wheels, motors, touch and optical sensors. Returning students with be using the advanced LEGO Robotic Kits. (ages 10 to 16)
Weeks 1–9 / June 24–Aug. 23 / M–F / 12:30–1:45 p.m. / Hurlbut Room 1
Fees: 5 sessions • $95 / 1 session at door • $25 / Materials fee • $3

116 • CREATING GAMES ON YOUR PC OR MAC
Ever dreamed of making your own video games? The Games Factory 2 software provides everything you need to create arcade games, screen savers and much more. With the vast libraries of graphics and sounds, and with the power to create your own characters and backdrops, all it will take is a little imagination to create a brilliant gaming experience. The Games Factory 2 introduces the basics of game design and programming through its Event Editor. Because there is not traditional programming language to master, users can quickly begin creating and learning how programming logic works. Free PC or Mac software is available. (ages 10 to 16)
Weeks 1–9 / June 24–Aug. 23 / M–F / 2–3:15 p.m. / Hurlbut Room 1
Fees: 5 sessions • $95 / 1 session at door • $25 / Materials fee • $3

117 • BROADWAY KIDS!
Melissa Charles
Express yourself through song and dance in this musical theatre class, which will focus on exploring popular Broadway musicals. A week of singing, dance, and acting exercises will culminate in a showcase for friends and family. Some experience in dance, voice or acting is suggested but not required. (ages 8 to 14)
Week 1, June 24–28 / M–F / 1:30–3 p.m. / Turner Conference Room
Fees: 5 sessions • $99

118 • M4TH MANIA: GAMES, MAGIC AND ART
Diane Cokerdem-DePriest
What do the Parthenon, hurricanes, and the shape of galaxies all have in common? Do you want to be guaranteed to win some games? How big is a googol? Can you draw curvy designs only using straight lines? How do you divide a cake fairly among many people? Through games, puzzles, tricks, videos and technology-based art projects, you will explore an exciting side of numbers not often seen in the classroom. (ages 10 to 16)
Week 2, July 1–4 / M–Th / 9:15–10:30 a.m. / Hall of Ed. (Sheldon) Rm. 204
Fees: 4 sessions • $79
1 session at door • $25

Middle Grades to High School

111 • IMMERSION IN ENVIRONMENTAL SCIENCE
Meghan Collins
Bring your curiosity, bring your adventurousness, and bring your willingness to explore. This hands-on immersion course in Chautauqua’s natural world will explore the living creatures, the beauty and patterns in nature, and the interactions between the air, water and life. Each day, we will explore one phenomenon of nature, from the patterns of clouds in the sky to the native species that inhabit Chautauqua. You’ll explore the theme of each day using inquiry-based learning practices and making your own discoveries through the claim, evidence, reasoning framework. Materials fee of $10 due to instructor at start of class. (ages 6 to 12)
Week 8, Aug. 12–15 / M–Th / 12:30–1:45 p.m. / Pier Building Classroom
Fees: 4 sessions • $79 / Materials fee • $10
1 session at door • $25

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
119 • WHAT IN THE WORLD IS GOING ON?
Shayne Cokerdem
Like to learn? Like to listen? Like passionate dialogue? Come join our current events discussion group! We will explore a range of topics that will provide you with opportunities to share, ponder, and reflect — all while learning more about the current world. Arts, sports, law, health, money, international relations, and more! (ages 11 to 16)
Week 2, July 1–4 / M–Th / 2–3:15 p.m.
Turner 210
Fees: 4 sessions • $79
1 session at door • $25

120 • STRING AND YARN ART STUDIO
Sarah Raffinan
Simple yarn and string can be transformed into beautiful pieces of art through knotting, weaving and wrapping techniques. Each day we’ll have a new project to explore, but each will allow you to put your own spin on the concept and design. Projects may include: woven wall hangings, eye-catching string art, and many styles of knotted and woven bracelets. No previous experience necessary — this class is sure to be fun for all ages and levels of ability! Materials fee of $10 due to instructor at start of class. (ages 6 to 16)
Week 3, July 8–12 / M–F / 4:30–5:30 p.m.
Turner 104
Fees: 5 sessions • $79 / Materials fee • $10
1 session at door • $21

121 • BEGINNING SEWING: FAT QUARTER BAG
Aimee Doershuk
This fun bag is great for sleepovers or to carry all your stuff to the beach. Bring 6 Fat Quarters, 2 1/2 yards of lining fabric and matching or contrasting thread to class to make this bag. Basic sewing skills needed. Instructor has sewing machines to use in class or bring your own. Materials fee of $10 due to instructor on first day of class. (ages 12+)
Week 3, July 9–11 / Tu–Th / 2–4 p.m.
Turner 104
Fees: 3 sessions • $89 / Materials fee • $10

122 • IMPROVISATION FOR YOUNG PEOPLE
Elise Morrison
Improvisation is foundational for acting. It teaches you to be present, actively listen, think on your feet, use your imagination to create stories, and build connections with fellow performers. This class will focus on the fundamental principles of improvisation with emphasis on agreement, listening, spontaneity, scene building and having fun. If you’ve never wanted to learn how to improvise or to be more comfortable speaking up in everyday situations, this class is for you! (ages 9 to 18)
Week 5, July 22–26 / M–F / 12:45–1:45 p.m.
Heinz Beach Fitness Room 1
Fees: 5 sessions • $79
1 session at door • $21

123 • NATURE JOURNALING FOR YOUTH
Paul Fehringer
Nature journaling is a way to record your observations of the natural world. You’ll learn how to express your views of nature within the journal. We will delve into how to experience nature with all your senses, not just visuals, and then you’ll learn how to record these experiences. Materials fee of $15 due to instructor at start of class. (ages 12 to 18)
Week 5, July 23–25 / Tu–Th / 10 a.m.–12 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 3 sessions • $89 / Materials fee • $15

124 • PSYCHOLOGICAL DETECTIVES
John Marazita
Play the role of a psychological detective as we use experiments and creative projects to explore how the mind works. We will study visual and auditory illusions, perception, memory, and language. Activities will also connect with the theme of the week — “What’s Funny?” — as we explore what humor and comedy reveal about the mind. (ages 9 to 16)
Week 6, July 29–Aug. 1 / M–Th / 9–10:15 a.m.
Hurlbut Room 3
Fees: 4 sessions • $79
1 session at door • $25

125 • BECOME A FAMILY HISTORY SLEUTH
Mary Patricia Voell
Have you ever wondered what your father did for fun when he was a child? It’s never too early to become your family’s Sherlock Holmes. Kids are natural observers and creative investigators, and being a family detective is like a gigantic jigsaw puzzle. You’ll find out how to locate, record and organize information. Travel back in time to learn about one’s genes, your name, dark and dusty places, thing-a-jigs, slang, history that talks, timelines, family trees, globetrotting and time capsules. Please bring the name, birth date and birth place (if known) of your grandparents/great-grandparents and the earliest ancestor of which your family is aware. (ages 12+)
Week 6, July 30–Aug. 1 / Tu Th / 1–3 p.m.
Smith Library Classroom
Fees: 2 sessions • $65
1 session at door (first day only) • $35

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
YOUNG WRITERS INSTITUTE

The Young Writers Institute is a five-day immersive, multi-genre creative writing day camp for students 14 to 18 years old. Through close study of work by contemporary writers, short exercises and workshops, students will develop their command of the core elements of poetry, fiction and nonfiction. Led by an exceptional faculty of published teaching-artists with deep experience mentoring young writers, each student will have the opportunity to work one-on-one with them to develop a plan for future growth.

The Young Writers Institute will be offered in Weeks Three and Four of Chautauqua’s summer season (July 8–12 and July 15–19) and welcomes young writers from all across the country. Young writers, no matter their experience, may enroll.

Daily Schedule

9–10:30 a.m.: Class
10:45 a.m.–12 p.m.: Class, or, depending on topic, attend a lecture in the Amp
12–1 p.m.: Break for lunch and/or attend brown bag lecture program
1:30–4:30 p.m.: Class or attend CLSC presentation

Faculty

Kim Henderson is the author of The Kind of Girl, which won the Seventh Annual Rose Metal Press Short Short Chapbook Contest. Her stories have appeared in The Kenyon Review, Tin House Open Bar, The Texas Observer, Curbank, River Styx, The Southeast Review, New South, H_NGM_N, Flash Fiction Online and elsewhere. From New Mexico, she now lives with her husband in Southern California, where she chairs the creative writing program at Idyllwild Arts Academy.

Kenyatta Rogers is a Cave Canem Fellow and has been twice awarded scholarships from the Bread Loaf Writers’ Conference. He has also been nominated twice for both Pushcart and Best of the Net prizes, his work has been previously published in or is forthcoming from Jubilat, Vinyl, Bat City Review, The Volta and PANK, among others. He is an associate editor of RHINO Poetry and currently serves on the creative writing faculty at the Chicago High School for the Arts.

Visit chq.org/youngwriters to register for Young Writers Institute. Fees: 5 days • $275

Registration

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
131 • CHESS: BEGINNER AND INTERMEDIATE
Katherine Williams
Chess is a classic game that develops spatial thinking and strategies and builds focused concentration. This class is for beginner and intermediate players. Beginners will learn basic game rules and opening tactic moves. Intermediate players will learn more sophisticated combinations and strategies. After each daily lesson, we’ll all have fun competing against each other with individualized coaching to apply and advance your chess skills. (ages 6 to 18)
Week 4, July 15–18 / Week 6, July 29–Aug. 1
M–Th / 4:30–5:30 p.m. / Turner 210
Fees: 4 sessions • $69
1 session at door • $21

132 • CREATE A GRAPHIC NOVEL: WRITING IMAGES AND DRAWING WORDS
Sally Levine
Whether you like to write, illustrate, both or neither (but you’re interested in learning to develop writing and illustration skills), you can produce a mini graphic novel. This class takes a step-by-step approach to creating a graphic novel taking place in Chautauqua, developing a clear narrative, drawing engaging characters, producing a story-board and ultimately formatting the final work. Materials fee of $8 due to instructor at start of class. (ages 8 to 25)
Week 7, Aug. 5–9 / M–F / 2–3:30 p.m.
Pier Building Lounge
Fees: 5 sessions • $99 / Materials fee • $8
1 session at door (first day only) • $25

133 • WHAT’S MY LINE? IMPROV FOR KIDS
John C. Barthelmes
“So a funny thing happened on the way to the . . . ” Can’t remember the rest of the joke? Improvise! Make it up! You’ll learn what improvisation is and how to successfully improv a scene that’ll make everyone laugh! Learning improv techniques can help you out in school giving presentations and speeches and on stage in plays and musicals. (ages 8 to 18)
Week 9, Aug. 19–23 / M–F / 4:30–5:30 p.m.
Turner Conference Room
Fees: 5 sessions • $79
1 session at door (first day only) • $21

134 • COLLEGE ADMISSIONS BOOT CAMP
Eva Gelman
This interactive week-long series will guide high school students and parents through the complexities of the college admissions process. Discover how colleges make admission decisions, how to make an appropriate college list, how to research colleges, the importance of standardized testing, how to write powerful essays, financial aid information and scholarships. This course will help simplify college admissions and maximize your chance of acceptance to the schools of your choice. (ages 14+)
Week 2, July 1–3 / M–W / 12:15–1:45 p.m.
Smith Library Classroom
Fees: 3 sessions • $75
1 session at door • $29

135 • COLLEGE ESSAY WRITING WORKSHOP
Tracy McKee
Your college essay is an important way to set yourself apart in the college application process. In this workshop you will explore the unique experiences that have shaped your life so far and how they fuel your passions. With this insight, you’ll develop a unique essay that reflects you in an authentic way and works with the Common App prompts. Writing exercises and daily feedback are designed to help you make significant progress on your essay in four days. No prior writing experience required. Just bring your laptop. (ages 16 to 20)
Week 3, July 8–11 / M–Th / 9–10:30 a.m.
Hurlbut Room 3
Fees: 4 sessions • $89

136 • SAT TEST MATH PREP
Suzanne Glick
Getting ready to take the SAT? Summer is a great time to review the algebra and geometry math concepts that will be on the test. Practice tests will be given in class, followed by correct answers, explanations, and strategies for improvement. Gain confidence and test taking skills and increase your SAT score. “The Official SAT Study Guide” (2018 edition/College Board) will be used in class, provided by the student or purchased from the teacher. (ages 15 to 18)
Week 3, July 8–11 / M–Th / 12:30–1:45 p.m.
Hultquist 201B
Fees: 4 sessions • $79
1 session at door (first day only) • $25

Try your hand in writing and drawing your own story in “Create a Graphic Novel” (below)
137 • LEADERFIRST: REDEFINING LEADERSHIP TODAY
Carol Robinson
Many high-performing high school and college students narrowly define leadership today. This can adversely affect your career aspirations and limit your experiences in college. Join us as we actively explore ways you can redefine your leadership experiences to best support your long-term career and/or graduate school goals. You will be guided in creating your own personal leadership definition, and learn some unique ways of becoming more aware of your leadership strengths. (ages 16 to 25)
Week 4, July 15–18 / M–Th / 12:30–1:30 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 4 sessions • $69
1 session at door • $21

138 • COLLEGE SUCCESS: HARDER THAN IT LOOKS!
Carol Robinson
For today’s parents, setting up your high-performing high school or college student for success is not as straightforward as you may think! Much has changed over the past few years. This engaging series will highlight practical solutions for ramping your student up for success quickly in their new college environment. We’ll discuss myths of choosing the right major, success in the first few semesters, best resume-builders during college, and planning for graduate school. (ages 16+)
Week 4, July 15–18 / M–Th / 3:30–4:30 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 4 sessions • $69
1 session at door • $21

139 • FINANCIAL FITNESS FOR SAVVY TEENS
Sheila Schroeder
Geared toward high school students, college students and recent graduates, we’ll navigate the financial responsibilities of living on your own. Led by a 25-plus year veteran of Wall Street and the financial markets and the mother of teen twins. We’ll cover financial basics such as setting up a personal budget, investments, retirement savings plans such as 401(K) & IRAs, managing debt and building savings. (ages 14+)
Week 6, July 29–Aug. 1 / M–Th
12:45–1:45 p.m. / Hultquist 201A
Fees: 4 sessions • $69
1 session at door (first day only) • $25

207 • YOUNG ARTISTS AGES 6–11
Bonnie Ashmore
See page 18 for details.

208 • YOUNG ARTISTS AGES 12–14
Samuel Peck
See page 18 for details.

209 • YOUNG ARTISTS AGES 15–17
Samuel Peck
See page 18 for details.

321 • BEGINNING DRAWING WITH COLORED PENCIL
Tami Hritzay
See page 21 for details.

607 • CARIBBEAN CUISINE 101: TASTE THE TROPICS
Danielle Nebres
See page 24 for details.

611 • ITALIAN COOKIE GIFTS
Kate Levea & Mary Lyth
See page 25 for details.

612 • GLUTEN FREE NATURALLY
Kate Levea & Mary Lyth
See page 25 for details.

615 • PANCAKE PARTY!
Megan Radak
See page 26 for details.

619 • SNACKS THAT KIDS CAN MAKE THEMSELVES!
William Kuntz & Selina Uglow
See page 27 for details.

700 • CREATIVE MOVEMENT (AGES 3 AND 4)
School of Dance Staff
See page 30 for details.

701 • CREATIVE MOVEMENT (AGES 5 AND 6)
School of Dance Staff
See page 30 for details.

702 • INTRODUCTION TO BALLET (AGES 7 TO 12)
School of Dance Staff
See page 31 for details.

801 • LITTLE DANCER
Katie Clark
See page 31 for details.

1005 • THE ART AND SPORT OF JUGGLING
Richard R. Cuyler
See page 34 for details.
School of Art

Sharon Louden, Artistic Director of the Visual Arts

School of Art Office: 716-357-6301

The School of Art has a nationally recognized faculty of established professional artists and a curriculum for students at beginner through advanced levels. Special Studies classes are offered for adults, high-school students and children beginning at age 6. Students must be 18 years or older to enroll in adult classes. Materials in ceramics and sculpture will be billed as used. The Chautauqua Bookstore carries a variety of art supplies.

CERAMIC CLASSES

Beginning through advanced students are welcome to try their hand at the potter’s wheel or to try hand-building techniques. Ceramics faculty teach throwing and hand-building. The final firing for summer 2019 is Friday, Aug. 9. Charges are based on the weights of the pieces to be fired. Drying time for clay sometimes precludes firing pieces in the same week that they are made. Clay tools, standard 182G white stoneware clay, wax resist and bat pins may be purchased in the School of Art office.

200 • ADULT CERAMICS
Elise G. Renfrow or Carmen Ferraro

This daily morning class welcomes beginner through advanced students. Students have the option of working on the wheel, learning how to center and throw vessels and other techniques using clay. Technical demonstrations will be given. A pottery tool kit, an apron and towel are recommended. Tool kits may be purchased for approximately $20 in the Art Office. Materials in ceramics and sculpture will be billed as used (approx. $40-50). (ages 18+)

Weeks 1–7 / June 24–Aug. 9 / M–F / 9 a.m.–12 p.m. / Arts Quad, Ceramics Studio
Fees: 5 sessions • $150
Materials fee • $40-50

201 • ADULT CERAMICS
Elise G. Renfrow or Carmen Ferraro

This afternoon class welcomes beginner through advanced students. Students have the option of working on the wheel, learning how to center and throw vessels and other techniques using clay. Technical demonstrations will be given. A pottery tool kit, an apron and towel are recommended. Tool kits may be purchased for approximately $20 in the Art Office. Materials in ceramics and sculpture will be billed as used (approx. $40-50). (ages 18+)

Week 1, June 24–28 / Week 3, July 8–12 / Week 5, July 22–26 / M–F / 1:30–4:30 p.m. / Arts Quad, Ceramics Studio
Fees: 5 sessions • $150
Materials fee • $40-50

202 • ADULT CERAMICS: HANDBUILDING
Elise G. Renfrow or Carmen Ferraro

Come to the hand building room in the ceramics studios at the School of Art to learn from School of Art Ceramics Faculty hand building and alternative, expressive techniques in Ceramics. We welcome you to experiment, explore and to enjoy hand building in ceramics. Materials in ceramics and sculpture will be billed as used (approx. $40-50). (ages 18+)

Week 2, July 1–5 / Week 4, July 15–19 / Week 6, July 29–Aug. 2 / M–F / 1:30–4:30 p.m. / Arts Quad, Ceramics Studio
Fees: 5 sessions • $150
Materials fee • $40-50

203 • CERAMICS INDEPENDENT STUDY

Independent Study at VACI is an opportunity for ADVANCED ONLY students and professional artists to use the School of Art ceramics facilities. This is an opportunity for advanced students and professional artists who would like to have time to produce work in our studios. There is no teacher or monitor present for the entire day, no storage and no assistance; only advanced students are eligible to sign up for studio time. Class is limited to seven individuals. Materials costs and tool kit costs are in addition to the fee to use the studio. (ages 18+)

Week 1, June 29 / Week 2, July 6 / Week 3, July 13 / Week 4, July 20 / Week 5, July 27 / Week 6, Aug. 3 / Sa
Fees: 1 session • $200
Materials fee • $40-50

Important Ceramics Information

If you are not registered for a ceramics class, you may not work in the ceramics or glaze studios or have your work fired. The School of Art is an educational studio, not intended for individuals who are producing large volumes of work for retail sale. The School will only fire work that is produced in its studios at Chautauqua during the time a person is enrolled in a ceramics class.

For safety reasons, no one under the age of 18 is permitted in the ceramics studios. Participants may be asked to provide proof of age.

Saturdays, Sundays and evenings after 6 p.m. are reserved for the full-time Chautauqua School of Art studios. Unless you are enrolled in Independent Study on Saturdays, no Special Studies students may work Saturdays, Sundays and in the evenings after 6 p.m.

Wear clothes and shoes that you don’t mind getting dirty (bringing an apron and an old towel are a good idea). Clay will not always wash out of clothing.

Tool kits may be purchased at the School of Art Office for approximately $20.

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
**Young Artists Program**

**207 • YOUNG ARTISTS AGES 6–11**

**Bonnie Ashmore**

Join us for a week or more of fun and interesting projects. If you like to draw, paint or build things, this is the course for you. Wear old clothes to class in case of a paint spill. Materials available in the Bookstore. (ages 6 to 11) Weeks 1–7 / June 24–Aug. 9 / M–F / 10:30 a.m.–12 p.m. / Turner 204

Fees: 5 sessions • $89

**208 • YOUNG ARTISTS AGES 12–14**

**Samuel Peck**

Drawing, Painting, or Sculpture are avenues for exploration within this class. We will tackle new projects exploring the basic techniques of art while emphasizing creativity and exploration. Wear old clothes to class and come ready to immerse yourself in the studio. Work with the brilliant Samuel Peck who is an artist himself and his specialty is to work with young artists giving them freedom as well as direction to express and construct projects individually and as a group. Materials available in the Bookstore. (ages 12 to 14) Week 1, June 24–28 / Week 2, July 1–5 Week 3, July 8–12 / Week 5, July 22–26 Week 6, July 29–Aug. 2 / Week 7, Aug. 5–9 M–F / 9 a.m.–12 p.m. / Turner 202

Fees: 5 sessions • $125

**209 • YOUNG ARTISTS AGES 15–17**

**Samuel Peck**

Build upon your foundation with the arts in an exploration of materials through a variety of projects in Drawing, Painting, and Sculpture. Follow your line of inquiry with new materials and investigate interests in media familiar to you in a variety of projects. Wear old clothes to class and come ready to immerse yourself in the studio. Basic art supplies available at Chautauqua Bookstore. Additional supplies will be discussed on the first day of class. (ages 15 to 17) Week 2, July 1–5 / Week 5, July 22–26 Week 6, July 29–Aug. 2 M–F / 1:30–4:30 p.m. / Turner 202

Fees: 5 sessions • $125
303 • RODIN AND HIS MONUMENTAL SCULPTURES
Alice Rose
“The Thinker,” “Gates of Hell,” “Balzac,” “Burghers of Calais” and “Kiss”: these well-known sculptures were created by Auguste Rodin (1840–1917) and they grace museums and public spaces around the world. This class traces the creation of Rodin’s sculptures to their final forms. We will see a wide variety of photographs from Paris, Meudon FR, Philadelphia, New York and Moscow. (ages 14+)
Week 8, Aug. 12–14 / M–W / 4–5:30 p.m.
Hultquist 201A
Fees: 3 sessions • $75
1 session at door • $29

304 • ART IN PARIS FOR TRAVELERS
(A BRIEFLY)
Alice Rose
What to see in a city that has so much art? Instructor will share her “top” list and show many examples of art so you can make your own plan on what you want to see. Class will focus on smaller museums and talk a bit about art history to make it more interesting. Each person will get a map and list of museums. All travelers are welcome! (ages 14+)
Week 8, Aug. 15 / Th / 4–5:30 p.m.
Hultquist 201A
Fees: 1 session • $29

305 • ART IN PARIS FOR TRAVELERS
(A) Alice Rose
What to see in a city that has so much art? This three day course will give you enough information to plan your own trip no matter how much time you have. Instructor will share highlights, showing slides of art, architecture and the grand city. We will trace the careers of artists Claude Monet and Auguste Rodin, both of whom have a monumental presence in Paris. Class will focus on museums which will be grouped by location to make planning easier. Everyone will get a map, list of museums and the itinerary followed in a private tour of Paris. All are welcome! (ages 14+)
Week 9, Aug. 19–21 / M–W / 4–5:30 p.m.
Hultquist 201B
Fees: 3 sessions • $75
1 session at door • $29

306 • SIGHT AND SOUND: AMERICAN PAINTING AND MUSIC
Elaine Wertheim
Throughout the 19th and 20th centuries, American music paralleled the development of American painting. Topics will include: The Civil War in picture and music; Ragtime and Realism; and Jazz and Modern Expression. The class will feature composers such as Foster, Joplin, Ives and Ellington and artists such as John Sloan, Stuart Davis and painters of The Harlem Renaissance. (ages 14+)
Week 2, July 7–11 / M–W / 10–11 a.m.
Hultquist 201A
Fees: 5 sessions • $99
1 session at door • $20
312 • POCKET SKETCHING FOR FUN AND TRAVEL
Susan Merila
Quick and easy way to learn watercolor painting using a water soluble pen and compact watercolor paint set. Learn to quickly capture what you see, any time and any place, even in PUBLIC, while fearlessly working in your own personal space. Seize the moment and put your own spin on all that lies before you as you travel and take in those everyday moments. Your personal paintings result in a record that makes each one special. Materials fee of $50 due to instructor at start of class. (ages 14+)
Week 2, July 1–4 / M–Th / 1:30–4:30 p.m.
Pier Building Classroom
Fees: 4 sessions • $115 / Materials fee • $50

313 • ONE-A-DAY WATERCOLOR WORKSHOP
Lynn LeFauve
From novices to beyond, experience this new course in watercolor painting. This One-a-Day workshop will cover a short intro to the basics of watercolor and explore its many varied techniques and approaches. Color, design and composition will be covered. The goal here is to create one unique painting per day based on lessons developed by the instructor. Students will find their own comfort level as regards realism vs. abstraction vs. representational art. All will be discussed. Some watercolor experience is helpful. Students must bring appropriate painting supplies or be prepared to purchase them from instructor.
Email instructor with questions at lrlefauve@gmail.com. (ages 15+)
Week 3, July 9–11 / Week 7, Aug. 6–8
Tu–Th / 8–10;30 a.m. / Pier Building Classroom
Fees: 3 sessions • $109
1 session at door • $39

314 • FLUID ART
Eva M. Sherman
Sometimes called “Pour Painting,” this a unique way to create dynamic and colorful abstract art using various acrylic paint pouring techniques. We will experiment with straight pours, dirty pours, swiping and kinetic pouring. Learn about diluting mediums and formulas, how to prevent crazing, plus the secret to creating large cells. Students will have an opportunity to create two canvases daily. Please note that we will be using latex gloves. Please bring an apron to protect clothing. Materials fee of $100 due to instructor at start of class. (ages 14+)
Week 4, July 15–19 / M–F / 8:30–10:30 a.m.
Pier Building Classroom
Fees: 5 sessions • $115 / Materials fee • $100
1 session at door • $35 / Materials fee • $20

315 • CHUCK CLOSE: PORTRAITS IN PIXELS
Elaine LaVigne
No other artist challenges our perception of realism and abstraction quite like artist Chuck Close. Learn about his background and his techniques creating large-scale portraits. With detailed instruction use a grid to create your own personal portrait. A variety of approaches and media will be available to choose: colored pencil, charcoal, marker, stamp pads, pastel or paint. Materials fee of $5 due to instructor at start of class. (ages 14+)
Week 4, July 16–18 / Tu–Th / 8:30–10 a.m.
Turner 106
Fees: 3 sessions • $75 / Materials fee • $5
1 session at door (first day only) • $29

316 • CREATE THE MOSAICS OF THE MEDITERRANEAN
George Woideck
In this hands-on course, we’ll journey to the sunny Mediterranean from West to East and design and re-create the geometric patterned mosaics of Morocco, the broken tile mosaics of Antoni Gaudí’s Barcelona and the Byzantine glass tile mosaics of ancient Constantinople. Experience this enduring art form while learning its history and the cultures that created it. You will not only complete three hands-on mosaic projects but will also learn the techniques of mosaic installation. No previous experience needed. Materials fee of $35 due to instructor at start of class. (ages 14+)
Week 5, July 22–26 / M–F / 1:30–4 p.m.
Turner 204
Fees: 5 sessions • $115 / Materials fee • $35

317 • FAMILY STORIES THROUGH ART
Sharon Santillo
Don’t wait for someone to ask — be a good ancestor and tell your family stories. Ongoing research at Emory University shows how important it is for future generations to know their family history. No prerequisites for this fun beginner class for adults and teens, just bring stories in your head. We will cut and glue and create collages then use the art to lead our writing. Materials provided and suggestions for sharing with family are given. (ages 14+)
Week 5, July 22–26 / M–F / 8:30–10:30 a.m.
Turner 106
Fees: 5 sessions • $105 / Materials fee • $30
1 session at door (first day only) • $29

318 • PAINTING CHAUTAUQUA’S BOATS, WATER AND SKY
Jerome Chesley
Students will capture Chautauqua scenes by painting boats and water with three different approaches. Bring your own pictures of boats or use one provided by the instructor. Reflections, textures of water, capturing style to paint sky. Have fun painting, learning techniques and then conclude with a friendly critique. Suggested supply list available at classes.chq.org. (ages 14+)
Week 5, July 23–25 / Tu–Th / 8:30–11:45 a.m.
Pier Building Classroom
Fees: 3 sessions • $109
1 session at door • $39

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
319 • THE HUES IN YOU
Tan Gillespie
See, sketch, plan and paint a colorful souvenir of Chautauqua. Tan will share some basic drawing skills, you will practice handling your art materials and see demos with no murky colors. This is hands-on training for the novice artist, with sensible tips from a 30-year pro. Create your own unique watercolors, get hooked on this lifelong pastime. All levels welcome. Materials fee of $5 due to instructor at start of class. (ages 15+)
Week 6, July 29–Aug. 2 / M–F / 8:30–10:30 a.m. / Turner 106
Fees: 5 sessions • $105 / Materials fee • $5
1 session at door • $35

320 • PAINTING FLORALS AND STILL LIFE
Jerome Chesley
Have fun in this mini-workshop where you will develop the ability to possibly create a subtle or bold approach to capturing fabric forms, backgrounds and the beauty of flowers as the subject matter. You can paint along with Jerome using all the hints and techniques to complete the painting(s). Demonstration and personal instruction will conclude with a friendly group critique. Different approaches and techniques will help you develop your own style. Suggested supply list available at classes.chq.org. (ages 14+)
Week 6, July 30–Aug. 1 / Tu–Th / 8:30–11:45 a.m. / Pier Building Classroom
Fees: 3 sessions • $109
1 session at door • $39

321 • BEGINNING DRAWING WITH COLORED PENCIL
Tami Hritzay
Designed for the beginner using colored pencil as their medium, we’ll cover basic drawing techniques, shading and perspective, along with an introduction to color blending. My goal in teaching this class is to unlock the mysteries and give students the tools and techniques to render realistic drawings. We will draw landscapes, animals and people, and we’ll explore different drawing surfaces. Creativity beckons you! Materials fee of $12 due to instructor at start of class. (ages 12+)
Week 7, Aug. 5–9 / M–F / 1–3 p.m. / Turner 104
Fees: 5 sessions • $109 / Materials fee • $12

322 • SKETCHING CHAUTAUQUA’S ARCHITECTURE
Sally Levine
Learn to recognize architectural styles by sketching examples of Chautauqua’s buildings, and improve your sketching skills by looking at Chautauqua’s architecture. This course is open to everyone, whether you’re a beginning or advanced drawing student. We will focus on the elements, details, materials and technologies that define various architectural styles and give your drawings unique character. (ages 16+)
Week 7, Aug. 5–9 / M–F / 8:30–10:30 a.m. / Pier Building Lounge
Fees: 5 sessions • $109
1 session at door (first day only) • $35

323 • THE WISDOM AND TECHNIQUE OF TIBETAN SAND PAINTING
Katie Jo Suddaby
For thousands of years, Tibetan Buddhists meditated on the impermanent nature of the universe by making, then brushing away, delicate sand paintings called Mandalas. In this course you will learn the basic technique of Tibetan sand painting, as well as the philosophy behind it. No prior skills required. Appropriate for adults and children ages 10 and above. All materials provided by instructor. Materials fee of $25 due to instructor at start of class. (ages 10+)
Week 8, Aug. 12–15 / M–Th / 3:30–5:30 p.m. / Pier Building Classroom
Fees: 4 sessions • $99 / Materials fee • $25
1 session at door • $35

324 • DRAWING EVERY DAY
Lauralynn White
Need to improve your ability to “see” as an artist? Want confidence in capturing movement in line? Join a group of like-minded individuals as we learn time honored techniques in intuitive drawing. We will criss-cross Chautauqua using the day’s lesson to capture the shoreline near the Bell Tower, the people in Bestor Plaza or the quaint historic cottages. Invigorate your work by drawing every day! (ages 14+)
Week 8, Aug. 12–15 / Week 9, Aug. 19–22
M–Th / 12:15–1:45 p.m. / Hultquist 201A
Fees: 4 sessions • $89
1 session at door • $29

325 • ALL MIXED UP: EXPLORING MIXED MEDIA
Amy Flowers
Join us for a creative week of mixed media art playtime! Explore methods and techniques with acrylic product on a variety of surfaces, completing several works during this course. Experiment with alternative monotype printing for our week; learn to print with Gelli Plate, intaglio ink and more. Layer prints with color, collage and mark making to create fresh artworks. This course is perfect for art play and practice — these techniques are a great addition to your artist’s tool box, and you’ll produce fabulous mixed media work! All supplies provided, dress for messy fun! Materials fee of $75 due to instructor at start of class. (ages 14+)
Week 9, Aug. 19–23 / M–F / 1–4 p.m. / Pier Building Classroom
Fees: 5 sessions • $125 / Materials fee • $75

NOTE: IT IS HIGHLY RECOMMENDED FOR STUDENTS REGISTERED FOR ART CLASSES IN THE PIER BUILDING TO BRING A CONTAINER FOR WATER ALONG WITH PORTABLE EASEL.
Business & Finance

400 • TELLING YOUR ORGANIZATION’S STORY
Matt Charles
Building relationships and trust is critical for an organization to survive. Communication through storytelling can make this happen. While marketing can be costly, social media can cost virtually nothing outside of paying staff or consultants to carry out this work. Particular emphasis will be on using storytelling to help an organization connect with its target audience by gaining earned media through public relations efforts and how to optimize these assets via an organization’s owned, social and paid media functions (a strategic and holistic communications approach). (ages 14+)
Week 1, June 24–27 / M–Th / 3:45–5 p.m.  
Hultquist 201A
Fees: 4 sessions • $79
1 session at door • $25

401 • FLIP OR FLOP: PROFITABLE HOUSE FLIPPING
Elizabeth Hazard
Buying and selling a house for a gain is the ultimate goal of all home owners. Learn strategies to buy houses for a bargain and sell to maximize your profits. How can you turn house flipping into a viable part time business? We all live somewhere — even if you can’t afford to buy a house, learn creative alternative options to make money in real estate. What fixes get the greatest return on your money? How can you buy or sell without a brokers fee, thus saving 6%? What are the most common hidden costs? How do local real markets effect sales? Flipping houses is fun — learn more now! (ages 14+)
Week 2, July 1–3 / M–W / 3:15–4:30 p.m.  
Hultquist 201A
Fees: 3 sessions • $65
1 session at door • $25

402 • INNOVATION, INVESTING AND LONGEVEITY
Alan Greenberg
Advances in technology and innovations are redefining how we live our daily lives. As we are living longer, we must adapt to this change and ensure our investment portfolios are changing with it. We will discuss topics such as longevity, biotechnology, artificial intelligence, cyber security, autonomous cars, cloud computing and behavioral pattern shifts from baby boomers to millennials, which are all impacting the investment landscape. (ages 16+)
Week 2, July 1–3 / M–W / 9–10:30 a.m.  
Hultquist 201B
Fees: 3 sessions • $75
1 session at door • $29

403 • RISING INTEREST RATES, RISING INFLATION AND RISING RISK
Alan Greenberg
Changing times might mean changing our investment philosophies. As our economy is changing, our portfolios must change with it. How do we position ourselves against rising interest rates and inflation? Should we allocate more to bonds or stocks? We will discuss different investment strategies to mitigate risk and ensure our portfolios are meeting our objectives. (ages 16+)
Week 3, July 8–10 / M–W / 9–10:30 a.m.  
Hultquist 201A
Fees: 3 sessions • $75
1 session at door • $29
404 • ARE YOU A WOMAN READY FOR RETIREMENT?
Christina Worley
Women frequently fear losing money and so invest too conservatively, but saving and investing wisely is critical for a successful financial retirement. Working women need to save 8% more of their annual income than men because of our longevity, lower earnings, and higher health care costs. Learn to address this issue head on with a written game plan and actionable tips from an instructor with over 20 years of experience with helping women. (ages 18+)
Week 3, July 8–11 / M–Th / 3:30–4:30 p.m.
Hultquist 201B
Fees: 4 sessions • $69
1 session at door • $25

405 • TRUMP ECONOMY: INVESTMENT IMPLICATIONS
Carol Clark
In contrast to prior administrations, the Trump era has been focused on minimizing regulations, maximizing job growth and lowering taxes. This sea change resulted in a dramatic surge in U.S. stock prices but punctuated by extreme volatility and a rise in the fear index. In an era of rising interest rates and the longest bull market on record, how can the average investor decide whether it is time to take some money off the table? Is the market running out of steam or is there further momentum ahead? (ages 16+)
Week 4, July 15–16 / M–Tu / 12:45–1:45 p.m.
Hultquist 201B
Fees: 2 sessions • $39
1 session at door (first day only) • $25

406 • HANDLING FINANCES ON YOUR OWN
Liz Miller
Do you want to be prepared to take over financial matters when life puts you on your own again? Does your significant other handle all the bills and investments? Have you recently been required to manage it all yourself? Personal finances can seem daunting, but you’ve got this! We will take an easy journey through the important basics of personal finance including managing household bills, bank accounts, credit cards, insurance and investments to help you become a confident decision maker. (ages 21+)
Week 4, July 15–17 / M–W / 3:30–4:30 p.m.
Hultquist 201A
Fees: 3 sessions • $55
1 session at door • $25

407 • MONEY MATTERS: REDUCING INVESTMENT COSTS
Carol Clark
More than 90% of baby boomers are likely to outlive their assets. Discover the dramatic importance of the portfolio fee structure on long-term growth of assets. We will uncover ways to minimize costs and review data showing that even small increases in fees have a dramatic impact on ultimate portfolio returns. Determining which investments are truly selected in the best interest of the investor will also be covered as well as strategies for financial security. Case studies will be incorporated. (ages 15+)
Week 4, July 17–18 / W–Th / 12:45–1:45 p.m.
Hultquist 201B
Fees: 2 sessions • $39
1 session at door (first day only) • $25

408 • WHERE TO INVEST TODAY
Liz Miller
Summer is a great time to review your portfolio as markets generally slow. In this class we will look at where markets are today and assess different U.S. asset classes and sectors of the market for investing opportunities. Whether individual securities or funds, each day we will look at how to analyze these investments and suggest ones that look attractive today. We will conclude with how to use these to build your most successful investment portfolio. (ages 21+)
Week 4, July 15–19 / Week 5, July 22–26
M–F / 9–10:30 a.m. / Hultquist 201B
Fees: 5 sessions • $99
1 session at door • $29

409 • THE INHERITANCE WE LEAVE TO OUR HEIRS: WILL IT BE A BLESSING OR A CURSE?
Jack Alpern
Which will it be for your family? Learn how to minimize friction among your children after you are gone, create “Incentive Trusts” to keep heirs productive, and use specific techniques to give meaning and significance to what you leave behind. Create a legacy that will go on for generations, not be used up in a year or less by using time-tested techniques that will further bond your family together. Make it mean something! (ages 40+)
Week 6, July 29–Aug. 1 / M–Th / 9–10:30 a.m.
Hultquist 201A
Fees: 4 sessions • $89
1 session at door • $29

410 • WHERE'D THE MONEY GO?
Denise Marie Fugo
We’ll explore the five financial buckets critical for economic sustainability and wealth creation, along with the following topics: the importance of saving over spending; the value of compounding; what to do with an economic windfall; how to handle economic devastation; successful financial strategies for children, adults, small-business owners and nonprofit leaders; the importance of end-of-life planning at all ages in order to help those older and younger than yourselves; and the importance of wills and trust. (ages 14+)
Week 7, Aug. 5–9 / M–F / 12:30–2 p.m.
Smith Library Classroom
Fees: 5 sessions • $99
1 session at door • $29

2703 • AMERICA’S DIVERGING ECONOMIES
Corey Townsend
See page 74 for details.

3006 • INTRO TO BLOCKCHAIN AND CRYPTOCURRENCIES
Robert Levin
See page 73 for details.

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
Computer

500 • iPAD, iPHONE & iPod TOUCH: BASICS & BEYOND
Benchmark Computers
We’ll begin with an intro to the basic features, then explore the many exciting and hidden features of this technology. Use FaceTime to send and receive video calls. Learn to multitask with slide over and split view. Configure a free iCloud account to keep your files and photos backed up and safe. Use iBooks to download and read books and newspapers. Download free apps and games. Tap into GPS to find and get directions to restaurants and attractions. You’ll learn how to listen to podcasts, watch videos and play music. Note: iPad 1 does not have a camera, so picture and video exercises will not work. Prerequisites: Bring your registered iPad, iPhone or iPod Touch along with your Apple ID and password to class. (ages 17+)
Weeks 1–8 / June 24, July 1, July 8, July 15, July 22, July 29, Aug. 5, Aug. 12
Fees: 1 session at door (first day only) • $25

501 • INTERNET SAFETY BEST PRACTICES: MONDAY
Benchmark Computers
The internet is amazing, but it comes with many inherent risks. Identity theft, e-mail scams, and online shopping are just a few of the hazards of the internet. This class will help you steer the many threats that are trying to get to your identity and your money. Creating strong passwords, online healthcare risks and maintaining online anonymity will also be presented. This is a hands-on class that will be using our computers. (ages 17+)
Weeks 1–8 / June 24–Aug. 16 / M–F 12:30–1:45 p.m. / Turner 101
Fees: 5 sessions • $95 / Materials fee • $4

502 • INTERNET SAFETY BEST PRACTICES: FRIDAY
Benchmark Computers
Weeks 1–8 / June 28, July 5, July 12, July 19, July 26, Aug. 2, Aug. 9, Aug. 16
F / 8:55–10:10 a.m. / Turner 101
Fees: 1 session • $25 / Materials fee • $2

503 • USING APPLE’S iCLOUD FOR ORGANIZING & STORING PHOTOS, DOCUMENTS, CONTACTS, CALENDARS AND MORE!
Benchmark Computers
Tired of scrolling through your iPhone’s photos to find what you are looking for? Effortlessly organize your iPhone’s photos for easy access, viewing and sharing. Apple’s iCloud works on any mobile device, along with PC and Mac desktops. Create and edit documents from anywhere. Learn to use iCloud for managing your contacts, calendar, notes and finding your friends. This is a hands-on class that will allow you to use our computers and photos to practice, with time to work with your own device. Prerequisites: Please bring your Apple ID and password to class along with any version of the iPad, iPhone or iPod Touch that you have purchased and registered with Apple. (ages 17+)
Tu–Th / 8:55–10:10 a.m. / Turner 101
Fees: 3 sessions • $65 / Materials fee • $4

506 • USING IPAD & iPHONE TO CREATE PHOTOS & VIDEOS
Benchmark Computers
You have an iPad or iPhone and want to take better photos and videos or want to learn some basic editing techniques? If so, this class is for you! Learn basic software techniques to take better photos and videos and learn some basic editing techniques to improve your photos and videos. You can use your own device or borrow one of ours.
Weeks 1–8 / June 24–Aug. 16 / M–F 12:30–1:45 p.m. / Turner 101
Fees: 5 sessions • $95 / Materials fee • $4

507 • USING SMARTPHONES & TABLETS: BEST PRACTICES
Benchmark Computers
We will take a hands-on approach to learn tips and techniques for using smartphones and tablets. Explore the features and hidden features of this technology. Use them to stay in touch, listen to music, access information and much more. Along with our instruction, you will get the opportunity to ask questions that are on your mind about your device.
Weeks 1–8 / June 24–Aug. 16 / M–F 12:30–1:45 p.m. / Turner 101
Fees: 5 sessions • $95 / Materials fee • $4

Culinary Arts

604 • THE BOURBON EXPERIENCE: TUESDAY
Matthew Evans
This one-day course will take a thematic approach to all things bourbon as you are treated to a wonderfully curated experience. During the two-hour course, we will discuss a wide array of bourbon-related topics including distillation practices, warehouse maturation, advertisement and more. There will be no hurry to transition from one topic to the next as we will nosel, taste and appreciate a variety of carefully chosen bourbon expressions. Materials fee of $10 due to instructor at start of class. (ages 21+)
Week 1, June 25 / Week 2, July 2 / Tu / 3–5 p.m.
Chautauqua Room, Athenaeum Hotel
Fees: 1 session • $39 / Materials fee • $10

605 • THE BOURBON EXPERIENCE: WEDNESDAY
Matthew Evans
Week 1, June 26 / Week 2, July 3 / W / 3–5 p.m.
Chautauqua Room, Athenaeum Hotel
Fees: 1 session • $39 / Materials fee • $10

607 • CARIBBEAN CUISINE 101: TASTE THE TROPICS
Danielle Nebres
Calling all Caribbean food and culture enthusiasts: let’s prepare a menu inspired by my West Indian roots. The colonial history of Trinidad heavily informs its cuisine and the menu will reflect a motley blend of influences, much like my family tree. Lively conversation to accompany food prep! Materials fee of $30 due to instructor at start of class. (ages 12+)
Week 2, July 1–3 / M–W / 12:30–2 p.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $75 / Materials fee • $30

MANY CULINARY COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.
610 • A BEGINNER’S GUIDE TO BREWING BEER
Justin Braver
Learn the basic techniques and ingredients involved in making brewery-quality beer in your own kitchen! Topics covered include beer-making procedures, brewing equipment, ingredient selection, sanitation and understanding the chemical and biological processes that create beer. You’ll acquire hands-on experience brewing an American ale recipe and learn how to differentiate and appreciate various styles of beer from around the world. No prior experience necessary. Materials fee of $15 due to instructor at start of class. (ages 21+)
Week 3, July 8–10 / M–W / 3:30–5:30 p.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $75 / Materials fee • $15 1 session at door • $29

611 • ITALIAN COOKIE GIFTS
Kate Levea & Mary Lyth
Nothing says Christmas, wedding, or any special event in Italy like a platter of Italian cookies. Every bakery around the country is filled with regional specialties made with local ingredients all year long. In this hands-on class, we’ll bake several authentic specialty recipes and variations along with suggestions on turning them into wonderful gifts to give away for that special touch. You’ll have plenty to take home and share with family and friends. Materials fee of $10 due to instructor at start of class. (ages 12+)
Week 3, July 8–10 / M–W / 12:30–2 p.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $75 / Materials fee • $10 1 session at door • $29

612 • GLUTEN FREE NATURALLY
Kate Levea & Mary Lyth
There’s no need to deny your sweet tooth due to allergies, diet restrictions or sinful treats with no nutritional value. You’ll swoon at the wide array of decadent and delicious dessert treats we can create using raw, nutritious superfoods that are simple enough for novice chefs to prepare at home. Nobody will miss the lack of flour, gluten or dairy ingredients in all these recipes. Go ahead and enjoy seconds! These creations are as healthy as they are divine. Materials fee of $10 due to instructor at start of class. (ages 12+)
Week 4, July 15–17 / M–W / 8:45–10:15 a.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $75 / Materials fee • $10 1 session at door • $29

Master Class Series: Amy Riolo

As an award-winning, best-selling, author, chef, television personality, and educator, Amy Riolo is one of the world’s foremost authorities on culinary culture, known for sharing history, culture, and nutrition through global cuisine as well as simplifying recipes for the home cook. Amy is a food historian, culinary anthropologist and Mediterranean Diet specialist who enjoys changing the way we think about food and the people who create it.

Amy just completed the second edition of her award-winning Mediterranean Diabetes Cookbook (May 2019). The first edition, published in 2010, received a starred PW review, won the 2011 Nautilus Book Award. Amy has written multiple books with The American Diabetes Association. The Italian Diabetes Cookbook was released in 2016 and was the #1 New Release on Amazon.com. In April 2015 she released The Ultimate Mediterranean Diet Cookbook, earning multiple 5-star reviews on Examiner.com and Amazon as well as many other positive endorsements.

Amy is a culinary advisor for The Mediterranean Food Alliance. Her work has appeared in numerous print media including USA Today, Cooking Light magazine, The Washington Post, CNN.com, The Wall Street Journal, among others, and international newspapers and hundreds of blogs, and she makes frequent appearances on numerous television and radio programs both in the United States and abroad, including Fox TV, ABC, CBS, NBC and others.

600 • THE MEDITERRANEAN LIFESTYLE AND ITS IMPACT ON WELLNESS
In honor of The Mediterranean Diet being named “The Best Overall Diet for 2019” by U.S. News & World Report, we explore how ancient daily living traditions from the Mediterranean region can provide solutions to chronic modern health epidemics including obesity, diabetes, cancer, hypertension, heart disease and more. In this interactive, informing, and engaging seminar, you’ll learn the basics of the Mediterranean lifestyle, explore eating and living trends in countries around the Mediterranean region, and discover easy and delicious tips to integrate into your own lifestyle. Whether your interested in gaining insight into how a Mediterranean eating plan can personally improve your health, or just taking a virtual culinary tour of some of the world’s most beautiful locales, this is the presentation for you! (ages 14+)
Week 1, June 24 / M / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • $50

601 • MASTERING MEDITERRANEAN COOKING
This series was developed to teach the nutritional and gastronomic benefits of enjoying the Mediterranean lifestyle, while sharing tasty and healthful recipes that make adopting this good for you approach a pleasure. You’ll learn the basics while following the Mediterranean Diet Pyramid as a base — discovering cultural and historical info along the way. Classroom recipes feature each tier of the pyramid including plant-based foods, fish and seafood, dairy and poultry, and meats and sweets, and hail from various countries in the region. Students will learn to prep, plan and prepare meals using the best Mediterranean techniques with local produce. (ages 16+)
Week 1, June 25–27 / Tu–Th / 4–6 p.m. / Turner 205 (Kitchen)
Fees: 3 sessions • $129 / 1 session at door • $50 / Materials fee • $50

602 • CREATING A COOKBOOK: HOW TO WRITE, PUBLISH AND PROMOTE YOUR CULINARY PHILOSOPHY
This afternoon workshop demystifies the cookbook creation process for both new and accomplished authors of both traditional books and cookbooks. Whether you want to preserve family recipes for your own use or create a best-selling cookbook, this workshop will be a valued guide in the process. Award-winning cookbook author Amy Riolo reveals all of the tips, strategies and techniques needed to set yourself up for success. In addition to writing and compiling recipes, you’ll learn to find your niche in food writing, build an author platform, write and submit a cookbook proposal, the differences between self-publishing and traditional publishing, how to promote your cookbook and expert advice on agents, contracts, and copyrights. (ages 16+)
Week 1, June 28 / F / 1–4 p.m. / Turner 205 (Kitchen) / Fees: 1 session • $89
Master Class Series: Amy Riolo

Award-winning, best-selling author and chef Amy Riolo returns in Week Three for a series on Italian cuisine.

608 • EXPLORING THE HISTORY OF ITALIAN CUISINE
This presentation reveals the beautiful and unique history of Italy’s regions as it relates to its cuisine both in Italy and around the globe today. We’ll explore the relationship between grandmothers and professional chefs in the Italian kitchen and the way it has shaped that nation’s modern gastronomy. Led Italian Culinary Tour Leader Amy Riolo this presentation is an unprecedented virtual tour through Italian meals and the people who make them. We’ll travel back in time from antiquity through the renaissance and the unification of Italy to modern times to witness how Italian cuisine became the world’s most beloved food. In addition, you’ll discover how Italian daily living trends such as poetry, fashion, opera, and cinema influenced the world of Italian cuisine and vice versa. (ages 14+)
Week 3, July 9 / Tu / 9–10:30 a.m. / Hultquist 101 / Fees: 1 session • $50

609 • MASTERING ITALIAN PASTA, SAUCES AND OLIVE OIL
You’ll learn the Italian meal planning system and how to integrate them into busy lifestyles anywhere. Students will be given a syllabus with Italian culinary terminology and recipes used in the series. (ages 16+)
Day 1: Sauces. Weekday lunches in Italy often consist of “paste sciutte” or dried pastas with simple, healthful sauces. This class teaches a variety of pasta shapes and sauces for maximum flavor in minutes.
Day 2: Fresh Pasta Making. This class teaches the time-honored tradition of pasta making. We will explain pasta and sauce pairing basics as well as the history of pasta making in Italy.
Day 3: Everything EVOO. This class teaches everything that students need to know about olive oil, including how to professionally taste and pair olive oil as well as how to buy and store it. Tonight’s menu will be based solely upon olive oil so that students will become comfortable with pairing it on their own.
Week 3, July 10–12 / W–F / 4–6 p.m. / Turner 205 (Kitchen)
Fees: 3 sessions • $129 / 1 session at door • $50 / Materials fee • $50

613 • SOUS VIDE COOKING DEMO AND SAMPLING
Paul Kolze & Susan Carol Kolze
Sous vide is a cooking method of sealing food in a container then placed in temperature controlled water bath. It consistently results in delicious healthy food cooked with less salt and fat while retaining nutrients, and this cooking method is easy and fun to learn. Many dishes can be started in advance and be ready for dinner. We’ll include demonstrations of using sous vide for breakfast, lunch and dinner including appetizers, main dish, vegetables and dessert. Students will be able to sample all the wonderful food. Materials fee of $10 due to instructor at start of class. (ages 14+)
Week 4, July 15–17 / M–W / 2–3:30 p.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $75 / 1 session at door • $29

615 • PANCAKE PARTY!
Megan Radak
Join us as we measure, mix, create, cook and enjoy delicious homemade pancakes. These are from scratch — no mixes. We’ll customize our very own creations with the option of fresh fruit, syrup, powdered sugar and homemade whipped cream! Youth under age 12 may register for this class if accompanied by a registered adult. Materials fee of $5 due to instructor at start of class. (ages 12+)
Week 4, July 18 / Week 5, July 25 / Th 9–10 a.m. / Turner 205 (Kitchen)
Fees: 1 session • $25 / Materials fee • $5

616 • ONE-SKILLET DINNERS
Megan Radak
Family-friendly skillet meals! Tired of the same old thing for dinner? Don’t sacrifice time or taste. We’ll introduce you to some new dinner recipes that can be done in one large skillet and can be prepared in about 30 minutes. Easy prep with minimal clean-up. This is a hands-on course. Day 1: (vegetarian) zesty ravioli skillet and fresh Caesar salad (homemade dressing and croutons). Day 2: toasted orzo with shrimp and a skillet dessert. Day 3: (Paleo) roasted chicken and asparagus with pan sauce and a potato side. All participants will receive the recipes. Materials fee of $8 due to instructor at start of class. (ages 18+)
Week 4, July 15–17 / Week 6, July 29–31
M–W / 4:30–6 p.m. / Turner 205 (Kitchen)
Fees: 3 sessions • $75 / Materials fee • $8 / 1 session at door • $29

617 • EGGCITING EGGS!
Megan Radak
Good morning and welcome to breakfast boot camp! Join us each morning and learn some fun new breakfast recipes. Learn egg basics like fried, scrambled and poached. Then we’ll step it up with frittatas, stratas and quiche, oh my! It’s sure to be a delicious experience each morning. Be ready to be hands-on, and enjoy your creations at the end of class. BYOC (Bring your own coffee!). Materials fee of $10 due to instructor at start of class. (ages 18+)
Week 5, July 22–24 / M–W / 8:30–9:45 a.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $65 / Materials fee • $10 / 1 session at door • $25

618 • BREAKFAST FOR BUSY LIVES!
William Kuntz & Selina Uglow
Regardless of what your wellness goals are, breakfast is essential to get your body off to the right start daily. We will cover some meal-planning basics focusing on this important first meal of the day with suggestions and reasons for adding more plant based foods as well as healthy protein. In the kitchen we’ll make breakfast efficient to serve for the busy lifestyle while making it a meal to look forward to, including wheat free pancakes! Materials fee of $20 due to instructor at start of class. (ages 15+)
Week 5, July 22 / M / 12:30–2:30 p.m.
Turner 205 (Kitchen)
Fees: 1 session • $39 / Materials fee • $20

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
EXPLORE

Take an afternoon to explore all that Chautauqua County has to offer. With these workshops and tours, you’ll have a chance to go behind the scenes at local wineries, farms and more. Transportation provided.

606 • WHAT’S TERROIR?: JOHNSON ESTATE VINEYARD WALK AND WINE TASTING

Johnson Estate Winery
Chautauqua is near one of the great grape-growing regions of North America, with a climate similar to Germany’s. The region’s wines are influenced by a unique combination of geography, soils, slope, weather and agriculture. That is “terroir.” Your narrated geological tour from Chautauqua sets the state. Then winemaker Jeff Murphy and owner Fred Johnson will lead you through the vineyards to sample wines paired with delicious foods. See, touch and taste the ripening grapes, and enjoy a summer afternoon discovering the meaning of terroir. Six+ wines and food. Heavy rain cancels. (ages 21+)

Week 2, July 2 / Week 5, July 23 / Week 7, Aug. 6 / Week 8, Aug. 13
Tu / 2:30–5:30 p.m. / Meet in Turner Lobby / Fees: 1 session • $79

622 • PORCH PARTY LIQUEURS AND LIBATIONS

Emily Rockcastle
Looking to elevate your cocktail game? This hands-on workshop at Green Heron Growers will demonstrate the simplicity of making your own liqueurs and infusions. We’ll create a cocktail sourced from local ingredients and serve appetizers. After the workshop, we’ll tour the shiitake mushroom yard with the Rockcastles. Materials fee of $25 due to instructor at start of class. (ages 21+)

Week 5, July 24 / W / 2–5 p.m.
Meet in Turner Lobby
Fees: 1 session • $55 / Materials fee • $25

614 • FARM TO FORK LUNCH AT GREEN HERON GROWERS

Emily Rockcastle
This course will give you a chance to get out in the community on a local farm with its farmers. From 100% grass-fed beef to shiitake mushrooms and organic vegetables, it’s important to taste our vast, local food landscape. When you arrive, you’ll enjoy a farm-to-fork lunch that showcases what it means to eat local in Chautauqua County. After our workshop, we’ll tour the shiitake mushroom yard with the Rockcastle family. Materials fee of $40 due to instructor at start of class. (ages 16+)

Week 4, July 17 / W / 2–5 p.m.
Meet in Turner Lobby
Fees: 1 session • $55 / Materials fee • $40

628 • FUN WITH FERMENTATION

Emily Rockcastle
Healthy, delicious and versatile, fermented foods are all the rave these days. Come and find out why! This hands-on class will demonstrate how to combine unique ingredients and seasonal produce that will make tasty ferments. Participants will be given recipes and tastings of fermented goodies, and you’ll take home a hand made jar to share with your loved ones! After the workshop, we’ll tour the shiitake mushroom yard with the Rockcastle family. Materials fee of $30 due to instructor at start of class. (ages 16+)

Week 8, Aug. 14 / W / 2–5 p.m. / Meet in Turner Lobby
Fees: 1 session • $55 / Materials fee • $30

620 • HEALTHY EATING AND EXERCISE EVERYDAY

William Kuntz & Selina Uglow
We share the chef’s wisdom to make preparing healthy meals efficient and simple, including cooking techniques and ingredient selection so that you get the most out of time spent in the kitchen. We also get you up out of your seats as the coach demonstrates simple strategies for including the intentional movement throughout your day that counts as exercise and helps you with your wellness goals. Materials fee of $20 due to instructor at start of class. (ages 5+)

Week 5, July 24 / W / 12:30–2:30 p.m.
Meet in Turner Lobby
Fees: 1 session • $39 / Materials fee • $20

621 • MAKING AMAZING ICE CREAM

Dale Graff
Avoid the gourmet ice cream store lines! Here’s the ultimate hands-on class for the most flavorful, scoopable, homemade treat to satisfy your inner ice cream aficionado. We will begin by creating multiple cream bases and experimenting with flavoring using pastes and steeping. Next, using a diverse variety of ice cream makers, we will churn our creations and explore mix-ins and swirling techniques. We’ll end with a taste-off of the many classic and exotic creations. The instructor will share ice cream tips, tricks, science and dessert presentation ideas throughout the class. Materials fee of $25 due to instructor at start of class. (ages 14+)

Week 5, July 22–24 / M–W / 3:30–5:30 p.m.
Meet in Turner Lobby
Fees: 3 sessions • $85 / Materials fee • $25

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
A SUMMER OF WINE

Join sommelier and wine merchant Samuel Whitmore for a season-long exploration of wines from around the world. Samuel brings 13 years of winery management in California and eight years as owner of Bag & String Wine Merchants. With a deep knowledge of wine making and California wines — and an ever-expanding knowledge of international wines — his classes deliver a wealth of wine knowledge.

631 • SIX ESSENTIAL SUMMER WINES
Taste, learn about and discuss Sam’s top six essential summer wines. All dry wines. One sparkling wine, two white wines, one rosé and two red wines. We will discuss what makes these great summer picks, with a brief overview of regions covered and receive some pairing suggestions to make your summer entertaining a breeze. (ages 21+)
Week 1, June 25 / Week 6, July 30 / Tu / 4–5 p.m. / Hultquist 101
Fees: 1 session • $25 / Materials fee • $15

632 • BORDEAUX
Explore six of the Bordeaux appellations and wine styles. Tasting will include one white wine, four red wines and one dessert wine. (ages 21+)
Week 1, June 27 / Th / 4–5:30 p.m. / Hultquist 101
Fees: 1 session • $35 / Materials fee • $20

633 • THE WORLD’S BEST WINES
Instructor Sam Whitmore hand picks his favorite wines from six top regions from the U.S. to Europe and beyond. In Week Three, we’ll taste six red wines and in Week Seven we’ll taste six whites. Sign up for one week or both! (ages 21+)
Week 3, July 11 (reds) / Th / 2:30–4 p.m.
Week 7, Aug. 8 (whites) / Th / 2:30–4 p.m.
Chautauqua Room, Athenaeum Hotel
Fees: 1 session • $29 / Materials fee • $20

634 • IS IT WORTH IT?
This is one of Sam Whitmore’s favorite classes to teach. Most people have a preconceived idea that higher price equals higher quality, that is not always the case. This blind tasting class will challenge your palate to try and decipher which wine costs $15 and which costs $50! The wines will include two each of chardonnay, pinot noir and cabernet sauvignon. One wine will under $20 and one will be over $40; after tasting through all the wines we will reveal the wines and prices. It is harder than you think! (ages 21+)
Week 3, July 9 / Tu / 4–5:30 p.m. / Turner Conference Room
Fees: 1 session • $29 / Materials fee • $15

635 • A GLOBAL EXPLORATION OF WINE
Explore wines from around the world tasting three different styles.
Week Four: Chardonnay. The French have a word, “terrior,” that describes the flavor and aroma of a wine is influenced by the soil, weather and people. We will explore six chardonnays from various regions around the world. Taste and discuss the soil, climate and wine making style that creates the resulting wine.
Week Six: Cabernet Sauvignon. Taste, learn about and discuss six different cabernet sauvignon wines from six unique regions. We will cover each of the six regions (Argentina, Australia, Chile, France, Italy and the United States).
Week Eight: Sparkling Wines. Learn about sparkling wine production. Taste and explore six different sparkling wines; Champagne (two styles), domestic sparkling (New York and California), Cava, Prosecco. (ages 21+)
Week 4, July 18 (chardonnay)
Week 6, Aug. 1 (cabernet sauvignon)
Week 8, Aug. 15 (sparkling wines)
Th / 4–5:30 p.m. / Turner 205 (Kitchen)
Fees: 1 session • $29 / Materials fee • $15

636 • NORTHERN ITALY
Samuel Whitmore
With a focus on Piedmont and Tuscany, we will explore six red wines from Barolo, Barbaresco, Brunello and Chianti. (ages 21+)
Week 4, July 16 / Tu / 4–5:30 p.m. / Turner 106
Fees: 1 session • $35 / Materials fee • $20

637 • CALIFORNIA DREAMING
Samuel Whitmore
Having grown up in Northern California, instructor Sam Whitmore worked in wine industry for 15 years before relocating to Chautauqua County. He will share his favorite wines that deliver the best price to quality in the world of high end wines. The selection will include a sparkling wine, sauvignon blanc, chardonnay, pinot noir, red blend and cabernet sauvignon. *If you take this class both weeks, note that the varietals will be the same but from different producers. (ages 21+)
Week 5, July 23 / Week 7, Aug. 6 / Tu / 2:30–4 p.m.
Chautauqua Room, Athenaeum Hotel
Fees: 1 session • $35 / Materials fee • $20

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
<table>
<thead>
<tr>
<th>Course Number</th>
<th>Course Title</th>
<th>Instructor(s)</th>
<th>Description</th>
<th>Fees: 1 session</th>
<th>Materials fee</th>
<th>1 session at door</th>
<th>Total</th>
<th>1 session at door</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>638</td>
<td>TOP VALUES FROM AROUND THE WORLD</td>
<td>Samuel Whitmore</td>
<td>Let's face it, entertaining family and friends can get expensive. This fun class will taste through six wines that cost $15 or less. One sparkling wine, two white wines and three reds. Don't be fooled, these wines are light on the wallet but big on taste! Instructor Sam Whitmore loves finding wines that over deliver on price to quality. (ages 21+)</td>
<td>Week 5, July 25 / Th / 4–5:30 p.m. / Turner Conference Room</td>
<td>$29 / Materials fee</td>
<td>$15</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>639</td>
<td>THE PARIS WINE TASTING OF 1976</td>
<td>Samuel Whitmore</td>
<td>Known as the Judgment of Paris — a wine competition organized in Paris on May 24, 1976, by British wine merchant Steven Spurrier — in which French judges carried out two blind tasting comparisons: one of top-quality chardonnays and another of red wines. What was not known by the French wine tasters was that the organizer put in several Napa wines that won! We will recreate our own version comparing Napa verses France with two chardonnays, two cabernet sauvignon blends and two syrah-based blends. The French wines will be from Burgundy, Bordeaux and Rhone. (ages 21+)</td>
<td>Week 8, Aug. 13 / Tu / 4–5:30 p.m. / Turner 106</td>
<td>$29 / Materials fee</td>
<td>$15</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>623</td>
<td>CHOCOLATE TASTING AROUND THE WORLD</td>
<td>Beverly Humbert</td>
<td>Discover and define your favorite chocolate quality, flavors and textures by tasting a variety of chocolate samples from around the world! There will be interaction between instructor and class members as we uncover our preferences of chocolate. Materials fee of $6/day due to instructor at start of class. (ages 16+)</td>
<td>Week 5, July 25–26 / Th–F / 3:30–5 p.m. / Turner 205 (Kitchen)</td>
<td>$29 / Materials fee</td>
<td>$6/day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>624</td>
<td>FAST, EASY, HEALTHY: JUICING POWER</td>
<td>Pia Civiletti &amp; Jolie McShane</td>
<td>Juicing made easy! Learn the key ingredients for healthy and tasty varieties. Take control of weight issues, increase energy, strengthen immune system, improve digestion and much more. Various juicing machines will be on hand with which to experiment, taste test and explore the possibilities. All recipes are dairy and gluten free. Materials fee of $5 per day due to instructor at start of class. (ages 14+)</td>
<td>Week 6, July 30–Aug. 1 / Tu–Th / 1–2:30 p.m. / Turner 205 (Kitchen)</td>
<td>$75 / Materials fee</td>
<td>$5/day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>625</td>
<td>FAST, EASY, HEALTHY: DESSERTS</td>
<td>Pia Civiletti &amp; Jolie McShane</td>
<td>Staying true to our “Fast, Easy, Healthy” series, all of our divine desserts are gluten and dairy free, whip up quickly, are low sugar and, best yet, healthy! Materials fee of $5 per day due to instructor at start of class. (ages 14+)</td>
<td>Week 6, July 30–Aug. 1 / Tu–Th / 1–2:30 p.m. / Turner 205 (Kitchen)</td>
<td>$75 / Materials fee</td>
<td>$5/day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>626</td>
<td>FAST, EASY, HEALTHY: KOMBUCHA 101</td>
<td>Jolie McShane</td>
<td>Bottled kombucha, kombucha bars and kombucha dispensaries have rapidly entered the U.S. market and are available at grocery stores, convenience stores, bars and perhaps your neighbor's house. What is this drink? What are the health benefits? We'll teach you how to make this superfood. Includes starter equipment and all necessary ingredients. Materials fee of $5 per day due to instructor at start of class. (ages 14+)</td>
<td>Week 7, Aug. 5–7 / M–W / 12:15–1:45 p.m. / Turner 205 (Kitchen)</td>
<td>$69 / Materials fee</td>
<td>$5/day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>627</td>
<td>SIMPLY SOUTHERN ITALY</td>
<td>Rosanna Centanni</td>
<td>The Southern Italian kitchen is distinguished for its robust flavors, fresh natural ingredients, and dishes that reflect the conquerors and traders who left their gastronomic mark over these beautiful and ancient lands. Join us for a food lover's voyage of the rich and diverse elements of authentic Southern Italian cooking. In the company of our fellow explorers, and with the music of Southern Italy in the background to inspire us, we will learn how to prepare and then enjoy classic Southern Italian dishes from the regions of Campania (Naples), Apulia and Sicily. Buon appetito! Materials fee of $10 due to instructor at start of class. (ages 14+)</td>
<td>Week 7, Aug. 5–7 / M–W / 12:15–1:45 p.m. / Turner 205 (Kitchen)</td>
<td>$75 / Materials fee</td>
<td>$10</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**MANY CULINARY COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.**

= Visit classes.chq.org for required materials lists  
= Young people may attend  
= Materials fee applies  
= “On theme”
School of Dance

Jean-Pierre Bonnefoux, Artistic Director

Carnahan-Jackson Dance Studios
Dance Office: 716-357-6298

The Chautauqua School of Dance offers a comprehensive program of dance education. Children and adults will find courses appropriate to their interests and abilities listed in the following curriculum. Distinguished faculty members provide instruction in beginning through advanced levels of ballet, jazz and modern dance technique. All of the courses listed below are open to the public through the registration procedures described on these pages and page 108 of this Special Studies catalog.

Students, families, and members of the community are welcome to observe these classes. Guests are asked to check with the School of Dance Office before observing a class or rehearsal. Some fees and registration processes can be completed with the monitors at the dance studio.

### 629 • CHOCOLAHOLICS 101
Karen Koch
Calling all chocolate lovers! Using chocolate as a model, we shall explore its history and influence on various social cultures and contributions by many people. A delicious assortment of domestic and global chocolates shall be tasted daily. Satisfy your sweet tooth as well as your mind. A class not to be missed! Materials fee of $5 due to instructor at start of class. (ages 14+)

**Week 8, Aug. 12–14 / M–W / 3:30–5 p.m.**
**Turner 205 (Kitchen)**
**Fees:** 3 sessions • $75 / Materials fee • $5/day
1 session at door • $29

### 630 • OH MY, IT’S PIE!
Mary Dulle
Pies sweet and savory; creamy and fruity; for summer, winter, holidays and special occasions. Learn to make pastry and crumb crusts, cream and fresh fruit fillings. Create a summery fresh tomato pie or the ultimate comfort food — chicken pot pie. Take a pie home with you after each class. (Notes: This is not a gluten-free class. Nuts are used in one session.) Please bring to class something to carry a hot pie home with you. Materials fee of $40 due to instructor at start of class. (ages 15+)

**Week 9, Aug. 19–22 / M–Th / 2–5 p.m.**
**Turner 205 (Kitchen)**
**Fees:** 4 sessions • $99 / Materials fee • $40

### 640 • TRUFFLES AND CHOCOLATE-MAKING WORKSHOP
Sarah Kahn
Designed for foodies with a sweet tooth, you’ll learn the art of tempering chocolate to make showstopping truffles. Create amazing molded chocolates. Find out all you need to know about piping, shaping and coating. Learn to package your handiwork for maximum “wow factor.” You’ll be supplied with an apron and all the equipment and ingredients needed and will leave the workshop with lots of truffles for you to indulge in by yourself or to show off to your friends and family. Materials fee of $25 due to instructor at start of class. (ages 18+)

**Week 8, Aug. 13–15 / Tu–Th / 8:15–10:15 a.m.**
**Turner 205 (Kitchen)**
**Fees:** 3 sessions • $85 / Materials fee • $25

### 700 • CREATIVE MOVEMENT (AGES 3 AND 4)
School of Dance Staff
Explore movement through music in a fun, creative and supportive environment. Students will begin to develop body coordination, spatial awareness and musicality while learning about movement concepts such as shape, level, tone and direction. Children need to be independent of parents. Class will begin with a short stretch and then proceed to movement activities, dances and exercises that move across the floor. Parents will be invited into the studio to watch the last five to 10 minutes of class on Fridays. No previous dance experience necessary. (ages 3 to 4)

**Weeks 1–7 / June 24–Aug. 9 / M W F 4–4:30 p.m. / Carnahan-Jackson Dance Studio**
**Fees:** 3 sessions • $29
1 session at door • $12

### 701 • CREATIVE MOVEMENT (AGES 5 AND 6)
School of Dance Staff
Explore movement through music in a fun, creative and supportive environment. Students will develop body coordination, spatial awareness and musicality, while learning about movement concepts. Through open-ended activities, learn to express ideas, images and feelings through movement. Children need to be independent of parents. Class begins with a short stretch and then movement activities, dances, and combinations that move across the floor. Parents are invited into the studio to watch the last five to 10 minutes of class on Fridays. No previous dance experience necessary. (ages 5 to 6)

**Weeks 1–7 / June 24–Aug. 9 / M W F 4:30–5 p.m. / Carnahan-Jackson Dance Studio**
**Fees:** 3 sessions • $29
1 session at door • $12

### FREQUENTLY ASKED QUESTIONS

**Q:** What do they wear for Creative Movement?
**A:** *Children usually wear leotards or comfortable loose clothing, but have been known to arrive from the beach in swimwear. Ballet shoes are optional, bare feet or socks are fine.*

**Q:** Do you need ballet shoes for Introduction to Ballet?
**A:** Yes, please.

**Q:** She’s 7, but she’s had four years of ballet. Can’t she take Intermediate?
**A:** No. The class is too difficult for a 7-year-old.

**Q:** Do they do pointe in Intermediate Ballet?
**A:** *Sometimes the instructor will do 15 minutes of pointe work at the end of class.*

**Q:** Can I pay by the class?
**A:** Yes, see the monitor outside the door.

**Q:** Do you have T-shirts and sweatshirts?
**A:** Yes, you may purchase them at the dance office.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
30
SPECIAL STUDIES 2019
REGISTER NOW AT classes.chq.org

702 • INTRODUCTION TO BALLET
(AGES 7 TO 12)
School of Dance Staff
This class is designed for beginning ballet students. Each class will consist of barre work, stretch, center work and across-the-floor combinations. Students should wear a leotard, tights and ballet shoes.
(ages 7 to 12)
Weeks 1–7 / June 25–Aug. 8
Tu Th / 4:30–5:30 p.m.
Carnahan-Jackson Dance Studio
Fees: 2 sessions • $32
1 session at door • $17

Children explore music and dance in “Creative Movement” (page 30)

Dance: Other

800 • BEGINNER SWING AND SALSA FOR FUN
Benjamin Handen & Dianna Ploof
This is a fun, beginner dance class for newcomers as well as those looking to refresh their skills in two popular dance styles. Each class will include instruction in both swing and salsa. Come with or without a partner. Wear smooth-soled, closed-back shoes.
(ages 14+)
Week 1, June 24–28 / Week 8, Aug. 12–16
Week 9, Aug. 19–23 / M W F / 3:15–4:45 p.m.
Heinz Beach Fitness Room 1
Fees: 3 sessions • $75
1 session at door (first day only) • $29

801 • LITTLE DANCER
Katie Clark
“Little Dancer” combines ballet and creative movement with fun music and activities. Students will develop a sense of rhythm, body awareness and balance through ballet and will explore creativity with beanbags, streamers, parachute and more.
(ages 3 to 7)
Week 2, July 1–3 / M–W / 3:30–5:30 p.m.
Turner Gym
Fees: 3 sessions • $89
1 session at door • $35

Paul Taylor Dance Company Master Classes

Paul Taylor Dance Company will offer master classes through Special Studies, in addition to its Amphitheater performances on Aug. 7 and Aug. 10.

807 • ADULT PUBLIC MASTER CLASS
Paul Taylor Dance Company
Skill-appropriate movement workshop exploring the signature Paul Taylor “style” and a broader understanding of American Modern Dance.
(ages 16+)
Week 7, Aug. 6 / Tu / 9–10:30 a.m.
Carnahan-Jackson Dance Studio
Fees: 1 session • $25

808 • ADULT PUBLIC MASTER CLASS
Paul Taylor Dance Company
Skill-appropriate movement workshop exploring the signature Paul Taylor “style” and a broader understanding of American Modern Dance.
(ages 16+)
Week 7, Aug. 7 / W / 9–10:30 a.m.
Carnahan-Jackson Dance Studio
Fees: 1 session • $25

809 • PUBLIC MASTER CLASS
Paul Taylor Dance Company
A great primer and chance to get up-close and personal before watching the Company in performance!
(ages 8+)
Week 7, Aug. 8 / Th / 12:45–1:30 p.m.
Girls’ Club
Fees: 1 session • $25

810 • MASTER CLASS FOR YOUNG DANCE STUDENTS
Paul Taylor Dance Company
A pre-professional master class format with repertory sequences and Taylor-style exercises. A great primer and chance to get up-close and personal before watching the Company in performance!
(ages 8+)
Week 7, Aug. 9 / F / 9–10:30 a.m.
Carnahan-Jackson Dance Studio
Fees: 1 session • $25

= Visit classes.chq.org for required materials lists
= Young people may attend
= Materials fee applies
= “On theme”
Master Classes with Pilobolus

Pilobolus returns in 2019 to create new work as this remarkable company prepares to celebrate its 50th anniversary in the 2020–21 season. Chautauqua continues to support new work and this residency is a way to foster choreographic creation and provide community members with an insight into Pilobolus’ unique process through public classes, open warm-ups and a culminating sharing of their work-in-progress.

811 • YOUTH PUBLIC MASTER CLASS
Pilobolus Teaching Artists
The core values of Pilobolus are creativity, collaboration and communication. Through physically challenging, movement-based problem solving, and collaborative thinking, children will experience Pilobolus’ signature techniques of improvisation and movement creation. This class is playful, student-driven, physically engaging and fun. (ages 8+)
Week 8, Aug. 13–15
Tu Th / 4:30–5:30 p.m.
Carnahan-Jackson Dance Studio
Fees: 2 sessions • $39
1 session at door • $20

812 • ADULT PUBLIC MASTER CLASS
Pilobolus Teaching Artists
This workshop welcomes all to experience Pilobolus’ creative process. The class is playful, group-driven, physically challenging and fun. Pilobolus fans and curious minds from all walks of life will learn to access untapped areas of creativity and improve collaborative skills. This class is perfect for any level of movement background. (ages 16+)
Week 8, Aug. 12–14 / M W / 9–10 a.m.
Carnahan-Jackson Dance Studio
Fees: 2 sessions • $39
1 session at door • $20

813 • OPEN WARM UP
Pilobolus Dancers
Join Pilobolus dancers as they prepare their bodies and minds for a day of rehearsal and creation. You can participate in a 30-minute movement warm up facilitated by Pilobolus dancers.
Week 8, Aug. 13–15
Tu Th / 9:30–10 a.m.
Carnahan-Jackson Dance Studio
Fees: 2 sessions • $29
1 session at door • $15

805 • INTRODUCTION TO BROADWAY TAP
Andrea Cali
Always wanted to learn to tap? Learn the basics of Broadway tap in a slow-paced, gentle class, geared to those with or no little dance experience. Learn basic Broadway tap moves, techniques and combinations, while swaying to some Broadway favorites. By the end of the week, the class will perform for family and friends. Bring tap or soft-soled shoes, and a water bottle. (ages 14+)
Week 6, July 29–Aug. 2 / M F / 3–4 p.m.
Heinz Beach Fitness Room 1
Fees: 5 sessions • $79
1 session at door • $21

806 • BROADWAY TAP: BEGINNING TO ADVANCED BEGINNING
Andrea Cali
Learn Broadway tap steps, techniques and combinations, while swaying to some Broadway favorites. At the end of the week, we’ll perform a routine for family and friends. Students should have knowledge of basic tap steps, such as shuffles and flaps. Tap shoes preferable. “Come along and listen to the Lullaby of Broadway,” and bring a water bottle! (ages 14+)
Week 7, Aug. 5–9 / M F / 3–4 p.m.
Heinz Beach Fitness Room 1
Fees: 5 sessions • $79
1 session at door • $21

1238 • ZUMBA GOLD WITH PAUL!
Paul Mockovak
See page 46 for details.

1244 • BARRE FITNESS
Amanda Caruso
See page 46 for details.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Language

900 • INTRODUCTION TO FRENCH LANGUAGE AND CIVILIZATION
Liza Rivera
This five-day beginner course will allow you to develop the basic skills to be able to communicate in French in simple situations. You will learn grammar, vocabulary, verb conjugations and phonetics through a wide variety of activities and exercises (oral and written). Each day we will explore an aspect of the French culture: history, food, tourism, arts, family and friends, and fashion and luxury. (ages 14+)
Week 1, June 24–28 / M–F / 2–4 p.m.
Turner 105
Fees: 5 sessions • $105
1 session at door • $25

901 • EASY TO LEARN HEBREW
Ruth Gelman
Everyone can learn to read Hebrew, the language of Israel, the Bible, and the prayer book. This is a course for beginners who will learn all the Hebrew letters and vowels. Also suitable for intermediate students with basic Hebrew knowledge allowing them to sharpen their skills to read fast and more fluently. This course will be spiced with Hebrew vocabulary, culture and fun! (ages 12+)
Week 2, July 1–5 / M–F / 9–10:15 a.m.
Hall of Ed. (Sheldon) Rm. 203
Fees: 5 sessions • $95
1 session at door • $25

902 • FRENCH FOR TRAVELERS
Page Curry
Would you like to be able to greet French speakers on your travels or in the U.S.? Ask questions at your hotel and order in a restaurant? Whether you are a beginner or studied French years ago, this class will help you improve your pronunciation and learn new words as well as cultural differences you may not know. Daily practice will prepare you for your trip or future French studies. (ages 14+)
Week 3, July 8–12 / M–F / 12:30–1:30 p.m.
Smith Library Classroom
Fees: 5 sessions • $79
1 session at door (first day only) • $21

903 • BEGINNING CONVERSATIONAL SPANISH
JoAnne Ottoson
Learn to speak or enhance your Spanish language skills in an immersive environment, where Spanish is used extensively. Emphasis on oral proficiency and conversational speaking focused in simulated, practical scenarios (e.g., restaurant, party, travel excursion, television show, etc.) Basic grammar is taught consistently with the vocabulary learned in each real life situation. Gain a comfortable level of proficiency to converse when you travel or seek the next skill level. Experience life through language! (ages 14+)
Week 5, July 22–26 / M–F / 3:30–4:45 p.m.
Smith Library Classroom
Fees: 5 sessions • $95
1 session at door • $25

904 • BEGINNING CONVERSATIONAL SPANISH
JoAnne Ottoson
Week 6, July 29–Aug. 2 / M–F / 3:30–4:45 p.m.
Hultquist 201A
Fees: 5 sessions • $95
1 session at door • $25

905 • HEBREW TODAY
Tamar Fix
Learn Hebrew fast through a dynamic, interactive approach. You will be able to read, speak and write basic Hebrew words and phrases used in daily conversation. Israeli life and culture are presented to set the context in which Hebrew is spoken. This course will suit the needs of those traveling to Israel or wanting to expand their language skills either on a beginner or intermediate level. No previous background is required. (ages 13+)
Week 6, July 29–Aug. 2 / M–F / 9–10:15 a.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $95
1 session at door • $25

906 • ITALIANO: PRONTI, VIA!
Federica Proietti Cesaretti
Traveling to Italy? Or just interested in Italian culture and some conversational phrases? Federica will be delighted to walk and talk with you on an imaginary journey to Italy. No previous experience in Italian is necessary. (ages 14+)
Week 7, Aug. 5–9 / M–F / 9–10:15 a.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $95
1 session at door (first day only) • $25

907 • “WIE, BITTE?” GERMAN CONVERSATION
Dr. Jenna Cushing-Leubner
Do you (hope to) travel to a German-speaking country or want to communicate with a German-speaking friend, family member, or colleague? Do you want to dust off and practice the German you learned in the past? Each day, we’ll use role-playing to learn German. Topics will include getting to know people and skills for navigating a travel destination. We will have basic conversations and discuss language and culture questions you and your classmates are curious about. If you already know some German, you’ll be paired with other more advanced speakers to challenge your skills. (ages 12+)
Week 9, Aug. 19–23 / M–F / 9–10:15 a.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $95
1 session at door • $25

908 • INTRODUCTION TO IRISH (GAELIC)
Tom O’Carroll
Experience the language of the Emerald Isle! We will learn structure, pronunciation, vocabulary and share some common phrases as we explore how Gaelic shaped Irish culture, customs, history and literature. This class will feature activities, songs, Irish lore and lively conversation. (ages 14+)
Week 9, Aug. 19–23 / M–F / 2–3:15 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $95
1 session at door (first day only) • $25

2721 • SPELLBINDING SPELLING AND VIVID VOCABULARY
Lauren Matz
See page 76 for details.
Games & Recreation

1000 • BRIDGE FOR ABSOLUTE BEGINNERS
Hugh Butler
You may not know a trump from a finesse, but you’ll be playing and defending real bridge hands by the end of the week! Come to learn for the first time or to learn Mini-Bridge, the new teaching technique for fast-start play. Be the kind of partner bridge players ask for again. Come to play. Partner optional, but not necessary. Materials fee of $5 due to instructor at start of class. (ages 14+)
Week 1, June 24–27 / Week 2, July 1–4
Week 3, July 8–11 / M–Th / 9:15–10:30 a.m.
Hall of Ed. (Sheldon) Rm. 201
Fees: 4 sessions • $75 / Materials fee • $5
1 session at door • $20

1001 • FLY FISHING 101
John Gerber
This course will cover the basics of fly fishing including an introduction to fly fishing terminology and essential gear specific to fly fishing. The course will also cover the basics of fly rod casting, fly presentation and a brief overview of aquatic entomology as related to fly fishing. Course instruction will include both indoor and outdoor activities. No equipment or special clothing required. (ages 14+)
Week 1, June 25–27 / Week 9, Aug. 20–22
Tu–Th / 3:30–5 p.m. / Turner 103
Fees: 3 sessions • $75
1 session at door • $29

1002 • INTERMEDIATE MAH JONGG STRATEGIES
Clemens Reiss
This course is designed for experienced Mah Jongg players who typically play at least once a week and want to continue to improve skills and win more often. We’ll cover new strategies for the 2019 American Mah Jongg card; improving for choice of the right hands; defensive strategies or other areas of interest. You will have supervised play each day and practice hands that will challenge your skills. A number of students have returned multiple years to achieve incremental improvement. (ages 14+)
Week 3, July 8–11 / M–Th / 9:15–10:30 a.m.
Sports Club
Fees: 4 sessions • $75

1003 • BASEBALL ANALYTICS: NEW AND NOT SO NEW
David Matz
Learn from Jimmy Arias, a master of the baseline game, known for his punishing forehand and mental tenacity. You’ll acquire a greater understanding of a mixture of strokes, strategy and point play. Jimmy’s forehand is the basis for modern-day tour players, and you’ll have opportunity to play points off him for fun. Clinic fee includes complimentary ticket for a light lunch with Jimmy at noon on Friday at the Chautauqua Tennis Center and a ticket to the exhibition match in nearby Lakewood, NY, on Saturday afternoon. (ages 14+)
Week 5, July 26 / F / 9–10:30 a.m. / Chautauqua Tennis Center / Fees: 1 session • $185

1005 • THE ART AND SPORT OF JUGGLING
Richard R. Cuyler
Ever tried to juggle? Would you like to learn? Here is the opportunity to capture the three-ball cascade, pass multiple objects, discover new balances, diabolo tricks, and a little magic. Come join the fun! Instructor provides all the props. (ages 8+)
Week 5, July 22–26 / M–F / 4:15–5:30 p.m. / Turner Gym
Fees: 5 sessions • $85
1 session at door (first 2 days only) • $25

1007 • AFTERNOON TENNIS CLINIC WITH JIMMY ARIAS
Week 5, July 26 / F / 1–2:30 p.m. / Chautauqua Tennis Center / Fees: 1 session • $185
As Director of Player Development for IMG Academy, the world’s largest and most advanced multi-sport training and educational institution, Jimmy works with the tennis world’s most promising up and coming talent. As a player, he ranked fifth in the world with career wins over the likes of Andre Agassi, John McEnroe, and Boris Becker. In 1984 he captured Olympic Bronze.

1008 • JUGGLING II
Richard R. Cuyler
A continuation of “The Art and Sport of Juggling”: hone your three-ball juggling and ease into four to five balls, rings, clubs, and bongo board. Open to committed beginners who want to learn more about the benefits of your new skills. Instructor provides all the props. (ages 8+)
Week 6, July 29–Aug. 2 / F / 4:15–5:30 p.m. / Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $85
1 session at door (first 2 days only) • $25

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Chautauqua Golf Learning Center

David Wedzik, director of instruction, and his team are available to help improve your game at the Chautauqua Golf Club Learning Center. David is a former Web.com Tour member, the 2013 and 2015 WNYPGA Section Teacher of the Year, and the 2016 WNYPGA Section Player Development Award winner. He is also, along with Erik J. Barzeski, the author of the book many have called “the best golf book ever written,” Lowest Score Wins®. Erik is the director of instructor development for the 5 Simple Keys® system and will be back for his fourth season as head instructor at the Learning Center. Erik was recently named to the Golf Digest Best Young Teachers list.

Both David and Erik will be available for individual lessons (including the use of high-speed video analysis w/ Analyzr Pro, FlightScope launch monitor, and SAM PuttLab) as well as a series of clinics and longer golf “camps” designed to serve golfers of all ages and skill levels. Dave and Erik are both AimPoint™ Certified and the Learning Center will be offering AimPoint green reading clinics as well.

Registration for the following clinics/classes begins May 26th through the Chautauqua Golf and Learning Center at 716-357-6480. Class sizes are limited and pre-registration is encouraged.

Visit chq.org/instruction for more information regarding the following lessons, clinics and camps.

Junior Golf Instruction

Our clinics and camps are designed, first and foremost, with fun in mind and your kids will have a blast learning to play better golf at Chautauqua. The foundation for great golf starts early, and our many offerings are a great way to get YOUR junior golfer on the path to success.

PLAYERS JUNIOR GOLF CAMP
If you are an experienced junior golfer who loves the game and really wants to get better, this nine-hour camp is perfect for you. Full swing work will center around the 5 Simple Keys®. Plenty of short game/putting, on-course playing strategies, and scoring secrets. (ages 8 to 17)
Weeks 2, 4, 6 / 1–4 p.m. / Tu-Th / $119

NOVICE JUNIOR GOLF CAMP
This camp is a nine-hour golf skills class designed for the junior golfer with little or no experience (either on or off the course). We will use the Learning Center to work on full swing and short game plus all three practice holes to gain golf course experience. (ages 8 to 17)
Weeks 2, 4, 6 / 1–4 p.m. / Tu-Th / $119

JUNIOR HALF-DAY GOLF CAMP
This golf skills improvement school will use the Golf Learning Center practice tee to work on your swing and three practice holes to gain golf course experience. (ages 8 to 17)
Weeks 3, 5 / 1–4 p.m. / Tu / $59

LITTLE KIDDOS SATURDAY GOLF
A fun-filled introduction to the world of golf for our youngest players. We use SNAG golf gear to get your little ones started in the wonderful game of golf. (ages 4 to 7)
Weeks 3, 5, 7 / 9–10 a.m. / Sa / $20

PRIVATE GOLF LESSONS
Our PGA Professionals, Dave and Erik offer individual and small group lessons by appointment and make use of every available technology, including high-speed video with Analyzr Pro, FlightScope launch monitor, SAM PuttLab, SwingCatalyst Pressure Plates and AimPoint green reading. They also offer playing lessons to improve your course management and scoring skills. Contact the Learning Center at 716-357-6480 to make an appointment.

Adult Clinics & Camps

LESSON BLOCKS
Throughout the week, we offer one-hour lessons. Each one-hour block will have openings for two to three students of any skill level. These sessions will be split evenly between the students and each student will receive a customized high-speed video analysis, notes and a plan for improvement.
Weeks 1–8 / 4:30–5:30 p.m. / Tu or Th / $35
Weeks 1–9 / 10 a.m.–1 p.m. / Sa / $49

LOWEST SCORE WINS®: PRACTICING SKILLS THAT MATTER
Work on the skills with the highest Separation Value. Becoming proficient at the skills that matter most will help you separate yourself from other golfers and do what every golfer wants: shoot lower scores! Each week we will focus on a different skill set.
Weeks 1–8 / 5:45–6:45 p.m. / Tu or Th / $25

READ, BEAD AND SPEED: PUTTING FUNDAMENTALS
We will cover basics of green reading, as well as establish a foundation for improvement in two main areas: distance control and the stroke mechanics that allow you to hit your intended start line more consistently.
Weeks 1–8 / 4–5 p.m. / W / $20

AIMPOINT EXPRESS
Whether you’re a professional, junior or amateur, AimPoint Green Reading will transform your game by teaching you the one aspect of putting which is never taught — green reading! Learn that putting is predictable, and discover the most effective and reliable ways to determine the direction and precise amount of break for any putt.
Weeks 0, 2, 4, 6, 8 / 2–3:30 p.m. / F / $145

JUNIOR AIMPOINT EXPRESS (ages 8 to 14)
Weeks 1, 3, 5 / 2:30–4 p.m. / W / $105
1009 • MAH JONGG CAMP
Marcia Merrins
Be not afraid! Mah Jongg Camp is THE confidence builder. Strategy will be emphasized in selecting hands from the 2019 National Mah Jongg League card, passing tiles, and keeping options for hands as tiles are picked and discarded. You will learn to become a faster and more efficient player. The goal is to make learning and playing the game more fun. It is guaranteed you will smile at each lesson! (ages 16+)
Week 6, July 29–Aug. 2 / M–F
9:15–10:30 a.m. / Sports Club
Fees: 5 sessions • $79
1 session at door • $25

1010 • HOW TO DEFEND A BRIDGE HAND
Hugh Butler
Your bridge game is not complete if you only play Declarer! Fully half the time you’ll be on defense. Do you know what to do? Learn the leads, the signals, the attack and the counting which will please your partner and demoralize your opponents. Basic defense should be in everyone’s repertoire. Leave bidding behind for a week and let’s play! Materials fee of $5 due to instructor at start of class. (ages 14+)
Week 7, Aug. 5–8 / Week 8, Aug. 12–15
Week 9, Aug. 19–22 / M–Th / 3:30–4:45 p.m.
Hall of Ed. (Sheldon) Rm. 201
Fees: 4 sessions • $75 / Materials fee • $5
1 session at door • $20

1011 • BRIDGE: TO SLAM OR NOT TO SLAM
Jessica Lai & Grant Vance
Join Grant Vance and Jessica Lai for a three day class that explores slam bidding, from scientific Q-bidding to blasting. Topics include: Blackwood (Roman Key Card); Minorwood; Gerber; Exclusion; Slam Tries after 1NT Opener; Slam Tries after 1 of a Suit Opener; Slam Tries after a Preempt; 4NT and 5NT as No Trump Raises; Q-Bidding; Blasting; Points vs. Tricks. (ages 13+)
Week 8, Aug. 12–16 / M W F / 1–3 p.m.
Sports Club
Fees: 3 sessions • $75
1 session at door • $25

1012 • MAH JONGG FOR BEGINNERS
Dianne Zimmerman
Mah Jongg is a fun game to learn and play. We will learn the fundamentals of American Mah Jongg in a relaxing atmosphere. We will start by learning the three suits, other tile names, read the National Mah Jongg League Card, build the four walls, and practice playing the game. 2019 NMJL card needed for class, available in the bookstore or from the National Mah Jongg League website (suggest Large Print). (ages 12+)
Week 8, Aug. 12–16 / M–F / 9:15–10:30 a.m.
Sports Club
Fees: 5 sessions • $79
1 session at door • $25

1013 • KAYAKING AND ECOLOGY: THE WATER’S EDGE
Jeremy Woolson
“Experience: We teach from ours so yours will be more memorable.” This is the motto of Evergreen Outfitters in Mayville. Evergreen’s American Canoe Association (ACA) certified Instructors and guest collaborators will provide beginner to intermediate kayakers a dual-learning experience. Participants will learn core paddling techniques while exploring local shoreline ecology. Materials fee of $55 due to instructor at start of class. (ages 16+)
Week 1, June 25–27 / Week 7, Aug. 6–8
Tu–Th / 8:30–10 a.m. / Pier Building (2nd floor)
Fees: 3 sessions • $75 / Materials fee • $55

N.Y.S. Safe Boating Courses for Adults and Youth
Eight-hour New York State-approved safe boating class for ages 10+.

2606 • NYS SAFE BOATING CLASS
Captain Margaret Mary Wagner
Interested in operating a motorboat or jet ski? All individuals born on or after May 1, 1996 are now required to successfully complete an approved course in boater education in order to operate a motorboat. To operate a jet ski, you must be 12 years of age and complete an approved boating class. This certificate is awarded after successful completion of NYS exam. Bring a lunch. (ages 10+)
Week 2, June 30 / Week 4, July 14
Su / 8 a.m.–4 p.m. / Turney Sailing Center
Fees: 1 session • $25

SWIMMING
There are four public swimming beaches within the grounds. The Children’s Beach, located near the Miller Bell Tower, provides a shallow swimming area and beach for youth and their families to play and picnic. Pier Building Beach, adjacent to the Children’s Beach, is an adult, deep-water swimming area. Heinz Beach is located on South Lake Drive, and University Beach is on North Lake Drive. Lifeguards are on duty daily during posted swimming hours. The indoor pool at the Turner Community Center is also open daily.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Hands crafts & Hobbies

1100 • “STAINED GLASS” IRIS OR POPPY WALLHANGING
Karen Auer
Join us to create the impression of stained glass fabric flowers (iris or poppy) without the use of prepared bias tape. If you can trace, cut, and press you can make a beautiful 14” x 21” quilt or picture for framing. Colored pieces of fabric are fused directly to a background of black fabric. The gaps left between the colored fabrics create the “stained glass” leading. Start your project in class and finish at home. Kit available. Materials fee of $10 due to instructor at start of class. (ages 14+)
Week 1, June 24–26 / M–W / 3:30–5:30 p.m.
Turner 106
Fees: 4 sessions • $79 / Materials fee • $10
1 session at door (first 2 days only) • $25

1101 • MOSAICS WITH TILE AND GLASS
Margo Aguirre
Anyone can learn the ancient art of placing tile and glass to make a beautiful contemporary work of art. Choose from tray, coasters, trivet, keepsake box and more. Advanced projects for experienced and return students. You will grout your finished piece and it will last forever. Materials fee of $15–35 due to instructor at start of class. (ages 12+)
Week 1, June 24–27 / M–Th / 8:30–10:30 a.m. / Turner 106
Fees: 4 sessions • $89 / Materials fee • $15–35
1 session at door (first 2 days only) • $29

1102 • THE RUNAROUND BAG
Aimee Doershuk
This smart-looking purse is easy to make and very functional. We will use the new cork fabric as an accent on the front of the bag. This purse features an open back pocket and a zippered front pocket. (You will learn a super easy zipper installation technique.) Materials fee of $25 covers the fabric kit. Instructor has sewing machines to use in class or bring your own. (ages 16+)
Week 1, June 25–27 / Tu–Th / 2–4 p.m.
Turner 104
Fees: 3 sessions • $79 / Materials fee • $25

1103 • CROCHET BASICS
Becky Stevens
Have you always wanted to learn to crochet? You will learn the basic crochet stitches: chain stitch, single, double and half-double. You will learn finishing techniques while making a small purse. If there is time, you can start another project such as a scarf or shrug. All instructions provided by the instructor. Bring your own light colored yarn (no variegated) and crochet hook, or purchase supplies from the instructor. (ages 15+)
Week 1, June 24–27 / Week 2, July 1–4
M–Th / 3:30-4:30 p.m. / Hultquist 201B
Fees: 4 sessions • $79
1 session at door (first 2 days only) • $25

1104 • EXPAND YOUR CROCHETING REPertoire!
Becky Stevens
Add new stitches and techniques to your repertoire. Try the beautiful Crocodile Stitch. Learn the differences between popcorn, puff, bobble and cluster stitches. I’ll have a few other surprises to try. Bring several skeins of yarn — Simply Soft or other worsted weight yarn. Crochet a scarf or Afghan square trying these new stitches. Students must know basic crochet stitches. All instructions will be provided. Bring your own supplies or purchase supplies from the instructor. (ages 15+)
Week 1, June 24–27 / Week 2, July 1–4
M–Th / 1–2:30 p.m. / Hultquist 201B
Fees: 4 sessions • $79
1 session at door (first 2 days only) • $25

1105 • SIT AND SEW SATURDAY
Aimee Doershuk
Have a quilting project you need a little help with? A UFO you want to finish? Want a day to sew without interruptions? Come to “Sit and Sew Saturday” and sew! Aimee will be available to offer help and advice all day. Classroom sewing machines, irons and cutting mats will be available but bring all your project supplies. Pack a lunch and snack. Materials fee of $5 due to instructor. (ages 16+)
Week 1, June 29 / Week 2, July 6
Week 3, July 13 / Sa
9 a.m.–5 p.m. / Turner 104
Fees: 1 session • $49 / Materials fee • $5

1106 • RESIN PENDANTS: INSTANT GRATIFICATION!
Wendy Cohen
A fun class to learn to craft unique pendants that look like glass! Incorporate glitter, charms, glass, special paper and more in different shaped bezels. All supplies provided. You can bring small, shallow objects and photos and memorabilia to use in your design. Wear your work of art home. The process can be done at home with materials found in your local craft/art store. Materials fee of $20 for the first two pieces due to instructor at the start of class. $10 for each additional piece. (ages 8+)
Week 1, June 25 / Week 2, July 2
Week 4, July 16 / Week 5, July 23
Week 6, July 30 / Week 8, Aug. 13
Week 9, Aug. 20
Tu / 3:30–5:30 p.m. / Turner 102
Fees: 1 session • $35 / Materials fee • $20

1107 • GLASS FUSING: BASICS AND BEYOND
Wendy Cohen
Discover the glass fusing process and create unique pieces. Learn about glass, how to cut, shape, layer and embellish glass designs using different types of glass. Learn about and use dichroic glass to add pizzaz to your work. All instruction and materials to make and finish your pieces will be provided. Make pendants, earrings, sun catchers, night lights and more. Pieces will be fired and ready to pick up by week’s end. No experience or artistic talent necessary! Materials fee of $25 for the first two pieces due to the instructor at the beginning of the class. $10 for each additional piece. (ages 11+)
Week 1, June 24–26 / Week 2, July 1–3
Week 5, July 22–24 / Week 8, Aug. 12–14
Week 9, Aug. 19–21
M W / 1–3 p.m. / Turner 102
Fees: 2 sessions • $65 / Materials fee • $25
1 session at door • $35

1108 • GLASS FUSING: BASICS AND BEYOND
Wendy Cohen
Week 4, July 15–17 / Week 6, July 29–31
M W / 8:30–10:30 a.m. / Turner 102
Fees: 2 sessions • $65 / Materials fee • $25
1 session at door • $35

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
1109 • LINOLEUM BLOCK PRINTING
Margo Aguirre
Such fun and so easy. Learn how to carve your own linoleum blocks and then print them on your choice of t-shirts, tote bags, artist canvas and note cards. Enjoy a wide array of colors and techniques to make beautiful lasting works of art. Take your blocks home and enjoy printing with them for years. Materials fee of $15–35 due to instructor at start of class. (ages 12+)
Week 2, July 1–3 / M–W / 8:30–10:30 a.m.
Turner 106
Fees: 3 sessions • $79 / Materials fee • $15–35
1 session at door (first 2 days only) • $29

1110 • THE 10-MINUTE QUILT BLOCK: LAP THROW QUILT TOP
Aimee Doershuk
It’s fast and easy! This 10-minute block technique forms a wonderful diamond that can give you many different looks! You will learn the process and create blocks to make a lap throw. Bring 1/2 yard light, 1/2 yard medium dark, 1 yard very dark quilt fabric, matching or contrasting thread and 1 yard backing and 1/2 yard binding fabric to class. Instructor has sewing machines to use in class or bring your own. Materials fee of $10 due to instructor and covers batting and miscellaneous supplies. (ages 14+)
Week 2, July 1–3 / M–W / 2–4 p.m.
Turner 104
Fees: 3 sessions • $85 / Materials fee • $10

1111 • THE 5-MINUTE QUILT BLOCK
Aimee Doershuk
It’s fast and easy! This five-minute block technique forms a wonderful triangle that can give you many different looks! You will learn the process and create blocks to make a table runner. Bring 1/2 yard light, 1/3 yard dark, 5/8 yard very dark quilt fabric, matching or contrasting thread and 1 1/3 yard backing and 1/2 yard binding fabric to class. Instructor has sewing machines to use in class or bring your own. Materials fee of $15 due to instructor and covers batting and miscellaneous supplies. (ages 14+)
Week 2, July 4–5 / Th–F / 2–4 p.m.
Turner 104
Fees: 2 sessions • $59 / Materials fee • $15

1112 • TABLESCAPING AND BASIC FLORAL DESIGN
Emily Maier
Whether a simple gathering or a more formal dinner party, any event can be made special with a little creativity and attention to detail. In this class we will explore using basic materials and props, many of which most people already have, to create fabulous tablescapes. We will also learn basic floral design principles that are easy that are to execute. By the end of this class your next event, large or small, will be memorable! If you are interested in becoming a fabulous host or hostess this class is for you! Materials fee includes vase, container, fresh flowers, floral tape and knife/scissors, cellophane, ribbon and packaging materials. Materials fee of $50 due to instructor at start of class. (ages 16+)
Week 2, July 1–4 / M–Th / 3:30–4:45 p.m.
Turner 106
Fees: 4 sessions • $79 / Materials fee • $50
1 session at door (first day only) • $25

1113 • BEGINNING COPPERPLATE CALLIGRAPHY
Katherine Rybak Torres
This introduction to the pointed pen art of Copperplate calligraphy will emphasize letter formation and technique. We will cover the elements of letter design and spacing, with a focus on a final project. In a time when the beautiful art of hand lettering is all the rage, take this course and do it yourself! Materials fee of $25 due to instructor at start of class. (ages 14+)
Week 2, July 1–5 / Week 3, July 8–12
M–F / 1–2:30 p.m. / Turner 106
Fees: 5 sessions • $95 / Materials fee • $25
1 session at door • $25

1114 • IKBANA: THE ART OF JAPANESE FLOWER ARRANGING
William Matuszeski
Each of four sessions begins with a lecture on a specific style, moving from formal and traditional to modern and freestyle. The instructor then prepares the arrangement of the day. You’ll be provided with live materials to prepare your own arrangement in that style. The instructor critiques and makes changes to each arrangement as the students all watch and learn. You’ll return home each day with your arrangement. Bring a flat bowl, shears and a pin frog or “kenzan” to each session. (ages 16+)
Week 3, July 8–11 / M–Th / 1:30–3 p.m.
Pier Building Classroom
Fees: 4 sessions • $85

Have fun making your own bracelets, necklaces or earrings in “Beading Your Own Jewelry” (page 39) or “Give Beads a Chance” (page 40)
1115 • BEADING YOUR OWN JEWELRY
Patricia Lemer
Have you ever wanted to make your own jewelry? Learn how to put together beads of different size, shape and color to make a beautiful necklace, bracelet and/or matching earrings. Learn how to use tools, make loops, and finish off pieces so they look professional. Bring your own beads or use those provided. Perfect for gifts or your own use. Materials fee of $25 due to instructor at start of class. (ages 12+)
Week 3, July 8–9 / M–Tu / 3:30–5:30 p.m.     Turner 106
Fees: 2 sessions • $65 / Materials fee • $25 1 session at door (first day only) • $35

1116 • CHAUTAUQUA ROCKS!
Samantha Crisafulli
Let’s create kindness and cultivate compassion! The Kindness Rock Project is a movement where individuals paint rocks with positive messages for others. Our goal is simple: to promote random acts of kindness to unsuspecting recipients by painting and hiding inspirational rocks. The instructor will provide all of the necessary materials — rocks, paint, brushes, etc. We will paint and seal beautiful river rocks and then “hide” them all around the lovely grounds of Chautauqua for others to find and enjoy or pass on. #thekindnessrocksproject (ages 9+)
Week 3, July 9–11 / Tu–Th / 4:15–5:45 p.m.     Pier Building Classroom
Fees: 3 sessions • $75 1 session at door • $25

1117 • DYED SILK SCARVES: QUICK, EASY AND FUN
Wendy Cohen
Create beautiful, wearable silk scarves using special tissue paper dying techniques. Great fun for all ages. You will learn all you need to know to make these at home. No artistic talent necessary. Wear home right away. Another Instant Gratification class! All materials included. Materials fee of $20 per scarf due to instructor at start of class. (ages 9+)
Week 3, July 8 / Week 7, Aug. 5     M / 1–3 p.m. / Turner 102
Fees: 1 session • $39 / Materials fee • $20

1118 • SIMPLE SOLDERED SILVER RINGS
Eva M. Sherman
Using a butane torch, some silver wire and sheet, plus a few pre-made bezels, students will create amazingly beautiful rings that are deceptively simple to construct. Students will learn techniques in soldering, filing, fabrication, and stone setting. Soldering experience is helpful but not required. Please bring an apron to protect clothing. Materials fee of $150 due to instructor at start of class. (ages 16+)
Week 4, July 15–19 / M–F / 1:30–4:30 p.m.     Pier Building Classroom
Fees: 5 sessions • $115 / Materials fee • $150 1 session at door • $35 / Materials fee • $30

1119 • THE T-SHIRT QUILT
Aimee Doershuk
Have t-shirts you can’t get rid of? Bring 12 to 15 to class and make a quilt. You will stabilize, cut and sew your shirts into a quilt top. We will discuss finishing options in class. Instructor has sewing machines to use or bring your own. See material list at classes.chq.org for necessary fabric requirements and other supplies needed. Materials fee of $25 covers stabilizer and miscellaneous supplies. (ages 16+)
Week 4, July 15–19 / M–F / 1–4 p.m.     Turner 104
Fees: 5 sessions • $109 / Materials fee • $25

1120 • REFINISHING, REPAIRING AND RESTORING FURNITURE WITH EASE
Robert Zellers
The course is designed to communicate the latest methods and materials available to refinish all types of furnishings from picture frames to corner cupboards. Economical, money-saving techniques will be stressed. The course will provide information on: finishes, stains, surface preparation, repair, basic wood identification, surface refinishing, restoration supplies, tools and proven old and new easy techniques of finish removal. Numerous, easy, time-saving professional techniques and short cuts will be shared with the class. (ages 12+)
Week 4, July 15–19 / Week 6, July 29–Aug. 2     M–F / 8:45–10:15 a.m. / Turner 104
Fees: 5 sessions • $95 1 session at door • $25

1121 • EXPLORING ALCOHOL INKS
Lyn Harris
Come learn the basics of this vibrant new medium. Colors are fluid and exciting to blend. Students will learn how to use alcohol inks on paper, tile and glass and leave the class with a lovely alcohol ink necklace. No experience needed! Materials fee of $25 due to instructor at start of class. (ages 12+)
Week 4, July 18 / Week 9, Aug. 22     Th / 3–5 p.m. / Turner 106
Fees: 1 session • $39 / Materials fee • $25

Handcraft your own rings in “Simple Soldered Silver Rings” (above)
1122 • USING GEL PRINTING TO SPEAK CREATIVELY
Paula Graff
In this class we will explore a form of printing that produces a cool, one-of-a-kind, image that can be used for card making, decorative wall art, scrapbooking, collage and so much more! We will use acrylic paint and homemade stamps, stencils and found objects on gel plates to print unique designs or themes. Students will take away with several pieces to take home. No experience or artistic talent necessary. Beware — gel printing is addictive! Materials fee of $25 due to instructor at start of class. (ages 14+)
Week 5, July 23–25 / Tu–Th / 8:30–11:30 a.m.
Turner 104
Fees: 3 sessions • $99 / Materials fee • $60

1123 • BASIC CROCHET
Nancy Nagalski
Learn the basics if crocheting while creating two practical dishcloths. You will learn basic stitches such as chain, single, double, half double, treble and cluster, how to read a pattern, and helpful hints about buying supplies as you create colorful dishcloths. Instructions and pattern provided by instructor. Bring size G crochet hook and 100% cotton yarn (suggest Lilly's Sugar and Cream) to class or purchase supplies from instructor first day of class ($6). (ages 14+)
Week 5, July 22–26 / M–W / 1–3 p.m.
Turner 104
Fees: 5 sessions • $89 / Materials fee • $25
1 session at door (first day only, must pay full materials fee) • $39

1124 • CHAUTAUQUA IN NEEDLEPOINT
Patricia Cermak
Learn some basic stitches for doing needlepoint. You will receive a painted canvas depicting the word “Chautauqua” and all the fibers needed to complete your piece. Students will need to bring scissors and if they wish, magnification and extra lighting. Materials fee of $60 due to instructor at start of class and includes hand-painted canvas in color on 14-count on stretcher bars, four hanks of silk fibers, needles and printed directions. (ages 14+)
Week 5, July 23–25 / Tu–Th / 8:30–11:30 a.m.
Turner 104
Fees: 3 sessions • $99 / Materials fee • $60

1125 • CORDAGE WORKSHOP
Paul Fehringer
For hundreds of years, people have made rope out of plant fibers. Learn the art of cordage as we teach you the steps for making rope out of plants. We’ll teach you what plants can be used, how to harvest and prepare the plants, and how to bind the plant fibers together to make the cordage. If time permits we will discuss natural ways to die the rope. Every student will go home with a piece of cordage that they made and will also take home extra plants to continue practicing. (ages 12+)
Week 5, July 25 / Th / 2–5 p.m. / Turner 106
Fees: 1 session • $55

1126 • ART THAT BINDS: ART JOURNAL CREATIONS
Denise Palguta
There’s nothing like collective creative experiences to happily bind our hearts! Discover the joy of exploring acrylic paint wash, gesso, paste paper, alcohol spray, sgraffito, and markmaking techniques to create uniquely impressive papers. Student community will learn basic bookmaking to bind several journals and will generate collaborative mini-journals from shared artwork. Guided art journal entries will focus on encouragement. Leave with a smile in your heart and a journal full of art. (ages 14+)
Week 6, July 29–Aug. 2 / M–F / 1–3 p.m.
Turner 104
Fees: 5 sessions • $99 / Materials fee • $25

1127 • LONG NEEDLE PINE BASKETRY ON GOURDS
Michelle Fife
Create a beautiful and unique piece of art. Our coiling will be done on the top rim of a gourd which was hand selected and prepared for you. The instructor will bring all the supplies: clean, precut, drilled gourds, alcohol inks, walnut slices, beads, artificial sinew, sewing needles and the long needle pine straw collected by hand along the U.S. Gulf coast. Each basket will be a unique creation and your family and friends will certainly be amazed at your handiwork! Materials fee of $30 due to instructor at start of class. (ages 14+)
Week 6, July 29–Aug. 2 / M–F / 12:30–2:30 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $99 / Materials fee • $30

1128 • GIVE BEADS A CHANCE!
Denise Palguta
Beading is a timeless handcraft and a fun, creative adventure that doesn’t involve screen time! This beginner class will introduce basic techniques, explore simple designs, and encourage creativity as well as a new hobby. Students will create a necklace, choker, and a bracelet to wear or to share. C’mon, give beads a chance! Materials fee of $30 due to instructor at start of class. (ages 14+)
Week 6, July 30–Aug. 1 / Tu–Th / 3:30–5 p.m.
Turner 104
Fees: 3 sessions • $75 / Materials fee • $30

1129 • HANDMADE RECYCLED PAPER
Susan Doran & Mary Warner
Explore the process of making paper by hand. You will learn the basic techniques of paper making, including pulp preparation with a kitchen blender, sheet forming, pressing in our mini press and drying on the clothesline. We will prepare pulp from various paper items slated for the landfill including 100% cotton printer scraps. Participants will form their own sheets and explore the possibilities of embedding materials. We’ll make sheets in the form of note paper, envelopes and journal pages. Students will leave with a supply of handmade paper to use and share. Materials fee of $10 due to instructor at start of class. (ages 14+)
Week 7, Aug. 5–7 / M–W / 8:45–10:15 a.m.
Turner 106
Fees: 3 sessions • $75 / Materials fee • $10
1 session at door • $29

1130 • INTRO TO BOOKBINDING AND LETTERPRESS PRINTING
Susan Doran & Mary Warner
Learn basic bookbinding structures and stitches in this beginner workshop. We will introduce students to two of the most popular bookbinding techniques, including the process, materials, machines, and the satisfaction of printing by hand on a press from the turn of the century. We will use a tabletop platen press to print Victorian calling cards, pages for our bookbinding or notecards for students to take home. All supplies provided. Materials fee of $10 due to instructor at start of class. (ages 14+)
Week 7, Aug. 5–7 / M–W / 1–2:30 p.m.
Turner 106
Fees: 3 sessions • $75 / Materials fee • $10
1 session at door • $29

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
1131 • ART IN THE ROUND
Tami Hritzay
Get a chance to work in three art forms! Create personalized art working with clay, jewelry and acrylic painting. We’ll start the week learning the whole process of clay through hand building, glazing and firing your clay pieces. Then we’ll spend two days working with beach glass jewelry, drilling, wire wrapping and creating wearable jewelry pieces. Finally we’ll introduce acrylic painting by learning the dos and don’ts of effective painting realistically, and you’ll create an abstract acrylic pour. Materials fee of $18 due to instructor at start of class. (ages 12+)
Week 7, Aug. 5–9 / M–F / 3:30–5:30 p.m.
Turner 104
Fees: 5 sessions • $115 / Materials fee • $18

1132 • WEAVING WITH PLARN
Kit Benson
Come learn how to make plarn and weave a project of your choice on a simple loom. A small mat, tote or cushion can easily be finished during the four-day course. Plastic bags will be provided by the instructor. Please feel free to bring additional colorful bags which you may have. Loom plans will be available for purchase from the instructor. (ages 12+)
Week 8, Aug. 12–15 / M–Th / 2–3:30 p.m.
Turner 210
Fees: 4 sessions • $79
1 session at door (first day only) • $29

1133 • PAINTING WITH PAPER
Joan Cushing
Look, cut, tear, glue — voila! You are painting with paper. Creating collages can be a beautiful act of artistry and is one that almost anyone can learn to do. Even if you don’t think of yourself as an artist, you will be amazed at the ways colors, shapes, and textures come together to make something you will be proud of, and have fun doing, too! Join us in making beautiful art from vibrant (and some not so) papers. Learn to reduce what you see to its basic shapes. Cut and tear these from paper and glue on your “canvas” to create one-of-a-kind Matisse-type art work. Materials fee of $10 due to instructor at start of class. (ages 8+)
Week 9, Aug. 19–22 / M–Th / 2–3:30 p.m.
Turner 104
Fees: 4 sessions • $69 / Materials fee • $10
1 session at door • $25

1134 • UKRAINIAN EGG DECORATING
Joan Cushing
Pysanky, also known as Ukrainian egg decorating, is part of many Eastern European cultures and is the art of decorating eggs using beeswax, colored dyes, and the magic of heat. Try your hand at creating a design with a long history of folk tradition and significance. Or create your own design and see it come to life in the colors, lines and shapes of Pysanky. We will explore the history, traditions, beliefs and meanings of the colors and symbols in this centuries-old folk craft. The materials fee covers all the supplies needed to create beautiful decorative eggs. Come prepared to have fun! Materials fee of $10 due to instructor at start of class. (ages 15+)
Week 9, Aug. 19–23 / M–F / 9–10:15 a.m.
Turner 104
Fees: 5 sessions • $89 / Materials fee • $10
1 session at door (first day only) • $29

1135 • MAKE YOUR OWN MAGIC TRICKS
Debbie O’Carroll
Discover the secrets of magic! You will learn how to make and perform some amazing magic tricks with everyday objects. Entertain your friends and family with the magic illusions, sleight-of-hand and card tricks that you will learn in this workshop. This class is ideal for students, teachers, grandparents and every one else who enjoys magic. Materials fee of $15 due to instructor at start of class. (ages 12+)
Week 9, Aug. 20–22 / Tu–Th / 9–10:30 a.m.
Turner 106
Fees: 3 sessions • $69 / Materials fee • $15
1 session at door (first day only) • $29
Health & Fitness

Cycling

1200 • CYCLE BLAST: MON/WED PM
Holly Hannon
Join Holly for an hour of high-intensity indoor group cycling. This class is for the exercise enthusiast who is looking to bring their workout to the next level. Beginners welcomed and encouraged to try this fun and energizing workout! Motivating music and an organized routine will take you outside of your comfort zone! (ages 15+)

Turner 107
Week 3, July 8–11 / M–Th / 7:45–8:45 a.m.
outside of your comfort zone! (ages 15+)

1201 • CYCLE BLAST: FRI AM
Holly Hannon
Weeks 1–9 / June 28, July 5, July 12, July 19, July 26, Aug. 2, Aug. 9, Aug. 16, Aug. 23 / M–F / 9–10 a.m. / Turner 107
1 session at door • $15

1202 • INDOOR CYCLING PARTY
Amanda Caruso
This isn’t your average cycling class! Break a serious sweat in this low-impact, high-intensity workout — a 60-minute invigorating ride, all choreographed to the beat of the music. This class will push you to your limits and challenge you to step outside of your comfort zone! (ages 15+)

Heinz Beach Fitness Room 2
Weeks 1, June 24–27 / Week 2, July 1–4 / Week 3, July 8–11 / Week 4, July 15–18 / Week 5, July 22–25 / Week 6, July 29–Aug. 1 / Week 7, Aug. 5–9 / M–F / 7:30–8:45 a.m. / Hurlbut Marion Lawrance
1 session at door • $15

1203 • GENTLE YOGA
Kate Junker
Learn basic yoga breathing and stretching. Yoga is a non-competitive, non-strenuous exercise which helps you relax while toning and lengthening muscles. Emphasis will be on building strength, improving flexibility, improving balance and reducing stress. Individuals move at their own pace. Please bring an exercise mat. (ages 16+)

Heinz Beach Fitness Room 2
Week 1, June 24–28 / Week 2, July 1–5 / Week 7, Aug. 5–9 / M–F / 7:30–8:45 a.m. / Hurlbut Marion Lawrance
1 session at door • $15

1204 • YOGA STRETCH AND STRENGTHEN
Kate Junker
Start your day with mindful movement. You will build strength and flexibility while reducing stress and improving posture. Move through a series of yoga postures that include balance and breath awareness. Open your hips, stretch your hamstrings and energize your body! Bring a yoga mat. (ages 16+)

Heinz Beach Fitness Room 2
Week 1, June 24–28 / Week 2, July 1–5 / Week 7, Aug. 5–9 / M–F / 7:30–8:45 a.m. / Hurlbut Marion Lawrance
1 session at door • $15

1205 • POWER UP YOUR DAY YOGA
Kate Mayberry
Are you looking to increase your sense of physical and mental well-being? Syncing postures with breath, a dynamic flow will be created to strengthen and stretch all the major muscle groups. While this class is designed to be athletic and fast-paced, modifications will be offered to make this class accessible for all levels. Each class will conclude with a five-minute shavasana (relaxation). After 60 minutes you will feel invigorated and eager to embrace all your daily schedule has to offer. A great way to begin your Chautauqua day! Please bring a yoga mat. (ages 14+)

Heinz Beach Fitness Room 2
Week 1, June 24–27 / Week 2, July 1–4 / Week 3, July 8–11 / Week 4, July 15–18 / Week 5, July 22–25 / Week 6, July 29–Aug. 1 / M–F / 7:30–8:45 a.m.
1 session at door • $15

1206 • YOGA FOR PAIN RELIEF
Laura C. Ryan
You may already know of yoga’s benefits for flexibility, strength and stability. Yoga is also a proven remedy for chronic pain. We will identify and practice the tools of yoga that ameliorate stress, anxiety and depression that can create and reinforce patterns of chronic pain in the body. You will leave class with your own “yoga tool kit” from which you can draw to bring more comfort to your body and mind. Bring a yoga mat for practice. (ages 16+)

Heinz Beach Fitness Room 2
Week 1, June 24–26 / M–W / 1:30–3 p.m. / Turner 203
1 session at door • $23

1207 • GENTLE YOGA FOR REJUVENATION
Laura C. Ryan
Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)

Heinz Beach Fitness Room 2
Week 1, June 24–28 / M–F / 9:15–10:15 a.m. / Turner 203
1 session at door • $15

1208 • LAKESIDE YOGA
Karen Hansen
This mixed-level meditative practice will deepen awareness for a balanced, calm and energetic effect for both body and mind. Using traditional postures and breath awareness, classes are sequenced to provide a coordinated and complementary mind/body experience that guides the student inward to explore and refine their personal expression of each pose. Variations/modifications can be offered to insure all students are appropriately supported. Class ends with guided relaxation. Occasionally class may be taught outside. Bring a yoga mat. (ages 14+)

Heinz Beach Fitness Room 2
Week 2, July 1–5 / Week 3, July 8–12 / Week 4, July 15–19 / Week 5, July 22–26 / Week 6, July 29–Aug. 2 / Week 7, Aug. 5–9 / Week 8, Aug. 12–16 / M–F / 7:30–8:45 a.m. / Heinz Beach Fitness Room 1
1 session at door • $15

Yoga

1203 • GENTLE YOGA
Kate Junker
Learn basic yoga breathing and stretching. Yoga is a non-competitive, non-strenuous exercise which helps you relax while toning and lengthening muscles. Emphasis will be on building strength, improving flexibility, improving balance and reducing stress. Individuals move at their own pace. Please bring an exercise mat. (ages 16+)

1 session at door • $15

Fees: 4 sessions • $53
1 session at door • $15

1206 • YOGA FOR PAIN RELIEF
Laura C. Ryan
You may already know of yoga’s benefits for flexibility, strength and stability. Yoga is also a proven remedy for chronic pain. We will identify and practice the tools of yoga that ameliorate stress, anxiety and depression that can create and reinforce patterns of chronic pain in the body. You will leave class with your own “yoga tool kit” from which you can draw to bring more comfort to your body and mind. Bring a yoga mat for practice. (ages 16+)

Fees: 3 sessions • $59
1 session at door • $23

1207 • GENTLE YOGA FOR REJUVENATION
Laura C. Ryan
Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)

Fees: 3 sessions • $59
1 session at door • $23

1208 • LAKESIDE YOGA
Karen Hansen
This mixed-level meditative practice will deepen awareness for a balanced, calm and energetic effect for both body and mind. Using traditional postures and breath awareness, classes are sequenced to provide a coordinated and complementary mind/body experience that guides the student inward to explore and refine their personal expression of each pose. Variations/modifications can be offered to insure all students are appropriately supported. Class ends with guided relaxation. Occasionally class may be taught outside. Bring a yoga mat. (ages 14+)

Fees: 5 sessions • $65
1 session at door • $15

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
**1209 • YOGA THE IYENGAR WAY**  
Lisa Kearny  
Get ready to deepen your yoga practice as we explore and break down poses in this weeklong alignment series! Based on the iyengar method, this series will help you to hold and experience each pose with focus on alignment and precision. Gain strength, and learn to protect the body to avoid injury. Principles taught during the series will help to increase confidence and mindfulness during your yoga practice.  
Bring a yoga mat. (ages 16+).  
Week 2, July 1–4 / Week 3, July 8–11  
Week 4, July 15–18 / M–Th / 3:30–4:45 p.m.  
Turner 203  
Fees: 4 sessions • $63  
1 session at door • $17

**1210 • YOGA FOR ARTHRITIS**  
Lisa Kearny  
Experience a gentle yoga class concentrating on joint protection techniques and ease of movement. With the use of props, you will be able to gently stretch the muscles without straining or causing injury. Learn how to safely exercise with arthritis along with a daily exercise plan to decrease joint stiffness, improve body awareness, and increase flexibility. Bring a yoga mat. (ages 16+).  
Week 2, July 1–4 / Week 4, July 15–18  
M–Th / 9:15–10:15 a.m. / Turner 203  
Fees: 4 sessions • $53  
1 session at door • $15

**1211 • YOGA FOR HEALTH AND WELLNESS**  
Karen Larkins  
Hatha yoga is a low-impact exercise for the body and mind. It combines different “Asanas” or postures with a deep breathing technique called “Pranayama” to promote flexibility, balance and relaxation. We hold the Asanas as we learn to keep our focus on our breath, practicing meditation in each pose. This allows us to feel the healing effects of each posture coming together with our breath, observe our reaction to poses, and become an audience to our body. All levels welcome. This is the perfect place for beginners to get comfortable with yoga and grow their practice with a strong foundation. Bring a yoga mat. (ages 14+).  
Week 2, July 1–3 / M–W / 2–3:30 p.m.  
Heinz Beach Fitness Room 1  
Fees: 3 sessions • $59  
1 session at door • $23

**1212 • FOUNDATIONS OF YOGA: BUILDING ASANA**  
Linda Meacci  
In this foundational course, each practice presents an alignment-based sequence that illustrates how healthy, pain-free movement creates building blocks for yoga postures (asana). This course is therapeutic in nature and offers options to meet the needs of students. You’ll gain knowledge of your own body and understand how to move in healthier ways. Stability, mobility, balance, breath and ease are key components throughout this practice. Come prepared to explore! Bring a yoga mat. (ages 14+).  
Week 3, July 8–12 / M–F / 9:15–10:30 a.m.  
Hurlbut Marion Lawrence  
Fees: 5 sessions • $69  
1 session at door • $15

**1213 • RESTORATIVE YOGA: RELAX AND RENEW**  
Linda Meacci  
In this yoga course we explore our potential to relax deeply and reap the benefits of this rich practice. We begin the practice with easy slow, fluid movement on the floor. Next, we learn and rest in several restorative postures using yoga bolsters and blankets. Guided meditations are provided while resting. Restorative yoga may improve sleep, decrease anxiety, lower blood pressure, restore vitality and help the body recover from surgeries, illness and stress.  
Bring a yoga mat. (ages 18+).  
Week 3, July 8/–12 / M–F / 1:45–3 p.m.  
Turner 203  
Fees: 5 sessions • $65  
1 session at door • $15

**1214 • YOGA: ENERGY AND MINDFULNESS**  
Nancy Rosenberger  
This class works to build strength, flexibility, and inner calm. Through mindful movement, the class nurtures awareness of body, breath, and energy flow. Grounded in Hatha yoga, breathing, stretches, and postures allow students to awaken to the life force within them, with particular attention to yoga wisdom such as chakra energies, layers of being, and yogic values. New or veteran students to yoga and all body types are welcomed in this class. Modifications are offered. Bring a yoga mat. (ages 14+).  
Week 4, July 15–19 / Week 5, July 22–26  
M–F / 7:45–8:45 a.m. / Turner 203  
Fees: 5 sessions • $63  
1 session at door • $15

**1215 • RESTORATIVE YOGA: RELAX**  
Martha Lamb  
An antidote to the stresses of busy lives and a wonderful balance for more active practices, this class includes restful postures with props and support in finding comfort, spaciousness, and ease in the body. These poses, accompanied by elongated breathing and gentle stretches, soothe the nervous system and promote relaxation and deep healing on all levels. Restorative Yoga is for everyone, regardless of level of fitness. It is an excellent practice for those recovering from illness or injury, or those living with chronic pain. Be still, relax, and find healing you need. Bring a yoga mat. (ages 14+).  
Week 4, July 15–19 / M–F / 2–3 p.m.  
Turner 203  
Fees: 5 sessions • $63  
1 session at door (first day only) • $15

= Visit classes.chq.org for required materials lists  
= Young people may attend  
= Materials fee applies  
= “On theme”
1216 • VINYASA FLOW YOGA
Thoa Van Seventer
An ideal workout that is intense and challenging. Vinyasa Flow Yoga involves synchronizing the breath with progressive series of postures, producing intense internal heat and a purifying sweat that detoxifies muscles and organs. You will leave the class physically, mentally, and spiritually refreshed in a light and strong body with a calm mind. This class is geared toward people who enjoy a physical challenge. Some yoga experience is required. Bring a yoga mat. (ages 14+)
Week 5, July 22–26 / Week 6, July 29–Aug. 2
M–F / 9:15–10:15 a.m. / Heinz Beach Fitness Room 2
Fees: 3 sessions • $59
1 session at door • $15

1217 • YOGA FOR LIVING WELL
Karen Schwarzwalder
Learn basic skills to enhance your yoga practice and to improve your daily living. Foundational asanas will lengthen and strengthen muscles, increase flexibility and balance, manage stress, improve posture and provide overall self-confidence and physical coordination. Classes are relaxed, non-competitive and suitable for persons of all ages and abilities. Bring a yoga mat. (ages 12+)
Week 5, July 22–26 / Week 6, July 29–Aug. 2
M–F / 9:15–10:15 a.m. / Hurlbut Marion Lawrance
Fees: 5 sessions • $63
1 session at door • $15

1218 • GENTLE YOGA FOR REJUVENATION
Laura C. Ryan
Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)
Week 6, July 29–Aug. 2
M–F / 2:15–3:15 p.m. / Turner 203
Fees: 5 sessions • $63
1 session at door • $15

1219 • YOGA FOR PAIN RELIEF
Laura C. Ryan
You may already know of yoga’s benefits for flexibility, strength and stability. Yoga is also a proven remedy for chronic pain. We will identify and practice the tools of yoga that ameliorate stress, anxiety and depression that can create and reinforce patterns of chronic pain in the body. You will leave class with your own “yoga tool kit” from which you can draw to bring more comfort to your body and mind. Bring a yoga mat for practice. (ages 16+)
Week 6, July 29–31 / Week 9, Aug. 19–21
M–W / 3:30–5 p.m. / Turner 203
Fees: 3 sessions • $59
1 session at door • $23

1220 • YOGA FOR EVERYBODY
Susan Grover
Beginner-friendly, gentle practice to bring ease and opening to joints and muscles. Ideal for those who feel inflexible, who want stress relief and who want to ease particular body issues. Athletes and people recovering from shoulder and back injuries use this class to add stretching to their routines. Very easy, no pressure class. Bring a yoga mat. (ages 12+)
Week 6, July 29–Aug. 2 / Week 7, Aug. 5–9
M–F / 9:15–10:15 a.m. / Turner 203
Fees: 5 sessions • $63
1 session at door • $15

1221 • MORNING YOGA FOR DYNAMIC AGING
Kayleigh Miller
This class is for all levels of yoga practitioner, drawing from traditional yoga asana, corrective exercise, pilates, and more. We will explore traditional standing, seated, and weight bearing postures, while challenging the body in new ways, building strength and mobility, and supporting dynamic aging. Bring a yoga mat. (ages 16+)
Week 6, July 29–Aug. 2
M–F / 7:45–8:45 a.m. / Turner 203
Fees: 5 sessions • $63
1 session at door • $15

1222 • MINDFUL MORNING FLOW YOGA
Kayleigh Miller
This class is for all levels of yoga practitioners, combining elements of vinyasa yoga, strength and dynamic movements. The focus will be on breaking down more complex yoga movements and poses, and finding ways to progress in strength and mobility through yoga, while also regulating the nervous system. Bring a yoga mat. (ages 16+)
Week 7, Aug. 5–9 / M–F / 7:45–8:45 a.m. / Turner 203
Fees: 5 sessions • $63
1 session at door • $15

1223 • YOGA FOR LIFE: EXPERIENCE THE JOY
Lawrence Terkel
Explore the physical, emotional and spiritual benefits of yoga from a teacher with over 50 years of experience. Emphasis will be on alignment, understanding, protection and ways to incorporate yoga into your life with joy and confidence. All levels welcome. Bring a yoga mat. (ages 15+)
Week 7, Aug. 5–9 / Week 8, Aug. 12–16 / M–F / 8:45–10:15 a.m. / Heinz Beach Fitness Room 2
Fees: 5 sessions • $75
1 session at door • $17

1224 • INTEGRATIVE YOGA
Karen Kibler
Restore inner balance by integrating the ancient healing practices of yoga and Ayurveda. Learn specific yoga asanas, breathing techniques, meditation and Ayurvedic principles to gain greater flexibility, strength, balance and vitality while improving digestion and circulation. The classes also include guided imagery, music, and aromatherapy to facilitate the self-healing process and reconnect with your innate nature to increase self-awareness, achieve optimal health and enhance well-being. Bring a yoga mat. (ages 15+)
Week 8, Aug. 12–15 / M–Th / 3:30–4:45 p.m. / Turner 203
Fees: 4 sessions • $63
1 session at door • $17

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
1225 • SLOW FLOW YOGA
Karen Heckel-Marmorato
This yoga class is for individuals at all levels which teaches Hatha yoga postures, meant to release, stretch, and build body-mind-spirit awareness. Class will focus on safe alignment, building core and total body strength, increasing flexibility, and improving balance as well as concentration and breath control. Slow flow yoga is smooth, yet challenging and is suitable for most abilities, including those who are new to the practice of yoga. Bring a yoga mat. (ages 14+)
Week 8, Aug. 12–16 / Week 9, Aug. 19–23
M–F / 9–10:15 a.m. / Turner 203
Fees: 5 sessions • $65
1 session at door • $15

1226 • YOGA BASICS
Karen Heckel-Marmorato
Struggling with downward dog or trikonasana? Want to know what these terms even mean? All levels welcomed. Focusing on intention, meditation, breath, asana, deep relaxation with aromatherapy. Gives more advanced students the opportunity to refine their asana practice with a deeper exploration. A yoga experience that will leave you feeling great for the rest of the day and have you looking forward to the next class. Bring a yoga mat. (ages 14+)
Week 8, Aug. 12–16 / Week 9, Aug. 19–23
M–F / 7:30–8:45 a.m. / Turner 203
Fees: 5 sessions • $65
1 session at door • $15

1227 • YOGA STRETCH AND FLEX
Wayne Mateski
This foundational yoga class emphasizes building strength and agility through controlled seated and standing yoga postures. Alignment and body mechanics will be emphasized, demonstrated and corrected. Planks, down dogs and sun salutations are incorporated into this class which increases core strength, stamina, coordination and flexibility. The pace is designed for those seeking a beginning to moderate intensity level of exercise. Bring a yoga mat. (ages 14+)
Week 8, Aug. 12–16 / M-F / 9:15–10:15 a.m.
Hurlbut Marion Lawrance
Fees: 5 sessions • $63
1 session at door • $15

1228 • YOGA STRETCH AND FLEX
Wayne Mateski
Week 9, Aug. 19–23 / M-F / 9:15–10:15 a.m.
Heinz Beach Fitness Room 2
Fees: 5 sessions • $63
1 session at door • $15

1229 • GENTLE YOGA FOR RENEWAL
Laura C. Ryan
Learn beginner yoga techniques to revitalize your body including proper breathing and yoga poses. Relax, stretch, stabilize and strengthen muscles, increase balance, reduce stress and promote a sense of calm that you can carry with you through the day. This class is oriented toward the newcomer and is taught by a credentialed and experienced yoga therapist. Bring a yoga mat. (ages 14+)
Week 9, Aug. 19–21 / M–W / 9:15–10:15 a.m.
Hurlbut Marion Lawrance
Fees: 3 sessions • $42
1 session at door • $15

1230 • CHAIR YOGA
Debbie O’Carroll
Get all the benefits of yoga while seated in a chair! Build strength, balance and flexibility with the gentle poses we’ll learn in this class. Stress-relieving breath work and mindful meditation will also be included along with tips for continuing your yoga practice at home or at work. Chair yoga is ideal for beginners, seniors and those with mobility issues. Experienced yoga practitioners will also enjoy this healing form of hatha yoga. (ages 14+)
Week 9, Aug. 19–23 / M–F / 3:30–4:30 p.m.
Hurlbut Marion Lawrance
Fees: 5 sessions • $63
1 session at door • $15

1231 • PILATES FOR BALANCE
Eva Stern
Whatever we’re doing in life, balance is an essential part of movement. In this class, we will not only consider upright balance (or avoidance of falling), but how our muscles can work together in a balanced way to facilitate strength and ease. You will learn what muscles to target to improve physical balance, bringing a sense of lightness, flow and pleasure to your movement! (ages 16+)
Week 1, June 24–28 / Week 2, July 1–5
M–F / 7:45–8:45 a.m. / Turner 203
Fees: 5 sessions • $63
1 session at door • $15

1232 • MAT PILATES
Margaret Barrett-Walos
Defy the aging process and take 10 years off your appearance. Learn to move elegantly by strengthening and lengthening all the muscles in the torso that attach to the spine and pelvis — what have become known as your “core” muscles. (ages 12+)
Week 1, June 24–27 / Week 2, July 1–4
Week 3, July 8–11 / Week 4, July 15–18
M–Th / 9–10 a.m. / Heinz Beach Fitness Room 2
Fees: 4 sessions • $53
1 session at door • $15

1233 • PILATES AND PROPS
Michelle Bisno
Come join our morning Pilates mat class designed to introduce all levels to a series of exercises to strengthen and lengthen your muscles. We will use a variety of props to target the muscles of the core, legs, butt, arms and everything in between. This is a complete body workout that will help you walk out feeling longer and stronger. (ages 14+)
Week 5, July 22–25 / M–Th / 9:15–10:15 a.m.
Turner 203
Fees: 4 sessions • $53
1 session at door • $15

MANY FITNESS COURSES REACH CAPACITY ENROLLMENT. PRE-SEASON REGISTRATION IS STRONGLY ENCOURAGED.

= Visit classes.chq.org for required materials lists  
= Young people may attend  
= Materials fee applies  
= “On theme”
### Tai Chi & Chi Gong

**1234 • TAI CHI FOR HEALTH AND FITNESS**  
Rebecca Steinback  
You will learn a simple form of Tai Chi that is designed to improve your health, flexibility and balance. As you practice each part of the form, your confidence and ability to continue doing the form after the class ends will increase. You are taught the movements in a safe and easy manner following a stepwise progressive method that was developed by Dr. Paul Lam of the Tai Chi for Health Institute. (ages 14+)

- **Weeks 1-9, June 24–Aug. 23 / M–F / 7:45–8:45 a.m.**  
  Turner Pool  
- **Fees:** 9 sessions • $63
- **1 session at door (first 3 days only) • $15**

**1235 • INTRO TO TAI CHI FOR FALL PREVENTION**  
Loren H. Miller  
You will learn warm-up exercises and opening movements that can be applied in everyday life to improve balance and overall toning and strength. Materials fee of $28 due to instructor at start of class for DVD. Please wear comfortable clothing and non-skid footwear. (ages 14+)

- **Weeks 1-9, June 24–Aug. 23 / M W F / 3–4 p.m.**  
  Turner Pool  
- **Fees:** 9 sessions • $63
- **1 session at door • $15**

**1236 • CHI GONG FOR HEALTH AND RELAXATION**  
Rick Gridley  
Anyone can enrich their lives by adding Chi Gong to their daily routine. This ancient Chinese health care practice combines gentle movement, breathing techniques and focused intention. The gentle, rhythmic movements of Chi Gong reduce stress, build stamina, increase vitality and enhance the immune system. When practiced over time, Chi Gong contributes to a youthful vitality, helping people maintain optimal health even into their golden years. Enhance your wellness with this introduction to Chi Gong! Wear loose fitting, comfortable clothing. (ages 14+)

- **Weeks 1-9, June 24–Aug. 23 / M–Th / 9–10 a.m.**  
  Turner Gym  
- **Fees:** 9 sessions • $63
- **1 session at door • $15**

### Fitness: Other

**1237 • WATER EXERCISE**  
Margaret Barrett-Walos  
An ideal low-impact workout for individuals of all ages, shapes and fitness levels. This class is designed to help improve strength, flexibility and cardiovascular endurance using the water’s buoyancy and resistance. Enjoy a creative, invigorating hour in the pool. Swimming skills not required. Bring your own Styrofoam barbells if you are able. Bring a towel. (ages 12+)

- **Weeks 1–9, June 24–Aug. 23 / M W F / 3–4 p.m.**  
  Turner Pool  
- **Fees:** 9 sessions • $63
- **1 session at door • $15**

**1238 • ZUMBA GOLD WITH PAUL!**  
Paul Mockovak  
Zumba Gold! The dance party workout using Latin and International Rhythms with the older participant or de-conditioned in mind! “Ditch the workout, join the party” with Paul’s social and theater dance-centered moves designed for the “Golds,” with visual and audio cues. Experienced Zumba participants can take it too! Older or new to Zumba? Give this a try, rest when desired and join when ready — always work at your own level. All you need is workout wear, sneakers, and a smile — bring it! (And a water bottle too!) Golds rock! We always have a blast! (ages 18+)

- **Weeks 1–9, June 24–Aug. 23 / M W F / 3–4 p.m.**  
  Turner Pool  
- **Fees:** 9 sessions • $63
- **1 session at door • $15**

**1239 • THE ALEXANDER TECHNIQUE: MOVEMENT WITH GRACE**  
Barbara Hois  
“Sit up straight!” yelled your mother. But when you did, it felt tight, pushy and uncomfortable. You can be poised and comfortable without effort. The Alexander Technique uses sensing, anatomy and teacher’s light touch for graceful, flexible, fluid and expressive movements. Everyone can open joints, free tight muscles, reduce pain and change habits. Your mother would be proud. (ages 12+)

- **Weeks 1–9, June 24–Aug. 23 / M W F / 7:45–8:45 a.m.**  
  Heinz Beach Fitness Room 1  
- **Fees:** 9 sessions • $63
- **1 session at door (first day only) • $15**

**1240 • FULL BODY BOOT CAMP**  
Stephanie Bukowski  
Start your day with a high-intensity workout that includes cardio, strength and core movements using a variety of different training styles — all to give you a total body workout. Equipment provided. Bring a water bottle. (ages 15+)

- **Weeks 1–9, June 24–Aug. 23 / M W F / 9:15–10:15 a.m.**  
  Heinz Beach Fitness Room 1  
- **Fees:** 3 sessions • $42
- **1 session at door • $15**

**1244 • BARRE FITNESS**  
Amanda Caruso  
This low-impact, well-rounded workout combines Pilates, yoga and ballet-inspired moves to strengthen and lengthen your body. Using small dumbbells to tone upper body, squats and other body weight exercises to tone your lower body and wrapping up with Pilates-inspired core work, this class creates a total body workout that anyone can do! (ages 15+)

- **Week 3, July 8–12 / M–F / 9:15–10:15 a.m.**  
  Turner 203  
- **Fees:** 5 sessions • $63
- **1 session at door • $15**

**1245 • THE ALEXANDER TECHNIQUE: MOVEMENT ACTIVITIES**  
Barbara Hois  
Aching muscles? Sore joints? Are your everyday activities painful? We’ll find the joints and muscles you need to use and be sure you’re engaging them correctly. By discovering the anatomy behind the movement and sensing yourself fully, the teacher’s light touch will help you move more easily. Whether you’re sitting at the computer, walking, dancing, playing piano, or tennis, let’s get the aches and pains out, bring in ease and freedom. (ages 12+)

- **Week 5, July 22–26 / Week 6, July 29–Aug. 2 / M–W / 2–3 p.m.**  
  Turner 203  
- **Fees:** 5 sessions • $63
- **1 session at door • $15**

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
1246 • MOVE INTO LIFE WITH THE FELDENKRAIS METHOD®
Maxine Davis
The Feldenkrais Method® provides a way to increase your awareness of how you do what you do, so you can do what you want. This body/mind approach offers a means of self-education and self-exploration through movement that is useful for people in pain (arthritis, back pain, etc.). Invaluable for performers, athletes and people interested in experiencing increased vitality in their lives. Students should bring a towel or mat to class and wear loose clothing. (ages 16+)
Week 6, July 29–Aug. 2 / Week 7, Aug. 5–9
M–F / 1–3 p.m. / Hurlbut Marion Lawrence
Fees: 5 sessions • $85
1 session at door • $20

1247 • AIKI/KARATE SKILLS AND SELF DEFENSE
James Wohler
This class is a basic introduction to the martial arts. I will provide you with some easy-to-apply self-defense techniques along with exercises to improve your mind, body and spirit. If you are interested in the history of the martial arts there will be something for you. We will look at both the physical and metaphysical side of self defense. (ages 12+)
Week 7, Aug. 5–9 / M–F / 3:30–4:45 p.m.
Turner Gym
Fees: 5 sessions • $75
1 session at door • $17

1248 • SPINAL COMFORT WITH THE FELDENKRAIS METHOD®
Elizabeth Griffin
Your amazing spine has 26 bones, 23 discs, and hundreds of muscles and nerves. Its flexibility accommodates infinite positions and actions, all while supporting the weight of your head and trunk! Come explore gentle movements that help you move your spine with more comfort in daily activities like sitting at the computer, driving and lifting. You must be able to get to and from the floor. (ages 16+)
Week 9, Aug. 19–23 / M–F / 3:15–4:45 p.m.
Heinz Beach Fitness Room 2
Fees: 5 sessions • $75
1 session at door • $17

1300 • INTRODUCTION TO AROMATHERAPY
Kristyn Bango
Take a scent journey with essential oils and learn how scent affects our memories and experiences. This introductory class will highlight traditional aromatherapy through inhalation and how it can be used for stress, anxiety and much more. Materials fee of $10 due to instructor at start of class. (ages 16+)
Week 1, June 24 / Week 4, July 15
12:45–1:45 p.m. / Turner 106
Fees: 1 session • $25 / Materials fee • $10

1301 • MASTERING YOUR MICROBIOME AND YOUR MOOD
Ellen Rozman
The gut is considered the second brain. Trillions of bacteria live in our gut. These microbes influence our mood, behaviors, and decision-making, as well as our metabolism, hormones, and even libido! Learn how symptoms like anxiety, depression and addiction are affected by imbalanced gut flora and how a healthy ecosystem may lie at the root of optimal gut and brain health. (ages 16+)
Week 2, July 1–3 / M–W / 3:30–5 p.m.
Turner 205 (Kitchen)
Fees: 3 sessions • $75
1 session at door • $29

1302 • HOW TO RELIEVE OR PREVENT LOW BACK PAIN
Tasso Spanos
There are nine different muscles that can contribute to various locations of pain in the lower back and sciatica. The focus will be on traumatized spots in the muscles called trigger points, which refer to pain or weakness to other parts of the body, thereby confusing clinicians who are not aware of their existence or complexity. Participants will be taught where the trigger points are located and how to treat and stretch them. Corrective exercises will be taught. Handouts will be provided. (ages 16+)
Week 3, July 8–11 / M–Th / 3:45–5:15 p.m.
Turner 210
Fees: 4 sessions • $79
1 session at door • $25

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
1306 • MINDFULNESS IN WELLNESS AND ILLNESS
Jayashree Rao, MD
Participants will learn to develop mindfulness through guided meditation and brief exercises that will help them experience the present moment during everyday activities. Although no specific outcome is promised, participants typically report feeling more alive and more “in-tune” with themselves and others. In addition, research has shown significant beneficial effects in dealing with stress, anxiety, high blood pressure, depression, chronic pain, and diabetes. (ages 16+)
Week 5, July 22–26 / M–F / 8:45–10:15 a.m.
Turner 210
Fees: 5 sessions • $89
1 session at door (first day only) • $25

1307 • POSTURE CAMP FOR ACTIVE ADULTS
Laura P. Coombs
It’s not just about standing up straight! Good posture means moving well and adapting to any activity (even sitting!) with less stiffness and joint pain. Posture Camp will teach you a method that will make your active lifestyle even more enjoyable. The exercises can be done at home so you can continue the process year-round. Improving your posture will make you more flexible and more athletic, all while keeping typical aches and pains away. (ages 25+)
Week 5, July 22–26 / M–F / 3:30–4:30 p.m.
Turner 203
Fees: 5 sessions • $65
1 session at door • $15

1308 • LAUGHTER WORKS: HUMOR, PLAY AND HEALTH
Kay Caskey & Laurie Young
Folklore has long held that there is a positive relationship between laughter and health. Only recently has the medical/scientific establishment begun to take note of what we have all known intuitively for centuries. Laughter and play are good for you. Properly used, humor can reduce stress, lighten tensions, and even boost your immune system. This workshop will increase your energy, grow your brain and tickle your spirit — and you will learn a skill that will help you smile forever. Success guaranteed! (ages 13+)
Week 6, Aug. 2 / F / 3:30–5:30 p.m.
Hultquist 101
Fees: 1 session • $50

1309 • DIGESTIVE HEALTH: KNOWNS AND UNKNOWNS
Benjamin Lebwohl, MD
Why is the gluten-free diet so popular? What is the best way to screen for colon cancer? What are probiotics and why do people take them? This course covers topics in digestive health with an emphasis on an evidence-based approach to understanding controversial topics that are frequently covered in health media including gluten, celiac disease, colon cancer screening, and probiotics. In so doing we will cover principles of screening and separating fact from hype. (ages 14+)
Week 6, July 30–Aug. 1 / Tu–Th / 2–3:30 p.m.
Turner 210
Fees: 3 sessions • $75
1 session at door • $29

1310 • FEELING BETTER STRETCH EXERCISES
Tasso Spanos
This stretch class teaches you how to relieve pain and weakness occurring in the entire body. There are 100 different exercises, stretching 100 different muscles that can create 100 different pain problems. The instructor first announces the particular pain or weakness problem, and then gives the specific gentle stretch exercise to fix or prevent that problem. Included are chair exercises, standing warmups, technique of walking, floor exercises and wonderful relaxation. (ages 10+)
Week 7, Aug. 5–7 / M–W / 3:45–4:45 p.m.
Turner 203
Fees: 3 sessions • $42
1 session at door • $15

1311 • GRACEFUL AGING: AVOIDING THE FORWARD ARC
Anne Ondrey
In Western societies, the forward arc of the collapsing spine that rounds us down to walkers is considered inevitable — but it’s not! In this workshop, we’ll compare physical aging across cultures, assess our own patterns and learn strategies to integrate healthy movement into our daily lives. Participants will explore gentle seated and standing movements and practice myofascial release, breathing, affirmations and guided relaxation to allow our bodies to age with grace. (ages 21+)
Week 7, Aug. 5–7 / M–W / 1–2:30 p.m.
Turner 105
Fees: 3 sessions • $75
1 session at door (first day only) • $29

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
1312 • SELF-SHIATSU: A STRESS BUSTER TECHNIQUE!
Cassandra Butler
Shiatsu is based on the Asian understanding of meridians — energy pathways throughout the body. Along these pathways are sensitive points that can help bring us balance when stimulated through pressure. You will learn where the major points are on the body, which correspond to the five emotions: grief, anxiety, fear, anger, and worry. You will learn how to administer thumb pressure on these points for healing, balance, and stress relief. Be in charge of balancing your body! (ages 14+)
Week 7, Aug. 5–7 / M–W / 3:30–5 p.m.
Turner 210
Fees: 3 sessions • $75
1 session at door • $29

1313 • MINDFULNESS-BASED STRESS REDUCTION WORKSHOP
James Mitchell
Modeled after the pioneering work of Jon Kabat-Zinn, PhD and featured on the Bill Moyers documentary “Healing and the Mind,” you will learn mindful movement, meditation, and relaxation exercises, improve concentration and creativity, and develop insight into your inner sources for healing. Mindfulness helps you re-inhabit your body with awareness skills that act as an antidote to stress while moving toward a relaxed body and quiet mind. Please bring a yoga mat or blanket. (ages 14+)
Week 7, Aug. 5–8 / M–Th / 3:30–5 p.m.
Hurlbut Marion Lawrance
Fees: 4 sessions • $89
1 session at door • $29

1314 • ENVISIONING A HEALTHIER YOU
Becky Brown, RPh, NBC-HWC
The journey to a healthier you begins with a vision. What is your vision of you in your best health? Supported by an integrative health coaching approach, create a vision board to guide and inspire the design of your own personalized health plan based on the Duke Integrative Medicine Wheel of Health. This workshop is not about a quick fix or temporary solution but about taking the first steps in creating lifelong behavior change designed to move you in the direction of increased health and well-being. Taught by a National Board Certified Health and Wellness Coach. Materials fee of $5 due to instructor at start of class. (ages 18+)
Week 7, Aug. 6–8 / Tu–Th / 8:30–10:30 a.m.
Turner 104
Fees: 3 sessions • $89 / Materials fee • $5
1 session at door (first day only) • $35

1315 • MEDICINAL PLANTS FOR THE HOME GARDEN
Sarah Sorci
Many medicinal and edible plants are both beautiful and easy to grow. Learn uses for common perennials like bee balm, yarrow and hostas, and get to know less common plants like motherwort, holy basil and wild geranium. You may be surprised by which garden plants you can cook up for dinner or make into tea! Sarah will offer tips for cultivation and uses after harvest. Each class includes recipes, demos and a range of samples. Materials fee covers three seed packets and packet of dried herbs. Optional for drop-in/one time participants. No experience necessary. Materials fee of $14 due to instructor at start of class. (ages 14+)
Week 8, Aug. 12–14 / M–W / 3:30–5:30 p.m.
Turner 105
Fees: 3 sessions • $89 / Materials fee • $14
1 session at door • $35

104, 107 • YOGA KIDS: HEALTHY BODY, HEALTHY MIND
Katie Clark
See pages 10–11 for details.

311 • PURE PAINTING: ART AND YOGA INTEGRATION
Jonathan Lerner
See page 19 for details.

600 • THE MEDITERRANEAN LIFESTYLE AND ITS IMPACT ON WELLNESS
Amy Riolo
See page 25 for details.

620 • HEALTHY EATING AND EXERCISE EVERYDAY
William Kuntz & Selina Uglow
See page 27 for details.

Chautauqua Health & Fitness at Turner Community Center

Are you tired of boring old routines that don’t work, that you can’t remember or that take too long to see results? Personal training, Pilates reformer training and nutrition counseling are available with nationally certified experts at Chautauqua Health & Fitness. For more information visit Chautauqua Health & Fitness at Turner Community Center, call 716.357.6430 or visit fitness.chq.org.
History & Government

1400 • FALL OF THE BERLIN WALL
Charles Skinner
The fall of the Berlin Wall in 1989 was a watershed event that precipitated the unification of Germany and the end of the Cold War. Now approaching its 30th anniversary, this moment that changed the world merits renewed examination: how the division of the city, country, and continent came about, how it ended, and how it continues to change our world, which itself is imploding. (ages 14+)
Week 1, June 24–27 / M–Th / 3:30–4:30 p.m.
Turner 210
Fees: 4 sessions • $69
1 session at door (first day only) • $21

1401 • IDA TARBELL: AT CHAUTAUQUA AND BEYOND
Charles Fountain
Ida Tarbell was perhaps the early 20th century's most influential journalist. One of the crusading “muckrakers,” her expose on Standard Oil led to its break-up. Tarbell learned her craft at Chautauqua. For eight years, she was a writer on The Chautauquan, the year-round magazine sent to students in the Institution’s distance-learning programs. In the summers she worked for the Assembly Herald, the forerunner of today's Chautauquan Daily. Drawing on Ida Tarbell's letters and manuscripts, the course will explore how she helped shape the early Chautauqua, and how Chautauqua helped shape her. (ages 14+)
Week 1, June 24–27 / Week 7, Aug. 5–8
M–Th / 9:15–10:30 a.m. / Alumni Hall Ballroom
Fees: 4 sessions • $79
1 session at door • $25

1402 • WHAT GOOD IS THE ELECTORAL COLLEGE?
Jeffrey Wood
Twice in the last two decades, the elected president won the electoral vote but lost the popular vote. Let's explore the Electoral College: its constitutional history and development, its role in a democracy, our 230-year experience with it, and proposals to change it. Sometimes electors don't even follow the popular vote in their state. So why should we keep it? Why should we change it? Come to learn and to debate the pros and cons. (ages 14+)
Week 1, June 24–27 / M–Th / 9–10:15 a.m.
Turner Conference Room
Fees: 4 sessions • $79

1403 • CHERNOBYL: CAUSES, COVERUP AND CONSEQUENCES
Michael Haritan
The 1986 Chernobyl catastrophe in Ukraine was the world’s greatest nuclear accident, releasing radioactive material and affecting the health of millions of people and the environment for many thousands of years. Students will learn the history from a photojournalist as to what, why, how and who was responsible for this tragic event leading up to the break-up of the Soviet Union and the continued concerns relating to politics, health, safety and environmental issues. (ages 16+)
Week 1, June 25–27 / Tu–Th / 9–10:30 a.m.
Hultquist 101
Fees: 3 sessions • $75
1 session at door • $29

1404 • A HISTORY OF AMERICAN UTOPIAS
Paul Benson
This course is designed as an overview of America’s Golden Age of utopias and communal experiments. Many of the best known religious and secular utopian communities will be studied ranging from John Humphrey Noyes’ Oneida Community to Ann Lee’s Shakers. The primary teaching objective of this course will be to show what each group contributed to American culture and why almost all of them failed in the long run. (ages 14+)
Week 2, July 1–5 / M–F / 3:30–5 p.m.
Turner Conference Room
Fees: 5 sessions • $95
1 session at door • $29

1405 • TEDDY ROOSEVELT: JOCK PRESIDENT
Charles Fountain
“If I wasn’t president of the United States,” Theodore Roosevelt once said, “I would like to be George Hackenschmidt,” then the reigning world wrestling champion. By example and proclamation, Roosevelt espoused the vigorous life, and was at the head of the ever-growing American parade that celebrated sport at the close of the 19th century and the dawn of the 20th. Whether he was boxing with visitors to the White House or summoning college presidents to discuss the wanton violence in college football, Roosevelt understood the primacy of sport to American life, and helped to bring it about. (ages 14+)
Week 3, July 8–11 / M–Th / 9–10:15 a.m.
Turner Conference Room
Fees: 4 sessions • $79
1 session at door • $25

1406 • THE CIVIL WAR: CAUSES, COMBAT, CONCLUSIONS AND CONSEQUENCES
John C. Fazio
This course will cover the predisposing and precipitating causes of the American Civil War; the major encounters of the armies and navies and the character and skills of the commanders; the assassination of Lincoln and the attempted decapitation of the U.S. government; and the results of the war, with emphasis on Reconstruction (1865–1876). The principal objective of the course is to present a comprehensive overview of the war and to demonstrate its relevance to our time. (ages 14+)
Week 4, July 16–18 / Tu–Th / 1–3 p.m.
Turner 105
Fees: 3 sessions • $89
1 session at door • $35

To sign up today, see page 101 or call 716-357-6250.   •   classes.chq.org
1407 • HOW LITERARY ARTS
ADVANCED WOMEN’S SUFFRAGE
Natalie White Kahler
For more than half a century, women in the U.K. and U.S. had been petitioning, marching and protesting for the right to vote. In 1906, frustrated by their inability to make their case to wealthy women who would not attend suffrage street rallies, the Pankhursts paid author Elizabeth Robins to write a suffrage play. The success of that drama unleashed a mass of suffrage literature and drama, greatly contributing to the speedy adoption of women’s suffrage in both nations. This course explores how Robins’ play Votes for Women! and subsequent suffrage writings changed hearts and minds. (ages 14+)
Week 5, July 22–25 / M–Th / 12:45–1:45 p.m. / Hultquist 201B
Fees: 4 sessions • $69
1 session at door • $21

1408 • REIMAGINING THE CONSTITUTION: A WORKSHOP
Perry Dane
The U.S. Constitution is a brilliant but imperfect document. This hands-on, interactive workshop will give Chautauquans the opportunity to carefully read and ponder the provisions of the Constitution and work on suggesting potential clarifications, additions, and even radical changes. The class as a group will discuss and deliberate on individual proposals and try to join them into a coherent whole. No legal background or experience is necessary or even desirable for this eye-opening, energetic experiment in participatory democracy. (ages 16+)
Week 5, July 22–25 / M–Th / 3:30–4:45 p.m. / Hultquist 201A
Fees: 4 sessions • $79
1 session at door • $25

1409 • HAMILTON: THE MAN, THE MUSICAL, THE LAW
Lisa Tucker
Join us as we discuss legal themes in the musical Hamilton. We’ll discuss the Constitution and the Federalist Papers, Hamilton’s contribution to both, and the increasingly popular view that the musical itself — with its own narrative, its own telling of Hamilton’s story — is transforming Constitutional interpretation. (ages 16+)
Week 5, July 23–25 / Tu–Th / 9–10:30 a.m. / Hultquist 101
Fees: 3 sessions • $85
1 session at door • $29

1410 • APPALACHIAN CULTURAL VALUES
Paul Rader
What is Appalachia? And where is it? How did its history shape its values and what has it contributed, and continues to contribute, to our country’s larger history? For years Appalachia was the most independent and prosperous region of our country. Today it is the most dependent, and arguably the poorest. Yet its language, literature, crafts and values are disproportionately influential. In this class, your appetite will be whetted for all things Appalachian. (ages 12+)
Week 6, July 29–Aug. 1 / M–Th 12:45–1:45 p.m. / Turner Conference Room
Fees: 4 sessions • $69
1 session at door • $21

1411 • UNDERSTANDING THE U.S. CONSTITUTION
Ernest Hartwig
Understanding the U.S. Constitution is a matter of our civic duty. The Constitution is not only a matter of good government but it is also a political philosophy dedicated to individual freedom, dispersed power, self-government and national survival. We hear much talk about the Constitution from our elected officials but how much do we really understand its organization, function, and purpose? This course will attempt to lay out how and why it was created, beginning with the influences from Ancient Greece and Rome, through the period of the enlightenment and the 13 colonies, to modern day. (ages 14+)
Week 6, July 29–Aug. 2 / M–F / 12:30–1:45 p.m. / Hultquist 201B
Fees: 5 sessions • $95
1 session at door • $25

1412 • WINSTON CHURCHILL
Larry P. Arnn, president of Hillsdale College and Amphitheater speaker during Week Five’s examination of “The Life of the Spoken Word,” follows his morning lecture with a master class on Winston Churchill. Arnn, author of Churchill’s Trial: Winston Churchill and the Salvation of Free Government, has studied and taught Churchill without interruption for four decades. In 2012, he assumed responsibility for editing the final six document volumes of the official biography of Winston Churchill. Through The Churchill Project, Hillsdale College archives the papers of Martin Gilbert, Churchill’s official biographer from 1968 to 2012 and promotes Churchill scholarship through national conferences, scholarships, online courses and an endowed faculty chair. (ages 14+)
Week 5, July 23 / Tu / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • $50

1413 • BASEBALL AND AMERICAN CULTURE
Lee Lowenfish
Baseball became the “national pastime” at the same time the United States emerged as a great world power in the early 20th century. Today some say “baseball was America as it used to be, football is what it has become.” Through discussion, lecture and use of video material, the class will explore this question studying such major on-field personages like Ty Cobb, Babe Ruth, Joe DiMaggio, Ted Williams and Roberto Clemente. Baseball’s impact beyond the field will be explored as we look at Jackie Robinson’s signing by Branch Rickey, the forerunner of the modern civil rights movement. (ages 14+)
Week 6, July 29–Aug. 2 / M–F / 12:30–1:45 p.m. / Hultquist 201B
Fees: 5 sessions • $95
1 session at door • $25

1414 • INCIDENTS OF EXPLORING THE ANCIENT MAYA
James Noziger
Deciphering the Maya writing system advanced our understanding of Maya culture and civilization. We’ll discuss the story of this decipherment and its revelations, along with the roles played by explorers, archaeologists, anthropologists, linguists and others in recovering Maya history. We’ll examine early archaeological projects that uncovered, reconstructed and mapped the structures and monuments of Copan, Quirigua, Palenque and Chichen Itza. Our slide programs tour these sites and illustrate their artifacts. (ages 14+)
Week 7, Aug. 5–8 / M–Th / 9–10:30 a.m. / Hultquist 101
Fees: 4 sessions • $89
1 session at door • $29

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
1415 • MUSIC AND THE VIETNAM WAR
Robert Hopper & Ronald McClure
Using many recorded and filmed examples of music from the Vietnam War era (mainly 1963-1975) this class will explore the complex interactions between social, political, military, agricultural, and even scientific initiatives that began under this remarkable man. Meanwhile, what were the main arguments of his political enemies? Our main objective is a fair assessment of the Roosevelt administration and its legacy. (ages 16+)
Week 7, Aug. 5–9 / M–F / 9–10:15 a.m.
Turner Conference Room
Fees: 5 sessions • $85
1 session at door • $25

1416 • FDR: POLITICIAN AND STATESMAN
Walker Todd
Using Franklin D. Roosevelt: A Political Life by presidential historian Robert Dallek as a guide, we explore the political, foreign policy, monetary, military, agricultural, and even scientific initiatives that began under this remarkable man. Meanwhile, what were the main arguments of his political enemies? Our main objective is a fair assessment of the Roosevelt administration and its legacy. (ages 14+)
Week 8, Aug. 12–16 / M–F / 9–10:30 a.m.
Turner Conference Room
Fees: 5 sessions • $95
1 session at door • $25

1417 • JEFFERSON’S GODFATHER: GEORGE WYTHE
Suzanne Munson
Where did Thomas Jefferson get some of his best ideas? Explore the influence of his beloved mentor Founding Father George Wythe: signer of the Declaration of Independence, America’s first law professor, abolitionist, Constitution champion, reformer and groundbreaking judge. The most influential teacher in American history—esteemed for his integrity, humanity, and scholarship—Wythe turned his law school at the College of William and Mary into the country’s first leadership training program for future statesmen. At his death in 1806, his former students were virtually running the nation. (ages 14+)
Week 9, Aug. 19–23 / M–F / 12:45–1:45 p.m.
Hultquist 201B
Fees: 5 sessions • $79
1 session at door • $21

1418 • ABRAHAM LINCOLN: THE GREAT EMANCIPATOR?
George Deutsch
President Lincoln is often referred to as the “Great Emancipator.” His image of lifting slaves from bondage is taught to every schoolchild. But some recent scholars have begun to dispute that interpretation. Even as early as 1876, the sculpture of Lincoln and a kneeling slave on the Emancipation Memorial sparked controversy. The class will examine the life of Lincoln, his often publicly contradictory policies on race and whether he deserves the moniker of “Emancipator.” (ages 14+)
Week 9, Aug. 19–23 / M–F / 2–3:15 p.m.
Hultquist 101
Fees: 5 sessions • $95
1 session at door • $25

1419 • LITERARY REPRESENTATION OF THE HOLOCAUST
George D. Dalbo
The Holocaust stands as the defining moment of the 20th century. Eighty years on, how has our collective understanding of the Holocaust developed and changed over time? How has the Holocaust been taken up in literature, art and popular culture for profit, provocation and profit? This course will explore the development and legacy of the Holocaust through a discussion and analysis of selected personal memoirs, poetry and prose, film, art and memorials. Ultimately, we will turn our attention to the future of the Holocaust in our collective memory. (ages 14+)
Week 9, Aug. 19–23 / M–F / 12:45–1:45 p.m.
Hultquist 201B
Fees: 5 sessions • $79
1 session at door • $21

1415 • GRAYCLIFF: ARCHITECTURE AS SACRED SPACE
Paul Lubienecki, Ph.D
See page 18 for details.

1803 • ANCIENT BIOGRAPHY
Philip Barnes
See page 58 for details.

1811 • DISCOVERING APPALACHIA
Donna Eisenstat
See page 59 for details.

2729 • THE ROLE OF THE JUDICIARY IN AMERICA
Alan Gershenson
See page 78 for details.

2742 • UNDERSTANDING CONTEMPORARY AFRICA
Claude Welch
See page 79 for details.

2750 • THE HISTORY OF AMERICAN PUBLIC EDUCATION
George D. Dalbo
See page 80 for details.
Chautauqua Writers’ Center

Atom Atkinson, Director of Literary Arts

For 31 years, the Chautauqua Writers’ Center has been a lively community of writers at all levels of development who cultivate the craft and vision necessary to grow as artists under the tutelage of highly accomplished authors. These writers-in-residence also give free readings and lectures each week. Learn more at writers.chq.org

The following pages present workshops in three formats, to help writers find the best match for their needs:

1. **Generative.** The primary class focus is on in-class craft analysis and discussion, in-class exercises, and optional take-home prompts; ideal for writers looking for new ways to invigorate their writing practice throughout the entire year; useful writers at all levels.

2. **Flexible.** These workshops are structured to both workshop the writing of those with drafts relevant to the workshop focus and produce useful craft analysis and discussion with optional take-home prompts for those looking to generate new work during the week.

3. **Advanced.** The primary focus in on careful reading and response for everyone’s submitted manuscripts, in the context of craft analysis and discussion and sometimes alternative revision strategies; ideal for dedicated writers hoping to elevate their manuscripts to the next level; application required.

The Writers’ Center also coordinates master classes and consultations. Any questions may be directed to Atom Atkinson at aatkinson@chq.org.

To learn more about other Chautauqua Literary Arts programs, visit literaryarts.chq.org. Books by Writers’ Center writers-in-residence — and by authors in all our programs — are available at the Chautauqua Bookstore, the CLSC Veranda and the Smith Memorial Library.

Writers’ Center Poetry Workshops

1500 • GROWING THE POEM

Martha Collins

Through the reading of published poems and daily writing prompts, we’ll explore strategies to help you develop fragments into poems, write longer poems, and move your work into more exciting aesthetic and emotional territory. The workshop should give you at least the beginnings of four new poems, and/or transformations of old poems. You’re welcome to bring unfinished poems or fragments to work with — and you may also bring other poems for class discussion. Flexible. (ages 18+)

Week 1, June 24–28 / M–F / 8:30–10:30 a.m.
Alumni Hall Poetry Room
Fees: 5 sessions • $135

1501 • AN OPEN LINE TO THE WORLD

Brandon Som

This workshop will focus on the poetic line. At the heart of our conversation will be ways to understand the line’s meaningful effects and its potential for engaging with our world and helping us toward insight. Through readings and writing prompts, members will have the chance to experiment with specific approaches to the poetic line including traditional forms like the abecedarian, ghazal, and sestina as well as free verse techniques and practices. Generative. (ages 18+)

Week 2, July 1–5 / M–F / 8:30–10:30 a.m.
Alumni Hall Poetry Room
Fees: 5 sessions • $135

1502 • CRAFTING FREE VERSE: LINE, SYNTAX, AND STANZA

Maggie Smith

In this workshop we’ll consider the craft decisions we make in free-verse poems: How are the elements of the poem working on their own? How do they work with — or against — each other? We’ll discuss model poems and participants’ own work, paying special attention to how line, syntax and stanza can communicate meaning. Over the course of the week we’ll build creative momentum and develop new strategies to carry participants forward in their writing practice. Flexible. (ages 18+)

Week 3, July 8–12 / M–F / 8:30–10:30 a.m.
Alumni Hall Poetry Room
Fees: 5 sessions • $135

1503 • POETRY OF ABUNDANCE: EXPLORING THE CONTEMPORARY LONG POEM

Marcelo Hernandez Castillo

Contemporary poets have implored us to trust our patience with length, and this workshop will explore how long poems by Larry Levis, Brigit Pegeen Kelly, Robert Hayden, Anne Carson, John Murillo, C.D. Wright and others sustain our attention in an ebb and flow of information, storytelling, and lyric imagery. We will grapple with ideas of economy, memory and narrative arcs as we comb through the major tenets of the contemporary poem of length and its necessity in our era of brevity. Flexible. (ages 18+)

Week 4, July 15–19 / M–F / 8:30–10:30 a.m.
Alumni Hall Poetry Room
Fees: 5 sessions • $135

1504 • COMPOSING IN THE MOMENT, ON AND OFF THE PAGE

TC Tolbert

Often, in writing and living, we feel an unacknowledged obligation to expectation that does not serve us. Because we may know what we want to write, or how a moment should go, we drive forward and miss the opportunity to have an experience more exhilarating than the one we planned. In this workshop, we’ll use the tools of improvisation to radically expand and deepen our perception of (and responses to) the always-available poetic material. Flexible. (ages 18+)

Week 5, July 22–26 / M–F / 8:30–10:30 a.m.
Alumni Hall Poetry Room
Fees: 5 sessions • $135

= Visit classes.chq.org for required materials lists  🌟 = Young people may attend  💸 = Materials fee applies  🎨 = “On theme”
Master Class with William Heyen

1510 • MY WHITMAN
William Heyen
This class will be a song of the open road where unexpected things happen along the way regarding my feeling that Walt Whitman — and this of course is the year of Whitman’s Bicentennial — was the greatest poet who ever lived. I’ll have Whitman-related gifts for participants, will delve into the 1855 publication of Leaves of Grass, and will talk personally (as someone who grew up on Long Island), of the cosmic presence. (ages 16+)
Week 2, July 5 / F / 3:30–5 p.m. / Alumni Hall Ballroom
Fees: 1 session • $45

William Heyen is the author of 30+ books, two of which have been CLSC selections. Professor of English Emeritus at The College at Brockport, he has been a National Book Award Finalist, Guggenheim Fellow, Senior Fulbright Lecturer in American Literature in Germany. His most recent book is Yawp: Heyen’s Whitman.

WRITERS’ CENTER PROSE WORKSHOPS

1600 • DISTORTION, THE OTHER MAGICAL REALISM
Jeffery Renard Allen
Distortion in prose narrative involves forms of stylization where reality is pushed to such an extreme that it seems fantastic. As a narrative technique, distortion can enchant a setting, provide psychological depth to characters, flesh out vivid images, and put figurative language in the service of theme and subtext. We will use prompts based on the readings to generate new material. As well, you may receive feedback on a manuscript, either a story or novel excerpt. Generative. (ages 18+)
Week 1, June 24–28 / M–F / 1:15–3:15 p.m. Alumni Hall Prose Room
Fees: 5 sessions • $135

1602 • NARRATIVES OF BELONGING
Jessica Bruder
What does it mean to belong? To experience a kinship that transcends blood ties? In this class, we’ll share — and write — stories about what the author Armistead Maupin called “logical families”: the kind of tight-knit, intimate communities and social circles that are forged by love and shared experience. Please come prepared with artifacts from one of your “circles”: mementos, photographs, letters, anything that conjures the relationships in material form. These objects will serve as prompts for our written explorations throughout the week. Flexible. (ages 18+)
Week 2, July 1–5 / M–F / 1:15–3:15 p.m. Alumni Hall Prose Room
Fees: 5 sessions • $135
Master Class with Emily Nemens

**1601 • EDITING 101: WHAT EDITORS DO AND HOW WE DO IT**

Emily Nemens

Editing is big-picture thinking about how pieces fit together in a literary agenda. Editing is also punctuation, primary spellings and the line-level polish. Put together, the big and small of the job makes for a lot of fun — and much-improved writing. Through discussion of editorial processes, examples from the literary world and generative prompts to show how you can improve your own writing, we'll start to unpack the project of making writing better. (ages 16+)

Week 1, June 26 / W / 3:30–5 p.m. / Alumni Hall Ballroom

Fees: 5 sessions • $135

Emily Nemens joined The Paris Review as editor in 2018. Stories published during her tenure at The Southern Review were selected for the Pushcart Prize anthology, Best American Short Stories, the O. Henry Prize anthology, and PEN America Best Debut Fiction. Her debut novel, The Cactus League, is forthcoming from FSG.

**1603 • HOW TO STEAL THE PAIN OF OTHERS AND MAKE IT YOUR OWN**

Vi Khi Nao

Regard the pain of others (Susan Sontag) — or disregard it by taking ownership. During this week, we will try on the narrative structures of our contemporaries, past and present, to develop the art of emotional and semantic substitutions to regenerate lexical limbs within our own work. We will produce pieces outside of this realm and outside of our comfort zone. Be ready to wear masks so other writers don’t know what kind of literary thieves we have become. Flexible. (ages 18+)

Week 3, July 8–12 / M–F / 1:15–3:15 p.m.

Alumni Hall Prose Room

Fees: 5 sessions • $135

**1604 • THE WRITER’S TOOLBOX: A WORKSHOP OF GENERATIVE EXPLORATION FOR THE NOVELLIST**

Debra Magpie Earling

There are no tricks to good writing, but there are tools of the craft that all great writers possess. All you need bring are your stories, old-fashioned paper and pens, and your childhood sense of wonder. This workshop will provide the techniques that will breathe new life into your stories and start you off on fresh novel-writing adventures. Each day will feature writing prompts to create new work and/or to reinvigorate drafts. Generative. (ages 18+)

Week 4, July 15–19 / M–F / 1:15–3:15 p.m.

Alumni Hall Prose Room

Fees: 5 sessions • $135

**1605 • STORY, PLOT, STRUCTURE: TELLING THE DIFFERENCE AND TELLING IT WELL**

Jimin Han

Story, plot and structure are three interrelated, and often confused, elements of fiction and nonfiction. Are you making the best choices with them in your writing? This workshop will give you an opportunity to take a close look at notable stories, essays and novel and memoir excerpts that make creative use of these elements, offer feedback on your work or proposal for a work, and experiment with writing prompts tied to our discussion each day. Flexible. (ages 18+)

Week 5, July 22–26 / M–F / 1:15–3:15 p.m.

Alumni Hall Prose Room

Fees: 5 sessions • $135

**1606 • YOUR LIFE IN MINIATURE: SHORT MEMOIR**

Dustin Parsons

A significant amount of power from a memoir comes from the idea of a writer’s truth laid plain on the page for everyone to see — but where do you start? In this workshop, we will learn how to generate memoir pieces that are better suited for the short form, paying special attention to how the correct beginning and ending can increase tension, drama, and even humor. Flexible. (ages 18+)

Week 6, July 29–Aug. 2 / M–F / 1:15–3:15 p.m.

Alumni Hall Prose Room

Fees: 5 sessions • $135

**1607 • ADVANCED PROSE WORKSHOP: JOURNEYS (OF THE HEART AND PAGE)**

Roy Hoffman

Whatever subject matter your fiction or essay engages — love, loss, healing — there is movement of time, place, heart and language. What journeys are the characters, and writer, taking? What discoveries can you make through revision? In our group critiques of each accepted participant’s fiction/nonfiction, we explore how to burnish a work’s strengths and strengthen its weaknesses. Each writer will develop a map for revision to meet the challenges, and realize the successes, of the journey undertaken. Application-only. (ages 18+)

Week 6, July 29–Aug. 2 / M–F / 1:15–3:15 p.m.

Alumni Hall Poetry Room

Fees: 5 sessions • $170

Admission will be by advance submission only and granted on a rolling basis. In an email with the subject line “Hoffman Workshop,” send three to five pages as an attachment to Director of Literary Arts Atom Atkinson at aatkinson@chq.org. Word and PDF formats only. Submissions after July 15 may not be considered.

**1608 • I’LL BUILD ME A WORLD**

Rion Amilcar Scott

Building a fictional world that stretches across works is its own particular challenge. In addition to paying attention to the usual narrative elements (plot, character, sentences, etc.) the writer of this kind of work must pay close attention to the shape and feel of an additional element: a world that must be both strange and recognizable. We will look at recurring characters, recurring locations and recurring objects, as well as setting as “character.” Flexible. (ages 18+)

Week 7, Aug. 5–9 / M–F / 1:15–3:15 p.m.

Alumni Hall Prose Room

Fees: 5 sessions • $135

**1609 • YOUR LIFE IS AN ARGUMENT: THE PERSONAL POLITICAL ESSAY**

Kristin Kovacic

In the era of hot takes and rants, it may seem that political arguments are waged, not written. But the tradition of the essay contains many examples of thoughtful prose, grounded in personal experience, that “pushes the world,” as George Orwell put it, “in a certain direction.” To make an argument with your life is to live it twice. In this workshop, the second living will be a generous search for meaning — for you and for others. Flexible. (ages 18+)

Week 8, Aug. 12–16 / M–F / 1:15–3:15 p.m.

Alumni Hall Prose Room

Fees: 5 sessions • $135

= Visit classes.chq.org for required materials lists   = Young people may attend  = Materials fee applies  = “On theme”
Writing

1700 • THE POETRY OF TREES: BREATH AND CREATION
Shannon Sullivan
“Trees are poems that the earth writes upon the sky” — Kahlil Gibran. We will use the practice of meditation and breath-work to connect with nature to ground ourselves in the beauty and language of trees. We will then use this inspiring connection in the creative process of writing poetry about trees that have been a part of our lives both in the past as well as the present. Come create poetry with the trees of Chautauqua!

(ages 16+)

Week 2, July 1–4 / M–Th / 8:15–10:15 a.m.
Turner 210
Fees: 4 sessions • $99
1 session at door (first 3 days only) • $29

1701 • WRITING OUR WAY TO HAPPINESS
Maureen Ryan Griffin
Come explore research-tested ways writing can increase your happiness level. You’ll learn how to use writing as a tool to increase your sense of well-being, as well as jumpstart your pen and provide inspiration and knowledge about the process of creative writing, whether you want to write memoir, fiction, nonfiction or poetry. For writers of all levels, including beginners, who are interested in expanding their writing practice — for personal fulfillment or for publication. (ages 16+)

Week 2, July 1–5 / M Tu W F / 3:30–5:30 p.m.
Alumni Hall Poetry Room
Fees: 4 sessions • $99
1 session at door (first day only) • $29

1702 • SELF-PUBLISHING 101
Deb Pines
Learn how to polish, publish and promote any kind of indie book. Get tips on book titles, covers, print and ebook formatting, budgeting, hiring help and promoting your book. No experience or advance submissions are necessary. (ages 14+)

Week 3, July 10–12 / W–F / 12:45–1:45 p.m.
Hultquist 201A
Fees: 3 sessions • $55
1 session at door • $21

1703 • MINDFULNESS AND MEMOIR
Susannah B. Mintz & Susan Hope Walzer
This workshop explores how principles of mindful meditation offer an opportunity to approach memoir in a spirit of compassion and discovery. In mindfulness, we seek to let go of the same old stories in our heads — to quit rehashing the past and fantasizing about the future. In this workshop, we engage questions about whether we can give meaningful shape to our experiences without indulging familiar scripts and with awareness of ourselves in the present moment. (ages 18+)

Week 3, July 8–11 / M–Th / 9–10:30 a.m.
Hurlbut Sanctuary
Fees: 4 sessions • $89
1 session at door • $29

1704 • WRITE YOUR WAY THROUGH CAREGIVING
Pat Snyder Hurley
Do caregiving responsibilities weigh you down? Do you feel guilty about compromising or worry that sharing too much with family and friends will drive them away? Poet and long-term caregiver Pat Snyder Hurley provides a structure for using a genre of your choice — journaling, poetry, fiction, nonfiction and even humor — to express yourself honestly and confidentially. All caregivers, unpaid and professional, are welcome. No writing experience is necessary. (ages 16+)

Week 4, July 15–17 / M–W / 3:45–5:15 p.m.
Turner 105
Fees: 3 sessions • $75

1705 • LEGACY LETTERS: PASSING ON MEANING
Jennifer Leigh Selig, Ph.D.
Our materialistic society teaches us to think of our legacy as synonymous with our estates and our financial endowments. Yes, the passing down of money is one way to leave behind a legacy of riches, but too is the passing down of meaning. And how do we pass down meaning? We tell stories. Our stories contain our hopes and our dreams, express our deepest values and illustrate lessons we have learned from our triumphs and our failures. Come explore what matters most to you, your life’s most meaningful and memorable moments, and craft letters to your loved ones to leave behind a richer legacy. Materials fee of $10 due to instructor at start of class. (ages 14+)

Week 4, July 15–19 / M–F / 2–4 p.m.
Smith Library Classroom
Fees: 5 sessions • $105 / Materials fee • $10

1706 • THE LIFE OF THE WRITTEN WORD
Lynn Cunningham
While the spoken word brings us together, the written word can spark dialogue and provide a lasting record of what’s been said. Here, we explore the processes that underscore the creation of nonfiction texts by examining the conventions of writing and editing, by considering that how we encounter written information affects our reception of it and by identifying common syntax slips and grammatical gaffes, as well as the “zombie rules” that haunt us. (ages 16+)

Week 5, July 22–26 / M–F / 12:45–1:45 p.m.
Turner 103
Fees: 5 sessions • $79

1707 • MEMOIR WRITING
Maureen Phillips
Memoir is your opportunity to describe your journey through life — so far! This course includes strategies for planning the writing of a memoir, understanding the key features of the genre, sessions of writing and workshop feedback, how to achieve progress to finish the project, and avenues for publication. Writers are encouraged to remain focused upon memories as they are anchored in historical fact — that is, research of key historical events coinciding with one’s personal history lends credibility to the memoir’s narrative voice. The fascinating story is yours to tell! (ages 18+)

Week 6, July 29–Aug. 2 / M–F / 8:30–10:30 a.m. / Hultquist 201B
Fees: 5 sessions • $105
1 session at door • $29

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
1708 • WRITING YOUR STORY, EVEN YOUR OBIT!
Molly Sinclair McCartney
You know your own story better than anyone, and if you don’t write the story yourself, you run the risk that the people you most care about won’t ever truly know your story. Now is the time to get the facts down and use photos, when possible, to jog your memory and make your story more compelling. These sessions will provide the basic guidance you need to write your story, your memoir, or even your obit! (ages 16+)
Week 6, July 29–Aug. 2 / M W F
12:30–2 p.m. / Smith Library Classroom
Fees: 3 sessions • $75
1 session at door • $29

1709 • TELLING YOUR LIFE STORIES WITH GRACE
Maureen Ryan Griffin
Our life stories are a precious legacy, imbued with grace we can often see only in hindsight. Capturing these stories “gracefully” in words is a gift, not only to ourselves, but to those who love us, and they’ll be treasured for generations to come. Come learn engaging tools and techniques to retrieve and record your adventures, loves, losses, successes, mistakes and more with ease and, yes, grace, no matter where you are in the process. (ages 16+)
Week 7, Aug. 5–8 / M–Th / 3:30–5:30 p.m.
Hultquist 201B
Fees: 4 sessions • $99
1 session at door (first day only) • $29

1710 • WRITING AND PUBLISHING NONFICTION
Susan Terkel
Learn how to write nonfiction books and articles and how to pitch your ideas for them. In this workshop, you will discuss how to choose an engaging or timely topic, how to frame the topic and how to research it and write it. You will also learn how to pitch an idea, how to write both a short and full-length book proposal and what is meant by acquiring a platform. On the last day, you will learn where to find a publisher, including whether or not to find a literary agent and how to find an editor and publisher or to self-publish. (ages 18+)
Week 7, Aug. 5–8 / M–Th / 9–10:30 a.m.
Alumni Hall Prose Room
Fees: 4 sessions • $89
1 session at door (first day only) • $29

1711 • DEAR DIARY MEETS BULLET JOURNALING
Jan Ananian
“Dear Diary . . . “ In this course we’ll explore journaling as a tool to help us become more mindful and to also capture the sights, smells and sounds that allow us, like Anais Nin, “to taste life twice, in the moment and in retrospect.” We’ll see how this tool lets us re-live vacations and serve as a companion to traveling or dining alone. We’ll also examine the power of bullet journaling to help accomplish goals and expand creativity. (ages 16+)
Week 7, Aug. 6–8 / Tu–Th / 3:30–5 p.m.
Turner 102
Fees: 3 sessions • $75
1 session at door • $29

1712 • WRITING A GREAT LETTER-TO-THE-EDITOR
Eliot Daley
What you just read somewhere lit you up. You want to fire off a Letter-to-the-Editor (LTE). Alas, many are called but few are chosen. How can you make your mere 150 words so compelling they’re irresistible to the editor? We will spend the week learning what makes successful LTEs successful. You’ll arrive with some rough drafts and then re-write and re-write and re-write until you and your classmates — and maybe even some editor somewhere — are dazzled. (ages 14+)
Week 8, Aug. 12–15 / M–Th / 4–5:30 p.m.
Hultquist 201B
Fees: 4 sessions • $79

= Visit classes.chq.org for required materials lists   = Young people may attend   = Materials fee applies   = “On theme”
Literature

1800 • JIMMY CARTER: POEMS OF PERSISTENCE
Maureen Morley
The 39th president is someone whose love of God, family, country and civility shines and resonates through his writing. A deep thinker as well as a seasoned humorist, Carter’s words carry wisdom and compassion. Students will read some of this great man’s poems and short essays, coming to understand better the country he led for four years and his faith in the work of perseverance. (ages 14+)
Week 1, June 24–28 / M–F / 9:15–10:15 a.m.
Smith Library Classroom
Fees: 5 sessions • $79
1 session at door • $21

1801 • MAJOR DILEMMAS IN SHAKESPEARE
Ruth Gerrard Cole
In Richard III, Shakespeare portrayed the king as evil, yet Revisionist Historians see him as very well qualified. Which is correct? In Hamlet, he gives his readers a three-way choice — mad, mad in craft, or feigning madness. And in King Lear, the eternal question is wisdom/victim in the king’s wise or unwise decisions. We’ll explore how Shakespeare addressed these major issues in life. (ages 16+)
Week 1, June 24–28 / M–F / 12:30–1:30 p.m.
Smith Library Classroom
Fees: 5 sessions • $79
1 session at door • $21

1802 • SATURDAY MORNING SHORT STORY DISCUSSION
Mark Altschuler
The short story, a 150-year-old genre, has representative works of great power and resonance. Students read a different short story for each class period. There will be guided discussions of the stories, using Socratic questioning techniques so that each student will emerge with a sophisticated and well-reasoned interpretation. Each story will be available the week before at the Smith Memorial Library circulation desk. (ages 16+)
Week 1, June 29: Cusk, “After Caravaggio’s Sacrifice of Isaac”
Week 2, July 6: Lispector, “The Smallest Woman in the World”
Week 3, July 13: Cheever, “The Five-Forty Eight”
Week 4, July 20: Boyle, “Modern Love”
Week 5, July 27: Chekhov, “The Evildoer”
Week 6, Aug. 3: Saunders, “CivilWarLand in Bad Decline”
Week 7, Aug. 10: Wolff, “Bible”
Week 8, Aug. 17: Le Guin, “The Ones Who Walk Away from Omelas”
Sa / 9:15–10:30 a.m. / Smith Library Classroom
Fees: 1 session • $25

1803 • ANCIENT BIOGRAPHY
Philip Barnes
The ancients had the same fascination for other people’s lives as we do, yet they were guided by different principles when writing biography. Compare these with current practice and decide for yourself what matters when delving into other people’s business! Like Shakespeare before us, we consider authors such as Arrian and Plutarch in Greek, and Cornelius Nepos and Suetonius in Latin. (ages 16+)
Week 4, July 15–19 / M–F / 9–10 a.m.
Alumni Hall Ballroom
Fees: 5 sessions • $79
1 session at door (first day only) • $21

1804 • SHAKESPEARE AND TWAIN
Ruth Gerrard Cole
Shakespeare is the classic in British literature; Twain, in American. Studying each of them as writers and social commentators produces an understanding of their literary skills and their understanding of issues that are of the times and timeless. From Hamlet to Huck Finn, it’s an amazing experience to learn not only about literature, but also the issues of the times. (ages 16+)
Week 4, July 15–19 / M–F / 12:30–1:30 p.m.
Smith Library Classroom
Fees: 5 sessions • $79
1 session at door (first day only) • $21
GROUP: WAR STORIES
Mark Altschuler & Paul Womack
This course will explore war stories written by such writers as Tim O’Brien, Phil Klay, Ernest Hemingway and Stephen Crane. You’ll read one story per class, and group discussion will combine close reading of text with an attempt to delineate the experience of war and its complicated, contradictory effects on those who participate in the experience of war. (ages 16+)
Week 5, July 22–26 / M–F / 9–10:15 a.m. Turner 103
Fees: 5 sessions • $95
1 session at door • $25

GROUP: ALICE MUNRO
Mark Altschuler
This course will explore the stories of Alice Munro for discussion purposes. Munro, the only Canadian woman to win the Nobel Prize in Literature (2013), is often seen as the modern master of the short story form. Her writing explores the stories of women — always told by a female narrator — with a combination of unique vision and soaring language. (ages 16+)
Week 4, July 15–19 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $95
1 session at door (first day only) • $21

GROUP: REMARKABLE ROMANS
Mark Altschuler
After centuries of literary subservience to the Greeks, Rome finally found its own distinctive voice and fostered some of the greatest writers in the Western canon. We range from epic themes to intimate poems, read telling excerpts and thus view the grandeur that was Rome. Authors include Cicero, Catullus, Horace, Ovid and Pliny the Younger. (ages 16+)
Week 7, Aug. 5–9 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $95
1 session at door (first day only) • $21

GROUP: CLASSIC COMEDY
Philip Barnes
We read together a raucous and uproarious comedy by Aristophanes, The Clouds, in which nothing’s sacred, least of all Socrates! Our journey prompts an examination of what is and isn’t funny, and why. Through this play and some examples from Hollywood, we compare zaniness on the stage and on the screen, but skirt any serious conclusion! (ages 18+)
Week 6, July 29–Aug. 2 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $79
1 session at door (first day only) • $21

GROUP: GREAT GREEKS
Philip Barnes
The lives, literature, and legacy of five landmark writers are introduced, together with extracts from their work, to be discussed by the class. From epic poetry (Homer) to tragic theater (Sophocles), from war diaries (Thucydides and Xenophon) to philosophical dialogues (Aristotle), we uncover the glory that was Greece with a selection of readings new for 2019. (ages 16+)
Week 5, July 22–26 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $79
1 session at door (first day only) • $21

GROUP: ODYSSEUS: A HERO’S ENCOUNTER WITH THE FEMININE
Kaye Lindauer
This visionary writer reflects the human mind and heart in all dimensions. Whitman understood and appreciated the diversity and resilience of Americans. His poems and essays bring us firmly back to faith and hope in the citizenry. Rather than read partisan news outlets and bemoan the fate of our nation, let’s discuss Whitman for enlightenment, strength and compassion. A five-day outline plus readings provided on Day One. (ages 14+)
Week 9, Aug. 19–23 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $79
1 session at door • $21

1806 • GREAT GREEKS
Philip Barnes
The lives, literature, and legacy of five landmark writers are introduced, together with extracts from their work, to be discussed by the class. From epic poetry (Homer) to tragic theater (Sophocles), from war diaries (Thucydides and Xenophon) to philosophical dialogues (Aristotle), we uncover the glory that was Greece with a selection of readings new for 2019. (ages 16+)
Week 5, July 22–26 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $79
1 session at door (first day only) • $21

1807 • SHORT STORY DISCUSSION GROUP: WAR STORIES
Mark Altschuler & Paul Womack
This course will explore war stories written by such writers as Tim O’Brien, Phil Klay, Ernest Hemingway and Stephen Crane. You’ll read one story per class, and group discussion will combine close reading of text with an attempt to delineate the experience of war and its complicated, contradictory effects on those who participate in the experience of war. (ages 16+)
Week 5, July 22–26 / M–F / 9–10:15 a.m. Turner 103
Fees: 5 sessions • $95
1 session at door • $25

1808 • CLASSIC COMEDY
Philip Barnes
We read together a raucous and uproarious comedy by Aristophanes, The Clouds, in which nothing’s sacred, least of all Socrates! Our journey prompts an examination of what is and isn’t funny, and why. Through this play and some examples from Hollywood, we compare zaniness on the stage and on the screen, but skirt any serious conclusion! (ages 18+)
Week 6, July 29–Aug. 2 / M–F / 9:15–10:15 a.m. / Smith Library Classroom Fees: 5 sessions • $79
1 session at door (first day only) • $21

1809 • SHORT STORY DISCUSSION GROUP
Mark Altschuler
The course explores one story per class, using socratic dialogue and open inquiry engendered by interpretive questions about text. (ages 16+)
Week 6, July 29–Aug. 2 / Week 7, Aug. 5–9 / M–F / 3:30–4:45 p.m. Smith Library Classroom Fees: 5 sessions • $95
1 session at door • $25

1810 • REMARKABLE ROMANS
Mark Altschuler
After centuries of literary subservience to the Greeks, Rome finally found its own distinctive voice and fostered some of the greatest writers in the Western canon. We range from epic themes to intimate poems, read telling excerpts and thus view the grandeur that was Rome. Authors include Cicero, Catullus, Horace, Ovid and Pliny the Younger. (ages 16+)
Week 7, Aug. 5–9 / M–F / 9:15–10:15 a.m. Smith Library Classroom Fees: 5 sessions • $79
1 session at door (first day only) • $21

1811 • DISCOVERING APPALACHIA
Donna Eisenstat
We will explore the literature and history of the Appalachian region through Harriette Arnow’s Depression-era short stories, Harry Caudill’s view of Appalachia, Homer Hickam’s October Sky and the Affrilachian poets. (ages 14+)
Week 8, Aug. 12–16 / M–F / 12:45–1:45 p.m. Smith Library Classroom Fees: 5 sessions • $79
1 session at door • $21

1812 • WALT WHITMAN: NOW MORE THAN EVER!
Maureen Morley
This visionary writer reflects the human mind and heart in all dimensions. Whitman understood and appreciated the diversity and resilience of Americans. His poems and essays bring us firmly back to faith and hope in the citizenry. Rather than read partisan news outlets and bemoan the fate of our nation, let’s discuss Whitman for enlightenment, strength and compassion. A five-day outline plus readings provided on Day One. (ages 14+)
Week 9, Aug. 19–23 / M–F / 9:15–10:15 a.m. Smith Library Classroom Fees: 5 sessions • $79
1 session at door • $21
School of Music

Sarah Malinoski-Umberger, Manager, Chautauqua Schools of Performing and Visual Arts
Suzanne Fassett, School of Music Operations Manager

Music Office: 716-357-6294
Registration: 716-357-6299

Chautauqua Community Lesson Program

Take advantage of this wonderful opportunity to hone your own musical skills and study with musicians who are some of the best and brightest of the upcoming generation. Lessons are available to the general public in voice, piano and orchestral instruments. Registration begins on Monday, June 24.

60 minute lessons (recommended for intermediate and advanced students, or adult beginners)
Fees: 1 session • $40

30 minute lessons (recommended for beginning or young students)
Fees: 1 session • $20

Lessons are scheduled based on availability of faculty and facilities.

Register in person at the School of Music Office, located adjacent to McKnight Hall from 9 a.m.–3 p.m. Monday to Friday, 9 a.m.–12 p.m. Saturday and 12–3 p.m. Sunday. Register by phone by calling 716-357-6299.

Practice Cabin Rental

A limited number of practice cabins are available to the general public during the season. Cabins must be rented through the School of Music Office. Cabin reservations begin on Monday, June 24.

Practice Cabin rates per hour (maximum of two hours per day, per patron):

Without Piano
Fees: 1 hour • $5

Upright Piano
Fees: 1 hour • $10

Grand Piano
Fees: 1 hour • $15

Practice cabins are scheduled based on availability of facilities; School of Music students are given first priority before Practice Cabins will be offered to the general public.

Register in person at the School of Music Office, located adjacent to McKnight Hall from 9 a.m.–3 p.m. Monday to Friday, 9 a.m.–12 p.m. Saturday and 12–3 p.m. Sunday. Register by phone by calling 716-357-6299.

Enjoy "Hand Drumming for Fun" by the lake (page 61)

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org

CHAUTAUQUA MUSIC CAMPS

Week Eight: August 12–17

The Chautauqua Music Camps feature three camps in one.

The Chautauqua Orchestra Camp, for high school and advanced middle school students finishing grades 7–12, includes string orchestra; chamber ensemble for strings, woodwinds, brass or percussionists; and mixed orchestra.

Woodwind, brass and percussion students finishing grades 5–8 are eligible for the Middle School Band Camp.

The Chautauqua Jazz Camp is for saxophone, trombone, trumpet and rhythm section students finishing grades 9–12.

Instructors for all of the camps include members of the Chautauqua Symphony Orchestra, as well as highly skilled teachers from Western New York and Pennsylvania. Tuition is $265, and the deadline is June 1.

For more information, visit http://chq.org/schools/chautauqua-music-camps
**Master Classes with Rossen Milanov**

**COMPARATIVE MUSIC LISTENING**
Back by popular demand! Maestro Milanov will teach participants how to examine various classical performances and how to appreciate the artistry, insight, and talent of different performers. Participants will become more confident in forming opinions about concerts and recordings as well as discussing musical experiences. Each of the three sessions of this class will examine unique repertoire based on the week’s Chautauqua Symphony Orchestra programming. Come for one or more! No musical knowledge is required. (ages 14+)

**2000 • COMPARATIVE MUSIC LISTENING**
Week 3, July 8 / M / 9–10:30 a.m. / Hultquist 101 / Fees: 1 session • $50

**2001 • COMPARATIVE MUSIC LISTENING**
Week 5, July 22 / M / 2–3:30 p.m. / Hultquist 101 / Fees: 1 session • $50

**2002 • COMPARATIVE MUSIC LISTENING**
Week 7, Aug. 5 / M / 2–3:30 p.m. / Hultquist 101 / Fees: 1 session • $50

---

**Access to Artists: Donald Sinta Quartet**

Access to Artists allows concert-goers an opportunity to further engage with Chautauqua Chamber Music guest ensembles. This one-of-a-kind Special Studies class has been crafted directly with the ensemble.

**2003 • SIX DEGREES OF BEETHOVEN: CONNECTING THE CONTEMPORARY WORLD WITH THE MASTERPIECES OF THE PAST**
Donald Sinta Quartet

Beethoven’s iconic string quartets are not only staples of the repertoire, but landmark works which other composers have attempted to emulate for over 200 years. Donald Sinta Quartet will discuss the adaptation of these string masterpieces for saxophone quartet and their specific musical impact on works written later — up to and including music by today’s living composers. (ages 14+)

Week 8, Aug. 13 / Tu / 9:15–10:15 a.m. / Elizabeth S. Lenna Hall / Fees: 1 session • $30

---

**Music Instruction**

**2100 • UKULELE AND YOU**
Suzanne Shull
Learn basic chording and strumming on the instrument that has had a resurgence of popularity in the U.S. We will work on folk and popular ukulele songs from the past as well as current popular tunes written especially for the Uke, like Izzy’s “Over the Rainbow.” If you’ve tried to learn in a private setting, you will find that the group setting is way more fun and builds confidence in your own playing. You may borrow a Chautauqua Uke for the week or bring your own to class. (ages 10+)

Week 1, June 24–28 / Week 2, July 1–5 / Week 7, Aug. 5–9 / Week 9, Aug. 19–23
M–F / 9–10:15 a.m. / Turner 208
Fees: 5 sessions • $89

---

**2101 • PLAY GUITAR**
Suzanne Shull
Guitar basics in one week! While this course is designed for beginners, players who are more advanced will acquire new information and be challenged to navigate the entire fingerboard. We will cover chords in three keys and work on strumming in different styles while we play folk, country, blues and rock tunes. Strategies on how to read TAB and standard notation will be covered. The best aspect about taking class lessons is that students learn more quickly with confidence. Chautauqua guitars may be borrowed for the week. (ages 10+)

Week 1, June 24–28 / Week 2, July 1–5 / Week 8, Aug. 12–16
M–F / 1–2:15 p.m. / Turner 208
Fees: 5 sessions • $89

---

**2102 • BEGINNING MOUNTAIN DULCIMER**
Beth Lassi
The Mountain Dulcimer is a very sweet sounding and versatile instrument. Come to this class and learn to play some beautiful and simple tunes. We will cover reading tablature, strumming, flatpicking, rhythm, chords and more. No prior musical experience is necessary. Dulcimers may be borrowed for the week. (ages 10+)

Week 1, June 24–28 / Week 3, July 8–12 / Week 6, July 29–Aug. 2 / M–F / 9–10:15 a.m. / Turner 206
Fees: 5 sessions • $89
1 session at door • $25

---

**2103 • HAND DRUMMING FOR FUN**
Rich Schuler
Have a fun, stress-free time playing African hand drums. Experience the joy of group drumming in this hands-on class even if you’ve never played a musical instrument. Participants will quickly learn to play together and create beautiful music and self expression. The focus is on having fun — you are guaranteed to leave smiling! Drums and other percussion instruments provided. (ages 12+)

Week 1, June 24–27 / Week 3, July 8–11 / Week 7, Aug. 5–8 / Week 8, Aug. 12–15
M–Th / 12:30–1:45 p.m. / Seaver Gym
Fees: 4 sessions • $79
1 session at door • $25

---

**2104 • PLAY PIANO BY FRIDAY**
Sandra Laserson
Are you a musical but untrained individual, who would enjoy accompanying your singing? This beginner's course will teach you to back-up your voice with chord progressions giving you the pleasure of singing at the piano without reading notes. Learn to construct major and minor chords and play along to your favorite hits as you sing without reading music. Playing from chords/lyrics sheets will be your ticket to singing and playing all of your favorite songs. Note: singing in class is not required to benefit from this course. (ages 12+)

Week 2, July 1 – 5 / Week 4, July 15 – 19 / Week 6, July 29 – Aug. 2
M–F / 1 – 2 p.m. / Turner 206
Fees: 5 sessions • $79 / Materials fee • $10

---

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
2105 • FIDDLING FOR FUN
Dean Shostak
This beginning fiddle class is for those who want to learn technique, fingering and bowing. We will cover bluegrass, Irish/Scottish and old time melodies. No experience necessary — the focus is on fun. Instruments will be provided to those who need them. Materials fee of $10 due to instructor at start of class. (ages 14+)
Week 2, July 1–5 / M–F / 9–10:15 a.m. / Turner 206
Fees: 5 sessions • $89 / Materials fee • $10
1 session at door • $25

2106 • FIDDLING FOR FUN
Dean Shostak
Week 3, July 8–12 / M–F / 9–10:15 a.m. / Turner 208
Fees: 5 sessions • $89 / Materials fee • $10
1 session at door • $25

2107 • FUN WITH ACOUSTIC BLUES GUITAR
Robert Roundtree
This is a course for beginners through intermediate guitar players. Students will learn how to construct and play standard 12-Bar Blues in the keys of E, A and G using the acoustic guitar. Students will hear and learn how such Blues Greats like Robert Johnson, Howling Wolf, Muddy Waters and John Lee Hooker orchestrated their signature licks on the guitar to move the soul! (ages 14+)
Week 3, July 8–12 / Week 4, July 15–18
Week 5, July 22–25
M–Th / 3:30–4:45 p.m. / Turner 208
Fees: 4 sessions • $79

2108 • EXPLORE YOUR PERSONAL SINGING STYLE
Suzanne Shull
Everyone has a “vocal footprint” according to Jan Smith, nationally known vocal coach. Is your voice best suited for folk, jazz, country, Broadway, classical, hip-hop or religious songs (cantor to gospel lead)? This class is designed to encourage the exploration of your own voice using music that you choose and giving you an opportunity for feedback and encouragement from your instructor and peers. (ages 10+)
Week 3, July 8–12 / Week 7, Aug. 5–9
M–F / 1–2:15 p.m. / Turner 206
Fees: 5 sessions • $89

2109 • SIGHT SINGING: LEARN FASTER, RETAIN LONGER
Donald Guastaferro
Learn to sight sing (fixed or moveable DO and/or numbers systems) through basic knowledge of modes and scales, rhythmic and melodic patterns, chords and harmony, and key identification. This will help you to learn music faster and retain it longer wherever you sing! It can be applicable to amateurs and professionals alike and will aid the latter in pursuit of employment as a singer. (ages 14+)
Week 4, July 15–19 / M W F / 3:30–5 p.m. / Turner 206
Fees: 3 sessions • $75
1 session at door • $29

2110 • HARMONICA QUICK START
Dean Johnson
The “people's instrument” that's fun to learn. You can carry it in your pocket, you don’t have to tune it, and you don’t need to read music to play it. Get an overview of the standard 10-hole diatonic harmonica, and learn simple melodies right away. “Cross-harp” technique and note bending used in blues and country music will also be introduced. Bring a 10-hole diatonic harmonica in the key of C. (ages 12+)
Week 4, July 15–19 / Week 5, July 22–26
M–F / 9:30–10:30 a.m. / Turner 208
Fees: 5 sessions • $79
1 session at door • $21

2111 • UKULELE
Dean Johnson
If you aren’t sure about mastering six strings on a guitar, try the four-string ukulele. This instrument has gained popularity for its ease of playing and accompanying singing. Learn the basics that will transfer to other instruments, and you’ll be able to jump into a jam session after this weeklong course. Ukuleles will be provided for the week, or you may bring your own. (ages 12+)
Week 4, July 15–19 / Week 5, July 22–26
M–F / 8:15–9:15 a.m. / Turner 208
Fees: 5 sessions • $79
1 session at door • $21

2112 • JAMMING AT CHAUTAUQUA
Suzanne Shull
A jam is a get together of people who simply want to make music together. The week will be mostly singing and playing for fun, however, techniques for harmonic and melodic improvisation for voices and instruments will be explored as questions arise. The week will culminate with a Jam Session on Bestor Plaza open to the public and led by the Jam Class. For folk and classical string, wind, brass and percussion instruments. Participants may borrow a guitar or ukulele for the week. (ages 10+)
Week 4, July 15–19 / Week 5, July 22–26
M–F / 9–10:15 a.m. / Turner 206
Fees: 5 sessions • $85
2113 • ADULT BEGINNING MUSIC THROUGH THE PIANO
Jean Parsons
If you’ve never played an instrument or read music, you can learn basic characteristics of music through the piano and get an overall view. You’ll learn to “crack the code” of how it’s written down, and then you’ll be able to play the piano/keyboard immediately — and keep going indefinitely. Taught in a relaxed and fun atmosphere! Keyboards available to all in the class. (ages 18+)
Week 5, July 22–26 / Week 6, July 29–Aug. 2
M–F / 3:30–5 p.m. / Turner 206
Fees: 5 sessions • $89
1 session at door • $25

Music Appreciation

2200 • AMERICAN HISTORY THROUGH MUSIC
Anthony Gero
In this four-day workshop, participants will hear the melodies from 200 years of American history. The course will be divided in five sections: 1750-1811; 1812-1860; 1861-1876; 1877-1919; 1920-1950. The music will be supplemented by historical handouts that complement the five eras. (ages 14+)
Week 1, June 24–27 / M–Th / 1–2:30 p.m.
Turner 210
Fees: 4 sessions • $89
1 session at door • $29

2201 • STEPHEN SONDHEIM: IN GOOD COMPANY
Ruth Powell
Stephen Sondheim revolutionized Broadway music and lyrics. While you may not leave the theater humming his tunes, you never forget the power of his message. We will look at his life and the scope of Sondheim’s works and listen to highlights from his shows. A full viewing of the musical Company will be included. The instructor had the privilege of singing for Sondheim at his 80th birthday tribute with conductor Marvin Hamlisch. (ages 14+)
Week 1, June 24–27 / Week 9, Aug. 19–23
M–F / 1:30–3 p.m. / Hurlbut Sanctuary
Fees: 5 sessions • $95
1 session at door (first day only) • $25

2202 • MUSIC: ENERGY TO CHANGE OUR WORLD
Jill Mattson
From the mythical days to prehistoric times, through written histories of major civilizations, an idea echoes around the world: the vibrational power of music slowly shapes human emotions, behaviors and actions. These influences accumulate and solidify, resulting in sweeping stability or cultural reform. Persistent music’s subtle energy relentlessly moulds everything in its path, including history and cultural movement. (ages 14+)
Week 1, June 28 / F / 1–4 p.m. / Turner 103
Fees: 1 session • $55

2203 • BACKSTAGE AT THE OPERA
Nancy A. Seel
Can you imagine what goes on behind the scenes at the Chautauqua Opera? Participants will meet with general directors, main-stage performers, young artists, technical directors, tour Norton hall for Barber (week 2) and be privy to dress rehearsal for both operas. Ghosts dress rehearsal will be part of the third day of class (week 5). We meet at the hub of operatic activity, the Jane A. Gross Opera Center, across Rt. 394. (ages 12+)
Week 2, July 1–3 / Week 5, July 22–24 / M–W / 1–2:30 p.m. / Jane A. Gross Opera Center
Fees: 3 sessions • $75
1 session at door (first day only) • $29

2204 • UNDERSTANDING OPERA: THE BARBER OF SEVILLE
Nancy A. Seel
"Figaro, Figaro, Figaro!" We’ve all sung that at a certain point, haven’t we? Join us as we learn the story behind The Barber of Seville, Rossini’s delightful romp through cunning, culture and cleverness. This will be the first work of dramatist Beaumarchais performed this summer. Participants will receive a pass to the evening dress rehearsal at Norton Hall. Participants will study historical setting, significant arias and ensembles and the libretto. (ages 16+)
Week 2, July 1–3 / M–W / 3:30–4:45 p.m.
Turner 103
Fees: 3 sessions • $65
1 session at door (first day only) • $25

2205 • MOZART AND THE AGE OF REASON
Karl Middleman
A listener-engaging approach to enhance understanding of the life and times of Salzburg’s favorite son, this course identifies topics embedded in Mozart’s music connecting him to the customs of his age. Here are puffed-up patricians, farcical farmers and bickering servants. Signal topics include Mozart’s sprightly use of dance, humor and even war and peace. Sensational videos and piano demonstrations render a compelling picture of music’s apostle of the Enlightenment. (ages 14+)
Week 3, July 8–12 / M–F / 8:45–10:15 a.m.
Turner 105
Fees: 5 sessions • $99
1 session at door • $29

= Visit classes.chq.org for required materials lists  
= Young people may attend  
= Materials fee applies  
= “On theme”
JAZZ AT LINCOLN CENTER MASTER CLASS SERIES

During Week Nine of the 2019 season, Chautauqua Institution partners with the Jazz at Lincoln Center to explore race and culture through a variety of programs, including the Amphitheater Lecture Platform, evening performances and several master classes taught by leaders and musicians. All sessions located in McKnight Hall.

Morning Series: Talks with Musicians of Jazz at Lincoln Center Orchestra

2212 • LOUIS ARMSTRONG
Arguably the most important musician of the 20th century, Louis Armstrong achieved a popular success few could have dreamed of at the time. Lighting up the movie theaters, radios, record players and ultimately televisions of the age, Armstrong brought an unparalleled artistry and showmanship to Jazz that has never been equaled. (ages 16+)
Week 9, Aug. 19 / M / 9–10:30 a.m. / Fees: 1 session • $50

2213 • BENNY GOODMAN
A virtuoso clarinetist crowned The King of Swing, Benny Goodman is not only renowned for being one of the greatest Jazz musicians of all time, he also embodies the possibilities of America. The child of Russian Jewish immigrants who grew up in poverty, Goodman would rise to peak stardom in music. Along the way, he also would inspire new possibilities in American society as he integrated his performing ensembles (nearly two decades before baseball did), brought swinging Jazz into the hallowed Carnegie Hall, and helped to elevate the public awareness of Jazz as an art form. (ages 16+)
Week 9, Aug. 20 / Tu / 9–10:30 a.m. / Fees: 1 session • $50

2214 • DUKE ELLINGTON
Over the course of five decades, Duke Ellington redefined the role and capabilities of the American Orchestra, and vastly expanded the possibilities of Jazz in extended works. While he was renowned for some of the most beloved pop hits of the 1930s and 1940s, Duke reshaped Jazz through his extended works. Long-form works like Black, Brown, and Beige unequivocally stated Jazz's place in both dance halls and concert halls, and Duke's continually developing artistic sensibilities proved an inspiration to generations of artists. (ages 16+)
Week 9, Aug. 21 / W / 9–10:30 a.m. / Fees: 1 session • $50

2215 • DAVE BRUBECK
One of Jazz's most beloved and popular artists, particularly in the 1950s, Dave Brubeck harnessed his fame and renown for social good. Fronting an integrated band and insisting on playing to integrated audiences, Brubeck believed that music should drive the betterment of society. (ages 16+)
Week 9, Aug. 22 / Th / 9–10:30 a.m. / Fees: 1 session • $50

2216 • NINA SIMONE
A virtuoso pianist turned master singer, Nina Simone emerged as one of Jazz's breakout stars in the late 1950s before pivoting into some of the 1960s' most stunning crossover success. Exploring a wide range of popular music styles and incorporating them into her unique sound, Nina Simone also inextricably tied her art to the Civil Rights movement of the day, at great risk to her career. Her music and legacy has continued to present day, influencing artists across all genres and inspiring them to use their art in the service of social justice. (ages 16+)
Week 9, Aug. 23 / F / 9–10:30 a.m. / Fees: 1 session • $50

Afternoon Series: “Jazz in America” presented by Seton Hawkins, Director of Public Programs and Education Resources at Jazz at Lincoln Center

2217 • THE 1920S: THE HARLEM RENAISSANCE AND THE JAZZ AGE
We examine the rise in Black Arts in Harlem, and explore the intersection of visual art, poetry, literature and music that exploded with the Harlem Renaissance. We will explore its relationship to American society at the time, and explore how it interacted with the birth of the Jazz Age. (ages 16+)
Week 9, Aug. 19 / M / 3:30–5 p.m. / Fees: 1 session • $50

2218 • THE 1930S: THE SWING ERA
As Jazz ascended to its peak popularity in the Swing Era, it also helped to drive major developments and social changes. In this talk, we examine how the sound of Jazz changed in the 1930s, how and when Jazz bands integrated, and how the face of American society began to shift during this time. (ages 16+)
Week 9, Aug. 20 / Tu / 3:30–5 p.m. / Fees: 1 session • $50

2219 • THE 1940S: BEBOP
The BeBop revolution fundamentally and permanently changed not only the way musicians performed Jazz, but also the way we thought about it and discussed it. Figures like Charlie Parker and Dizzy Gillespie not only led a musical revolution in Jazz, they also tied the innovations of the music to a rising social change in America. (ages 16+)
Week 9, Aug. 21 / W / 3:30–5 p.m. / Fees: 1 session • $50

2220 • THE 1950S: JAZZ AND THE COUNTERCULTURE
The post-War American landscape saw a conflict between conformity and revolution in America as we grappled with McCarthyism, the Cold War and Brown v. Board of Education. In Jazz, new styles emerged on the scene and new performance spaces developed, but Jazz's place in society and its fan base was rapidly changing in the face of new popular music trends. We'll explore what happened. (ages 16+)
Week 9, Aug. 22 / Th / 3:30–5 p.m. / Fees: 1 session • $50

2221 • THE 1960S: JAZZ AND PROTEST
While Jazz's role in American popular culture had diminished by the 1960s, many Jazz artists were still finding ways to use their art to speak to societal changes, stresses and revolutions. Musicians like Charles Mingus, Max Roach and Nina Simone were writing anthems for the Civil Rights movement Stateside, while an international voice for protest was also emerging through artists like Miriam Makeba. We'll discuss how all of this emerged and fit together. (ages 16+)
Week 9, Aug. 23 / F / 3:30–5 p.m. / Fees: 1 session • $50

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
2206 • Hallelujah, Leonard Cohen
Philip Lerman
We explore the life, times and fascinating works of enigmatic poet and songwriter Leonard Cohen, from the sixties to today, with a special focus on “Hallelujah” — one of the most beloved (and least understood) songs of the last 50 years. We’ll see how the many cover versions of this darkly mysterious song, all with different lyrics, unveil the complex themes that permeate his works — especially the interplay between religion and sexuality, and longing and love. (ages 16+) Week 3, July 9–11 / Tu–Th / 3:30–5 p.m. Turner 105 Fees: 3 sessions • $75 1 session at door • $29

2207 • UNDERSTANDING OPERA: GHOSTS OF VERSAILLES
Nancy A. Seel
Don’t worry, these are all friendly ghosts (more or less). This Corigliano/Hoffman “opera within an opera” is populated with characters from Beaumarchais’ characters. Its central theme is a celebration of history and so the composer has referenced the music of Mozart, Rossini, Verdi, Stravinsky, Puccini and more. Participants will be reintroduced to characters already known from The Barber of Seville and The Marriage of Figaro and, yes, with even a salute to Wagner. Corigliano’s tone is light and witty as he offers the participants a musical parody. Day three will be the dress rehearsal in the Amp. (ages 16+) Week 5, July 22–24 / M–W / 3:30–4:45 p.m. Turner 103 Fees: 3 sessions • $65 1 session at door (first day only) • $25

2208 • FROM SOUNDSCAPES TO SYMPHONIC POEMS
Michael Barndt
Near the end of the Romantic era in Western Classical music, Debussy, Ravel, Smetana, Mussorgsky and others created soundscapes that conveyed impressions of the world around us. Liszt, Dvorak, Richard Strauss, Sibelius and others wrote symphonic poems inspired by stories or transcendent experiences. We will explore several alternatives to “absolute” music that continued well into the 20th century. Start your day sampling great music. The selections provide a historic perspective linking composers and compositions from 1860 to 1940 and a few beyond. (ages 14+) Week 5, July 22–26 / M–F / 9–10:15 a.m. Turner Conference Room Fees: 5 sessions • $95 1 session at door • $25

2209 • THE ORIGINS OF JAZZ
Martin Adams
Jazz is often referred to as America’s only indigenous art form. America is actually the only place that jazz could have happened, and in fact, New Orleans is the only city where it could have been born. We will explore the ethnic and cultural mix that provided the root musical genres that blended to become jazz. Recordings and videos will demonstrate the pioneers that led the way and the early forms of jazz that grew into America’s most popular music in the 1920s and 30s. (ages 12+) Week 6, July 30–Aug. 1 / Tu–Th / 9–10:30 a.m. Turner Conference Room Fees: 5 sessions • $99 1 session at door • $29

2210 • MUSIC OF THE GREAT MASTERS
Bill Smith
We all know the most famous four notes in classical music. But did you know that Beethoven used the motif beginning his fifth symphony to create other themes in each of the remaining movements of this symphony? Learn some of the techniques the masters use to create powerful and beautiful works of art. We will analyze, then see and hear the works of Bach, Mozart, Beethoven, Tschaikovsky, Rachmaninoff, and, yes, Bernstein. Come! Learn! Enjoy! (ages 16+) Week 6, July 30–Aug. 1 / Tu–Th / 9–10:30 a.m. Turner 208 Fees: 3 sessions • $75 1 session at door • $29

2211 • INSIDE THE ORCHESTRA: FROM THE COMPOSER’S VIEW
Hsing-ay Hsu
How does the composer think about the orchestra? How do the many instruments combine to create spectacular music? Learn about the rich tapestry of orchestral color. Steinway Artist and university faculty Hsing-ay Hsu developed her Conscious Listening™ method to help audiences cultivate a richer understanding of each composer’s unique language. With discussions, keyboard demos and a field trip to the rehearsal for Thursday’s concert, learn how to listen like the composer for the dynamic interaction of musical elements. These seminars are designed for the inquisitive adult, either music-lover or active performer. (ages 14+) Week 7, Aug. 5–9 / M–F / 9–10:15 a.m. Hultquist 201B Fees: 5 sessions • $95 1 session at door • $25

MUSIC
Personal & Professional Development

2300 • HOW DO WE KNOW WHAT IS TRUE?
Edwin Olson
As we face difficult moral, political, social and economic decisions, we long to be certain about what is real and true. But often we are locked into one or two ways of knowing, of seeing a desired outcome. In this course we use multiple ways of knowing about what is true to unlock new possibilities. We will analyze current news topics, “fake news” and important issues identified by the participants to gain a closer approximation to what is true and what we can do about it. (ages 16+)
Week 1, June 24–27 / M–Th / 9–10:15 a.m.
Turner 210
Fees: 4 sessions • $79
1 session at door • $25

2301 • SPIRITUALITY OF DIFFERENCE
Edwin Olson
Dealing with differences as manifested in the diversity of race, gender, age, sexual orientation, class and religion require being fully present in our engagement with others. Contemplative practice rewrites our inner life, freeing us from self-oriented and distorted understandings about persons who are different from us. To see the divine in another person is to recognize and discover one’s own diversity. Participants will practice seeing that our fundamental inter-connectedness is essential to dismantling the patterns that lead to bias and oppression. (ages 16+)
Week 2, July 1–3 / M–W / 4–5:30 p.m.
Turner 210
Fees: 3 sessions • $75
1 session at door • $29

2302 • HOW TO BE AN A+ NONPROFIT BOARD MEMBER
Abbie von Schlegell
If you currently serve on a nonprofit board or are considering service, this class will provide you with concrete facts and methods to be an A+ Nonprofit Board Member! You will explore trends fueling boardroom deliberations; learn about new approaches being taken by nonprofits; tackle tough questions every responsible board is asking; and share ideas and solutions to today’s challenges. (ages 16+)
Week 2, July 1–5 / M–F / 9–10 a.m.
Turner 105
Fees: 5 sessions • $89
1 session at door • $25

2303 • PUBLIC SPEAKING
Elise Morrison
Deepen your understanding of persuasive communication and develop your skills as a public speaker and critic of public discourse. We will focus on building awareness of and improving verbal, vocal and physical communication habits as we practice impromptu speaking, prepared speeches and interviewing. We will watch and discuss examples of public speakers, as well as provide feedback on speeches given by class participants in a supportive environment. (ages 15+)
Week 4, July 15–18 / M–Th / 2:15–3:30 p.m.
Hultquist 201B
Fees: 4 sessions • $79

2304 • DON’T POSTPONE JOY
Mary I. Farr
Our life journeys offer us countless gifts. Yet these same journeys test us with obstacles, do overs, hellos and goodbyes — particularly as we age. This presentation explores joy as more than a high point along the path. Meaningful life experiences shape us through pleasure, change, doubt, and even loss, and aging can either shut us down or open us to a third act that transforms what we have into more than enough. (ages 16+)
Week 4, July 15–18 / M–Th / 4:30–5:30 p.m.
Turner Conference Room
Fees: 4 sessions • $69
1 session at door • $21

2305 • INCREASE YOUR HAPPINESS IQ
Nancy Hutter, LMHC
For those who believe they could be even happier in their lives, learn what happiness really is, how it works in the brain, assess what makes you happy and what doesn’t. Learn what you can do to increase the level of happiness in your life and walk out of the workshop feeling even more empowered. (ages 25+)
Week 4, July 16–18 / Tu–Th / 8:30–10 a.m.
Turner 210
Fees: 3 sessions • $75
1 session at door (first day only) • $29
2306 • THE EMPOWERMENT OF NO COMPLAINT
Dureen Hughes

"Nobody likes a complainer," but we all do it anyway. What if we could go a whole day, a week, a month without complaining even once? How might that change our minds, our perspectives, our relationships? In this class we will explore why we complain, the social benefits of complaining, the neurochemistry of complaint, effective "complaining" action for change, and ultimately the personal power of no complaint whatsoever. (ages 18+)
Week 5, July 22–26 / M–F / 3:30–4:45 p.m.
Hurlbut Room 3
Fees: 4 sessions • $89
1 session at door (first day only) • $25

2307 • 2 YOUNG 2 RETIRE: REBALANCE FOR THE BONUS YEARS
Susan Larson

Working individually and in small groups, we will look at the Life Planning Model, transition/reinvention process and triggers for change. This powerful, interactive learning experience will equip participants by clarifying values, skills, motivations and intentions as we begin designing the next chapter. Several informal assessments, summary template and resources for option building and follow up included. (ages 40+)
Week 6, July 29–Aug. 1 / M–Th / 9–10:30 a.m.
Hall of Ed. (Sheldon) Rm. 203
Fees: 4 sessions • $89
1 session at door (first day only) • $25

2308 • AWAKENING THE SAGE WITHIN
Deborah H. Briggs

If you want to live more consciously, more joyfully and more compassionately, come learn about the concept of Sage-ing®. We’ll explore a variety of tools for harvesting the wisdom of your life and putting that wisdom into action as a way to enhance your physical, emotional, mental, and spiritual well-being. Drawn from the Sage-ing® International movement and based on From Age-ing to Sage-ing: A Profound New Vision of Growing Older by Zalman Schachter-Shalomi. Add more years to your life and more life to your years! (ages 45+)
Week 6, July 29–Aug. 1 / M–Th / 9–10:30 a.m.
Turner 210
Fees: 4 sessions • $89
1 session at door (first day only) • $25

2309 • EMPATHY IN A DISCONNECTED WORLD
Shari Foos

This course introduces participants to The Narrative Method, an award-winning group experience that interweaves big ideas with compelling media clips, storytelling, creative writing and open discussions that challenge how we’re isolated by contemporary culture. It is a transformative adventure with depth, humor and radical human connection that broadens our perspectives. See the world through the eyes of a stranger and discover your common humanity. Outsiders are insiders. Come and play. (ages 16+)
Week 6, July 29–Aug. 1 / M–Th / 3:30–5 p.m.
Turner 103
Fees: 4 sessions • $89
1 session at door • $29

2310 • JOURNEY TO DISCOVERY
Marie Allen Carroll

So many of us don’t live up to our potential, our designated purpose for our life, because we are ruled by fear and self-doubt. Because life is wounded, we have all been hurt, and so develop a false self based in shame to defend against the pain. When we exist in our false self, we focus on our limitations versus embracing our potential. This course will help you take the courageous journey from your false self based in shame, to the awareness of your true self based in love; to face the fear that is controlling you within; and discover the unique purpose for your life. (ages 18+)
Week 6, July 29–Aug. 2 / M–F / 3:30–5 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $99
1 session at door • $29

2311 • GOOD GRIEF: MAKING GOOD CHOICES
Annie Hisle

We all face inevitable losses in life. But we can choose to deal with them using uplifting and helpful practices. Good choosing entails: playing with paradox; learning from wisdom teachers throughout the ages; sharing stories of losing and finding; forgiving life, ourselves and others; attending and learning from our suffering; and opening to an expanded Spiritual Consciousness. Stories, poems, prayers and quotes will be discussed and provided for later reference. Some easy physical practices will be demonstrated. (ages 18+)
Week 7, Aug. 5–9 / M–Th / 3:30–5 p.m.
Turner 103
Fees: 3 sessions • $89
1 session at door (first day only) • $29

2312 • GRACE! NOW! EMBODYING THE VOICES OF YOUR HIGHEST SELF
Kelly Carlin

Jump into the deep end of your inner life for the sake of personal and cultural transformation. Using the powerful technique of voice dialogue, you’ll transform the invisible narratives that keep you from ease, joy and the grace. You’ll gain powerful tools and a new appreciation for dealing with the unsung voices within you. You’ll leave each class with more freedom, confidence and a profound sense of connection to life. (ages 18+)
Week 7, Aug. 5–9 / M–F / 3:30–5 p.m. / Alumni Hall Ballroom
Fees: 5 sessions • $115 / 1 session at door • $35

Kelly Carlin, known by Chautauquans for her connection to the comedy world, returns in Week Seven with work rooted in her Master’s in counseling psychology (with an emphasis in Jungian psychology) and her over 10 years facilitating the Big Mind Process created by Genpo Roshi. She will share her insights and techniques to free you from the shackles of self-imposed limits so that you may live a more fulfilled life and build a more peaceful world.

2313 • RETIREMENT: WHAT’S NEXT?
Jane Kerschner

Retirement is the threshold experience bridging the transition from your career life to designing and living your third chapter. This interactive exploration is for those wondering what you will do, who you will be, or if you even want to retire. Our group discussions and individual exercises will examine and challenge your attitudes, deepen your understanding of life’s possibilities, build confidence in moving forward, and begin creating what’s next. (ages 50+)
Week 7, Aug. 5–9 / M–F / 9–10:30 a.m.
Hultquist 201A
Fees: 5 sessions • $95
1 session at door (first day only) • $29

= Visit classes.chq.org for required materials lists
= Young people may attend
= Materials fee applies
= “On theme”
2314 • SEARCHING FOR HAPPINESS
Gloria A. Miller
Danes are consistently ranked as the happiest people on earth. Okinawans are noted for their longevity and contentment. How do they do it? Can Americans copy them? Do we have any lifestyle methods that compare to theirs? We will investigate hygge, ikigai, the Sedona Method and other related topics to formulate our own individual lifestyle plans for happiness and well-being. (ages 14+)
Week 7, Aug. 5–9 / M–F / 9–10:15 a.m.
Turner 210
Fees: 5 sessions • $89
1 session at door (first day only) • $25

2315 • CHANGE IN THE PUBLIC SQUARE
Lisa Marchal
We are often inspired to make change in the world on a systemic level, but we don’t think we have the knowledge or resources. Through your thoughtful engagement with legislators, the media and your community, you can make more of a significant difference than you may have thought possible. This class will teach you how your story, your ability to create relationships and your passion for an issue can combine to make a true positive difference. (ages 16+)
Week 8, Aug. 13–15 / Tu–Th / 3:30–5 p.m.
Smith Library Classroom
Fees: 3 sessions • $75
1 session at door (first day only) • $25

2316 • YES, LET’S! SPARKING YOUR CREATIVITY
Jody Brooks & Gary Shields
Great solutions to problems may be right in front of our eyes, yet we often don’t see them. Using improvisational exercises and games, this teacher-psychologist and Second City graduate team will help you have fun stepping out of your own way and rediscovering your intuitive and creative problem-solving abilities. Come out and play with us! (ages 16+)
Week 8, Aug. 13–15 / Tu–Th / 3:30–5 p.m.
Turner Conference Room
Fees: 3 sessions • $75
1 session at door • $29

2317 • BE HERE NOW
Rick Gridley
How often are you here in the present moment, without dwelling on the past or the future? Using our attention to notice what is here now is the key to being present. In this experiential class, we will practice following and directing our attention. The exercises are easy, fun and designed to help us be more fully aware of ourselves and our surroundings. This workshop is for you if you are already happy but willing to go deeper or if you are feeling stuck or certain about anything. You will come out with a lengthened attention span and the ability to be aware of more than you ever have been aware of before. (ages 14+)
Week 9, Aug. 19–22 / M–Th / 9–10:15 a.m.
Turner 210
Fees: 4 sessions • $79
1 session at door (first day only) • $25

404 • ARE YOU A WOMAN READY FOR RETIREMENT?
Christina Worley
See page 23 for details.

1306 • MINDFULNESS IN WELLNESS AND ILLNESS
Jayashree Rao, MD
See page 48 for details.

1308 • LAUGHTER WORKS: HUMOR, PLAY AND HEALTH
Kaye Caskey & Laurie Young
See page 48 for details.

1703 • MINDFULNESS AND MEMOIR
Susannah B. Mintz & Susan Hope Walzer
See page 56 for details.

1704 • WRITE YOUR WAY THROUGH CAREGIVING
Pat Snyder Hurley
See page 56 for details.

2717 • LIVING YOUR UNLIVED LIFE
Kaye Lindauer
See page 75 for details.

2735 • FREUD AND JUNG
Kaye Lindauer
See page 78 for details.

2736 • GRACE: IT’S HOW WE HEAL
Helen Glaze & Brian W. Grant
See page 78 for details.

2902 • IMPROV FOR LIFE
John C. Barthelmes
See page 81 for details.

Photography

2400 • GET OFF AUTO WITH YOUR CAMERA
Diane Andrasik
This course is designed for those having an SLR, mirroless camera or advanced point and shoot. The intent is to move you from using auto to aperture priority and possibly manual exposure control. We will work on understanding your meter and histogram, attaining good exposure, and using crucial controls. Outdoor photography will take place to reinforce lessons, including optional sunrise session, and effective composition will be stressed. Tripod is recommended. Contact instructor at dianeand@netsync.net with questions. (ages 16+)
Week 1, June 24–28 / M–F / 8:30–10:30 a.m.
Hultquist 201A
Fees: 5 sessions • $109
1 session at door (first 2 days only) • $35

2401 • FUNDAMENTALS OF PHOTOGRAPHY
Diane Andrasik
Do you have a digital camera but have limited awareness of how to use it? This course is designed to help you understand essential camera controls, lens use and certain techniques that help you craft better photographs. The goal is to make you competent in using your camera. We’ll practice skills with outdoor photography of nature, landscape and architectural subjects. Bring any type of camera and manual if you have one, though a simple compact may limit your learning options. Contact instructor at dianeand@netsync.net with questions. (ages 14+)
Week 1, June 24–28 / M–F / 12:30–2:30 p.m.
Hultquist 201A
Fees: 5 sessions • $109
1 session at door (first 3 days only) • $35

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
2402 • TWILIGHT PHOTOGRAPHY SESSION
Diane Andrasik
Twilight is that time of day an hour or so before and after sunset when entrancing “golden” light exists. This class will show participants how to establish good exposure in three kinds of light: pre-sunset light, sunset sky and twilight. We will learn tactics to establish sharp images during long exposure and effective composition. SLR or mirrorless cameras only. Advanced point and shoot cameras with permission of instructor. Tripod required as long exposures will be used; instructor will lend two. Contact instructor at dianeand@netsync.net with questions. (ages 16+)
Week 1, June 22 / Week 2, July 2
Tu / 7–10 p.m. / Hultquist 201A
Fees: 1 sessions • $45

2403 • PHOTOGRAPHING PORCHES, BOATS AND FLOWERS
Diane Andrasik
Do the iconic sights of porches, boats and flowers represent Chautauqua to you? This course is designed to focus on those three parts of Chautauqua and how to photograph them. Participants will learn what lenses are best to photograph each and how to attain good composition and exposure. Bring a camera with a wide angle and telephoto lens. Photographing around the grounds will take place. Email instructor at dianeand@netsync.net with any questions. (ages 14+)
Week 2, July 1–5 / Week 5, July 22–26
M–F / 8:30–10:30 a.m. / Hultquist 201A
Fees: 5 sessions • $109
1 session at door (first 3 days only) • $35

2404 • BETTER CAMERA PHONE PHOTOGRAPHY
Diane Andrasik
Do you photograph more often with your phone’s camera than a true camera? Then learn to use your phone’s camera controls and options more fully, to better understand lighting and exposure, how to focus more accurately, how to use composition to improve images, and other tips to improve your fundamentals. Then download and use six to eight editing apps to add creativity to your images (most are free apps). We will photograph on the grounds and practice applying apps in class. (ages 14+)
Week 2, July 1–5 / Week 4, July 15–19
Week 5, July 22–26
M–F / 12:30–2:30 p.m. / Hultquist 201A
Fees: 5 sessions • $99
1 session at door • $29

2405 • ARCHITECTURAL PHOTOGRAPHY: CHQ STYLE
Michael Haritan
Explore and document Chautauqua Institution’s unique and historic architectural heritage. With any camera, students will learn basic photography skills and camera settings, architectural styles, and interior and exterior lighting techniques through daily photo walks conducted by a professional architectural photographer. (ages 16+)
Week 3, July 8–12 / M–F / 8:30–10:30 a.m.
Hultquist 201B
Fees: 5 sessions • $105
1 session at door • $29

2406 • ARCHITECTURAL PHOTOGRAPHY: CHQ STYLE
Michael Haritan
Week 8, Aug. 12–16 / M–F / 1–3 p.m.
Hultquist 201B
Fees: 5 sessions • $105
1 session at door • $29

2407 • MAGICAL PHOTOGRAPHY AT TWILIGHT
Michael Haritan
You might be surprised by what you can capture with any cellphone or digital camera when the sun sets. Twilight often gives the sky a deep blue glow, allowing the opportunity to take dramatic pictures of landscapes, architecture, nature, highway traffic, amusement park rides and kids playing with light sources such as sparklers, glow sticks, flashlights and LED toys. (ages 16+)
Week 3, July 8–10 / Week 7, Aug. 5–7
Week 8, Aug. 12–14
M–W / 7–9 p.m. / Hultquist 201A
Fees: 3 sessions • $85
1 session at door • $35

2408 • ADVANCE YOUR PHOTOGRAPHY IN FIVE DAYS
Diane Andrasik
Are you a photographer needing to stretch your photography skills? This course will improve your technique and creative edge by practicing five skills of photography over five days. Day 1: Architecture with wide angle and mid-range telephoto. Day 2: Early Morning session (sunset shoot); Day 3: Bokeh. Day 4: Creative Blur (long exposure) and freeze action. Day 5: 10 of one object. Required: SLR or mirrorless camera, wide angle and medium telephoto, tripod, Neutral Density filter 1.2 (4 stop). Suggested: one 2.8 lens. Contact instructor at dianeand@netsync.net for questions and clarification. (ages 16+)
Week 4, July 15–19 / M–F / 8:30–10:30 a.m.
Hultquist 201A
Fees: 5 sessions • $109
1 session at door (first 2 days only) • $35
2409 • PHOTO SAFARI WALKS
Michael Haritan
Explore Chautauqua’s picturesque beauty and charm through photo exploration and documentation of architecture, nature, environment and lifestyle. With any camera, students will learn basic photography skills and camera settings through daily photo safari walks conducted by a commercial photographer and former park naturalist. (ages 16+)
Week 7, Aug. 5–9 / M–F / 3:30–5:30 p.m.
Hultquist 201A
Fees: 5 sessions • $105
1 session at door • $29

127 • PINHOLE DIGITAL PHOTOGRAPHY WORKSHOP
Aislinn Scofield
See page 14 for details.

128 • INTRO TO FILMMAKING
Scott Koué
See page 14 for details.

Religion & Philosophy

2500 • BIBLICAL MOMENTS THAT CHANGED THE WORLD
Rev. Susan Cartmell
Study the Bible to learn about events in the Biblical narrative that changed the world forever. Reading the Bible can be a challenge. You need a firm grasp of ancient history, several languages, plus religious savvy. But the Bible messages are surprisingly contemporary. This class will examine stories in the Bible that changed the world of faith and have implications for the history of our civilization. We will look at the Bible with an eye toward the political, economic and cultural context and the history of our civilization. We will look at the world of faith and have implications for our daily lives. (ages 14+)
Week 1, June 24–27 / M–Th / 12:30–1:45 p.m.
Turner 103
Fees: 4 sessions • $79
1 session at door • $25

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
2507 • AGING THROUGH THE LENS OF JEWISH TEXTS
Rabbi Cookie Lea Olshein
Beginning with the Torah and continuing through many other Jewish sacred texts and commentaries, we will look at how Judaism views growing older with dignity. Taught by Rabbi Cookie Lea Olshein, this course looks deeply at the foundational texts and stories which became the basis of many Jewish religious obligations. In the third session, you will also look at Jewish outlets for exploring spirituality as it relates to aging successfully and how we can take what we learn back home. (ages 14+)
Week 4, July 15–17 / M–W / 3:30–5 p.m.
Hurlbut Sanctuary
Fees: 3 sessions • $75
1 session at door • $29

2508 • THE POWER OF SPEECH IN JUDAISM
Rabbi Aaron Bisno
The power of the spoken word is first seen in the opening words of Genesis, continues through biblical orations, the Hebrew Prophets, and rabbis’ sermons, and is recognized in the tongue’s ability to both hurt and heal. Together we will explore the role and power of words, and the significance of raising or withholding one’s voice in support of or in opposition to an idea, and the ways in which oral arguments and sermons have shaped our understandings of text and context. You will also explore Jewish laws governing tale-bearing, slander and gossip. (ages 14+)
Week 5, July 22–24 / M–W / 3:30–5 p.m.
Turner Conference Room
Fees: 3 sessions • $75
1 session at door • $29

2509 • THE SACREDNESS OF THE SPOKEN WORD
Diane K. Clark
From the Native American view, the spoken word was sacred. It was given out on the element of air and would travel everywhere that the wind blew. It could not be erased. Before the “discovery” of America, one-fifth of the world’s people relied on the spoken word to establish and maintain government, religion, family and friendship. Enlarge you understanding of this primary communication tool and how it functioned. Come away with a more profound belief that your own word is sacred. (ages 14+)
Week 5, July 22–26 / M–F / 9–10:15 a.m.
Pier Building Lounge
Fees: 5 sessions • $95

2510 • RADICAL RABBINIC TORAH: INTRO TO THE TALMUD
Julie Danan
This course is an introduction to the Talmud, the massive corpus of rabbinic law and lore, where questions and debates are many, and conclusions are few. We will learn the history of the tumultuous era that birthed the Talmud, and study some original texts in translation. Many people think of Judaism as the “religion of the Old Testament.” But much as Christianity interprets the Hebrew Bible through the lens of New Testament, Judaism understands scripture through the lens of rabbinc Oral Torah (eventually recorded in writing), a tradition that may surprise us with its radical creativity. Materials fee of $15 due to instructor at start of class. (ages 16+)
Week 6, July 29–Aug. 1 / M–Th / 3:30–4:30 p.m.
Hultquist 201B
Fees: 4 sessions • $69 / Materials fee • $15

2511 • EXPLORING SPIRITUAL PRACTICES
Linnea Nelson
Find peace. Feel deeply. Free yourself from busyness by discovering spiritual practices that arise from your daily activities. Make your life more meaningful and beautiful by exploring practices that feed your soul. Learn how to use intentions to bring your spiritual practice to life. Bring a journal and an open mind to explore your inner life in ways that may surprise you. (ages 16+)
Week 7, Aug. 5–8 / Tu–Th / 3:30–5 p.m.
Turner 105
Fees: 3 sessions • $75
1 session at door (first day only) • $29

2512 • “NONE’S”: WHO ARE THEY, WHY ARE THEY, THEIR WAYS OF LIFE
Mary Lou Mlecko, Psy.D.
While most people in the U.S. are affiliated with a particular religion, some people have opted out of practicing a particular religion and consider themselves to be a “None” — a religiously unaffiliated person. While our culture continues to maintain that everyone should be religiously affiliated, it can be difficult to understand why and how people live as a “None.” This course will explore the definition of what it means to be a “None,” why people choose to be a “None” (often leaving their own religious affiliation), and how “None’s” live out the spiritual dimension of their lives. (ages 16+)
Week 8, Aug. 12–16 / Tu–F / 2:15–3:30 p.m.
Turner 105
Fees: 4 sessions • $79
1 session at door • $25

2513 • HINDUISM THROUGH INDIAN MOVIES
Rebecca Howell
Hinduism and Indian movies have been linked since the first maker of Indian movies (Dadasaheb Phalke) decided to learn the art so that his people’s stories could be told through this fascinating new art form. Take a whirlwind tour of popular Hinduism as seen in snippets of devotional and popular Indian movies. We will look at the stories of the major gods and goddesses, as well as getting a feel for festivals and daily worship. (ages 14+)
Week 8, Aug. 13–16 / Tu–F / 2:15–3:30 p.m.
Hultquist 101
Fees: 4 sessions • $79
1 session at door • $25

301 • GRAYCLIFF: ARCHITECTURE AS SACRED SPACE
Paul Lubieniecki, Ph.D
See page 18 for details.

2704 • BRIDGING FAITH AND GENERATING CONTROVERSY
Maureen Reed
See page 74 for details.

2727 • ACROSS POLITICAL AND RELIGIOUS DIVIDES
Jean Chandler
See page 76 for details.

2731 • VIRGIN MARY IN WESTERN ART
Kaye Lindauer
See page 78 for details.

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
John R. Turney Sailing Center

Kirk Kelly, Director of Sailing

The Chautauqua Sailing Department (716-357-6392 after June 17) presents a summer-long curriculum of one-week sailing courses designed to advance the sailing skills of all ages and experience, from youth to adult and from novice to advanced racer. Lead staff has U.S. Sailing Level I certification. Sailing courses are based on U.S. Sailing Association’s Small Boat Sailor Certification system. The course descriptions below offer a broad outline of each course. All sailing courses originate from the John R. Turney Sailing Center, located at the far south end of the Chautauqua waterfront. Please contact the sailing department for any additional information or questions about individual student needs.

2600 • YOUTH SAILING: BEGINNER TO INTERMEDIATE

This course is for the young sailor regardless of sailing experience. Instructional sites include on-the-water, classroom and dockside, depending on weather conditions. Emphasis will be on learning the basic rules of sailing, water safety, rigging and de-rigging an Optimist dinghy or O’pen BIC, sailing terminology, identifying wind and water conditions, knots/lines, capsize recovery, boat handling and maneuvering, sportsmanship, teamwork and, most importantly, having fun! Course content is repeated each week. (ages 8 to 12)

- Weeks 1–9 / June 24–Aug. 23
- M–F / 9 a.m.–12 p.m.
- Fees: 5 sessions • $180
- ($120/week for Boys’ & Girls’ Club registrants)

2601 • YOUTH SAILING: INTERMEDIATE TO ADVANCED

This course is designed for intermediate to advanced youth sailors who have basic sailing skills and are ready to hone competitive racing skills. Students will sail boats that are appropriate to their skill level and physical abilities. The types of boats used may include: Lasers, 420s, and Sunfish. The on-shore lecture is followed by water drills and racing practice. Emphasis is on sailing skills, performance tuning, racing rules and strategy, sportsmanship and teamwork for both crew and skipper positions. Participants must be able to sail independently on all points of sail. (ages 8 to 21)

- Weeks 1–9 / June 24–Aug. 23
- M–F / 1–4 p.m.
- Fees: 5 sessions • $180
- ($120/week for Boys’ & Girls’ Club registrants)

2602 • TEEN SAILING: BEGINNER TO INTERMEDIATE

This course is designed for beginner and intermediate teen sailors. After a skills assessment, the class will be split between beginning sailors and experienced intermediate sailors who have basic skills. Instruction is primarily on the water using Sunfish, Lasers and 420 sailboats with an emphasis on jibing and tacking in moderate wind, racing rules and strategy, sailing skills, water drills and knots. Course content is repeated each week. (suggested ages 13 to 17)

- Weeks 1–9 / June 24–Aug. 23
- M–F / 9 a.m.–12 p.m.
- Fees: 5 sessions • $180
- ($120/week for Boys’ & Girls’ Club registrants)

2603 • ADULT SAILING: BEGINNER TO INTERMEDIATE

This sailing course is designed for beginner and intermediate adult sailors. After a skill assessment, the class will be split between beginner and intermediate sailors who have basic skills. Instructional sites include on the water, classroom and dockside. Emphasis is on enjoying the sport of sailing including learning how to rig and de-rig various boats, sailing terminology, boat handling and maneuvering, racing rules and strategy, sailing skills, water drills and knots. Course content is repeated each week. (ages 18+)

- Weeks 1–9 / June 24–Aug. 23
- M–F / 1–4 p.m.
- Fees: 5 sessions • $180

2604 • GUIDED SAILING EXPERIENCE (TUESDAY)

This one-hour sailing experience is designed for those who have dreamed of sailing but never found the chance. Families and seniors are encouraged to participate. This course is a safe, comfortable on-the-water experience during favorable weather conditions with an instructor. Emphasis will be on boat and water safety. The outing is geared for first-time sailors and contains no formal instruction. Flying Scot, Precision 185 and A18 sailboats will be used. Age 12 and under must be accompanied by a registered adult.

- Weeks 1–9 / June 25, July 2, July 9, July 16, July 23, July 30, Aug. 6, Aug. 13, Aug. 20
- Tu / 1–2 p.m.
- Fees: 1 session • $25

2605 • GUIDED SAILING EXPERIENCE (THURSDAY)

- Weeks 1–9 / June 27, July 4, July 11, July 18, July 25, Aug. 1, Aug. 8, Aug. 15, Aug. 22
- Th / 1–2 p.m.
- Fees: 1 sessions • $25

SATURDAY RACES

Races are held Saturday mornings for young sailors using the Optimist, O’pen BIC, Sunfish, Laser and 420 dinghies. These races are designed for youth who want to test their ability by competing with other sailors. A short onshore orientation is held prior to the races to share basic racing rules, course layout and strategy. Multiple short races will be run for each class of boat. Call the Sailing Center at 716-357-6392 to register for Saturday Races. If minimum participation numbers are not achieved by the Friday prior to the races, races will be cancelled.

- Weeks 1–8 / Sa / 9:30 a.m.–12 p.m.
- Fees: 1 day • $25/boat

Private Sailing Lessons/Rentals:

Call the Sailing Department at 716-357-6392 from June 17–Aug. 25. Lessons and rentals are scheduled in one-hour time periods.

What to bring to all sailing courses:

- water shoes
- towel
- bathing suit
- sunblock
- sunglasses
- light jacket

PFDs will be provided for all students. Dress for water and weather conditions. Be prepared to get wet.

Registration Information

Please remember to mention your registration for Boys’ and Girls’ Club during the registration process to receive your discount. See page 105 for more about Boys’ and Girls’ Club.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Science & Technology

3000 • BEGINNINGS AND ENDINGS: UNIVERSITY, EARTH, HUMANS
Mary Leopold
This general-interest science course summarizes what current science tells us about the place of humanity within our universe. We begin by exploring the leading scientific ideas about how the universe began and whether or not the universe will end. Next, we zoom in to explore the beginning of the earth and several possible scenarios for its future. Finally, we look at the human race specifically: When did humanity begin? Is it possible that humanity will continue forever, and if not, when and why will it end? (ages 16+)

Week 1, June 24–26 / M–W / 2:15–3:45 p.m.
Smith Library Classroom
Fees: 3 sessions • $75

3001 • THE PHYSICS AND CHEMISTRY OF CLIMATE CHANGE
Patsy Ann Johnson
For centuries, scientists have been learning about the processes that cause climate change. The realization of the extent of climate change has come more recently. This class will begin with stories about the development of fundamental scientific concepts about matter and energy. Then we will discuss historical and current work done to apply these concepts to understanding climate change. Efforts made to confuse people about climate change will also be explored. No prior knowledge needed. (ages 14+)

Week 1, June 24–27 / M–Th / 8:45–10 a.m.
Turner 103
Fees: 4 sessions • $89
1 session at door • $29

3002 • HUMAN EVOLUTION AND PREHISTORY
Brigid Alex
This seminar will review the human story from our beginnings through the perspectives of human evolutionary biology and archaeology. We’ll discuss the evolution of defining features of our species including bipedalism, tool use, fire, language, art and religion. We will also explore extinct humans like Neanderthals and recent discoveries from ancient DNA. The instructor will share new research from her archaeology digs in the Middle East and Eastern Europe. (ages 12+)

Week 1, June 24–28 / M–F / 2–3 p.m.
Hultquist 101
Fees: 5 sessions • $79
1 session at door • $21

3003 • DIGITAL PRIVACY 101
Alan Butler
We are constantly glued to our smartphones, tablets and computers. Even our home appliances are getting “smart.” Facebook, Instagram, Twitter and other sites have become a routine part of our daily lives. Yet we rarely consider the digital footprint we leave behind. Our daily activities generate tons of data, which is coveted by many different entities: companies, advertisers, identity thieves and governments. What rights do we have? How can we protect ourselves? Come learn about privacy and how to protect your data. (ages 13+)

Week 2, July 3–5 / W–F / 9:15–10:30 a.m.
Smith Library Classroom
Fees: 3 sessions • $65
1 session at door • $25

3004 • ENVIRONMENTAL SUSTAINABILITY
Len Sauers
Is climate change real? Will the next wars be fought over water? How much more plastic waste can our oceans tolerate? Climate change, water scarcity and solid waste management are three major drivers of environmental sustainability today. This course will delve into each of these issues to include an understanding of the science behind them, reasons for public discourse and the global efforts needed to get on a path toward resolution. (ages 16+)

Week 4, July 15–18 / M–Th / 9–10 a.m.
Turner 105
Fees: 4 sessions • $69
1 session at door • $21

3005 • BIG HISTORY AND SCIENCE
Robert Hopper
This class will explore the complex interactions between history, science and technology in the development of human society, from ancient to modern times. We’ll consider how to use science and lessons from history to ponder current problems. Guided by the instructor and visiting experts, we will discuss highlights of multimedia presentations by leading historians and scientists. (ages 14+)

Week 6, July 29–Aug. 2 / M–F / 3:30–4:45 p.m. / Turner Conference Room
Fees: 5 sessions • $85
1 session at door • $25

3006 • INTRO TO BLOCKCHAIN AND CRYPTOCURRENCIES
Robert Levin
We will focus on applications of the Blockchain and how the Blockchain and Cryptocurrency markets originate, function and create value. We will discuss how Investors conduct financial analysis on Cryptocurrencies. The course will introduce the history of the Blockchain and how it will disrupt several industries as a force for technology innovation in business, government and social impact. There are over 2,000 cryptocurrencies, and we will focus on the top 15, including Bitcoin, Ethereum, Ripple, EOS, Monera and others. (ages 16+)

Week 7, Aug. 5–7 / M–W / 12:30–2 p.m.
Hultquist 2018
Fees: 3 sessions • $75
1 session at door • $29

3007 • MODERN PHYSICS FOR THE CURIOUS
Ruth Wahl
This course will introduce you to the seemingly bizarre laws of quantum physics including particles that are in multiple places at the same time, go through barriers, appear to communicate across distances instantaneously and change behavior when observed. We will also discuss the Standard Model of Particle Physics, the Higgs bosons, the new field of quantum biology and the search for new particles. (ages 14+)

Week 9, Aug. 19–23 / M–F / 12:45–1:45 p.m.
Smith Library Classroom
Fees: 5 sessions • $79
1 session at door • $21

111 • IMMERSION IN ENVIRONMENTAL SCIENCE
Meghan Collins
See page 12 for details.

123 • NATURE JOURNALING FOR YOUTH
Paul Fehringer
See page 13 for details.

2506 • SCIENCE AND RELIGION ARE BETTER TOGETHER
Edwin Olson
See page 70 for details.

2728 • ENVIRONMENTAL ETHICS
Peter Wenz
See page 78 for details.

2740 • EVOLVING TRANSPORTATION AND URBANIZATION
William Chamberlin
See page 79 for details.

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
Special Interest

2700 • WAGNER’S RING CYCLE
Kaye Lindauer
We will celebrate highlights from these four famous operas, with an emphasis on Siegfried. DVD excerpts from multiple productions included. You’ll discover how this mythic musical drama illuminates the core understandings of Jungian Psychology. (ages 16+)
Week 1, June 24–28 / M–F / 12:30–1:30 p.m.
Hultquist 101
Fees: 5 sessions • $85
1 session at door (first day only) • $25

2701 • WOMEN WHO ROCK THE BOAT
Maureen Reed
Activists, stateswomen and school girls have won the Nobel Peace Prize. International leaders and superb communicators, these women surmount catastrophe and generate controversy. What propels them? What traits do they share? How do they succeed? Are they much different from you and me? Using videos, lectures and group discussions, this highly interactive class examines the lives of Mother Teresa, Aung San Suu Kyi, Wangari Maathai and the most recent Nobel winner, Nadia Murad. (ages 16+)
Week 1, June 24–28 / M–F / 3:45–5 p.m.
Turner Conference Room
Fees: 5 sessions • $95
1 session at door (first day only) • $25

2702 • ST. PAUL GOES TO LYSTRA
Kaye Lindauer
The Greek myth associated with the ancient city of Lystra will be retold followed by the biblical account of St. Paul’s first missionary journey to that city. The focus will be on this early confrontation between the people who sacrificed to the Olympian gods and Paul’s preaching about the creator God whom he worshipped. Slides of famous paintings included. (ages 16+)
Week 2, July 1–3 / M–W / 12:30–1:30 p.m.
Hultquist 101
Fees: 3 sessions • $65
1 session at door • $25

2703 • AMERICA’S DIVERGING ECONOMIES
Corey Townsend
According to the Economic Innovation Group, large parts of America are being left behind in today’s economy. Economic prosperity is concentrated in America’s largest cities, while economic stability outside of those communities is rapidly deteriorating. As a result, economic inequality is growing, meaning economic opportunity is more tied to location than ever before. We’ll discuss the growing prosperity gap between urban and rural communities, while seeking better understanding of the drivers of this phenomenon and considering ways to bridge the gap, with a focus on entrepreneurship. Materials fee of $5 due to instructor at start of class. (ages 14+)
Week 2, July 1–5 / M–F / 9–10 a.m.
Turner Conference Room
Fees: 5 sessions • $79 / Materials fee • $5
1 session at door • $25

2704 • BRIDGING FAITH AND GENERATING CONTROVERSY
Maureen Reed
Nuns, Lamas, bishops, and ministers have won the Nobel Peace Prize. How do their beliefs and values shape their work? How does their religious commitment drive them to international prominence while simultaneously bridging and generating controversy? Are they really much different from you and me? Using videos, lectures, and group discussions, this highly interactive class examines the lives and relevance of Mother Teresa, the Dalai Lama, Archbishop Tutu, and Dr. Martin Luther King, Jr. (ages 16+)
Week 2, July 1–5 / M Tu W F / 3:30–5 p.m.
Turner 105
Fees: 4 sessions • $89
1 session at door (first day only) • $29

2705 • HUMAN RIGHTS AND HUMAN WRONGS
Claude Welch
This course examines the development, primarily since World War II, of international systems for the promotion and protection of human rights. We will explore international law and treaties, the roles of NGOs and specific human rights issues globally through case studies. Special attention will be given to American policies on human rights, in comparison with other major industrialized states and world powers. (ages 14+)
Week 2, July 1–5 / M–F / 9–10:15 a.m.
Turner 103
Fees: 5 sessions • $95
1 session at door • $25

Master Class with Luis C.deBaca

2706 • MODERN SLAVERY: TRAGEDY AND HOPE
Luis C.deBaca
Be a modern Abolitionist! We’ll explore contemporary forms of slavery with an emphasis on how this ancient scourge touches our lives, whether through sex trafficking in our neighborhoods or forced labor in the supply chains that bring us clothes, food and phones. Topics include civil rights, international relations and corporate social responsibility. Stories of survivors’ strength and activists’ creativity will inspire us to workshop how our own “special skills” can be brought to bear to end modern slavery. Materials fee of $10 due to instructor at start of class. (ages 14+)
Week 2, July 2–4 / Tu–Th / 3:30–5 p.m. / Hultquist 101
Fees: 3 sessions • $95 / Materials fee • $10


To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Arizona State University Lincoln Center for Applied Ethics Master Classes

2707 • UNCOMMON COMMUNITIES FROM MULTICELLULARITY TO MULTICULTURALISM
Jason Scott Robert
Led by Dr. Robert, the first half of each session will include a lecture addressing principles of cooperation and conviviality across systems, from cells to societies. The second half will be more interactive, including reflection on the case studies presented in the 10:45 a.m. lectures throughout the week, affording us ample time to tie together the critical elements of this important “solutions-focused week” at Chautauqua, full of "power and promise." This class is a hybrid between lecture and seminar. (ages 16+)
Week 2, July 2–4 / Tu–Th / 3:30–5 p.m. / Alumni Hall Ballroom
Fees: 3 sessions • $95 / 1 session at door • $39

2708 • LIVING YOUR BEST LIFE THROUGH NARRATIVE
Jason Scott Robert
In this applied master class, Dr. Robert will, on the first day, introduce the role of narrative in autobiography (literally, self-life-writing but more compellingly, self-life-writing-and-telling-and-living). Over the next two days, via guided but open-ended prompts, class participants will engage in reflective writing and sharing exercises designed to build a sense of self, community and solidarity. Such exercises can at times be uncomfortable, but they are always liberating and will help learners achieve a fuller and more authentic Chautauqua experience. Bring a writing implement, along with a notepad or loose-leaf paper. (ages 16+)
Week 5, July 23–25 / Tu–Th / 3:30–5 p.m. / Alumni Hall Ballroom
Fees: 3 sessions • $95 / 1 session at door • $39

2709 • YOU WANT THE FUTURE? YOU CAN’T HANDLE THE FUTURE!
STRATEGY, GEOPOLITICS AND EMERGING TECHNOLOGIES
Brad Allenby
The Brexit vote in June 2016 and the American presidential election in November 2016 were only two of the indicators of a fundamental shift in culture and geopolitics driven by emerging technologies. While much effort is being expended to identify and respond to the immediate implications of this shift, far less is being done to understand the deeper, long term challenges raised by this new strategic and geopolitical environment. Such understanding is critical, because current technological trends render contingent not just existing electoral processes, but the very assumptions that undergird democracy itself. This class will identify and explore the implications of current trends and discuss elements of existing democratic systems which may already be obsolete, if not dysfunctional. This class is a hybrid between lecture and seminar. (ages 16+)
Week 8, Aug. 13–15 / Tu–Th / 3:30–5 p.m. / Alumni Hall Ballroom
Fees: 3 sessions • $95 / 1 session at door • $39

Dr. Jason Scott Robert holds the Lincoln Chair in Ethics and serves as director of ASU’s Lincoln Center for Applied Ethics and Dean’s Distinguished Associate Professor in the Life Sciences at Arizona State University. His scholarship currently focuses on the justification of controversial research in the neurosciences. Robert moved to ASU in 2004 from the philosophy department at Dalhousie University, where he was Assistant Professor and Canadian Institutes of Health Research New Investigator. He earned his Ph.D. (philosophy) in 2000 and M.A. in 1996 at McMaster University in Hamilton, Ontario.

Dr. Brad Allenby is President’s Professor of Civil, Environmental, and Sustainable Engineering, and of Law; Lincoln Professor of Engineering and Ethics; Senior Sustainability Scientist; and co-chair of the Weaponized Narrative Initiative of the Center for the Future of War at ASU. He received his J.D. and M.A. (economics) from University of Virginia and his M.S. and Ph.D. (environmental sciences) from Rutgers University. His latest books are Future Conflict and Emerging Technologies (2016), Weaponized Narrative: The New Battlespace (2017), and Moral Injury (2018).

2711 • GILGAMESH
Kaye Lindauer
The world’s oldest recorded story will be retold along with the fascinating account of its modern discovery in the form of 11 clay tablets. As the great poet Rilke said, “Gilgamesh is stupendous. I consider it to be among the greatest things that can happen to a person.” (ages 16+)
Week 3, July 8–12 / M–F / 12:30–1:30 p.m. / Hultquist 101
Fees: 5 sessions • $85
1 session at door • $25

2712 • ETHICAL PERSPECTIVE ON ECONOMIC INEQUITY
Elizabeth A. Sullivan
The United States is experiencing deep economic inequity, with the top 1% of the U.S. population controlling some 40% of the nation’s wealth. Debates about our ethical obligations and what role the government has in resolving this, if any, are an important part of public discourse. What do you think? Come to discuss and debate — with civility, of course. (ages 16+)
Week 3, July 8–12 / M–F / 9:15–10:30 a.m. / Smith Library Classroom
Fees: 5 sessions • $79
1 session at door • $21

2717 • LIVING YOUR UNLIVED LIFE
Kaye Lindauer
The meaningful aging process requires that one confronts the psychological work that is yet to be done and finding appropriate ways of manifesting one’s previous unlived life in the mature years. This is a class in Jungian psychology. (ages 16+)
Week 4, July 15–19 / M–F / 12:30–1:30 p.m. / Hultquist 101
Fees: 5 sessions • $85
1 session at door • $25

2718 • BREAKING THE CYCLE OF POVERTY IN AMERICA
Elizabeth A. Sullivan
The cycle of poverty seems like an intractable problem. Where are the entry points to pull people out of poverty? Education? Health care? Dealing with crime, violence, addiction? Debates about our ethical obligations and what role the government has, if any, in resolving the problems of poverty, are an important part of public discourse. What do you think? Come to discuss and debate — with civility, of course. (ages 16+)
Week 4, July 15–19 / M–F / 3:30–4:45 p.m. / Turner 103
Fees: 5 sessions • $79
1 session at door • $21

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
RETHINK: DIVE DEEPER WITH NATIONAL GEOGRAPHIC SOCIETY

In Week Three of the 2019 season, Chautauqua Institution explores “A Planet in Balance” in partnership with National Geographic Society. Each afternoon offers the opportunity to engage with the day’s Amphitheater lecturer in a classroom setting, digging deeper into the issues examined from stage that morning, learning more about the speaker’s extensive work, and discussing ways in which one can apply such learning within their community and their world. Course descriptions will be available at classes.chq.org beginning May 1. (ages 14+)

2713 • A CONVERSATION WITH COREY JASKOLSKI
Corey Jaskolski is an inventor, engineer, National Geographic Fellow, photographer, AR and VR developer, and an explorer who specializes in creating technologies for some of the most challenging environments on Earth. Jaskolski has developed a suite of exploration technologies including archaeology search drones, robotic underwater camera systems, color night vision platforms, 3D scanning camera traps, and underwater laser scanners. His technical imaging and scanning work has taken him to some of the world’s most sacred and beautiful places including dives in the frigid waters of Antarctica for VR capture, 3D scanning in the Tomb of Jesus, working 12,500 feet deep in a three-man subs in the wreck of the Titanic, spherical image capture inside Tut’s tomb, aerial LIDAR scanning of Chichen Itza, VR capture in some of Italy’s most iconic cathedrals, and deep into underwater caves containing Mayan human sacrifice victims for 3D scanning.

Week 3, July 8 / M / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • $50

2714 • A CONVERSATION WITH STEVE WINTER
Wildlife photographer Steve Winter has spent over 20 years leading photographic expeditions to remote locations around the world on a mission to document big cats. Winter’s dedication to the protection of these iconic animals on the brink of extinction in the wild is evident throughout his career where he has served as an ambassador for the wildlife he photographs. Winter began shooting for National Geographic in 1991. He has covered many subjects for National Geographic Magazine, including the natural history of Cuba, Russia’s giant Kamchatka bears, Myanmar’s Irrawaddy River, snow leopards, cougars, Kaziranga National Park, tigers and leopards. Winter has been named BBC Wildlife Photographer of the Year and BBC Wildlife Photojournalist of the Year. In November 2013, National Geographic published Winter’s photography book, ‘Tigers Forever: Saving the World’s Most Endangered Cat’.

Week 3, July 9 / Tu / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • $50

2715 • A CONVERSATION WITH RAE WYN-GRA T
Rae Wynn-Grant is a conservation scientist, large-carnivore ecologist, nature storyteller, and advocate with expertise in using emerging technology to identify how humans are changing the way carnivores use landscapes. She is currently studying the ecological and social drivers of human-carnivore conflict and how human development can either facilitate or disrupt connectivity of carnivore habitat. She is carrying out this work in the Great Plains of northeast Montana where she is studying potential habitat corridors that can aid in grizzly bear conservation. Wynn-Grant is also a 2018 fellow with National Geographic Society working on carnivore conservation in partnership with the American Prairie Reserve. She is the Equity, Inclusion, and Diversity Officer on the Board of Governors for the Society for Conservation Biology, focusing on the tools needed for advancing issues related to equitable opportunity and representation in conservation biology.

Week 3, July 10 / W / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • $50

2716 • A CONVERSATION WITH KEVIN HAND
Astrobiologist, planetary scientist and 2011 National Geographic Emerging Explorer Kevin Hand’s research focuses on the origin, evolution, and distribution of life in the solar system, with an emphasis on moons of the outer solar system that likely harbor liquid water oceans. These ocean worlds are prime targets in our search for life beyond Earth. Working at NASA’s Jet Propulsion Laboratory, Hand is helping plan a mission to Jupiter’s moon Europa to get a closer look at a vast, sub-surface ocean and to see if it harbors any signs of alien life. In an effort to understand the extremes of life on Earth and how habitable other worlds might be, Hand has traveled to the most forbidding environments on Earth — from 87 degrees North in the Arctic to 77 degrees South in Antarctica, to over 19,000 feet above sea level on Mount Kilimanjaro to 12,000 feet deep in the ocean.

Week 3, July 11 / Th / 3:30–5 p.m. / Hultquist 101 / Fees: 1 session • $50

= Visit classes.chq.org for required materials lists  = Young people may attend  = Materials fee applies  = “On theme”
2728 • ENVIRONMENTAL ETHICS
Peter Wenz
How much economic effort is required to combat global warming? What are our energy alternatives? Should scientists genetically engineer the anopheles mosquito to eradicate malaria? Should environmental values guide our behavior as consumers, influencing the kinds of cars we drive and clothes we wear? Should environmentalists be vegetarians or vegans? We'll discuss these and other matters at the intersection of modern life and environmental sustainability. (ages 14+)
Week 5, July 22–26 / M–F / 1:45–3 p.m.
Turner 105
Fees: 5 sessions • $89
1 session at door • $25

2729 • THE ROLE OF THE JUDICIARY IN AMERICA
Alan Gershenson
Abortion, campaign financing, same-sex marriage, gun control, prayer in schools, immigration. These are all subjects where the courts have held that laws or actions by democratically elected legislatures or executives are unconstitutional. How do those cases get to and through the court system? Are the courts acting properly or are they assuming too much power? We will discuss what should be the balance between the judicial and the elected legislative and executive branches. (ages 16+)
Week 5, July 22–26 / M–F / 9–10:15 a.m.
Turner 105
Fees: 5 sessions • $89
1 session at door • $25

2730 • ALLIES AND ACRONYMS: GENDER TODAY
Amy Schiller
“Preferred pronouns.” “Non-binary.” “Genderqueer.” What do these mean? We are in a wonderful and confusing historical moment for gender identity and sexuality. Emotions often run high around such sensitive issues; this course is designed to be a safe introductory opportunity to clarify the terms and concepts behind sexuality today. Learn how to support loved ones and friends seeking recognition and respect, or better understand the increasingly public stories of people on the gender identity spectrum. (ages 16+)
Week 6, July 29–Aug. 1 / M–Th / 9–10:15 a.m.
Turner 105
Fees: 4 sessions • $79
1 session at door • $25

2731 • VIRGIN MARY IN WESTERN ART
Kaye Lindauer
The historical overview of images of Mary will be coupled with commentary on both the art and the stories the art interprets. The focus will be on the conception of Mary, her childhood, her betrothal, the annunciation and the nativity. Sources for the commentary include both biblical and apocryphal writings. (ages 16+)
Week 6, July 29–Aug. 2
M–F / 12:30–1:30 p.m. / Hultquist 101
Fees: 5 sessions • $85
1 session at door • $25

2732 • COMEDY ON TRIAL
Sheldon Seligsohn
Law and lawyers are so pervasive in American life and popular culture that they invite parody. Numerous courtroom comedies have responded enthusiastically to that invitation. To demonstrate the legal effect of humor in trials, a veteran trial lawyer will use film clips from several movies: “My Cousin Vinny,” “Chicago,” “Legally Blonde,” “Bananas” and others. (ages 15+)
Week 6, July 29–Aug. 2 / M–F / 9–10:30 a.m.
Hultquist 101
Fees: 5 sessions • $95
1 session at door • $29

2733 • HELP YOUR PET LIVE LONGER!
Kevin Toman
This course will offer dog and cat owners a better understanding of both their pet's health and how to use holistic veterinary care to help their pets live longer. Taught by an integrative veterinarian with over 30 years' experience, topics will include breed risks, preventive healthcare, diets, common medical problems and integrative healthcare. We'll discuss how to partner with your veterinarian to offer your pet optimal quality — and quantity — of life, and maybe even save a little money along the way. Students are encouraged to bring their own pets' health records for discussion. (ages 16+)
Week 6, July 29–Aug. 2 / M–F / 1–2:30 p.m.
Turner 103
Fees: 5 sessions • $95
1 session at door • $29

2734 • DOGS: MAGIC TRICKS, MAGIC TOUCH
Skye Anderson
Tricks are fun! They come without expectations, so you are more relaxed. Try your paw at Twist, Spin, Around, Open/Close a Door, Bow, Pray, Crawl, Rollover. Remember, “It's all tricks!” Fifteen earns the Novice Trick Dog Title using positive reinforcement (send in application fee). Learn benefits of canine massage for healthy dogs and when not to massage. Practice strokes in a relaxed setting. Learn a short massage routine. Materials fee of $5 due to instructor at start of class. (ages 14+)
Week 6, July 29–Aug. 2 / M–F / 3:30–5 p.m.
Turner 106
Fees: 5 sessions • $95 / Materials fee • $5
1 session at door (first 2 days only) • $29

2735 • FREUD AND JUNG
Kaye Lindauer
Once very close colleagues, the dramatic split in their friendship resulted in a further development of the understanding of the human psyche. The story of this historic relationship will be recounted along with commentary on their contributions to our understanding of the human condition, including dreams. DVD excerpts from multiple documentaries and other films included. (ages 16+)
Week 7, Aug. 5–9 / M–F / 12:30–1:30 p.m.
Hultquist 101
Fees: 5 sessions • $85
1 session at door • $25

2736 • GRACE: IT'S HOW WE HEAL
Helen Glaze & Brian W. Grant
A father-daughter team — both psychotherapists, one an internationalist and one a theologian — explores how we are gifted by evolution, God, and one another in contexts ranging from couples therapy, psychoanalysis, spiritual disciplines, and Truth and Reconciliation Commissions. How we survive on the sensitivity of others will be examined though the lenses of multiple bodies of thought and action. We will look at how to extend and receive grace, how we can get better at it, and when it’s contraindicated. (ages 15+)
Week 7, Aug. 5–9 / M–F / 12:30–1:30 p.m.
Hultquist 201A
Fees: 5 sessions • $79
1 session at door • $21

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
2737 • FENG SHUI BASICS
Linda Ells
Empower yourself by creating balance and harmony in your surroundings with Feng Shui, the ancient Chinese art and science of placement. Gain an understanding of the fundamentals and how to apply some basic techniques. Learn about the origins and history of Classical Feng Shui and examine various Feng Shui theories including Five Element Theory, Pa Qua, and 8 Mansions Formula. Helpful tips and resources provided for further exploration of this fascinating topic. (ages 14+)
Week 7, Aug. 9 / F / 1–3 p.m. / Hultquist 201B
Fees: 1 session • $39

2738 • VAN GOGH: HIS LIFE AND WORK
Kaye Lindauer
Yes, the artist did cut off his ear in a state of madness! Come to know this genius and his paintings more fully through the retelling of stories of his life and commentary on his art. (ages 16+)
Week 8, Aug. 12–16 / M–F / 12:30–1:30 p.m.
Fees: 5 sessions • $85
1 session at door • $25

2739 • INNOVATORS OF THE HOLLYWOOD MUSICAL
Phillip Atteberry
This course spotlights artists who developed and advanced the Hollywood musical as an art form. Artists include Busby Berkeley, Judy Garland, Fred Astaire and Gene Kelly, among others. Each class will include extensive film excerpts interspersed with lecture and discussion. The purpose of the course is to reveal how the film musical both reflected and shaped American culture in the 20th century. (ages 14+)
Week 8, Aug. 12–16 / M–F / 4–5:15 p.m.
Fees: 5 sessions • $95
1 session at door • $25

2740 • EVOLVING TRANSPORTATION AND URBANIZATION
William Chamberlin
The patterns of U.S. urban growth have been influenced extensively by evolving modes of transportation. We will explore the technological developments and political forces enabling transitions from horse power to water transport to rail to highways and how this evolution has influenced urban life. Each transition has influenced urban development and raised issues. We will also consider how evolving mobility options such as self-driving vehicles and urban rail may impact future urban life. (ages 14+)
Week 8, Aug. 12–16 / M–F / 4–5 p.m.
Fees: 5 sessions • $79
1 session at door • $21

2741 • BEYOND THE “ROAD SHOW”
Robert Hopper & Nancy S. Willcox
Our two instructors, a Certified Appraiser and an experienced Collector/Dealer, will help your family avoid painful mistakes while managing the generational transfer of potentially valuable possessions. Gain tips to identify, organize and care for your objects while enhancing value and conserving for posterity. Learn how to donate items to non-profit organizations, such as museums and universities. Identify choices for the sale of various items at best advantage. (ages 16+)
Week 8, Aug. 12–16 / M–F / 9–10:15 a.m.
Fees: 5 sessions • $85
1 session at door • $25

2742 • UNDERSTANDING CONTEMPORARY AFRICA
Claude Welch
Americans lack significant knowledge about Africa and its 54 diverse states. This course examines Africa in light of its geography, history, resources and peoples. After a general introduction to the entire continent, attention will be given to major African countries and to the roles of external powers. Major topics include African literature, nationalism and post-independence political developments. (ages 14+)
Week 8, Aug. 12–16 / M–F / 9–10:15 a.m.
Fees: 5 sessions • $95
1 session at door • $25

2743 • WOMEN CHALLENGING AND CHANGING POWER
Valerie Miller
Women globally organize to build their personal and collective power in the face of growing misogyny and violence. Courageous and creative, they defend not only their own rights but the dignity of their families and communities and the health of the planet. Their stories and strategies inspire. Through lively discussion and participation, we will examine their struggles while sampling some of their organizing approaches first hand — facilitated by an expert in international women’s rights (ages 16+)
Week 8, Aug. 13–15 / Tu–Th / 8:30–10:30 a.m.
Hultquist 201B
Fees: 3 sessions • $89

2744 • GLOBAL POWER AND THE RULE OF LAW
Donna Schuele
Warfare may be the ultimate expression of power among nations, but various tools have been developed in the modern era to settle differences peaceably. This course explores the growing reliance on international law, including the time-honored use of treaties, creation of a law of war, the mission of the United Nations, the Nuremberg trials’ criminalization of genocide, and the establishment of modern international claims and criminal tribunals. We will conclude by exploring the rejection of globalization by the current administration. (ages 14+)
Week 8, Aug. 12–16 / M–F / 9:15–10:30 a.m.
Fees: 5 sessions • $95
1 session at door • $25

2746 • EXPLORING RACE AND CULTURE AT THE MOVIES
Jack Garner
To align with the Week Nine theme of “Exploring Race and Culture in America,” this course examines the challenges, gifts, and defining characteristics of various ethnic groups in America, be they African American, Native American, Latino, Indian, or Asian, as depicted in the movies. (ages 14+)
Week 9, Aug. 19–21 / M–W / 9–10:30 a.m.
Fees: 3 sessions • $75
1 session at door • $29
2747 • WHAT TREE IS THAT?  
Celeste Janosko  
For those who take walks in the woods, stroll down a tree-lined street or drive through a beautiful forest and wonder, “what tree is that?” By simply examining leaves and their placements on a branch, one can easily identify these beauties of nature by using a nature key. Factors influencing your choice of tree selection for landscaping will also be discussed as we become tree identifiers. (ages 16+)  
Week 9, Aug. 19–21 / M–W / 8:45–10:15 a.m.  
Turner 103  
Fees: 3 sessions • $75  
1 session at door (first 2 days only) • $29

2748 • RACE, RACISM AND SCHOOLS  
Dr. Jenna Cushing-Leubner  
Why do we see such racial disparities in our schools? What policies (historical and contemporary) can be changed to reverse these outcomes? We will examine how we got where we are today by first looking at historical economic, political, and social formations of race in the U.S. Then, we’ll explore the historical policies and designs of schools in relationship to native/indigenous peoples, descendants of enslaved Africans, people of European descent, and Spanish speakers with roots in Latin America and the Caribbean. We will also see examples of schools that reverse these trends. (ages 14+)  
Week 9, Aug. 19–22 / M–Th / 3:30–4:30 p.m.  
Smith Library Classroom  
Fees: 4 sessions • $69  
1 session at door • $21

2749 • ODYSSEUS: A HERO’S ENCOUNTER WITH THE FEMININE  
Kaye Lindauer  
Hear stories with commentary on excerpts from Homer’s epic of the extraordinary relationship between Odysseus and both goddesses and mortal women during his 10-year journey to return to Ithaca after the Trojan War. Studied from the point of view of Jungian psychology, each episode will be looked at metaphorically as a reflection of our own journeys toward psychological wholeness. (ages 16+)  
Week 9, Aug. 19–23 / M–F / 12:30–1:30 p.m.  
Hultquist 101  
Fees: 5 sessions • $85  
1 session at door • $25

Master Class with Robin Wright

2750 • THE HISTORY OF AMERICAN PUBLIC EDUCATION  
George D. Dalbo  
The K-12 public education system is among the most lauded and most contentious institutions in American history and contemporary discourse. This course will explore the history of public education in the United States from its New England roots through desegregation to the present-day reform efforts. In addition, we will examine the debates surrounding teacher retention, charter schools, and standardized testing. Participants will come away with an understanding of the vital role of education in the American democracy. (ages 14+)  
Week 9, Aug. 19–23 / M–F / 2:15–3:15 p.m.  
Hultquist 201B  
Fees: 5 sessions • $79  
1 session at door • $21

2751 • THE INTERSECTION OF FOOD AND FILM  
Suzanne Cope & Tim Kiernan  
Explore the intersections of food and film — both theoretically and experientially through watching, tasting and active discussion — as we explore film as a historical document that also represents a moment in time and place. By highlighting the way that food is represented in film over the last century alongside the power of film as its own medium for communication, we will also compare these two seemingly disparate mediums and how they can help bring awareness, create community, represent culture and inspire change. Includes in-class tastings and concurrent cinema offerings. Materials fee of $50 due to instructor at start of class. (ages 18+)  
Week 9, Aug. 19–23 / M–F / 4–5:30 p.m.  
Hultquist 101  
Fees: 5 sessions • $89 / Materials fee • $50  
1 session at door • $25

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Chautauqua Theater Company

2800 • PUTTING IT TOGETHER
Chautauqua Theater Company

Ever wonder what it really takes to put on a show? Spend a week behind the scenes at CTC! Each day, a different piece of the process will be examined under the guidance of CTC professionals. Participants will go inside the costume, scene and prop shops, sit in on part of a tech rehearsal, and get an in-depth backstage tour! A veritable slough of “visiting professors” will explain the trade from their perspectives, and open your eyes to the many wonderful possibilities for involvement in the theater. (ages 14+)

Week 5, July 22–26 / M–F / 2–3:30 p.m.
Hall of Ed. (Sheldon) Rm. 202
Fees: 5 sessions • $95
1 session at door • $29

2901 • IMPROVISATIONAL THEATER SKILLS
Sasha DC Orr

In this class, you will be on your feet 80% of the time, performing a wide range of improv exercises. No experience necessary. Each activity is tied to a valuable acting skill, and you will learn how to assess and expand these skills. Much fun will be had by all. Over three days, your burgeoning understanding of humor and character development will culminate in a small group performance of a piece which your teammates have designed. (ages 10+)
Week 6, July 29–31 / M–W / 3:30–5 p.m.
Turner 105
Fees: 3 sessions • $75
1 session at door (first day only) • $29

2902 • IMPROV FOR LIFE
John C. Barthelmes

“I can’t do improv.” The first rule of improv is the “Yes!” — so yes you can! Learn from a professional improv performer and trainer the tricks to make improv scenes successful. You’ll also learn how to apply improv techniques to stage performance, presentations and professional situations like sales, training, confrontation and negotiation. Plus, you’ll learn how to make people laugh! (ages 14+)
Week 9, Aug. 19–23 / M–F / 3:15–4:15 p.m.
Turner Conference Room
Fees: 5 sessions • $79
1 session at door (first day only) • $21

117 • BROADWAY KIDS!
Melissa Charles
See page 12 for details.

122 • IMPROVISATION FOR YOUNG PEOPLE
Elise Morrison
See page 13 for details.

126 • UNEXPECTED FUN! IMPROV FOR KIDS
Jody Brooks & Gary Shields
See page 14 for details.

133 • WHAT’S MY LINE? IMPROV FOR KIDS
John C. Barthelmes
See page 15 for details.

1801 • MAJOR DILEMMAS IN SHAKESPEARE
Ruth Gerrard Cole
See page 58 for details.

1804 • SHAKESPEARE AND TWAIN
Ruth Gerrard Cole
See page 58 for details.

2203 • BACKSTAGE AT THE OPERA
Nancy A. Seel
See page 63 for details.

2204 • UNDERSTANDING OPERA: THE BARBER OF SEVILLE
Nancy A. Seel
See page 63 for details.

2207 • UNDERSTANDING OPERA: GHOSTS OF VERSAILLES
Nancy A. Seel
See page 65 for details.

2316 • YES, LET’S! SPARKING YOUR CREATIVITY
Jody Brooks & Gary Shields
See page 68 for details.

2700 • WAGNER’S RING CYCLE
Kaye Lindauer
See page 74 for details.

Theater: Other

2900 • ACTING WORKSHOP
Melissa Sivvy

This class is for anyone who enjoys acting or has always wanted to try. Learn valuable concepts and techniques for preparing monologues, performing scenes and auditioning for plays. Go home this year ready to try out for your community theater! Also includes improvisation and vocal work for improving skills in anything from playing charades to public speaking. No experience necessary! (ages 14+)
Week 4, July 15–18 / M–Th / 2–4 p.m.
Turner Conference Room
Fees: 4 sessions • $105
RECHARGE: ONE-DAY WORKSHOPS

If you only have a short time to spend in a class, consider taking one of these one-day workshops to recharge. In many instances, you may also attend one day only of a multiple-day course. For more information, see individual course listings. Master Classes provide additional opportunities for single-session courses and are listed on page 102.

Handcrafts & Hobbies

1105 • SIT AND SEW SATURDAY
Week 1, June 29 / Week 2, July 6 / Week 3, July 13

1106 • RESIN PENDANTS: INSTANT GRATIFICATION!
Weeks 1, 2, 4, 5, 6, 8, 9 / Tu

1117 • DYED SILK SCARVES: QUICK, EASY AND FUN
Week 3, July 8 / Week 7, Aug. 5

1121 • EXPLORING ALCOHOL INKS
Week 4, July 18 / Week 9, Aug. 22

1125 • CORDAGE WORKSHOP
Week 5, July 25

Health

1300 • INTRODUCTION TO AROMATHERAPY
Week 1, June 24 / Week 4, July 15

1308 • LAUGHTER WORKS: HUMOR, PLAY AND HEALTH
Week 6, Aug. 2

Writing & Literature

1802 • SATURDAY MORNING SHORT STORY DISCUSSION
Weeks 1–8 / Sa

Music

2003 • ACCESS TO ARTISTS: DONALD SINTA QUARTET
Week 8, Aug. 13

2202 • MUSIC: ENERGY TO CHANGE OUR WORLD
Week 1, June 28

Photography

2402 • TWILIGHT PHOTOGRAPHY SESSION
Week 1, June 25 / Week 2, July 2

Sailing

2604, 2605 • GUIDED SAILING EXPERIENCE
Weeks 1–9 / Tu or Th

Special Interest

2737 • FENG SHUI BASICS
Week 7, Aug. 9

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org

William Kuntz and Selina Uglow lead one-day culinary classes (page 26)
SKYE ANDERSON  
Dogs: Magic Tricks, Magic Touch (p. 78)  

DIANE ANDRASIK  
Advance Your Photography . . . (p. 69); Better Camera Phone Photography (p. 69); Fundamentals of Photography (p. 68); Get Off Auto . . . (p. 68); Photographing Porches, Boats . . . (p. 69); Twilight Photography Session (p. 69)  
B.A., M.A., SUNY Fredonia. Thirty-four years’ experience teaching high school. Professional portrait and landscape photographer for 40 years, with work placed at Chautauqua Bookstore and other venues. Twenty-eighth year instructing in Special Studies. Author of Arcadia pictorial history book, Dunkirk. Member of SNAPP, PPPSNS, NAPP. Dunkirk City Historian. dianeandraskiphotography.com

MEREDITH ANDREWS  
Toddler Time (p. 10)  
B.A., M.A., Alleghehny College. Twenty-five years’ teaching experience in elementary school K–4; currently teaching fourth grade at Karen Elementary School in Clifton Park, NY.

BONNIE ASHMORE  
Young Artists Age 6-11 (p. 18)  
M.F.A., American Univ.; B.A., fine arts, post-baccalaureate certificate in painting, Brandeis Univ. Bonnie first attended the Chautauqua School of Art as an undergraduate for two years, has been on the VACI faculty for the last six summers, and is a painter and printmaker. Full-time faculty in fine arts/visual studies department at North Shore Community College in Danvers, MA. Member of Gallery 263 in Cambridge, MA, and has shown work in group and solo shows in the U.S. and Canada. www.bonnieashmore.com

PHILLIP ATTEBERRY  
Innovators of the Hollywood Musical (p. 79)  
B.A., education, Univ of Evansville; M.A., English, Washington Univ.; Ph.D., English, Washington Univ. Thirty-five years of university teaching experience; currently teaching English and History of Jazz and Intro to Film at U of Pitt-Titusville. Recipient, Outstanding University Teaching Award, Lincoln Memorial University, 1989. Contributor and editorial consultant to several music publications.

KAREN AUER  
“Stained Glass” Iris or Poppy Wallhanging (p. 37)  
B.A., Purdue Univ.; M.S., Purdue Univ. Thirty years of biology and chemistry teaching experience, high school and middle school. Currently retired, an avid quilter/sewer/knitter and an active member of a large quilt guild. Have shown quilts and won awards at local quilt shows. Teach quilt classes locally.
CHRISTA BECK  
Kindermusik Plus Art (p. 10); Sign and Sing with Your Child (p. 10)  
B.S., West Virginia Wesleyan College; M.S., Wake Forest Univ.  Five years’ college math teaching experience. Eighteen years as owner and Top Program educator at Kindermusik with Christa Beck. Employed as Coach for Kindermusik University at Kindermusik International.  
www.kindermusikwithchrista.com

KIT BENSON  
Weaving With Plarn (p. 41)  
B.A., Emory and Henry College; M.S., UT Martin; Ed.S., Univ. of West Georgia. Forty years’ teaching experience, professional basket weaver and crafter. Started Yarn With a Mission, Mats for Missions and a local library Knitting Club. Kit learned to knit at age six which sparked her journey of crafting.

PAUL BENSON  
A History of American Utopias (p. 50)  
B.A., Pacific Lutheran Univ.; Ph.D., Univ. of North Texas. Long-time professor of religion and humanities at Mountain View College; adjunct professor at Dallas Baptist Univ. Started teaching career in the Freedom Schools of rural Alabama; appointed director of five National Endowment for the Humanities’ Institutes or Workshops with the most recent one on slavery in 2018; winner of four national teaching awards.

RAVIS AARON BISNO  
The Power of Speech in Judaism (p. 71)  
B.A., Washington Univ.; MSOD, Univ. of Pennsylvania; MAH & Ordination, Hebrew Union College. Twenty-three years Reform rabbi; Benemerenti Medal awarded to a non-Catholic by Pope Benedict XVI for “outstanding contributions to interfaith relations.” Rabbi Bisno is a faculty member of FASPE. Fellowships at Auschwitz for the Study of Professional Ethics (FASPE), an intensive two-week study program in professional ethics and ethical leadership for seminarians of all religions.

MICHICHE BISNO  
Pilates and Props (p. 45)  
B.A., psychology, Univ. of Maryland; M.S., mental health counseling, St. Thomas Univ.; Ed.D., educational leadership, Nova Southeastern Univ. Serial entrepreneur and owner of: Achievement in Motion, human resources development; Modstone, importer of flexible stone; and Cardiomom, a mom and baby stroller fitness program. Has taught a variety of fitness classes for the past 35 years including at The White House under the Reagan/Bush administration.

JUSTIN BRAVER  
A Beginner’s Guide to Brewing Beer (p. 25)  
B.S., Univ. of Vermont. A passionate home brewer with over 25 years of experience, Justin has served as an assistant brewer in a world-class brewpub and as brewmaster/brewing instructor at a “You-Brew” establishment. An avid craft beer aficionado, he can occasionally be found furthering his education and conducting research at local beer festivals.

DEBORAH H. BRIGGS  
Awakening the Sage Within (p. 67)  
M.A., organizational psychology, Columbia Univ.; B.A., psychology, CUNY Certified Sage-ing® Leader from Sage-ing® International. Over 30 years’ experience helping others discover, celebrate and use their unique gifts through the creation of Gymboree and Huntington Learning Centers in NYC and Dancing Classrooms Southeast Florida, all to help others find their best selves and live in joy. www.sage-ing.org

JODY BROOKS  
Unexpected Fun! Improv for Kids (p. 14); Yes, Let’s! Sparking Your Creativity (p. 68)  
B.A., M.A., Ed.S., education, Univ. of Michigan; M.A., counseling, Oakland Univ. Graduate of Second City Improv Academy, Detroit, MI; Certified Bioenergetic Therapist in private practice for more 20 years; over 30 years’ teaching and teacher consultant experience.

BECKY BROWN  
Envisioning a Healthier You (p. 49)  
B.S., pharmacy, Duquesne Univ. Certified Integrative Health Coach, Duke Integrative Medicine; National Board Certified Health & Wellness Coach (NBC-HWC). Registered pharmacist with 35 years’ experience, knowledge of healthy lifestyle practices to enhance the treatment of chronic disease, and a passion to empower others to live a life of optimal health and graceful aging. Private integrative health coaching practice in the Pittsburgh area. www.livewell2agewell.com

JESSICA BRUDER  
Narratives of Belonging (p. 54)  
Jessica Bruder is an award-winning journalist whose work focuses on subcultures and economic justice. Her work on Nomadland: Surviving America in the Twenty-First Century (a 2018 CLSC selection) spanned three years and more than 15,000 miles of driving. She has been teaching at the Columbia School of Journalism since 2008.

STEPHANIE BUKOWSKI  
Full Body Boot Camp (p. 46)  
Stephanie is a certified personal trainer, Core and Functional Kickboxing instructor through FiTour. In additional to personal training, you can find her year round at Chautauqua Health & Fitness leading morning and evening group exercise classes. Stephanie embraces coaching her clients on their fitness journey at becoming mindfully focused and stronger.

ALAN BUTLER  
Digital Privacy 101 (p. 73)  
Senior counsel at EPIC, a non-profit research and advocacy center in Washington, DC, focusing public attention on emerging privacy and civil liberties issues. Files briefs and argues in privacy, transparency and civil liberties cases before the U.S. Supreme Court and other courts. He is also a recognized expert at the intersection of privacy, technology, and communications policy.

CASSANDRA BUTLER  
Self-Shiatsu: A Stress Buster Technique! (p. 49)  
B.S., Cornell Univ.; M.S., Syracuse Univ. Thirty years’ teaching experience in college and community education; currently massage therapist with Buffalo Brain and Spine Center. Offers consulting and teaching healing technologies to Buffalo Public Schools. Develops international workshops and retreats. Mastery in meditation, massage and healing technologies. International consulting practice.

HUGH BUTLER  
Bridge for Absolute Beginners (p. 34); How To Defend A Bridge Hand (p. 36); Notrump Bridge Secrets Revealed (p. 34)  
Established software development firm that became Computer Consultants Corporation, sold to Fortune 500 Financial Services firm in 2004, retired in 2007 to move to Chautauqua. Has served as trustee of a mutual fund based in San Francisco since 1995. Active volunteer at Chautauqua and in surrounding county. Trustee of Chautauqua Institution, Chair of Governance Committee, Chautauqua County Land Bank; chair of “Executives of Chautauqua.”

ANDREA CALI  
Broadway Tap: Beginning to Advanced Beginning (p. 32); Introduction to Broadway Tap (p. 32)  
B.A., Wellesley College; J.D., Case Western Reserve Univ. School of Law. Over 20 years of tap dance experience, in both Broadway and rhythm tap styles. Director of adult tap dance performance group since 2006. Nearly 35 years as an attorney for the Federal government, most recently employed by the Department of Justice in the immigration law area.

REV. SUSAN CARTMELL  
Biblical Moments that Changed the World (p. 70)  
B.A., Mount Holyoke; M.Div., Harvard Divinity School; D.Min., Andover Newton Theological School. 36 years’ experience teaching Bible stories and demonstrating the connections between scripture and contemporary issues and questions for audiences in churches and community settings. Author of a book about how to find contemporary themes in scripture. Leader of workshops for clergy on using the Bible to address modern questions from 2015 to present. www.UnCommonPreacher.net

AMANDA CARUSO  
Barre Fitness (p. 46); Indoor Cycling Party (p. 42)  
B.A., English, SUNY Fredonia. AFAA Personal Training Certification, ACE Group Fitness Certification, Exhale Barre Certification. Eight years’ experience teaching barre and boutique cycling classes to groups up to 50 people.
KAY CASKEY
Laughter Works: Humor, Play and Health (p. 48)
Life-long laugh!er Kay Caskey has studied humor and holistic health for decades. Teaches health and humor to graduate students at Western Michigan Univ. and through their company, Laughter Works, she and Laurie Young have presented over 1,000 keynotes and workshops all over the world to a variety of organizations in fields ranging from human service, education, health and business.

ROSANNA CENTANNI
Simply Southern Italy (p. 29)
Rosanna is a native of Italy who leads customized small group tours to its southern regions. Wholesome, farm-fresh food is central to Italian life, and Rosanna routinely offers classes on authentic Italian cooking for her travelers. She holds a bachelor’s from St. John Fisher College and served as director of an Italian cultural center at Nazareth College for 12 years.

PATRICIA CERMAY
Chautauqua in Needlepoint (p. 40)
B.A., M.A., Kent State Univ. Thirty years’ teaching experience for grades 6-9. Currently designing and teaching needlework for various guilds. Employed at a needlework shop and does the finishing for said shop.

JEAN CHANDLER
Across Political and Religious Divides (p. 76)
B.A., Mount Holyoke College; M.A., Fletcher School of Law and Diplomacy; MAT and Ed.D., Harvard Graduate School of Education. Thirty-seven years’ teaching experience in adult education programs and at graduate and undergraduate levels. Have traveled all over the world and lived in four European countries.

MATT CHARLES
Telling Your Organization’s Story (p. 22)

MELISSA CHARLES
Broadway Kids! (p. 12)
B.A., UVA. Ten years’ teaching experience ages 5-adult; currently the producing artistic director of DMR Adventures, president of the Belmont Arts Collaborative, and drama teacher at the Village School. Member of Actors Equity Association and SAG-AFTRA, and on the Board of the Virginia Theatre Association. Recipient, 2018 Freddie G Fellowship. www.DMRAdventures.com

JEROME CHESLEY
Painting Chautauqua’s Boats, Water and Sky (p. 20);
Painting Florals and Still Life (p. 21)
B.S., M.S., SUNY College at Buffalo; Univ. of Art-Siena, Italy. Over 20 years’ teaching experience, high school and college. Currently teaching workshops throughout Florida. Judge/juror for art shows and exhibitions. 2018 president and signature member of Florida Watercolor Society. FSWS Master Signature member and past president. Board member of Florida arts organizations.

PIA CIVILETTI
Fast, Easy, Healthy: Desserts (p. 29); Fast, Easy, Healthy: Juicing Power (p. 29)
B.S., Penn State Univ. Certified Health Coach, IIN, Reiki Master and former Certified Personal Trainer. Pia educates her clients on what goes in the body, on the body and around the body: A body, mind and spirit approach is used to lead her clients to a happier and healthier life.

CAROL CLARK
Money Matters: Reducing Investment Costs (p. 23);
Trump Economy: Investment Implications (p. 22)
B.A., Wesleyan Univ.; M.B.A., Cornell Univ. CFA with 28 years of financial markets experience. Carol founded OnCenter Financial to serve the wealth management needs of baby boomers and retirees. Vice president at BioEnterprise for 11 years where she was managing director of a private equity fund that delivered a 72% IRR. Previously managing director and portfolio manager at Bank of Boston where she managed a $2 billion portfolio.

DIANE K. CLARK
The Sacredness of the Spoken Word (p. 71)
B.A., M.A., Indiana Univ. of Pennsylvania. Thirty-three years’ teaching experience ranging from Chautauqua Children’s School, elementary and secondary public schools, Univ. of Pennsylvania. Currently director of Greystone Nature Preserve, offering experiential, environmental education to people of all ages and ability levels. Member, Wolf Clan Teaching Lodge of the Seneca Nation. Speaker, Environmental and Peace Conferences Europe/Japan. www.greystonenaturepreserve.com

KATIE CLARK
Little Dancer (p. 31); Yoga Kids I (p. 10); Yoga Kids II (p. 11)
B.S., dance education, Univ. of North Carolina - Greensboro. Over 20 years’ teaching experience at Fairmount Center for the Arts/Cherry’s Gymnastics and Beyond and Gilmour Academy in Cleveland; teaching toddler.preschool dance, yoga and gymnastics.

WENDY COHEN
Dyed Silk Scarves: Quick, Easy and Fun (p. 39);
Glass Fusing: Basics and Beyond (p. 37); Resin Pendants: Instant Gratification! (p. 37)
Twelve years’ experience teaching glass fusing, resin and other craft classes to children and adults of all ages in classes and privately. Creates and sells work in Chautauqua and Florida. Extensive experience in glass and ceramics.

SHAYNE COKERDEM
What in the World Is Going On? (p. 13)
B.A., Phi Beta Kappa, economics and psychology-based human relations, Connecticut College; M.A.T., history and politics, Duke Univ. Twenty years’ experience as high school teacher, principal and business administrator; AP Exam Reader. Teaches IB psychology and global studies at The American School of Warsaw, Poland.

Diane CokerDem-depriesm
M4th Mania: Games, Magic and Art (p. 12)
B.A., economics, Dartmouth College; M.Ed., math education, Harvard Univ. Twenty years as high school math teacher and department chair; currently teaches IB math at American School of Warsaw, Poland. Grader, national AP Calculus Exam. Passionate about hands-on and differentiated learning.

RUTH GERRARD COLE
Growing the Poem (p. 53)
Martha Collins is the author, most recently, of Night Unto Night, Admit One: An American Scrapbook, Day Unto Day, White Papers and Blue Front, winner of an Anisfield-Wolf Book Award. Collins founded the Creative Writing Program at UMass-Boston and for 10 years was Pauline Delaney Professor of Creative Writing at Oberlin College.

MEGHAN COLLINS
Immersion in Environmental Science (p. 12)
I develop and manage STEM education programs at the Desert Research Institute in Reno, Nevada. I believe that experiential learning, which is immersive and practical, is a direct channel to fostering curiosity and interest in the world around us. My team and I have developed a citizen science project called Stories in the Snow in which students take pictures of freshly-fallen snow crystals for science.

NICOLE COOLEY
Writing About the Difficult and Finding Grace in Poetry (p. 54)
Nicole Cooley is the author of six books of poems, most recently Of Marriage and Girl after Girl after Girl. Her honors include the Academy of American Poets Walt Whitman Award and the Poetry Society of America’s Emily Dickinson Award. Cooley directs the MFA Program in Creative Writing and Literary Translation at Queens College, CUNY, and was most recently a writer-in-residence at Chautauqua in 2016.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
LAURA P. COOMBS
Posture Camp for Active Adults (p. 48)
B.S., Stony Brook Univ.; M.S., exercise physiology, Queens College. Twenty-five plus year career in sports medicine with professional experience in NYC corporate fitness and physical therapy facilities, Toyota Motor Manufacturing ergonomics, high school and college sports sidelines and college classrooms. Currently works in Lexington, KY as a posture coach and personal trainer who specializes in clients with “OVER 50” bodies and “UNDER 40” attitudes. www.fixitshopky.com

SUZANNE COPE
The Intersection of Food and Film (p. 80)

SAMANTHA CRISAFULLI
Chautauqua Rocks! (p. 39); Geocache CHQ! (p. 11)
B.S., psychology, Univ. of Washington; M.S., education, Nova Southeastern Univ. Eighteen years of teaching 5–7th grade science and math. Project Lead the Way STEM certified, culinary training in Italy, Master Culinary Instructor for Italian Cuisine. Teaches private lessons for adults and children in conversational Italian and Italian cooking classes.

LYNN CUNNINGHAM
The Life of the Written Word (p. 56)

PAGE CURRY
French for Travelers (p. 33)
A.B., M.A., French, Middlebury College; DML, French/Spanish, 1994, Middlebury. Over 30 years’ experience teaching middle school, high school and college level French and Spanish, as well as continuing education classes for adults including at Chautauqua and Veritas at Bellarmine Univ. Received IN AATF outstanding French teacher award, 1990, and several grants/awards for travel to France, Senegal, Spanish-speaking countries.

JOAN CUSHING
Painting with Paper (p. 41); Ukrainian Egg Deco-rating (p. 41)
B.F.A., Virginia Commonwealth Univ. Joan possesses a lifelong interest and knowledge of art and folkarts. She has studied with and been mentored by artisans and professional artists across the U.S. These include: the centuries-old art form of Pysanky, the Ukrainian art of egg decoration, with which she fell in love; the cross-cultural practices of labyrinth making and meditation; and paper collaging in a variety of traditions.

DR. JENNA CUSHING-LEUBNER
“We, bitte?” German Conversation (p. 33); Race, Racism and Schools (p. 80)
B.A., Univ. of Wisconsin: Eau Claire; M.A., TESOL, Hamline Univ.; Ph.D., Univ. of Minnesota. Fifteen years’ experience in language education. Currently assistant professor at Univ. of Wisconsin, Whitewater. Research and teaching focuses on: race, language and power in U.S. schools; heritage language education; and culturally responsive teacher preparation. Recipient of numerous awards for community engaged research.

RICHARD R. CUYLER
Juggling II (p. 34); Art and Sport of Juggling (p. 34)
Former professional actor and director, has entertained in the U.S. and Europe for over three decades as Dickens, The Clown. Has taught juggling to all ages for over 30 years. Currently lives with his wife in western N.C.

GEORGE D. DALBO
Literary Representation of the Holocaust (p. 52); The History of American Public Education (p. 80)
Ph.D. student, social studies education and genocide studies, Univ. of Minnesota; M.A. history, Univ. of Vienna; M.Ed., social studies education, College of St. Scholastica; B.A., history and German, Univ. of Buffalo. Recipient, Fulbright Grant to Austria. Over 10 years’ experience teaching secondary and post-secondary courses in history, German and education.

ELIOT DALEY
Writing a Great Letter-to-the-Editor (p. 57)
B.A., M.A., California State Univ. at Fresno; M.Div., San Francisco Theological Seminary. Co-writer (with Fred Rogers) of “Mister Rogers’ Neighborhood”; first president of the Mister Rogers company. Later career as founder/leader of several consulting companies serving the healthcare world. Retired to full-time writing of OpEds and LTEs. www.eliotdaley.com

JULIE DANAN
Radical Rabinic Torah: Intro to the Talmud (p. 71)
B.A., English literature, Tel Aviv Univ.; M.A., Ph.D., Hebrew studies, Univ. of Texas at Austin. Rabbi, Pleasantville Community Synagogue, previously Congregation Beth Israel, Chico, CA; Congregation Beth Am, San Antonio. Adjunct faculty, Academy for Jewish Religion, ALEPH Rabbinic Program; previously California State Univ., Chico. Fellow with Rabbis Without Borders, LEAP (Cilai and the Herbert D. Katz Center). wellspringofwisdom.com

PERRY DANE
Reimagining the Constitution: A Workshop (p. 51)

JIM DANIELS
Writing Lives, Writing Poems (p. 54)
Jim Daniels is the author of numerous collections of poetry, most recently The Middle Ages and Street Calligraphy. He has also edited or co-edited numerous poetry anthologies, most recently Challenges to the Dream: The Best of the Martin Luther King, Jr. Day Writing Awards. Daniels is the Thomas S. Baker University Professor at Carnegie Mellon Univ. and was most recently a writer-in-residence at Chautauqua in 2016.

MAXINE DAVIS
Move Into Life with Feldenkrais Method® (p. 47)
B.A., music education, M.A., performance, SUNY College at Fredonia; Fulbright Scholar in Voice, Munich, Germany. Certified Feldenkrais Practitioner since 1991. Teaches Feldenkrais privately including to singers from the Lindemann Program at the Metropolitan Opera, ATM classes act workshops at universities (Duke, Greensboro, Fredonia) and conferences. www.maxinedavis.net

JOHN DEDAKIS
From Novice to Novelist (p. 58)
B.A., journalism, Univ. of Wisconsin-Madison. Former senior editor for CNN’s “The Situation Room with Wolf Blitzer.” Author of four mystery-suspense novels. His fourth, Bullet in the Chamber, won a Feathered Quill book award. Has taught journalism at Univ. of Maryland-College Park; regularly leads writing workshops at Politics & Prose Bookstore in Washington, DC. www.johndedakis.com

GEORGE DEUTSCH
Abraham Lincoln: The Great Emancipator (p. 52)
B.A., history, Mercyhurst Univ. Georgetown Univ. School of Foreign Service. Executive director, Erie County Historical Society. Published author; historian; PA Historical & Museum Commission Award; multiple speaking awards; co-founder of two historical non-profit organizations; member, Lincoln Group of Washington, DC.

AMY DIVIJAK
Toddler Time (p. 10)
M.A., teaching and teacher education, Univ. of Arizona; B.A., anthropology, Univ. of Arizona. Teacher in public and private schools since 1990; lifelng Chautauquan and parent.

AIMEE DOERSHUK
Beginning Sewing: Fat Quarter Bag (p. 13); Sit and Sew Saturday (p. 37); 10-Minute Quilt Block (p. 38); 5-Minute Quilt Block (p. 38); The Runaround Bag (p. 37); The T-Shirt Quilt (p. 39)
B.F.A., graphic design, Wittenberg Univ. Owner of Aimee Quilts LLC, a long arm quilting and design studio. www.aimeequilts.com

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
AMY FLOWERS
Handmade Recycled Paper (p. 40); Intro to Book-binding and Letterpress Printing (p. 40)
Printing technology management degree, Oswego State Univ., Rochester Institute of Technology. Graphic design business 16 years; 16 years in school district, building a recycling service learning program. Regional director and coordinator of Odyssey of the Mind program. Multiple awards and recognition in art galleries. www.type24ink.com

MARY DULLE
Oh My, It’s Pie! (p. 30)
Mary Dulle enjoys cooking for friends. For 10 years, she donated to a fundraiser the gift of one homemade pie a month for a year. This raised more money than any other item at the event. After over 120 pies, she knows how to get to “Yum!”

DONNA EISENSTAT
Discovering Appalachia (p. 59)
B.A., English, Augustana College; M.A., English language and literature, Ph.D., linguistics, Univ. of Michigan. Over 20 years’ college teaching experience, including 13 years at West Virginia Univ. Institute of Technology teaching topics in Appalachian studies. Presented professional papers on Appalachian studies and on haiku poetry.

LINDA ELLSON
Feng Shui Basics (p. 79)
Certified Classical Feng Shui Practitioner for over 16 years and graduate of the American School of Classical Feng Shui; founder and owner of Feng Shui Your World, providing comprehensive Feng Shui services throughout North America for residential and commercial properties since 2002. Linda is an active speaker on the topic offering seminars to a variety of public and private groups, along with appearing on television, radio and in newspaper. www.fengshuiyourworld.biz

MATTHEW EVANS
The Bourbon Experience (p. 24)
B.A., UCLA; M.A., UVA. Twenty one years’ teaching experience at Chautauqua. And private tutoring. She has taught Hebrew at of Rochester, SUNY Brockport, adult education courses on all levels for several years at the Univ. of Louisville, KY. Has taught bourbon related courses for four years at Chautauqua.

JOHN C. FAZIO
The Civil War: Causes . . . Consequences (p. 50)
B.A., J.D., Case Western Reserve Univ. Practiced law for 24 years; president and managing editor of Justitian Publishing Co. for 29 years. Taught at Ohio Paralegal Inst., Cleveland State Univ., Mt. Union College and Chautauqua. President of Cleveland Civil War Roundtable. Published Decapitating the Union: Jefferson Davis, Judah Benjamin and the Plot to Assassinate Lincoln.

PAUL FEHRINGER
Cordage Workshop (p. 40); Nature Journaling for Youth (p. 13)
Paul Fehringer is the senior naturalist and executive director at Wild Spirit. He has been teaching about the natural world and our connection with it for more than 30 years. Paul loves to share his passion for nature with others through a hands-on approach, allowing you to experience the wonders of nature around you first hand.

CARMEN FERRARO
Adult Ceramics (p. 17); Handbuilding (p. 17)
Mixed media artist based in Dayton, OH. Attends the Univ. of Cincinnati’s College of Design, Architecture, Art, and Planning (DAAP). In many of her works, she investigates the relationship clay and mixed media materials have in both sculptural and functional pieces. Carmen works at Decoy Art Studio, a local art center and clay lab, where she instructs people of all ages with hand building and throwing techniques. http://Carmenferraro.com

MICHELLE FIFE
Long Needle Pine Basketry on Gourds (p. 40)
B.A., M.S., Butler Univ. Retired in 2011 after 22 years of teaching middle school French. In 2005, awarded Outstanding Secondary French Teacher in Indiana. Enjoys sharing her love of pine needle basketry, knitting and scrapbooking. She is an avid mountain dulcimer player, but also can be found making music on her ukulele and autoharp. She loves traveling with her husband, especially to music festivals.

TAMAR FIX
Hebrew Today (p. 33)
Tamar Fix is a native of Israel and frequent traveler there. She is a graduate of Hebrew Univ. in Jerusalem, where she majored in Bible and Hebrew literature. She has taught Hebrew courses on all levels for several years at the Univ. of Rochester, SUNY Brockport, adult education and private tutoring. She has taught Hebrew at Chautauqua for over 20 years.

AMY FLOWERS
All Mixed Up: Exploring Mixed Media (p. 21)
Self-taught working artist/instructor, teaching alternative art workshops and classes nationwide since 1995. Professional art handler and museum exhibit preparator working internationally, with a focus on contemporary art; member American Alliance of Museums. Currently based in Ohio with a studio painting practice in New Mexico. Paintings held in private collections nationwide. Member, Worthington Area Art League.

NICOLE L. FONGER
Sketchnotes: Spoken Word to Visual Notes (p. 76)
B.A., Univ. of Saint Thomas; M.A., M.A., Ph.D., Western Michigan Univ. Assistant professor, Syracuse Univ. Twelve years of teaching experience across high school, undergraduate, graduate school, teacher professional development. Published writer and scholar in peer-reviewed journals and book chapters; recipient of All University Teaching Effectiveness Award and national Linking Research and Practice award for creative scholarship. nicolefonger.com

SHARI FOOS
Empathy in a Disconnected World (p. 67)
M.S., narrative medicine, Columbia Univ.; M.A., clinical psychology, Antioch Univ. Founded The Narrative Method, a non-profit organization that works with social service agencies to develop empathy and mutual understanding, especially focused on serving at-risk youth, veterans and the homeless. Adjunct professor at Antioch Univ. teaching “The Narrative Method.” Awarded Community Hero by New Directions for Veterans. thenarrativemethod.org

CHARLES FOUNTAIN
Ida Tarbell: At Chautauqua and Beyond (p. 50); Teddy Roosevelt: Jock President (p. 50)
A.B., Boston College; M.S. Columbia Univ. Professor of journalism at Northeastern Univ. since 1985. Author of four books, including The Betrayal: The 1919 World Series and the Birth of Modern Baseball, named one of the Best Books of 2015 by The Boston Globe.

DENISE MARIE FUGO
Where’d the Money Go? (p. 23)
CEO/CFO/CMO, CEOCoach, Small Business Investment Banker. Foodservice, finance, real Estate: sales/marketing, accounting/finance, human resources, operations, customer service, and web design/development. 21 commercial/residential; historical renovation/new construction projects, working directly with architectural, engineering, and facilities maintenance.

MIMI GALLO
Paint and Passion: Famous Couples in Art (p. 18)
B.S., journalism, Northwestern Univ. Co-founder of Art Partners, Inc., a nonprofit company that customizes art appreciation programs to fit the academic curriculum. Lectures at Roads Scholar, art clubs and communities and the Renaissance Academy, Florida Gulf Coast Univ. Chairman of the Asian Art and History Group at Artis-Naples, FL.

JACK GARNER
The Invention of American Baseball (p. 79)
EVA GELMAN
College Admissions Boot Camp (p. 15)
B.A., M.S., Univ. at Buffalo. Educational consultant with over 20 years of experience in the college admissions profession, both as former associate director of admissions at Carnegie Mellon Univ., as well as former director of college guidance at Sewickley Academy. Selected to serve in both State and National Counseling Associations and has worked with hundreds of students nationwide on the college planning and selection process. www.mycollegequest.com

RUTH GELMAN
Easy to Learn Hebrew (p. 33)
B.A., Hebrew Univ., Jerusalem; M.A., higher education, Univ. of Pittsburgh. Certified teacher and founder of the Hebrew Program at the Univ. of Pittsburgh. Developed five levels of Hebrew language learning. Director and consultant for School of Advanced Jewish Studies in Pittsburgh, PA. Over thirty years’ teaching experience of college and adult learners. Recipient, Outstanding and Inspiring Instructor Award.

JOHN GERBER
Fly Fishing 101 (p. 34)
B.M., Univ. of Cincinnati’s College Conservatory of Music; M.M., Ph.D., Ohio Univ. Twenty-five years’ teaching experience college. Currently retired and traveling the globe fly-fishing blue-ribbon streams from Africa to Alaska to Central America.

ANTHONY GERO
American History Through Music (p. 63)
B.S., secondary education, S.U.C. at Oswego; M.A., history, S.U.C. at Cortland. Thirty-three years teaching high school; seven years as adjunct history instructor at Cayuga Community College; instructor at Chautauqua Institution since 2011. Fellow of the Company of Military Historians and holder of its Distinguished Service Award; author or co-author of five history books, three historical novels and 150 articles.

ALAN GERSHENSON
The Role of the Judiciary in America (p. 78)
B.A., Pennsylvania State Univ.; J.D., Harvard Law School. Forty-two years’ experience, primarily as partner at large law firm in Philadelphia, as trial lawyer, specializing in all aspects of commercial litigation. Taught courses for Pennsylvania Bar Institute, OLLI at Temple Univ. since 2015 and Chautauqua since 2018.

TAN GILLESPIE
The Hues in You (p. 21)
Tan Gillespie is a full-time contemporary watercolor painter. She holds a teaching degree from Worcester College of Education in England and has spent many years teaching watercolors to adults in the U.S. She has participated in over 20 group shows and 10 solo shows, and has travelled around the world for Cunard as their watercolor instructor on board Queen Mary in 2015 and Queen Elizabeth in the winter 2016. Tangillespie.com

HELEN GLAZE
Grace: It’s How We Heal (p. 78)
B.A., Indiana Univ.; M.Sc., American Univ. School of International Service; M.A., Azusa Pacific Univ. Fifteen years’ experience in international conflict management programs in the Middle East, Russia, South Asia and Africa. Started second career in 2013 as a marriage and family therapist, currently working in private practice in Claremont, CA.

SUZANNE GLICK
SAT Test Prep Prep (p. 15)
B.A., John Carroll Univ.; M.S., Univ. of New Hampshire. Twenty-five years’ teaching experience as a high school math teacher in OH and NY; adjunct professor in college. Taught and wrote the curriculum for “Test Smart,” an SAT prep course. Private tutor for SAT and ACT.

DALE GRAFF
Making Amazing Ice Cream (p. 27)
B.S., engineering, M.S., nuclear engineering, Purdue Univ.; MBA, Univ. Chicago. Has pursued the art and science of ice cream for over 60 years. Began studies with the classics — vanilla and chocolate — but now has embraced the avant garde, creating visions in ginger, honey-lavender and bacon. Teaches hands-on ice cream making to adults. Lives in Raleigh, NC, with his wife and an ever-growing number of ice cream machines and cookbooks.

PAULA GRAFF
Using Gel Printing to Speak Creatively (p. 40)
Paula has worked as an educator, ran her own interior design business for 12 years, and helps empower women through art and life makeover groups. She studies alternative healing, enjoys meditation, jewelry making, photography, music, pottery and acrylic painting.

BRIAN W. GRANT
Grace: It’s How We Heal (p. 78)

ELIZABETH GRIFFIN
Spinal Comfort with the Feldenkrais Method® (p. 47)
Certified Feldenkrais Practitioner, Rocky Mountain Feldenkrais Professional Training Program. B.S., physical therapy, Ohio State Univ. Fourteen years specializing in manual therapy treatment of spinal and extremity dysfunctions. Experience teaching Feldenkrais Awareness Through Movement lessons to the public, at the Cleveland Institute of Music, and at Chautauqua.

MAUREEN RYAN GRIFFIN
Delicious Memories (p. 58); Telling Your Life Stories with Grace (p. 57); Writing Our Way to Happiness (p. 56)
B.S., education, Indiana Univ. of PA. Twenty years’ experience teaching writing/creativity. Award-winning author of Spinning Words into Gold and Ten Thousand Cicadas Can’t Be Wrong. Recipient, Chautauqua Writers’ Center Mary Jean Inron Award, 1998; first place in Chautauqua Readers & Writers Poetry Contest, 2007; Irene Blair Honeycutt Legacy Award, 2018. www.wordplaynow.com

SUSAN GROVER
Yoga for Everybody (p. 44)
Susan has practiced yoga for 26 years and has been a licensed yoga instructor since 2009. She provides a gentle, student-centered class that is easy to follow. Designed to bring ease and opening to all of the joints and muscles of the body, the class is popular with adults over forty, with weight lifters and other athletes and with those who want to de-stress or to ease particular body issues.

GAIL GRUNDSTROM
Music for Babies and Toddlers (p. 10)
Kodaly certified levels 1-3, Master of Music, Silver Lake College, Wisconsin, Certified in all levels of Musikgarten early childhood curriculum, B.S. from Wheaton College. Nineteen years’ teaching experience with early childhood music at Children’s Music Studio, Jamestown, NY. Private piano teacher.

DONALD GAUSTAFERRO
Sight Singing: Learn Faster, Retain Longer (p. 62)
Ed.D., Columbia Univ.; music education; M.M., piano/voice, SUNY at Fredonia. Twenty years’ teaching experience in elementary, high school and university; 10 years’ professional choral and solo singer of opera, Broadway, Radio City, etc. Presently teaching “Music For Life” in NYC studio, singing in church, Motet choir and giving concerts.

JIMIN HAN
Story, Plot, Structure: Telling the Difference and Telling It Well (p. 55)
Jimin Han was born in Seoul, Korea and grew up in Providence, Dayton, and Jamestown, NY. A Small Revolution, her first novel, was among Entropy’s Best Fiction of 2017, Pleiades Editors’ Choice 2017 and Electric Literature’s list of Ten Galvanizing Books About Political Protest. She teaches at The Writing Institute at Sarah Lawrence College.
BENJAMIN HANDEL
Beginner Swing and Salsa for Fun (p. 31)  

HOLLY HANNON
Cycle Blast (p. 42)  

KAREN HANSEN
Lakeside Yoga (p. 42)  
Trained in the Sri Vidya Tradition, she completed her studies at the Himalayan Institute of Yoga Science & Philosophy earning 200 & 500 Hour Teacher and Ayurvedic Yoga Specialist Certifications. She is co-owner of Samsara Yoga Center in Jamestown, NY. Her classes focus on the subtle body cultivating mindfulness and calm.

MICHAEL HARITAN
Architectural Photography (p. 69); Chernobyl: Causes, Coverup . . . (p. 50); Magical Photography at Twilight (p. 69); Photo Safari Walks (p. 70)  
A.A., A.S., Community College of Allegheny County; B.A., Univ. of Pittsburgh; M.M., Duquesne Univ.; FEMA Certified. Teacher and commercial photographer for 24 years with HaritanPhotography.com and for PA Urban Search and Rescue Strike Team One. Photo safari leader of nature and architecture in U.S. and photo documentaries of folk culture, history, architecture and geography of Bulgaria, Turkey and Ukraine. HaritanPhotography.com

LYN HARRIS
Exploring Alcohol Inks (p. 39)  
B.A., psychology, Univ. of Illinois Urbana; M.S.W., Loyola Univ. of Chicago. Thirty years’ teaching experience at the college level. Zonta Woman of Achievement; owner, Lyn Harris Designs focusing on innovative and unique wearable art.

WILLIAM HARRISON
Worship in the Black Experience (p. 70)  
B.A., music, Indiana Univ. Twenty-one years in music ministry. Founder and artistic director of award-winning Fr. William T. Cunningham Memorial Choir. Currently finishing M.A. in music and worship, Liberty Univ.

ROBIN HARTMANN
Putt Putt Party (p. 11)  
After graduating from Pratt Institute in 1978, Robin found herself working among pigs, bears and frogs at Jim Henson’s Muppets as a puppet/costume designer builder. She worked on “Sesame Street,” “fragile Rock” and many Muppet movies. Upon leaving Muppets, Robin worked as a wardrobe assistant for a season of “Saturday Night Live” (1985). She moved to Cincinnati to design toys and worked on many feature films.

ERNEST HARTWIG
Understanding the U.S. Constitution (p. 51)  
B.S.Ed., social studies, Clarion Univ. of Pennsylvania; M.Ed., curriculum and instruction, Clarion Univ. of Pennsylvania. Thirteen years’ teaching experience high school social studies at Forest Area School District PA; three years’ experience teaching political science as adjunct instructor for Gannon Univ. and Northern Pennsylvania Regional College. Retired Army Special Forces 20 years.

ELIZABETH HAZARD
Flip or Flop: Profitable House Flipping (p. 22)  
B.A., Lake Forest College. Career in the high tech start-up field, then turned focus to helping nonprofits. Served on the boards of a variety of organizations and numerous community and school committees. Personally renovated and flipped seven houses before starting Building Charities. Currently flipping houses to raise money for charities and teaching house flipping classes. www.buildingcharities.com

KAREN HECKEL-MARMORATO
Slow Flow Yoga (p. 45); Yoga Basics (p. 45)  
Jivamukti NYC 300 teacher certification & Jivamukti NYC 200 hour teacher certification, Ayurveda & Yoga certification Integral Yoga Academy at Satcidhanandana Ashram in Yogaville, Prenatal Certification Urban Yoga Open Center NYC and Shaka Vansiya Ayurveda Honors, The Prana Center CA. Teaches yoga at Eight Limbs Wellness Studio in Lakewood, NY and Yoga Underground in Dunkirk and Fredonia, NY. Teaches at retreats and special events.

MARCELO HERNANDEZ CASTILLO
Poetry of Abundance: Exploring the Contempo- rary Long Poem (p. 53)  
Marcelo Hernandez Castillo is the author of Cenzoontle, winner of the A. Poulin, Jr. Poetry Prize and a GLCA New Writers Award. His first chapbook, DULCE, was the winner of the Drinking Gourd Prize and published by Northwestern University Press, and his memoir Children of the Land is forthcoming from Harper Collins in 2020.

ANNIE HISLE
Good Grief: Making Good Choices (p. 67)  

ROY HOFFMAN
Advanced Prose Workshop: Journeys (Of the Heart and Page) (p. 55)  

BARTLETT HOLLIS
Alexander Technique: Mapping Activities (p. 46); Alexander Technique: Movement . . . (p. 46)  
B.M.E., Arizona State Univ.; M.M., Cincinnati Conservatory; Alexander Technique Certification, The Alexander Foundation. Instructor at the Univ. of Pittsburgh and Pittsburgh School of Massage Therapy. 35 years of experience with The Alexander Technique.

ROBERT HOPPER
Beyond the “Road Show” (p. 79); Big History and Science (p. 73); Music and the Vietnam War (p. 53)  
Bob spends his summers at Chautauqua. He is president of the CLSC Science Circle, helps Chautauqua’s Archives and is a leader of the International Manuscript Society. For over 10 years, Bob has taught classes on inventions, diplomacy and intelligence. In his earlier life he was in the U.S. Foreign Service where he worked on East-West Security, Congressional relations, management and training for the U.S. State Department.

REBECCA HOWELL
Hinduism through Indian Movies (p. 71)  
A.B., Princeton Univ.; M.Div., Evangelical School of Theology. Three years as adjunct professor at Temple Univ., teaching Religion in the World, Introduction to Christianity and Introduction to the Bible. Studying India, particularly Hinduism, and the stories of Hinduism has been my delight for the past 10 years.

TAMI HRITZAY
Art in the Round (p. 41); Beginning Drawing with Colored Pencil (p. 21)  
B.S., art education, Edinboro Univ. Thirty years of teaching experience from the Navajo reservation to Pennsylvania. Ages range from kindergarten to adults. Art is my passion. I love to encourage the timid and bold to achieve their very best in art! I teach a variety of art forms. A cancer survivor of 32 years, I am thankful to be alive, and my teaching and art reflect that.

HSING-AY HSU
Inside the Orchestra: From the Composer’s View (p. 65)  
M.M.; A.B., Princeton Univ.; B.M.; Juilliard. Steinway Artist Hsu has been performed at Carnegie Hall, the Kennedy Center, Lincoln Center NYC and abroad. Her passionate interpretations have won international recognition, including Juilliard’s highest honor, the William Petschek Award, the Kapell Int’l Competition, and President Clinton’s Presidential Award. An active clinician/teacher, Hsu is creator of Conscious ListeningTM and artistic director of Pendulum New Music at Univ. of Colorado-Boulder. hsingayhsu.com

DUREEN HUGHES
The Empowerment of No Complaint (p. 67)  
B.A., Cal State Northridge; M.A., Ph.D., psych. anthropology, UCLA. Six years’ university teaching experience; six years’ organizational change mgmt. consultant. Developed, facilitated change mgmt. workshops and conflict mediation. Ten years of teaching at Chautauqua. Currently researching scientific approaches to cultivating positive emotional states.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
BEVERLY HUMBERT
Chocolate Tasting Around the World (p. 29)
B.S., Frostburg State Univ.; M.E., art education, Goucher College. Twenty-five years’ experience teaching art. Traveled to England, Scotland and Ireland and visited nearly every chocolate shop available. Provided chocolate tasting opportunities for church women, military wives and tea parties. Chautauquan for 31 years.

NANCY HUTTER
Increase your Happiness IQ (p. 66)
M.A., New York Univ.; LMHC; GAB Certified. Nancy is a teacher, lecturer, coach, organization consultant and licensed mental health counselor. Twenty years of teaching, consulting and counseling, she has counseled and helped hundreds of people find ways to identify and embrace their life lessons, increase empowerment, choose happiness and transform their relationships.

CAROL JABLONSKI
Speaking From the Margins (p. 76)
B.A., Allegheny College; M.A., Ph.D., Purdue Univ.; M.Div., Virginia Theological Seminary. Twenty-five years’ experience teaching university courses in the history and criticism of U.S. public discourse, Cold War era to the present, specializing in social and cultural change processes. Ordained Episcopal Priest with 10 years’ experience as pastor, preacher and teacher.

CELESTE JANOSKO
What Tree Is That? (p. 80)
B.S., Indiana Univ. of PA; M.Ed., Univ. of Pittsburgh. Thirty-four years of teaching science to children and adults. Past educator at Shady Side Academy, Phipps Conservatory, Audubon Society of Western PA, past officer of Fox Chapel Side Academy, Phipps Conservatory, Audubon.

DEAN JOHNSON
Harmonica Quick Start (p. 62); Ukulele (p. 62)
Dean Johnson holds an M.A. in theatre arts from Illinois State Univ. He has worked as an actor, stand-up comedian and musician traveling the U.S. and Canada and appearing in many venues including on television and radio, theaters and comedy clubs. Dean has taught classes at Chautauqua since 2014.

FREDERICK JOHNSON
What’s Terroir?: Vineyard Walk and Wine Tastings (p. 27)
Frederick Johnson, third-generation owner of Johnson Estate Farm and Winery, has spent over 30 years in general management and consulting in international food companies including PepsiCo, Chiquita Banana, Harry & David and Nature Sweet Tomatoes. He and his wife, Jennifer, have lived in Westfield, NY, since 2013 and have made studied investments in vinifera grapes, including Riesling, Pinot Noir, and Chardonnay, on their 300-acre farm.

PATSY ANN JOHNSON
The Physics and Chemistry of Climate Change (p. 73)
Patsy Ann Johnson earned her Ph.D. at the Univ. of North Dakota. She is a professor emeritus at Slippery Rock Univ. of Pennsylvania, where she taught in the physics and secondary education departments. Her writing was published in periodicals and books. She led physics workshops nationwide for teachers and professors and gave professional oral presentations in eight countries.

KATE JUNKER
Gentle Yoga (p. 42); Yoga Stretch and Strengthen (p. 42)
B.A., French, Ohio Univ. Thirty years’ experience teaching French. Has taught adult education classes, seminars and workshops in yoga.

NATALIE WHITE KAHLER
How Literary Arts Advanced Suffrage (p. 51)
B.A., English, B.A. communications, Grove City College. Curator and researcher for Chinsiget Hill Retreat and Museum, Brooksville, FL, the southern estate of Chautauqua-lecturer Raymond Robins. Author of Eclipse, the story of Robins’ mysterious disappearance. Former mayor and council member of Brooksville.

LISA KEARNY
Yoga for Arthritis (p. 43); Yoga the Iyengar Way (p. 43)
Graduate of Columbia Univ. in occupational therapy, Lisa has studied yoga for over 20 years. She completed her RYT 200, therapeutic yoga training, and studied restorative yoga with Judith Lasater in New York City. Currently a student of the Iyengar method, she has completed her Iyengar yoga teacher training in Nashville, TN, to become an Iyengar teacher.

JANE KERSCHNER
Retirement: What’s Next? (p. 67)

KAREN KIBLER
Integrative Yoga (p. 44)
M.A., East-West psychology, California Institute of Integral Studies; R.Y.T., Certified in Integrative Yoga Therapy and Ayurveda. Over 17 years’ experience teaching yoga, including classes for cardiac rehabilitation and cancer patients, seniors, and yoga for stress management at the Institute for Health & Healing at the California Pacific Medical Center and in private practice in San Francisco.

TIM KIERNAN
The Intersection of Food and Film (p. 80)
Filmmaker, editor and creative director-founder of 521 Studies. Has worked with video, film and photography for over 20 years. After graduating with a dual degree in art & design and mass communication from NC State, went on to direct a documentary with a grant from The Center for Documentary Studies at Duke Univ. Helped build the video departments at Capstrat and Red Hat. Has taught film and animation at the university level. www.521studies.com

KAREN KOCH
Chocoloholics 101 (p. 30)
B.A., political science, Bloomsburg State College; J.D., Ohio Northern Univ. Twenty years of working in the family law practice. Currently serving on the Niswonger Performing Arts Center marketing committee and chair of the speaker/lecture series.

PAUL KOLZE
Sous Vide Cooking Demo and Sampling (p. 26)
B.S., Univ. of Dayton. Worked in the restaurant industry for 34 years. Helped teach students cooking skills for 10 years at a cooking academy.

SUSAN CAROL KOLZE
Sous Vide Cooking Demo and Sampling (p. 26)
Foodie with several years of experience cooking with Sous Vide. Fun blend of technology and cooking. Results are so fantastic I want to share what I’ve learned with others. Experienced teacher of Community Education classes in art and computers and mobile devices.

SCOTT KOUÉ
Intro to Filmmaking (p. 14)
Mr. Koué worked theater as a designer and technician for over twenty years. His work has been heard at Berkeley Repertory Theatre, Lincoln Center, Kennedy Center, Alliance Theatre in Atlanta and MAGIC Theatre, among others. His work in film includes “Fly Away Home,” “Excess Baggage,” “Legend of Drunken Master,” “American Gun” and “Titanic,” among many more great and small.

KRISTIN KOVACIC
Your Life Is An Argument: The Personal . . . (p. 55)
Kristin Kovacic is the author of House of Women. Her essays have appeared widely, and her honors include a Pushcart Prize for nonfiction. Kovacic is the editor at Birth: A Literary Companion, teaches at Winchester Thurston School and Carlow University’s Low-Residency MFA Program and was most recently a writer-in-residence at Chautauqua in 2015.

WILLIAM KUNTZ
Breakfast for Busy Lives! (p. 26); Healthy Eating and Exercise Everyday (p. 27); Snacks That Kids Can Make Themselves! (p. 27)
Degrees in culinary arts and baking and pastry arts from Johnson & Wales Univ. Thirty years’ experience in food service and food retail including extensive experience in customer and employee education.

JOSEPH KWIATKOWSKI
Traditional Dance: English and American (p. 31)
B.S., Worcester Polytechnic Institute; M.S., math, Syracuse Univ. Calls contra dances across Western NY. Regular attendee at Ralph Page Legacy Dance Weekend, authoring syllabus for previous event. Student of traditional dance forms. Host and organizer of monthly barn dance in Fredonia, NY.
NANCY LAGALSKI
Basic Crochet (p. 40)
Retired Registered Nurse with additional certification and experience in intensive care, coronary care, emergency care, nursing administration and advanced life support. An experienced instructor (areas noted and grief support) currently instructing and facilitating grief support classes. A self-taught hobbyist teaching crochet and knitting techniques.

JESSICA LAI
Bridge: To Slam or Not to Slam (p. 36)
B.S., materials engineering, MIT. Ten years teaching bridge classes and mentoring beginning bridge players; five years teaching math and science; five years teaching the Education and Training Group at my CPA firm. Well-respected bridge player from the San Francisco Bay Area, with multiple top 10 National results. Passionate about all things bridge-related.

MARTHA LAMB
Restorative Yoga (p. 43)
Obtained training and teaches yoga and Pilates in “retirement.” She leads students through mindful long breaths to lower blood pressure, develop more flexibility and openness and access calmer grounding in life. She seeks to inspire with imagery that motivates.

KAREN LARKINS
Yoga for Health and Wellness (p. 43)
J.D., Nova Southeastern Law School; B.S., biochemistry, Fairleigh Dickinson Univ.; nursing classes, Univ. of Miami. Attorney, mediator and fitness instructor. Twenty years’ teaching experience in fitness, yoga, Pilates, Silver Sneakers, barre, weight training, and Aqua. Currently a full-time family law attorney. Weekends and evenings are spent in the gym teaching yoga and Pilates in Fort Lauderdale.

SUSAN M. LARSON
2 Young 2 Retire: Rebalance for . . . (p. 67)
M.Ed., NCC, Transition/Life Planning Coach based in Rochester, NY, and Sarasota, FL. Specializes in creative life planning; provides a framework, process, steps and sounding board for thriving in midlife and beyond. Works with individuals, couples and groups, drawing on over 25 years of career, coaching and training experience. Active in the Life Planning Network, participate in planning and presenting for Boomers and Positive Aging Conferences.

SANDRA LASERSON
Play Piano by Friday (p. 61)
B.A., psychology, speech and hearing science, Univ. of Michigan; M.A., speech-language pathology, Northwestern Univ. Over 25 years of experience teaching speech and language skills. Taught piano lessons for seven years. Developed a course to enable non-piano students to accompany their singing at the piano. Former midwest and project coordinator for HaZamir: The International Jewish High School Choir and choir manager for HaZamir Cleveland.

BETH LASSI
Beginning Mountain Dulcimer (p. 61); Continuing Mountain Dulcimer (p. 63)
MBA, Union College. Varied musical background including dulcimer, concertina and piano. Has led workshops at Chautauqua and at numerous dulcimer festivals over the last decade. Teaches privately and has co-authored four dulcimer books.

ELAINE LAVIGNE
Chuck Close: Portraits in Pixels (p. 20)
B.S., M.S., art education, SUNY at Buffalo. Thirty-three years teaching art in grades 1–12 in North Tonawanda public schools. Frequent presenter at New York State Art teachers conferences. Received fellowship from Council for Basic Education to research art and math connections.

BENJAMIN LEBWOHL, MD
Digestive Health: Knowns and Unknowns (p. 48)
B.A., music, Harvard College; M.D., M.S., Columbia Univ. Gastroenterologist and epidemiologist at the Celiac Disease Center at Columbia Univ., where he is director of clinical research. Director of quality improvement in digestive and liver diseases, Columbia Univ. Medical Center.

LYNN LEFAUVE
One-a-Day Watercolor Workshop (p. 20)
B.S., M.S., art education, Buffalo State College. Over 35 years’ teaching experience, high school advanced courses in the visual arts. Teacher of the Year, Sweet Home High School, 1999. Chautauqua Special Studies faculty for over 20 years. Represented in public and private collections: Buffalo, Chautauqua, Florida, NYC, Italy, Washington, DC. Member, Buffalo Society of Artists for over 15 years. VACI exhibiting member.

PATRICIA LEMER
Beading Your Own Jewelry (p. 39)
Self-taught lifetime craft hobbyist. Love to make things. Learning to bead is fast, portable and fun; it became my newest favorite hobby about 15 years ago! Necklaces, bracelets and earrings are so easy that they are the “go to” idea for gifts, a night out or to match a new outfit.

MARY LEOPOLD
Beginnings and Endings: Universe, Earth, Humans (p. 73)
B.S., physics, Florida State Univ.; M.S., physics, Univ. of Virginia; Ph.D., physics, Washington Univ. Ten years’ teaching experience in high school, 10 years’ teaching experience in college, two years’ research scientist experience in industry, eight years’ engineer experience in industry. Currently retired.

PHILIP LERMAN
Halleujah, Leonard Cohen! (p. 65)
Writer/producer from Washington, DC. He produced “America’s Most Wanted” on Fox and “Made in Spain” on PBS, and he was national editor of USA Today. Lerman wrote Where Have All The Flowers Gone about the Woodstock Generation and lectured in Chautauqua in 2008 about his book Dadditude.

JONATHAN LERNER
Pure Painting: Art and Yoga Integration (p. 19)
B.A., English, Oberlin College; The Art Students League; four years of painting and drawing with teachers Ron Sherr, Jack Faraggaso and Michael Burban. Nineteen years of experience as a yoga instructor, Yoga Works Teacher training 200 hours. One year intensive yoga study in Mysore, India with Pattabhi Jois, R.Sharat, and Atma Vikasa Teacher training with Acharya Venketesh. Teaches Pure Painting classes in Bowling Green and Glasgow, KY.

KATE LEVEA
Gluten Free Naturally (p. 25); Italian Cookie Gifts (p. 25)
B.S., Univ. of North Carolina at Greensboro; MAT, Converse College. Seven years of teaching elementary education. Currently teaching math and science. Pastry chef and restaurant manager at Giardini Trattoria for over 10 years.

ROBERT LEVIN
Intro to Blockchain and Cryptocurrencies (p. 73)
MBA, finance, Stern School of Business; M.A., international affairs, The Fletcher School, Tufts. Investor in cryptocurrencies and blockchain investments, serial entrepreneur and author. He was an adjunct assistant professor of finance at the Columbia Business School teaching global investment strategy and an adjunct assistant professor of political economy at Columbia Univ. Inventor, best-selling author and thought leader.

SALLY LEVINE
Create a Graphic Novel: Writing Images and Drawing Words (p. 15); Sketching Chautauqua’s Architecture (p. 21)
A.B., Washington Univ.; M.Arch., Univ. of Illinois, Chicago. Principal, Levine Architecture & Design, Ltd.; 25-plus years’ teaching university-level art, architecture and design; chaired visual studies at Boston Architectural College; taught at School of the Art Institute of Chicago; currently teaches architectural studies at Case Western Reserve Univ.

KAYE LINDAUER
Cinema and Psyche (p. 76); Freud and Jung (p. 78); Gilgamesh (p. 75); Living Your Unlived Life (p. 75); Odysseus: A Hero’s Encounter with the Feminine (p. 80); St. Paul Goes to Lystra (p. 74); Van Gogh: His Life and Work (p. 79); Virgin Mary in Western Art (p. 78); Wagner’s Ring Cycle (p. 74)
M.S., M.L.S., M.Div. Studied and taught psychology, literature and theology over last 45 years. Combines these disciplines to bring new dimensions of understanding to the world’s great stories (mythology, fairy tales, bible stories). Taught at Syracuse Univ. for 30 years. Continues to study the writing of Carl Jung, leads retreats, teaches for Road Scholar and for Oasis (Syracuse, NY) and frequently lectures for various organizations. This marks her 28th year with Special Studies.

BETH LOFFREDA
What We (Don’t Know We) Carry (p. 56)
B.S., M.S., B.Div. Studied and taught archetypal psychology, literature and theology over last 45 years. Combines these disciplines to bring new dimensions of understanding to the world’s great stories (mythology, fairy tales, bible stories). Taught at Syracuse Univ. for 30 years. Continues to study the writing of Carl Jung, leads retreats, teaches for Road Scholar and for Oasis (Syracuse, NY) and frequently lectures for various organizations. This marks her 28th year with Special Studies.

To sign up today, see page 101 or call 716-357-6250 • classes.chq.org
LEE LOWENFISH  
Baseball and American Culture (p. 51)  
Pioneer in sports culture teaching in 1970s.  
Authored four books on baseball including award-winning biography Branch Rickey: Baseball’s Ferocious Gentleman, three editions of labor history of baseball The Imperfect Diamond, and Tom Seavey’s The Art of Pitching.

PAUL LUBIENECZKI, PH. D.  
Graycliff: Architecture as Sacred Space (p. 18)  
M.A., pastoral ministry, Christ the King Seminary; M.A., history, Buffalo State College; Ph.D., history, Case Western Reserve Univ. Adjunct professor at Christ the King Seminary in East Aurora, NY, teaching courses in history, theology, scripture and spirituality. Lecturer, history department, SUNY Fredonia. Founding director, Boland Center for the Study of Labor and Religion.

MARY LYTH  
Gluten Free Naturally (p. 25); Italian Cookie Gifts (p. 25)  
Owner and creator of Giardini Trattoria, a farm-to-table restaurant and organic farm in Columbus, NC for past 10 years. Also created Dalla Terra, a 501(c) (3) nonprofit organization, to create a community connection around real food from the beginning of the cycle of organic growing, gardening and cooking classes, CSA shares, developing seasonal menus fresh from our farm, and returning food scraps back into compost to complete the cycle.

DEBRA MAGPIE EARLING  
The Writer’s Toolbox: A Workshop of Generative Exploration for the Novelist (p. 55)  
Debra Magpie Earning is a Native American novelist and short story writer. She is the author of *Perma Red*, winner of the American Book Award, and *The Lost Journals of Sacajewea*. Of the Bitterroot Salish (tribe), she is currently on the faculty of the Univ. of Montana at Missoula English department.

EMILY MAIER  
Tablescaping and Basic Floral Design (p. 38)  
Independent interior designer for the past 16 years, specializing in both commercial and residential projects throughout PA, OH and NC. My involvement has required handling the design portion of several assisted care facilities, offices and homes from conception to completion.

JOHN MARAZITA  
Psychological Detectives (p. 13)  
B.A., Univ. of Akron; M.A., Ph.D., Kent State Univ. Twenty-six years’ experience in research and teaching cognitive psychology, including programming for gifted/talented middle- and high-school students. Currently Professor of Psychology, Chair, Social Behavioral Sciences, and Director of Honors at Ohio Dominican Univ. 2015 “Conley Award for Teaching Excellence” recipient.

LISA MARCHAL  
Change in the Public Square (p. 68)  

ADRIAN MATEJKA  
With a Voice Like That . . . (p. 54)  
Adrian Matejka is the author of four collections of poetry including *The Big Smoke* (winner, Anisfield-Wolf Book Award; finalist, National Book Award and Pulitzer Prize), on which he presented at Chautauqua Institution in 2016. Matejka is also Poet Laureate of Indiana and teaches at Indiana Univ. in Bloomington.

WAYNE MATESKI  
Yoga Stretch and Flex (p. 45)  
B.A., psychol., Univ. of Colorado, Boulder; Yoga Teaching Certificates: Integral Yoga Institute, Yoga Ed & Phoenix Rising Yoga Therapy. Forty-five year personal yoga practice; 26 years’ teaching experience group and private classes. Awarded Best Yoga Instructor Woodbury, MN, 2014.

JILL MATTSON  
Music: Energy to Change our World (p. 63)  

WILLIAM MATUZESKI  
Ikebana: The Art of Japanese Flower Arranging (p. 38)  
Authorized to teach beginners in Ikebana (Japanese flower-arranging) by Kyoto Headquarters of Ikebana Ikenobo International, largest and oldest school of Ikebana. Twenty-five years of study. Retired from 32 years of Federal Government service (1968–2001) in environmental programs (Council on Environmental Quality, National Oceanic and Atmospheric Administration, Environmental Protection Agency), with the last 10 as director of the Chesapeake Bay Program.

DAVID MATZ  
Baseball Analytics: New and Not So New (p. 34)  
Ph.D., Univ. of Minnesota. More than 30 years of college teaching experience. Currently professor and chair of the classics department at St. Bonaventure. Author of seven books on ancient Greek and Roman culture.

LAUREN MATZ  
Spellbinding Spelling and Vivid Vocabulary (p. 76)  
Ph.D., Ohio State Univ. Currently professor of English at St. Bonaventure Univ. Her lifelong fascination with words has led her into the lively world of grownup spelling bees, where she is a senior champion, wordlist developer, and pronouncer. She has also coached junior spellers in the Scripps National Spelling Bee program.

KATE MAYBERRY  
Power Up Your Day Yoga (p. 42)  
B.S.N., Univ. of Pittsburgh, 1996. Certified yoga instructor through Yoga Alliance. Instructor at South Hills Power Yoga (Pittsburgh) since 2010. Lover of books and dogs. Mother of three teenagers (hence the yoga).

JASON MAYNARD  
Just Keep Singing! The Joy of Singing with Others (p. 63)  
A native of Erie, PA, Jason Maynard lives in Atlanta where he teaches Upper School Choral Music at The Westminster Schools. He holds degrees from Baldwin Wallace, Cleveland State and Georgia State Universities. Jason sings baritone with the Atlanta Symphony Orchestra Chorus and Chamber Chorus, Uncommon Practice, and Coro Vocati.

SHARA MCCALLUM  
Advanced Poetry Workshop: Going Beyond the Personal (p. 54)  
From Jamaica, Shara McCallum is the author of five books, published in the U.S. and U.K., most recently Madwoman, winner of the 2018 OCM Bocas Poetry Prize for Caribbean Literature and the 2018 Sheila Margaret Moton Book Prize. She is a liberal arts professor of English at Penn State Univ. and was most recently a writer-in-residence at Chautauqua in 2017.

MARITA MCCARTHY  
Movement, Music and Literacy for Babies (p. 10)  
Mrs. Marita McCarthy has 15 years of experience teaching elementary general/vocal music in the PA public school system. She graduated summa cum laud from Muhlenberg in 2003, then earned a Master’s in special education from Temple in 2010. She holds PreK–4 elementary certificate. She believes in facilitating a creative learning environment that reaches all students through authentic, engaging musical and movement experiences.

MOLLY SINCLAIR MCCARTNEY  
Writing Your Story, Even Your Obit! (p. 57)  
Molly McCartney worked as a newspaper reporter for more than 30 years, including 14.5 years at the Washington Post. She has a degree in liberal studies from Georgetown Univ., 1986, and was a Nieman Fellow, 1978, at Harvard Univ. She is co-author of America’s War Machine: Vested Interests, Endless Conflicts.

RONALD MCCCLURE  
Music and the Vietnam War (p. 52)  

TRACY MCKEE  
College Essay Writing Workshop (p. 15)  
B.A., Univ. of New Hampshire; Master’s level courses in communication at the Univ. of Hartford. Thirty years of writing and coaching experience for non-writers. Former journalist and corporate communications executive. Award-winning editor of an innovative digital news platform. Published author with over 10 years of teaching workshops for aspiring writers of all ages.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
GLORIA A. MILLER  
Searching For Happiness (p. 68)  
B.S., M.S., education, The Univ. of Akron. Twenty years’ teaching experience (social studies, language arts), St. Mary School, Massillon, OH. Part-time case manager for Big Brothers/Big Sisters of Massillon. Frequent presenter of personal development classes at Massillon Public Library and at women’s retreats at Lakeside, OH.

KAYLEIGH MILLER  
Mindful Morning Flow Yoga (p. 44); Morning Yoga for Dynamic Aging (p. 44)  
Kayleigh has been a movement instructor for over seven years, combining her passions for musician wellness, natural movement, yoga and pilates. She is a registered yoga teacher and PMA certified yoga teacher, and enjoys working with people of all ages and abilities on feeling better and moving better in their bodies.

LIZ MILLER  
Handling Finances On Your Own (p. 23); Where to Invest Today (p. 23)  
President, Summit Place Financial Advisors, LLC, providing investment management to families that have outgrown a mass-market approach. Chartered Financial Analyst (CFA) and Certified Financial Planner (CFP), B.S., The Wharton School; M.A., Columbia Univ. Past board of governors of the New York Society of Security Analysts. Editorial advisor for Trusts & Estate Magazine. Regular guest in the media including MarketWatch, Reuters and CNBC.

LOREN H. MILLER  
Intro to Tai Chi for Fall Prevention (p. 46)  
Loren studied a different form of Tai Chi for three years before beginning training in Fall Prevention Tai Chi. She received instructor certification from Tai Chi Vermont, Inc. and has taught at Northfield and Montpelier, VT Senior Centers. She has previously taught cooking, knife skills and knitting.

VALERIE MILLER  
Women Challenging and Changing Power (p. 79)  
Ph.D., education, Univ. of Massachusetts. Thirty-five years’ international experience in women’s rights as trainer, writer, organizer and advocate; co-founder of JASS (Just Associates), a network of international activists and academics supporting movement-building and women’s leadership around the world who have been at the forefront of developing a nuanced power analysis that examines both oppressive and transformative forms of power. www.justassociates.org

JAMES MITCHELL  
Mindfulness-based Stress Reduction (p. 49)  
Ph.D., East-West psychology, California Institute of Integral Studies; M.A., clinical psychology, Duquesne Univ. Twenty-two years’ teaching experience at the university level; currently teaches MBSR and mindfulness training for surgeons at the Univ. of California in San Francisco; adjunct faculty in the departments of nursing at San Francisco State and Samuel Merritt Universities.

MARY LOU MLECKO  
"Nones": Who Are They, Why Are They, Their Ways of Life (p. 71)  

PAUL MOCKOVAK  
Zumba Gold with Paul (p. 46)  

BOB (ZUI-RYU) MOORE, PH.D  
Secular Meditation: Science of Stillness (p. 48)  
Over 45 years’ of education and practice in professional psychology. Educated at Fielding Graduate Univ. (Ph.D.) with post-doctoral training at Columbia Univ. He also obtained degrees from the Connecticut State Univ. System (B.A., M.Sc.). A Zen Buddhist, he has been practicing and teaching meditation since 1971. He has 22 years of practice and teaching in Yang Style Tai Chi Chuan and Chi Kung.

MAUREEN MORLEY  
Jimmy Carter: Poems of Persistence (p. 58); Walt Whitman: Now More Than Ever! (p. 59)  

ELISE MORRISON  
Improvisation for Young People (p. 13); Public Speaking (p. 66)  
BILL MORROW
Basic Contra Dance (p. 32)
B.A., Kenyon College; M.Div., Yale Univ.; D.Min., Andover Newton Theological School. Thirty years’ teaching experience in adult and children’s courses; currently teaching dance at Faith Presbyterian Church at ActivityCenter, Cape Coral. Recent course instructor at Silver Bay Conference Center, Lake George. Thirty-five years as Florida-licensed marriage and family therapist. Fifteen years as columnnist for Fort Myers News-Press, Fort Myers, FL.

SUZANNE MUNSON
Jefferson’s Godfather: George Wythe (p. 52)
B.A., Univ. of Maryland; M.Ed., Virginia Commonwealth Univ.; The Executive Program, Univ. of Virginia. Author of Jefferson’s Godfather, a biography of Founding Father George Wythe; lecturer at the Univ. of Virginia, College of William and Mary and Univ. of Richmond Osher affiliates; former executive director of Historic Garden Week in Virginia.

JAMES NOFZIGER
Incidents of Exploring the Ancient Maya (p. 51)
Traveling in Mexico the archaeology caught my interest. Since 1976 has created carvings evoking its enigmatic artisans. Since 2015 has studied Mesoamerican archaeology, art history and anthropology. Has lead classes at Osher RIT, where he shares his excitement for and insights from learning about these great indigenous cultures.

DEBBIE O’CARROLL
Chair Yoga (p. 45); Make Your Own Magic Tricks (p. 41)
M.A., stage movement for children’s theatre, Lesley Univ. Professional full-time magician for over 40 years. Currently teaches mime, theatre, magic, dance and yoga at schools, senior centers, libraries, summer programs and conferences since 1973.

Tom O’CARROLL
Introduction to Irish (Gaelic) (p. 33)
B.Soc.Sc., Univ. College, Dublin. Full-time professional Irish-born folksinger, humorist and folklorist for over 40 years. Presents programs of Irish history, language and culture at libraries, festivals, colleges and universities all over the U.S. and Ireland.

RABBI COOKIE LEA OLSHEIN
Aging Through the Lens of Jewish Texts (p. 71)
Rabbinic Ordination/M.A., Hebrew Letters, Hebrew Union College-Jewish Institute of Religion; J.D., California Western School of Law. Former Statewide Chair, State Bar of Nevada Continuing Legal Education Committee. Rabbi at Temple Israel of West Palm Beach, FL, President, Palm Beach County Board of Rabbis. Committed to social justice. Specializes in adult education.

EDWIN OLSON
How Do We Know What is True? (p. 66); Science and Religion Are Better Together (p. 70); Spirituality of Difference (p. 66)
B.A., philosophy, St. Olaf College; M.S., pastoral counseling, Loyola College; Ph.D., government, American Univ. Author: And God Created Wholeness (2018); Finding Reality: Four Ways of Knowing (2014); Keep the Bathwater: Emergence of the Sacred in Science and Religion (2009); Facilitating Organization Change (2001). Forty years’ teaching experience college and university; currently adjunct professor, Univ. of Maryland, Univ. College.

ANNE ONDREY
Graceful Aging: Avoiding the Forward Arc (p. 48)
B.A., Brown Univ.; MSW, Univ. of Pittsburgh. Twenty years of community organizing in faith-based settings working with older adults and marginalized women and children. Past 11 years, yoga teacher, trainer and therapist working with clients mostly over 50 as well as incarcerated women. Committed to aging with a functioning spine!

DENISE PALGUTA
Mesoamerican archaeology, art history and anthropology. Since 2015 has studied Mesoamerican archaeology, art history and anthropology. Has lead classes at Osher RIT, where he shares his excitement for and insights from learning about these great indigenous cultures.

SAMUEL PECK
Young Artists (p. 18)
M.F.A., Univ. of North Carolina Greensboro; B.F.A., Univ. of Rhode Island; Ph.D. candidate, curriculum and instruction, Univ. of Minnesota. Artist, researcher and art educator with over 15 years of teaching experience. Veteran of the U.S. military having served in the NC National Guard from 2013–2018. Internationally recognized expert in the field of visual journals. The subject matter of Peck’s artistic and educational practice within visual journals, drawing, painting and printmaking explores the conceptual, expressive and contextual concerns of inclusion, collaboration, and authority.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
MAUREEN PHILLIPS
Memoir Writing (p. 56)
Ph.D., English rhetoric; M.A.T., English; B.A.,
English/writing emphasis UW, Seattle.
Thirty-one years’ experience teaching college writing
in all genres. Private educational consultant
since 2012, specializing in coaching doctoral
dissertation writers to successful completion of
their programs. Since fall 2018, teaching memoir
writing to seniors through Univ. of Arizona’s Osher
Lifelong Learning Institute.

TRUDI KAHLENBERG PICCIANO
Strategies to Help Young Children . . . (p. 48)
B.S., M.A., Northwestern Univ. Pediatric speech
and language pathologist who has practiced for 35
years in hospital/clinical settings and now private
practice and remains passionate about her work
with children and families. Teaching and supporting
parents is an integral part of her practice. Trudi is
a lifelong Chautauquan and is very happy to be
teaching again at Chautauqua.

DEB PINES
Self-Publishing 101 (p. 56)
A.B., English, Brown Univ. Award-winning headline
writer for The New York Post and author of five
self-published Chautauqua murder mysteries,
including In the Shadow of Death, a top seller at
the Chautauqua Bookstore. A former newspaper
reporter, Pines is thrilled to be teaching again in
Chautauqua. debpines.tumblr.com

DIANNA PLOOF
Beginner Swing and Salsa for Fun (p. 31)
Ed.D., education, Univ. of Massachusetts.
Assistant professor of pediatrics, co-director
department of pediatrics office of faculty
development, at the Univ. of Pittsburgh School
of Medicine, Children's Hospital of Pittsburgh of
UPMC. Dance instructor since 2008 with more
than 20 years of dance experience.

RUTH POWELL
Stephen Sondheim: In Good Company (p. 63)
B.M., organ performance, Illinois Wesleyan Univ.;
M.Ed., Univ. of Virginia. Thirty-two years’ teaching
experience in Fairfax County Schools; part-time
counseling teacher, new teacher mentor and
course; Educator of the Year for Phi Delta Kappa,
1979; teacher, “The Skillful Teacher” course,
Fairfax County Public Schools. Sang with The
Washington Choral Arts Society, Washington, DC,
for 11 years.

FEDERICA PROIETTI CESARETTI
Italiano: Pronti, Vial (p. 32)
Native Italian speaker form Treviso, Italy. B.A.,
IULM, Istuto Universitario di Lingue Moderne,
Italy; M.A., educational technology, NJCU. Eleven
years’ teaching experience as Italian teacher in
Red Bank Regional High School, teaching all
levels from basic Italian to Italian AP. Advisor for
the National Italian Honor Society and
coordinator of instructional technology. Board
member, ITAN Italian teachers NJ.

Megan Radak
Eggciting Eggs! (p. 26); One Skillet Dinners (p.
26); Pancake Party! (p. 26)
M.Ed., Univ. of CA Riverside. Fifteen years’
teaching experience in a CA high school.
Fourteen years of teaching and business experience
as a director with the Pampered Chef,
ranking in the top percentile in the company
for the past seven years. Teaching credentials
in social science, home economics and CTE
Culinary/Hospitality. Wife and mother of four
amazing kids.

Paul Rader
Appalachian Cultural Values (p. 51)
B.S., Pikeville College; M.Div., Union Theological
Seminary; D.Min., Columbia Theological
Seminary. Thirty years of ministry in the
Presbyterian Church (U.S.A.) in Ky., W.Va.,
and Tenn., including six years as director of the
Coalition for Appalachian Ministry. Author of
numerous articles and writings on Appalachia.
Congregational consultant for churches in
Appalachia. Former secured staff for the
Commission on Religion in Appalachia.
wanderingappalachian.com

Sarah Raffinan
String and Yarn Art Studio (p. 13)
B.A., Princeton Univ.; M.A., educational
psychology, Univ. of Colorado. Fifteen years in
elementary school classrooms, with a passion for
making learning fun through projects, games and
hands-on experiences. Avid crafter, puzzle solver,
writer and reader. Currently resides outside of
Charlottesville, VA with her husband and three

Jayashree Rao, MD
Mindfulness in Wellness and Illness (p. 48)
Dr. Jayashree Rao is a retired pediatric
endocrinologist, who spent 30 years teaching,
researching and practicing medicine at LSU
Health Sciences Center and Children’s Hospital
in New Orleans, LA. Having received training in
Mindfulness Based Stress Reduction, and other
courses by Mindful Schools, Mindful Leader
and Mindful Education, she now teaches others
employing techniques offered by psychotherapist
Dave Potter.

Don Rapp
Learning Better Balance (p. 48)
B.S., physical ed., Carthage College; M.S.,
early childhood, Florida State; Ph.D., child
development, Florida State. Taught child
development and gerontology at Florida State,
28 years. Also taught at Univ. of Illinois and Univ.
of Georgia. American College of Sports Medicine
Certification, personal trainer. Juggler for 78
years. Motivational speaker. Originator of Kinetic
Arts Training, designed to enhance physical
balance.

Maureen Reed
Bridging Faith and Generating Controversy (p.
74); Women Who Rock the Boat (p. 74)
B.A., Univ. Minnesota; M.S.-M.D., Univ.
Minnesota. Visiting faculty, Gustavus Adolphus
College, 2018; adjunct professor, Univ.
Minnesota: Medical School 2005–present, Public
Health School 2007–present, Undergraduate
Honors Program 2019. Guest lecturer, Mayo Medical
School 2007-2010. Nobel Peace Prize Forum:
executive committee co-chair 2005–2011,
executive director 2011–2014. Personally worked
with 10 Nobel Laureates and met more than 12
others.

Clemens Reiss
Intermediate Mah Jongg Strategies (p. 34)
B.S., Univ. of Wisconsin. Competitive Master
Points Tournament Mah Jongg player and
instructor; top ranked one line mah jongg player;
Co-chairman, Chautauqua Men’s Club Speakers
Program for the past ten years; guest speaker
at Chautauqua Institution Hall of Philosophy,
2016–17.

Jeffery Renard Allen
Distortion, The Other Magical Realism (p. 54)
Jeffery Renard Allen is a professor of creative
writing at the Univ. of Virginia and the author of
five books, including two award-winning novels,
Rails Under My Back and Song of the Shank. His
short-story collection, Holding Pattern, won the
Ernest J. Gaines Award for Literary Excellence.

Elise G. Renfrow
Adult Ceramics (p. 17); Handbuilding (p. 17)
Elise G. Renfrow is an interdisciplinary artist who
works in ceramics, silkscreen prints, and metal
sculpture. Currently studying at the Univ. of
Cincinnati College of Design, Architecture, Art,
and Planning, her work has been exhibited at
locations including Pyramid Hill Sculpture Park,
Victory Parkway, and the 840 Gallery. She has also
worked at establishments including the Cincinnati
Art Museum and Manifest Gallery where she
developed many skills. www.eliseren-art.com

Liza Rivera
Introduction to French Language and . . . (p. 33)
Ph.D., Romance studies, Univ. of Paris Sorbonne,
Paris IV, France; M.A., French, Univ. of Rennes,
Brittany, France; M.A., Spanish and Latin
American civilization, M.A., Spanish, Univ. of
Reims, Champagne, France. Over 20 years of
teaching experience at high school, college and
university level in France and the U.S. Teaches
Spanish and French in WNY.

Carol Robinson
College Success: Harder Than It Looks! (p. 16);
LeaderFIRST. Redefining Leadership . . . (p. 16)
B.A., Sweet Briar College; M.A.Ed., counseling,
Wake Forest Univ. Twenty years’ experience
teaching college students and coaching in career
and professional development and applying
to medical school and other graduate health
professional programs; also, experience as clinical
counselor in an in-patient hospital setting and IT/
operations manager in banking.

To sign up today, see page 101 or call 716-357-6250. Classes.chq.org
EMILY ROCKCASTLE
Farm to Fork Lunch at Green Heron Growers (p. 27); Fun with Fermentation (p. 27); Porch Party Liqueurs and Libations (p. 27)

DAVID ROGERS
Life Drawing (p. 18); PhotoShop (p. 18)
An artist who engages in different media including painting, drawing, digital media and installation. He received his B.A. in studio art from San Francisco State Univ. in 2016. He currently lives and works in Brooklyn. davidrogersart.com

ALICE ROSE
Art in Paris for Travelers (p. 19); Art in Paris for Travelers (Briefly) (p. 19); Rodin and His Monumental Sculptures (p. 19)

NANCY ROSENBERGER
Yoga: Energy and Mindfulness (p. 43)

ROBERT ROUNTREE
Fun with Acoustic Blues Guitar (p. 62)
A.D., mechanical engineering, New Hampshire Technical Institute; B.S., Lander Univ. Four years teaching elementary school; eight years teaching middle school math; two years teaching developmental math at Piedmont Technical College. Currently teaching transational math part time as adjunct professor at Piedmont.

ELLEN ROZMAN
Mastering Your Microbiome and Your Mood (p. 47)
B.S., business administration, Univ. of Florida. Twenty years teaching group exercise and personal training; Independent Health Coach certification, gut/digestion specialization; RYT 200-hour certification. Author, Full of Shit: A Story of Health and Healing to Hell and Back (2018); owner/proprietor, The Locavore Next Door; board member, Slow Food Austin.

LAURA C. RYAN
Gentle Yoga for Rejuvenation (p. 42, 44); Gentle Yoga for Renewal (p. 45); Yoga for Pain Relief (p. 42, 44)
M.S., yoga therapy, C-JAYT, E-RYT500, Maryland Univ. of Integrative Health; Ph.D., M.A., New York Univ.; BFA, Carnegie Mellon Univ. Yoga teacher at Orokawa YMCA in Towson, MD. Yoga therapy work includes clinical, hospital and assisted living community clients. Researches the effects of yoga practices on quality of life. Yoga therapist in private practice.

S

CYNTHIA SALTMAN
Controversies that Divide America (p. 76)
B.A., Bennington College; Ph.D., anthropology, Columbia Univ.; Postdoctoral Fellow, Yale Univ. Cynthia teaches anthropology and sociology at Rutgers Univ.-Camden, NJ, and has taught at the Univ. of Pennsylvania and Barnard College. She has been a research director, consultant, has lectured on American culture, and published on women and work, and Jewish identity.

SHARON SANTILLO
Family Stories through Art (p. 20)
B.A., Univ. of Dayton; M.Ed., Boston State College. Certified trainer for Univ. of NH. Twenty-seven years’ teaching experience in art education, 15 years’ experience in leading family history art and writing workshops in U.S. and Canada. Recipient of Massachusetts Art Educator of the Year 2011. www.familystorysthroughart.com

ZEKI SARITOPRAK
Toward the Common Word: Islam and Dialogue (p. 70)
Zeki Saritoprak, Ph.D., has held the Nuri Chair in Islamic Studies at John Carroll Univ. in Cleveland since 2003. He received his doctorate in Islamic theology from the Univ. of Marmara in Turkey. He is the author of five books and over 30 academic articles and encyclopedia entries on various topics in Islamic Studies.

LEN SAUERS
Environmental Sustainability (p. 73)

AMY SCHILLER
Allies and Acronyms: Gender Today (p. 78)
Teacher, writer, speaker and consultant on: philanthropy, American politics, gender, race, sexuality, Beyonce. Four years of teaching undergraduates, currently teaching lifelong learners across New York City with the Brooklyn Institute for Social Research. Amy’s writing has appeared in The Atlantic, The Nation, The Daily Beast, The Chronicle of Philanthropy and many others, as well as her monthly newsletter, The Schill, and her blog, Beyonceered.

SHEILA SCHROEDER
Financial Fitness for Savvy Teens (p. 16)
Sheila Schroeder, has been working in the financial services industry for over 25 years. She is director of business development for Private Ocean Wealth Advisors working with executive women and their families. Prior to that she was a senior institutional equity salesperson in the Asian equity markets. She lives in San Francisco with her husband and their twin children. She is an avid runner and hiker.

DONNA SCHUELE
Global Power and the Rule of Law (p. 79)
Ph.D., jurisprudence and social policy, J.D., Univ. of California, Berkeley; B.A., Case Western Reserve Univ. President, Historical Society of California. Faculty member, California State Univ. (history, political science, law). Research affiliate, UCLA Center for the Study of Women. Distinguished Lecturer, Organization of American Historians. Law clerk, 1997–98, U.S. Court of Appeals, Ninth Circuit. Member, State Bar of CA.

NANCY SCHUEMANN
Beginning Middle Eastern Dance (p. 32)
B.S.B.A., marketing, John Carroll Univ. “Nailah” has studied Middle eastern dance for over 30 years and instructs at dance studios, fitness centers, wellness studios and private homes, and performs professionally at family-friendly venues. Multi-published author with over 10 books to her credit.

RICH SCHULER
Hand Drumming for Fun (p. 61)
B.S., Waynesburg Univ. Lifelong percussionist. Currently a teacher of hand drumming and drum set. Facilitator and founder of Jamestown Thunder Drum and Dance circle. He has 20 years’ experience leading drumming workshops and rhythm events. He has worked at St. Bonaventure Univ., Jamestown Community College, Lilydale Assembly, Aspire of Western NY and many festivals throughout Chautauqua County.

KAREN SCHWARZWALDER
Yoga for Living Well (p. 44)
Karen Schwarzwald is a yoga practitioner with over 30 years of experience. She has studied with many different yogis and chose in 2017 to become certified with YogaFit, an internationally recognized instruction program. She has taught yoga in Findlay, Ohio and during the 2018 summer at Chautauqua Institution.

AISLINN SCOFIELD
Pinhole Digital Photography Workshop (p. 14)
B.A., M.A., photography/interdisciplinary studies, San Francisco State Univ. Taught youth in inner-city Detroit and San Francisco photography (film and digital) with simple equipment resulting in images and exhibitions.

RION AMILCAR SCOTT
I’ll Build Me a World (p. 55)
Rion Amilcar Scott is the author of the short story collection Insurrections, shortlisted for the PEN/Robert W. Bingham Prize for Debut Fiction. His work has appeared in Fiction International, The Kenyon Review, and The Rumpus, among others, and his honors include a Kimmel Fellowship. Scott currently teaches English at Bowie State Univ.

NANCY A. SEEL
Backstage at the Opera (p. 63); Understanding Opera: Ghosts of Versailles (p. 65); Understanding Opera: The Barber of Seville (p. 63)
B.A., Mt. Mary College; M.A., State Univ. of New York at Buffalo. Over 50 years of teaching experience encompasses pre-K through college. Currently retired but active in adjudicating for Erie County and New York State School Music Association (NYSSMA). Recently retired from choral adjudicator trainer position for NYSSMA. Recipient of Buffalo Philharmonic Orchestra & Erie County Music Educators Outstanding Music Teacher’s Award.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
JENNIFER LEIGH SELIG, PHD
Legacy Letters: Passing on Meaning (p. 56)
Ph.D., psychology; M.A., English literature. She has taught for over 30 years, most recently a popular memoir course, “Writing Down the Soul,” featured in The Writer magazine. Her most recent book is Deep Creativity: Seven Ways to Spark Your Creative Spirit.
www.jenniferleighselig.com

SHELDON SELIGSOHN
Comedy on Trial (p. 78)
B.S., Wharton School, Univ. of Pennsylvania; J.D., Temple Univ. School of Law. More than 35 years of teaching and lecturing at various colleges and universities including Temple Law School, Penn State Univ. and Arcadia Univ. Road Scholar lecturer.

EVA M. SHERMAN
Fluid Art (p. 20); Simple Soldered Silver Rings (p. 39)
Eva began beading as a way to spend time with her daughters but soon became hopelessly addicted. In 2008 she traded in her architectural career for the opportunity to spend all her time among beads, and opened Grand River Bead Studio in Cleveland. Eva has authored two books on jewelry design: Organic Wire & Metal Jewelry and Cool Copper Cuffs. www.evashermansdesigns.com

GARY SHIELDS
Unexpected Fun! Improv for Kids (p. 14); Yes, Let’s Spark Your Creativity (p. 68)
B.A., Kent State Univ.; MBA, Wayne State Univ. Graduate of the Second City improvisational training academy. Thirty years of teaching business courses with an emphasis on management, behavior (including creativity and improvisation), ethics and entrepreneurship. Own and operate own business for last 18 years. Adviser to several student entrepreneur organizations.

DEAN SHOSTAK
Fiddling for Fun (p. 62)
B.A., music, Univ. of Virginia. Thirty years’ teaching and performing experience in workshops, lectures and private lessons. Currently fiddle player for Colonial Williamsburg and the official fiddler of the Washington D.C. area who performs on Davy Crockett’s fiddle.

SUZANNE SHULL
Explore Your Personal Singing Style (p. 62); Jamming at Chautauqua (p. 62); Play Guitar (p. 61); Ukulele and You (p. 61)

MELISSA SIVVY
Acting Workshop (p. 81)
MFA, directing, UMass-Amherst. Has been teaching and directing professionally for over 20 years. She has co-founded two theater companies and gone on to direct work by new playwrights while developing innovative new forms of performance focused on the actor-audience relationship. Ms. Sivvy is nearing a decade with CHQ Special Studies as an acting instructor.

CHARLES SKINNER
Fall of the Berlin Wall (p. 50)
Berlin Desk Officer at State when the Wall fell, Charles Skinner, Ph.D. (modern European history, Harvard, 1979), has taught foreign policy and diplomacy and international history for the past 10 years at Pitt’s Grad School of Public and International Affairs. His dissertation was about fin-de-siecle Berlin. His career at State 1979–2006 focused on Europe, including tours in Belgrade, Hamburg, Bonn, Brussels (USNATO) and London.

BILL SMITH
Music of the Great Masters (p. 65)
Graduate of Cleveland Institute of Music in theory and composition. Has performed in operas and plays and has conducted and sung in numerous choirs. Currently a member of Sarasota’s symphonic chorus, Key Chorale, and its chamber chorus. Has taught music of the great composers for a number of years in the Tampa, FL area.

MAGGIE SMITH
Crafting Free Verse: Line, Syntax, and Stanza (p. 53)

PAT SNYDER HURLEY
Write Your Way Through Caring (p. 56)
B.A., Univ. of Pittsburgh; J.D., Univ. of Akron School of Law; M.A., applied positive psychology, Univ. of Pennsylvania. Thirty-eight years’ community and professional speaking experience. Published poet and columnist, accredited coach experienced in life transition issues. pathurleypoet.com

BRANDON SOM
An Open Line to the World (p. 53)
Brandon Som is the author of The Tribune Horse (winner of the Kate Tufts Discovery Award) and the chapbook Babel’s Moon. He has been awarded fellowships at the Provencetown Fine Arts Work Center and Civitella Ranieri. Som teaches literature and creative writing at the Univ. of California, San Diego.

SARAH SORCI
Medicinal Plants for the Home Garden (p. 49)
B.A., environmental studies, Denison Univ.; Holistic Herbalism certificate, Blue Ridge School of Herbal Medicine; Clinical Herbalism program (enrolled), Eclectic School of Herbal Medicine. Owner of Sweet Flag Herbs, offering wellness Consults, garden consults and workshops. Extensive teaching experience at wellness centers, continuing education programs, non-profits, conferences, garden clubs and more. www.sweetflagherbs.com

TASSO SPANOS
Feeling Better Stretch Exercises (p. 48); How to Relieve or Prevent Low Back Pain (p. 47)

PAMELA SPREMULLI
Kids Create Chautauqua! (p. 11)
B.S., marketing, minor, fine arts, Niagara Univ. Continued studies at the School of the Museum of Fine Arts Boston. Over a decade of experience in advertising and the creative arts. Currently teaching primary art at Univ. School, Shaker Heights, Ohio. Award-winning graphic illustrator; exhibiting artist, published illustrator of three children’s books; and featured artist in a publication about Cleveland.

JANICE STEFKO
From Blooms to Brushstrokes (p. 19)
B.F.A., graphic design/illustration, Ohio Univ.; M.A., Duquesne Univ. Adjunct professor, YSU. Member, SCBWI, American Society of Botanical Artists. Work recognized by Print Magazine, Adweek, PRSA and Champion Papers. Was at the forefront of using soy-based inks and recycled papers while designing books, branding and marketing campaigns. Continues exploring through creation of floral-based printing medium for classes and art.

REBECCA STEINBACK
Tai Chi for Health and Fitness (p. 46)
B.A., biology, Austin College; M.S., science education, Univ. of Wisconsin. Thirty-four years’ experience teaching biology and chemistry at a private girls boarding school. Recipient of many teaching awards and commendations during her tenure as a high school teacher. Studies and teaches Tai Chi using Dr. Paul Lam’s teaching method. taichiforhealthinstitute.org

EVA STERN
Pilates For Balance (p. 45)

BECKY STEVENS
Crochet Basics (p. 37); Expand Your Crocheting Repertoire! (p. 37)
B.A., Muskingum College; M.A., sociology, Ohio State Univ. Over 40 years of teaching crochet and designing hundreds of original crochet patterns. Over 100 original patterns published in national publications, including 16 books by Leisure Arts, two books by Annie’s and numerous individual designs with both publishers as well as American School of Needlework. Featured designer in Crochet With Heart magazine.
KATIE JO SUDDABY
The Wisdom and Technique of Tibetan Sand Painting (p. 21)

ELIZABETH A. SULLIVAN
Breaking the Cycle of Poverty in America (p. 75); Ethical Perspective on Economic Inequality (p. 75) Elizabeth Sullivan spent over 30 years working at the intersection between politics and policy, directing advocacy organizations that work on environmental issues, education issues and social justice issues. She designed and directed hundreds of political campaigns — from mayors to U.S. senators. She is currently finishing her dissertation on economic inequity at Georgetown Univ.

SHANNON SULLIVAN
The Poetry of Trees: Breath and Creation (p. 56)
B.A., English, Univ. of Arizona. Currently practices as a certified spiritual director and licensed massage therapist in Tucson, AZ. Shannon facilitates workshops through NCBTMB, St. Francis in the Foothills UMC, SDI 2018 Conference and at Chautauqua Institution. www.artfultouchbysullivan.com

WALKER TODD
FDR: Politician and Statesman (p. 52)
B.A., Vanderbilt Univ.; Ph.D., French, Columbia Univ.; J.D., Boston Univ. School of Law. Over 20 years’ teaching experience at Chautauqua, 12 years in law school teaching, three years in college-level economics and finance, and more. Teaches at Yavne High School for Girls, Beachwood, OH.

TC TOLBERT
Composing in the Moment, On and Off . . . (p. 53)
TC Tolbert often identifies as a trans and genderqueer feminist, collaborator, dancer and poet. S/he is Tucson’s poet laureate, the author of Gephyromania and four chapbooks, and coeditor of Troubling the Line: Trans and Genderqueer Poetry and Poetics. His favorite thing in the world is Compositional Improvisation (another way of saying being alive).

KEVIN TOMAN
Help Your Pet Live Longer! (p. 78)

KATHERINE RYBAK TORRES
Beginning Copperplate Calligraphy (p. 38)
B.A., Providence College. Has been doing calligraphy for 30 years and remembers fondly courses at CHQ with Joan Belz, Owner, Queen Street Calligraphy, Alexandria, VA; member of the Washington Calligraphers Guild, member of IAMPTH.

COREY TOWNSEND
America’s Diverging Economies (p. 74)
B.A., economics, Auburn Univ.; M.S., finance, Georgia State Univ.; J.D., Thurgood Marshall School of Law. Mr. Townsend is a commercial lender for Ameris Bank, where he provides financing to small businesses. Prior to Ameris, he worked at Morgan Stanley, Merrill Lynch, Bankers Trust and the IRS.

LISA TUCKER
Hamilton: The Man, the Musical, the Law (p. 51)
A.B., Dartmouth College; M.P.H., Univ. of Michigan; J.D., Harvard Law School. Law professor since 2001; currently teaching law at Drexel Univ. Thomas R. Kline School of Law. Expert on the U.S. Supreme Court; frequent TV and radio commentator. Novelist, writer.

SELINA UGLOW
Breakfast for Busy Lives (p. 26); Healthy Eating and Exercise Everyday (p. 27); Snacks That Kids Can Make Themselves! (p. 27)
B.S., sports management and wellness, California Univ. of Pennsylvania. Has continued her education with a Natural Wellness Certificate for Nurses at Clayton College; attends ongoing CME courses related to Lifestyle & Functional Medicine. Licensed Practical Nurse (LPN) in the state of Pennsylvania and Certified Personal Trainer (CPT) through the National Academy of Sports Medicine.

THOA VAN SEVENTER
Vinyasa Flow Yoga (p. 44)
Studied French since Kindergarten, lived in France and worked at Air Liquide (Paris) for years, worked at pharmaceutical companies in the Bay Area. Avid swimmer and Ashtanga Yoga Practitioner; certified yoga teacher for adults and athletes at studios and corporates in Palo Alto, Mountain View, CA.

GRANT VANCE
Bridge: To Slam or Not to Slam (p. 36)
Diamond Life Master, with many top 10 finishes in Open National Bridge Events. Has a passion for teaching bridge in San Francisco/Oakland, where he has taught dozens of bridge classes on advanced bidding and play topics.

ROBERT VANDE KAPPELLE
Rethinking Truth (p. 70); Turning Points in Western Church History (p. 70)

MARY PATRICIA VOELL
Become a Family History Sleuth (p. 13)
B.A., M.A., Univ. of Wisconsin-Milwaukee. Thirty years’ teaching experience at Milwaukee School of Engineering and Marquette Univ.; provides programming and workshops on family history throughout the Midwest.

ABBIE VON SCHLEGEL
How to Be an A+ Nonprofit Board Member (p. 66)
B.A., psychology, Stanford Univ. Forty years’ fund development and governance experience in nonprofit sector, as staff, executive and consultant. Named Distinguished Fellow of AFP International 2018. Managed own consulting firm for past 12 years in fundraising and governance. Teach regularly for community college and professional organizations.

CAPTAIN MARGARET MARY WAGNER
NYS Safe Boating Class (p. 36)
Has sailed over 10,000 miles. USCG Auxiliary Safe Boating Instructor, NYS Safe Boating Instructor, Commercial Captain 100 Ton License, Great Lakes, Inland Water and Near Coastal.

RUTH WAHL
Modern Physics for the Curious (p. 73)
B.A., SUNY Geneseo; M.S., St. Bonaventure Univ. Over 30 years as high school physics and earth science teacher; past physics instructor at Jamestown Community College; received Western New York Educational Service Council Excellence in Education Award.
SUSAN HOPE WALZER
Mindfulness and Memoir (p. 56)
A.B., English, Brown Univ.; M.S.W., Smith College School for Social Work; Ph.D., sociology, State Univ. of New York at Albany. Over 25 years of teaching and writing, primarily as a professor at Skidmore College. Prior experience includes positions as a therapist and mental health consultant.

MARY WARNER
Handmade Recycled Paper (p. 40); Intro to Bookbinding and Letterpress Printing (p. 40)
Taught middle and high school math for 12 years before moving on to become a business owner and printer. Opened a letterpress print shop in 2012, working with platen presses from the late 1800s to create greeting cards, custom stationery and other ephemera. www.angelicaink.com

CLAUDE WELCH
Human Rights and Human Wrongs (p. 74); Understanding Contemporary Africa (p. 79)
B.A., Harvard; Ph.D., Oxford. Fifty years’ teaching experience at the Univ. of Buffalo. Winner of numerous teaching prizes. Lifetime achievement awards from TIAA and the SUNY Research Foundation, the American Political Science Association, and the International Studies Association for scholarship in human rights. Long-time lecturer at Chautauqua.

PETER WENZ
Environmental Ethics (p. 78)
B.A., Binghamton Univ.; Ph.D., Univ. of Wisconsin. Thirty-five years of teaching at universities, including Univ. of Illinois, Oxford Univ. (England), and Canterbury Univ. (New Zealand). Eight books published by such presses as Oxford U. Press, MIT Press and McGraw-Hill. He has lectured in England, Scotland, Ireland, France, Germany, China, Australia and New Zealand, and is one of the people who simultaneously coined the term “environmental justice.”

ELAINE WERTHEIM
Sight and Sound: American Painting and Music (p. 19); The Romantic Impulse (p. 18)

LAURALYNN WHITE
Drawing Every Day (p. 21)
B.F.A., SCAD, Savannah, GA. Curator/director of the Contemporary Art Gallery, Chautauqua, NY. Instructor at Chautauqua Special Studies and past gallery director at GoggleWorks Center for the Arts, Reading, PA. White holds exhibiting memberships in NAWA and VACI.

NANCY S. WILLCOX
Beyond the “Road Show” (p. 79)
B.S., Chatham Univ.; M.A., Yale Univ. Forty years’ experience as interior designer, plus art gallery owner, Lancaster, PA. Twenty-five years as accredited and certified appraiser, member of Appraisers Association of America. Served as Collections Chairman, Trustee, Wheatland, home of President Buchanan. Writer and lecturer on related topics. www.nancyswillcocertifiedappraiserllc.com

KATHERINE WILLIAMS
Chess: Beginner and Intermediate (p. 15)
B.S., Kent State; M.D., Northeast Ohio Medical Univ.; M.P.H., Univ. of Pittsburgh. Instilled skills and love of chess in four sons, from preschool to college, and over 10 years’ experience teaching chess to students and making it enjoyable for grades K–12.

JAMES WOHLER
Aiki/Karate Skills and Self Defense (p. 47)
B.S., finance, Pennsylvania State Univ. Twenty years of teaching martial arts, Black Belt since 2004. Middle office manager, Intesa Sanpaolo, NY.

GEORGE WOIDECK
Create the Mosaics of the Mediterranean (p. 20)

PAUL WOMACK
Short Story Discussion: War Stories (p. 59)

JEFFREY WOOD
What Good is the Electoral College? (p. 50)
B.A., College of William and Mary; J.D., Northwestern Univ. School of Law. Over 30 years’ experience as a corporate attorney, currently with Discover Financial Services, specializing in banking and consumer financial services. Writes and practices law in Chicago.

JEREMY WOOLSON
Kayaking and Ecology: The Water’s Edge (p. 36)
An educator with diverse experience teaching and a long-running interest in water quality issues. Dividing time between teaching classes at SUNY Fredonia and working at Evergreen Outfitters as a kayaking instructor (ACA Coastal Kayaking Level 2 certified) keeps him occupied throughout the year in matters connected with aquatic ecology and conservation.

CHRISTINA WORLEY
Are You a Woman Ready for Retirement? (p. 23)
B.A., Univ. of Pennsylvania, Wharton School of Business. NY and FL Certified Public Accountant (CPA/PPA). Earned Chartered Financial Analyst (CFA) designation, Certified Financial Planner (CFP) designation. Managing Member and Founder of Castle Wealth Management, established in 1997, A Florida Fiduciary RIA firm. She has a passion for teaching financial literacy to teens and women, and has done so in many venues.

LAURIE YOUNG
Laughter Works: Humor, Play and Health (p. 48)
Has studied humor and holistic health for decades. Teaches health and humor to graduate students at Western Michigan Univ. and through their company, Laughter Works, she and Kay Caskey have presented over 1,000 keynotes and workshops all over the world to a variety of organizations from human service, education, health and business. A life-long laugher.

ROBERT ZELLERS
Refinishing, Repairing and Restoring Furniture with Ease (p. 39)
Ed.D., M.Ed., Univ. of Pittsburgh; B.A., Wayneburg College. Professor Emeritus, education division, Univ. of Pittsburgh at Johnstown. Forty-three years of experience in teaching graduate and undergraduate education courses. Published author. Professional furniture refinisher with over four decades of experience.

DIANNE ZIMMERMAN
Mah Jongg for Beginners (p. 36)
B.S., elementary education, Northern Illinois Univ.; Master’s, education administration, Univ. of Missouri-St. Louis, additional classwork post-graduate. Thirty-six years of teaching experience. Craft teacher over 40 years, taught mah jongg continuously last 14 years in Fayetteville, AR, and in Chesterfield, MO, as well as the last four years in Chautauqua. I am currently teaching mah jongg at Friendship Village Chesterfield.

PEGGY ZORN
Kids in the Kitchen: Baking 101 (p. 14); Sewing for Beginners (p. 14)
Continental School of Beauty Culture and Wilton Cake Decorating. Making the world a beautiful place with clothing, hair styles and confections. Award-winning costume for 10 schools costuming up to 35 shows a year, owner of Diapers By The Dozen, an online store selling homemade baby items, and owner/stylist at Lockworks Salon in Fairport, NY. Teaching students how to design and build costumes for theatre productions and fashion shows. Baker for private individuals. www.diapersbythedozent
MASTER CLASSES BY WEEK

Week One (June 24–28)
600 • THE MEDITERRANEAN LIFESTYLE AND ITS IMPACT ON WELLNESS
Amy Riolo / See page 25.
601 • MASTERING MEDITERRANEAN COOKING
Amy Riolo / See page 25.
602 • CREATING A COOKBOOK: HOW TO WRITE, PUBLISH AND PROMOTE YOUR CULINARY PHILOSOPHY
Amy Riolo / See page 25.
1601 • EDITING 101: WHAT EDITORS DO AND HOW WE DO IT
Emily Nemens / See page 55.

Week Two (July 1–5)
1510 • MY WHITMAN
William Heyen / See page 54.
2706 • MODERN SLAVERY: TRAGEDY AND HOPE
Luis C.deBaca / See page 74.
2707 • UNCOMMON COMMUNITIES FROM MULTICELLULARITY TO MULTICULTURALISM
Jason Scott Robert / See page 75.
2710 • A CONVERSATION WITH ERIC KLINENBERG
Eric Klinenberg / See page 76.

Week Three (July 8–12)
608 • EXPLORING THE HISTORY OF ITALIAN CUISINE
Amy Riolo / See page 26.
609 • MASTERING ITALIAN PASTA, SAUCES AND OLIVE OIL
Amy Riolo / See page 26.
2000 • COMPARATIVE MUSIC LISTENING
Rossen Milanov / See page 61.
2713 • A CONVERSATION WITH COREY JASKOLSKI
Corey Jaskolski / See page 77.
2714 • A CONVERSATION WITH STEVE WINTER
Steve Winter / See page 77.
2715 • A CONVERSATION WITH RAE WYNN-GRANT
Rae Wynn-Grant / See page 77.
2716 • A CONVERSATION WITH KEVIN HAND
Kevin Hand / See page 77.

Week Five (July 22–26)
1006, 1007 • TENNIS CLINICS WITH JIMMY ARIAS
Jimmy Arias / See page 34.
1420 • WINSTON CHURCHILL
Larry Arnn / See page 51.
2000 • COMPARATIVE MUSIC LISTENING
Rossen Milanov / See page 61.
2708 • LIVING YOUR BEST LIFE THROUGH NARRATIVE
Jason Scott Robert / See page 75.

Week Seven (Aug. 5–9)
807, 808, 809, 810 • PAUL TAYLOR DANCE COMPANY MASTER CLASSES
811, 812, 813 • PILOBOLUS MASTER CLASSES
Pilobolus / See page 32.
2000 • COMPARATIVE MUSIC LISTENING
Rossen Milanov / See page 61.
2312 • GRACE! NOW! EMBODYING THE VOICES OF YOUR HIGHEST SELF
Kelly Carlin / See page 67.

Week Eight (Aug. 12–16)
2003 • SIX DEGREES OF BEETHOVEN: CONNECTING THE CONTEMPORARY WORLD WITH THE MASTERPIECES OF THE PAST
Donald Sinta Quartet / See page 61.
2709 • YOU WANT THE FUTURE? YOU CAN’T HANDLE THE FUTURE! STRATEGY, GEOPOLITICS AND EMERGING TECHNOLOGIES
Brad Allenby / See page 75.
2745 • COVERING THE WORLD: FROM AFRICA TO ANTARCTICA
Robin Wright / See page 80.

Week Nine (Aug. 19–23)
2212–2221 • JAZZ AT LINCOLN CENTER ORCHESTRA MASTER CLASS SERIES
Seton Hawkins & Jazz at Lincoln Center Orchestra / See page 64.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
How to Register

ONLINE
CLASSES.CHQ.ORG
Visit classes.chq.org and click on Special Studies tab. Browse the online catalog or search for a specific course.

BY MAIL
Use the registration form on page 104 and enclose your full payment. Mail to: Ticket Office PO Box 28 Chautauqua, NY 14722

BY PHONE
Call 716-357-6250 during Ticket Office Hours. Have your course number(s) and payment method ready when you call.

IN PERSON
Pre-season: Through June 21, stop in at the Main Gate Ticket Office during open hours to register.

IN SEASON
Beginning June 23, register at any of these locations: Special Studies Office at the Hultquist Center, Main Gate Ticket Office and Visitors Center.

TICKET OFFICE HOURS
Main Gate Ticket Office
716-357-6250
Main Gate Welcome Center (Located off Rt. 394)
Pre-season hours (through June 22)
   Monday–Friday  9 a.m.–4 p.m.
   Saturday      10 a.m.–3 p.m. (starting May 25)
   Sunday       Closed
In-season hours (starting June 22)
   Monday–Sunday  7 a.m.–9 p.m.

Visitors Center Ticket Office
Located on Bestor Plaza (Post Office Building)
   Sunday–Friday  9:30 a.m.–2:30 p.m.
   Saturday     Closed

SPECIAL STUDIES OFFICE AT HULTQUIST CENTER
Open June 23–Aug. 23
716-357-6348
Located on second floor of Hultquist Center
   • General questions
   • Class registration
   • Faculty check-in
   • Refund information

2019 Hours
   Sunday      12 p.m.–3 p.m.
   Monday–Tuesday  8 a.m.–5 p.m.
   Wednesday–Thursday  8 a.m.–3 p.m.
   Friday        8 a.m.–1 p.m.
   Saturday     Closed

General Information

PRE-SEASON REGISTRATION
To avoid disappointment, students are encouraged to register for a course as early as possible.

INTERNET ORDERS
Internet orders are not live and will be processed within 24 hours. You will be mailed or emailed a receipt. Courses are removed from the online ticket site one week prior to start. Please call or visit a ticketing location to register if course is to start within seven days or fewer.

PROCESSING FEE
A $5 fee will be added to each order placed online, by mail or by telephone.

RECEIPTS
You will be mailed or emailed a receipt. You must bring your class registration receipt with you to the first class meeting as proof of payment. Reprint receipts are available at any ticket window.

AGE
Age limits are set by instructors based on course content and will be adhered to.

ENROLLMENT CONFIRMATION
Your enrollment in a class is not confirmed until the order is processed and you have received your eight-digit order number.

PAYMENT OPTIONS
Visa, MasterCard, American Express and Discover are accepted as payment for phone, internet and in-person orders. For mail orders, only checks are accepted as payment. In addition to credit cards and checks, for registration in person at Institution ticket windows, cash and gift cards are also accepted.

CONTACT INFORMATION
A current email address and phone number are required during registration in cases of course cancellation or important information from the course instructor.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
MEET AND GREET
To learn more about this summer’s Special Studies offerings once you’ve arrived on the grounds, attend the Meet and Greet from noon to 3 p.m. every Sunday. Located off the brick walk in front of Hultquist Center, the event features many instructors on hand to display sample course items (crafts, paintings, mosaics, books, etc.) and answer any questions about their course. Registration is also available during this time in the Special Studies Office on the second floor of Hultquist Center.

ONE-SESSION ATTENDANCE
Many instructors offer the option of attending one day of a multi-day class. Please note that some classes are limited to the first day of the class only. Students may not register in advance for one day of a multi-day class, listed as “1 session at door” in this catalog. One-session admissions are on a space-available basis, payable only to the classroom monitor at the door.

WAIT LIST
If a class is full at the time of registration, you may request to be added to a wait list. If space becomes available, acceptance into the class is made only from this wait list. You will be notified by phone and/or by email if there is availability. A valid email address and phone number are required to be placed on the wait list.

ACCESSIBILITY
The following classrooms are accessible by elevator, ramp or are at ground level: Alumni Hall (all classrooms) Arts Quad, Ceramics Studio Carnahan-Jackson Dance Studios Chautauqua Room, Athenaeum Hotel Elizabeth S. Lenna Hall Girls’ Club Fletcher Hall Heinz Beach Fitness Hultquist Center, Room 101 Hurlbut Church, Sanctuary McKnight Hall Pier Building Classroom Pier Building Lounge Smith Library Classroom Sports Club Turner Community Center (all classrooms) John R. Turney Sailing Center Special Studies is committed to providing equal access for all students. Students in need of accommodations should contact the Special Studies Office at specialstudies@chq.org or 716-357-6348 at least a week in advance of your first class meeting.

MATERIALS LIST
Please note that many instructors provide a list of recommended or required materials for students to bring to class. These courses are noted with the icon, and the accompanying materials lists can be found at chq.org/classes.

MATERIALS FEE
If listed, the materials fee should not be included in tuition payments, but instead must be paid directly to the instructor on the first day of class. The materials fee represents the approximate cost to purchase materials from the instructor or independently. You will see the icon next to any class that requires a materials fee.

COURSE TRANSFERS AND CHANGES
Within 24 hours of the first meeting of a course, students may, if necessary, elect to change or transfer their registration. All such changes or transfers require a $10 transfer fee per course. Because many courses reach maximum enrollment, changes or transfers must be made as soon as possible to allow another student access to that course.

CANCELLATION AND REFUND POLICY
If a class is cancelled by the Special Studies office, you will be notified, and you will receive a 100% refund to your original form of payment. Please ensure that Special Studies has your current email address and phone number by including it with your registration.

Students cancelling a class eight (8) days or more prior to the start of a class will receive a refund less a $10 cancellation fee.

Students cancelling a class seven (7) days or less prior to the start of a class will receive a credit voucher on their Special Studies account, less a $10 cancellation fee.

Students cancelling a class after the start of the class will receive a prorated credit voucher on their Special Studies account, less a $10 cancellation fee.

The credit voucher must be used within the 2019 season, or by August 23, 2019.

FEEDBACK
Chautauqua has a historic commitment to lifelong learning, and we encourage you to provide us with feedback on learning experiences you would be interested in while visiting Chautauqua. Please assist us in creating an exciting curriculum by emailing your ideas and any other feedback regarding Special Studies to Karen Schiavone, manager of Special Studies and youth programs, kschiavone@chq.org, or visit the Special Studies office at Hultquist Center.

You are also encouraged to complete the 2019 Special Studies survey, which will be emailed upon conclusion of a course and is also available at classes.chq.org. Survey data provides important information to instructors and staff on customer service issues, registration procedures, and future Special Studies offerings.

2020 COURSE PROPOSALS
If you would like to teach a Special Studies class during the 2020 season, please visit classes.chq.org and complete the course proposal form. For additional information, please stop by the Special Studies office during the season, visit classes.chq.org, or contact Karen Schiavone at kschiavone@chq.org. The deadline for Special Studies proposals is Oct. 1, 2019, to be considered for the 2020 season.

PHOTO, VIDEO AND SOCIAL MEDIA
Photographs and videos are periodically taken of people participating in Chautauqua Institution programs, classes and events. All persons, including instructors, students or participants and their child/ward, thereby agree that any photograph or video taken by Chautauqua Institution may be used by Chautauqua Institution without limitation, and including, but not limited to, advertising, promotional materials, the Chautauqua Institution website, promotional videos, course catalogs, brochures, flyers, social media and other publications, without additional notice or permission and without compensation to the participant. All photos and videos are property of Chautauqua Institution.

To sign up today, see page 101 or call 716-357-6250. • classes.chq.org
Getting to Chautauqua

DIRECTIONS
Chautauqua Institution is located in the southwestern corner of New York state. From the New York State Thruway (Interstate 90), take Exit 60, then Route 394 south.

From the Southern Tier Expressway (Interstate 86/Route 17): If eastbound, take Exit 7, then Route 33 north, and Route 394 south. If westbound, take Exit 8, then Route 394 north.

Regional airports include the Buffalo Niagara International Airport (70 miles northeast of Chautauqua) and the Erie, Pa., airport (40 miles southwest of Chautauqua).

Shuttle, bus and additional transportation services are available to and from the Buffalo Niagara and Chautauqua County Airports. Visit chq.org/plan-your-visit for schedules and contact information.

Recommended GPS address is:
1 Massey Avenue
Chautauqua, NY 14722

SPECIAL STUDIES GATE PASS
A Special Studies Gate Pass is available only for those living outside the grounds who are attending Special Studies classes on the grounds. There is NO FEE for this pass. No access to Amphitheater programs. Commuter students must present a paid course registration receipt in order to receive this pass at the Main Gate Welcome Center ticket window. No gate pass is required for classes held at Turner Community Center.

GATE PASSES
A gate pass is required of everyone 13 years of age or older and is needed for movement on and off the grounds and for admission to the Amphitheater and other events (except operas and plays presented in Norton Hall or Bratton Theater, for which reserved seats are sold). For complete gate pass fee information or to purchase a pass, visit www.chqtickets.com or contact the Chautauqua Institution Ticket Office at 716.357.6250.

PARKING
Daily • $10
Parking Book (5 daily coupons) • $40
For those from the surrounding community who have classes at Turner Community Center, complimentary parking spaces have been designated in front of the building. These spaces are reserved for those attending programs at Turner only and are limited to a 3-hour maximum use. This parking area will open at 7 a.m. and closes at 8 p.m. daily.

NEW VISITOR INFORMATION
Whether you’re new to Chautauqua or not, the Visitors Center on Bestor Plaza will provide you with the information you need to make the best of your Chautauqua experience.

The Visitors Center is open 9 a.m. to 5 p.m. Sunday through Thursday, 9 a.m. to 7:30 p.m. Friday, and 1 to 5 p.m. Saturday.

Information orientation sessions for first-time visitors are held at 6 p.m. every Sunday of the season on the first floor of the Hultquist Center.

YOUTH & FAMILY ORIENTATION
Designed for families new to Chautauqua, Family Orientation (Sundays from noon to 3 p.m. at Hultquist Center) is your chance to learn more about Children’s School, Boys’ and Girls’ Club, Club Plus, Special Studies, CLSC Young Readers and the many other opportunities available for youth throughout the week. Chautauqua’s Youth Activity Coordinator will be on hand to answer questions and provide a schedule of events for youth, including those enrolled in Special Studies classes.

ACCOMMODATIONS
To learn more about housing available during your stay, use Chautauqua Institution’s web-based accommodations service at chq.org by clicking on the “Accommodations” tab.

For more information about planning your visit to Chautauqua this summer, go to chq.org/plan-your-visit.
## Registration Form

### SPECIAL STUDIES 2019

Name ____________________________________________________________

Shipping Address ____________________________________________ Apt. # __________

City ___________________________ State ___________ ZIP ___________  

Phone # ___________________________ Cell Phone # ___________________________ 

Email ___________________________  

Accommodations During Season: 

- [ ] Off Grounds
- [ ] On-Grounds Address: ___________________________ 

### Student 1 Name: ___________________________  Birth Date: ___________________________

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Page # in Catalog</th>
<th>Instructor</th>
<th>Week #</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Student 2 Name: ___________________________  Birth Date: ___________________________

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Page # in Catalog</th>
<th>Instructor</th>
<th>Week #</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For additional students or courses, please photocopy form.

### Payment:

- [ ] Enclosed is my check made payable to Chautauqua Institution

Total from this side: $ ___________

Processing Fee*: $ ___________

Grand Total: $ ___________

Mail completed order to: Ticket Office  
PO Box 28  
Chautauqua, NY 14722

Do not include materials fee with payment.  
Materials fee must be paid to instructor on first day of class.

*Orders without processing fee may be delayed until full payment is received.